



OHIOHEALTH O'BLENESS HOSPITAL | June 2025

COMMUNITY HEALTH NEEDS ASSESSMENT





OhioHealth O'Bleness Hospital

Quality Care, Close to Home

OhioHealth O'Bleness Hospital in Athens, Ohio, is southeastern Ohio's leading healthcare service provider. We deliver quality care in a safe and compassionate environment. Our medical staff includes specialists who offer a wide range of outpatient services, surgical procedures, treatment options and therapies. We have deep roots in the community and an even deeper commitment to meeting the needs of those we serve.

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Introduction

OhioHealth is a nationally recognized, not-for-profit, system of faith-based hospitals and healthcare organizations serving 50 Ohio counties. All OhioHealth entities are connected by (a) a mission to “improve the health of those we serve,” (b) core values of compassion, excellence, stewardship, integrity, and inclusion, (c) cardinal value of “we honor the dignity and worth of each person”. OhioHealth’s vision is “to provide exceptional care for all through experiences that earn a lifetime of trust”.

OhioHealth member hospitals are located in ten Ohio counties.

- **Athens County** – OhioHealth O'Bleness Hospital
- **Delaware County** – OhioHealth Grady Memorial Hospital
- **Fairfield County** – Pickerington Methodist Hospital
- **Franklin County** – OhioHealth Riverside Methodist Hospital, OhioHealth Grant Medical Center, OhioHealth Doctors Hospital, OhioHealth Dublin Methodist Hospital, OhioHealth Grove City Methodist Hospital, OhioHealth Rehabilitation Hospital
- **Guernsey County** – OhioHealth Southeast Ohio Medical Center
- **Hardin County** – OhioHealth Hardin Memorial Hospital
- **Marion County** – OhioHealth Marion General Hospital
- **Morrow County** – OhioHealth Morrow County Hospital
- **Pickaway County** – OhioHealth Berger Hospital
- **Richland County** – OhioHealth Mansfield Hospital, OhioHealth Shelby Hospital
- **Van Wert County** – OhioHealth Van Wert Hospital

OhioHealth has been recognized nationally for its world-class healthcare services. OhioHealth has been recognized by Fortune as one of the “100 Best Companies to Work For” from 2007-2021. (OhioHealth 2024). Great Place to Work® and PEOPLE magazine have honored OhioHealth as one of the 2021 PEOPLE Companies that Care® (OhioHealth 2024). In 2020, four OhioHealth hospitals, namely, Riverside Methodist Hospital, Grant Medical Center, Doctors Hospital and Dublin Methodist Hospital were named a 2020 LGBTQ Healthcare Equality Top Performer based on the 2020 Healthcare Equality Index (HEI) administered by the Human Rights Campaign (HRC). In 2020, OhioHealth was recognized as Great Place to Work – Certified™ based from the Great Place to Work® Trust Index™ survey.

In February 2021, the OhioHealth Inclusion Pledge was adopted throughout the health system. Each OhioHealth employee becomes a part of a culture that cares; one that supports one another; and honors the dignity and worth of each person. OhioHealth is committed to ensuring that the organization reflects the rich diversity of the communities we serve. We respect, embrace and derive strength from the ways that we are similar and the ways that we are different.

OhioHealth O'Bleness Hospital is a 135-bed facility and considered as southeast Ohio's leading healthcare provider, delivering specialty services locally, like maternity, oncology and heart and vascular care. O'Bleness Hospital has provided top quality health care services for more than 100 years. Patients have access to all innovative programs and services of the OhioHealth system.

OhioHealth O'Bleness Hospital, located at 55 Hospital Drive, Athens, Ohio 45701 is accredited by The Joint Commission (The Joint Commission, 2024). Accreditation includes additional hospital sites such as:

- **Castrop Center** – located at 75 Hospital Drive, Athens, Ohio 45701
- **Wound Care Clinic** – located at 444 West Union Street, Suite D, Athens, Ohio 45701
- **OhioHealth Nelsonville Health Center** – located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764
- **OhioHealth O'Bleness Pain Management Clinic** – located at 265 West Union Street, Athens, Ohio 45701
- **OhioHealth Medical Offices Laboratory Draw Site** – located at 26 Hospital Drive, Athens, Ohio 45701

In Fiscal Year 2023, OhioHealth O'Bleness Hospital had 3,525 inpatient admissions, 576 births, 27,565 emergency department (ED) visits, 2,020 observations, 73,242 outpatient visits, and 1,815 surgeries.

OhioHealth is dedicated to serving communities through its Community Benefit. In Fiscal Year 2023, OhioHealth provided a total \$468 million in Community Benefit, including \$107.7 million in charity care, \$254.7 million in net cost of Medicaid programs, \$67.2 million in net cost of medical education, \$0.9 million in subsidized health services, \$10.8 million toward community health services, \$25.7 million in cash and in-kind contributions, and \$1 million for research.

OhioHealth O'Bleness Hospital has always been an active partner in addressing community health needs in Athens County, Ohio, and neighboring communities. Examples of O'Bleness Hospital's community programs and services include participation in community fairs, health screenings, health education and community-wide partnerships. OhioHealth O'Bleness Hospital has also been engaged in providing training opportunities for students in the health care field. OhioHealth is dedicated to serving the communities it serves through its Community Benefit programs and services.

The Patient Protection and Affordable Care Act of 2010 requires not-for-profit hospitals to conduct a community health needs assessment (CHNA) once every three years (Internal Revenue Service, 2024). As part of its 2025 CHNA, OhioHealth O'Bleness Hospital collaborated with the Athens City County Health Department and various community stakeholders in identifying significant community health needs in Athens County and determining the priority health needs that will be addressed in the Fiscal Years 2026-2028 Implementation Strategy. Additionally, O'Bleness Hospital also collaborated with the Athens City County Health Department and various community stakeholders in determining OhioHealth's alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP).

During the June 3, 2024, OhioHealth O'Bleness Hospital virtual public meeting, the priority health needs that were identified by the community stakeholders and the alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP) are summarized in **Section G**. OhioHealth O'Bleness Hospital developed the Fiscal Years 2026-2028 Implementation Strategy to address the priority health needs and demonstrate alignment with the SHIP.

OhioHealth O'Bleness Hospital has developed the Fiscal Years 2026-2028 Implementation Strategy to meet the priority health needs in Athens County, in collaboration with the Athens City-County Health Department and various community stakeholders. The OhioHealth O'Bleness Hospital's 2025 Community Health Needs Assessment (CHNA) and Fiscal Year 2026-2028 Implementation Strategy demonstrates its continuing commitment to play an active and effective role in the Athens County community by fulfilling the OhioHealth mission "to improve the health of those we serve." Moreover, O'Bleness Hospital's Implementation Strategy include actions and strategies that align with the Ohio 2020-2022 State Health Improvement Plan (Ohio Department of Health, n.d.).

For information about OhioHealth O'Bleness Hospital CHNA and copy of the reports, please go to <https://www.ohiohealth.com/community-health>. Please contact LeeAnn Lucas-Helber, President, OhioHealth O'Bleness Hospital at telephone number (740) 592-9354 and email leeann.helber@ohiohealth.com to obtain hard copies of the CHNA reports at no charge. Written comments regarding this CHNA report and related implementation strategy can also be submitted to LeeAnn Lucas-Helber.

A. Definition of the Community Served by the Hospital Facility and How the Community Served Was Determined

A – 1. Hospital Locations and ZIP Codes of Communities Served

The OhioHealth O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. The Hospital's satellite facilities include: (a) OhioHealth Castrop Health Center, located at 75 Hospital Drive, Athens, Ohio 45701, and (b) OhioHealth Homecare in Athens, located at 444 Union Street, Athens, Ohio 45701.

The community served by O'Bleness Hospital and its satellite facilities is Athens County, Ohio. See **Table 1**. In Fiscal Years 2022 and 2023, 64% and 60%, respectively, of patients served based on inpatient admissions, outpatient visits, Emergency Department visits, observation, surgeries, and births reside in Athens County. The Athens County ZIP Codes and communities are summarized in **Table 2**.

Table 1. Percent of Patients Served from Athens County, Ohio based on Hospital and Outpatient Data

OhioHealth Hospital and Outpatient Data	Fiscal Year 2022	Fiscal Year 2023
Inpatient Admissions	68%	72%
Outpatient (excluding observation)	65%	74%
Emergency Department	66%	67%
Observation	68%	75%
Surgeries	63%	67%
Births	54%	60%
Average	64%	69%

Table 2. Summary of Athens County communities and Zip codes (Data Sheer, LLC, 2003-2024)

Athens County Communities	Zip Code
City of Athens	45701
City of Nelsonville	45764
Village of Albany	45710
Village of Amesville	45711
Village of Buchtel	45716
Village of Chauncey	45719
Village of Coolville	45723
Village of Glouster	45732
Village of Jacksonville	45740
Village of Trimble	45782
Carbondale	45717
Hockingport	45739
Little Hocking (Shared with Washington County)	45742
Millfield	45761
New Marshfield	45766
Shade	45776
Sharpsburg	45777
Stewart	45778
The Plains	45780
Trimble	45782
Guysville	45735
Chesterhill (Shared with Morgan County, Ohio)	43728

B. Demographics of the Community

The demographic data of Athens County were obtained from the Ohio Department of Development County Profile report (Ohio Department of Development, n.d.)

B – 1. Total Athens County population

In 2020, the Athens County population was 62,431. In 2022, the Athens County population was 58,979.

B – 2. Race and ethnicity breakdown of Athens County population

- White – 90.9%
- African American or Black – 2.5%
- Native American – 0.1%
- Asian – 2.7%
- Pacific Islander – 0.1%
- Other races – 0.4%
- Two or more races – 3.3%
- Hispanic (may be of any race) – 2%
- Total minority population – 10.6%

B – 3. Age breakdown of Athens County population

- Under 5 years – 3.8%
- 5 to 17 years – 10.8%
- 18 to 24 years – 28.4%
- 25 to 44 years – 22.4%
- 45 to 64 years – 21.3%
- 65 years and more – 13.3%

The median age in Athens County was 30.5 years.

B – 4. Income breakdown of Athens County population

- Median household income – \$47,061.00
- Per capita personal income – \$40,663.00
- Families with income below poverty level – 11%
- Individuals with income below poverty level – 25.5%

C. Existing Healthcare Facilities and Resources within the Community Available to Respond to the Community's Health Needs

C – 1. Healthcare facilities and community resources that address mental health and addiction, including (a) mental and behavioral health access and availability of providers; (b) mental health and wellbeing; and (c) substance use disorder, including need for interventions for harm reduction, recovery, and emerging threats such as the fentanyl crisis

C – 1.1. OhioHealth O'Bleness Hospital

C – 1.1.1. Behavioral and mental health care – OhioHealth provides inpatient and outpatient services for patients and families with mental and behavioral challenges (OhioHealth 2015-2024). Patients and families have access to electroconvulsive therapy (ECT), psychiatric emergency services, inpatient consultation, liaison services, transcranial magnetic stimulation therapy (TMS) and a partial hospitalization program (PHP). Additionally, OhioHealth O'Bleness Hospital provides patients with safety assessments, emergency care, hospital care, education and referral to community agencies or inpatient psychiatric hospitals. on-site in-person and virtual mental and behavioral health counseling and education services. Substance abuse patients are referred to Hopewell Health Center, Health Recovery Services and other partner agencies of the Athens-Hocking-Vinton Alcohol, drug Addiction and Mental Health Services Board (317 Board, 2024).

C – 1.1.2. Emergency and trauma care – OhioHealth's offers 21 emergency care locations and three trauma centers in central Ohio provide access to advanced emergency and trauma care. Physicians and other healthcare providers have access to OhioHealth system resources (OhioHealth, 2015-2024).

C – 1.2. OhioHealth Nelsonville Health Center – The OhioHealth Nelsonville Medical and Emergency Services Outpatient Department in Nelsonville, Ohio, also include offices for Health Recovery Services, Inc., which enables integration among primary care and mental and behavioral health services. Addiction and mental health counseling are provided to adults who are struggling with behavior-related issues associated with drug, alcohol, and mental health problems (OhioHealth 2015-2024).

C – 1.3. OhioHealth Physician Group (OPG) Behavioral Health Integration Clinics – Patients from these primary care clinics have access to licensed behavioral health providers who provide evidence-based therapies (cognitive-behavioral therapies and solution-focused therapies). Depending on patient's needs, the behavioral health provider may refer patients to social workers, psychologists, and psychiatrists for further psychosocial assessments and community referrals. OhioHealth's Behavioral Health Integration services are located at the OhioHealth Physician Group Primary Care and Geriatrics Athens, which is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701 (OhioHealth 2015-2024). Services include (but not limited to):

- Personalized care
- Routine exams and annual screenings
- School and sports physicals, well-child visits and immunizations
- Women's health
- Acute illness treatment and specialty care referrals
- Expert management of chronic health conditions, including diabetes, high blood pressure, asthma and allergies
- Prevention, screening, intervention and treatment for substance abuse and addiction
- Behavioral Health Integration

C – 1.4. Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (317 Board) – Designs policies, evaluate programs, obtains funding and monitors contracted services for persons who need alcohol, drug addiction or mental health services from Athens, Hocking and Vinton counties (317 Board, 2016-2021). The 317 Board pays for services not reimbursed by Medicaid or their health insurance. The 317 Board partners with community stakeholders to promote prevention, treatment and recovery for individuals and families affected by mental health and substance use disorders counties (317 Board, 2024).

C – 1.4.1. Mental health and substance use disorder treatment – The 317 Board's community partners provide at least one of the following services, namely mental health services, addiction services for youth and adults, medication-assisted treatment, opiate addiction rapid access program, education advocacy, support. The 317 Board partners with (a) Hopewell Health Centers, (b) Health Recovery Services, (c) NAMI Athens, (d) TASC of Southeast Ohio (Treatment Alternatives to Street Crime), (d) Rural Women's Recovery Program, and (e) Bassett House.

C – 1.4.2. Recovery homes for substance use disorders – The 317 Board partners with (a) John W. Clem Recovery House, (b) Briggs House, (c) Mike's Bridge Recovery House, (d) Serenity Grove Women's Recovery House, (e) Our House Recovery House, and (f) Groundwork Residences. The 317 Board also leads various community coalitions to foster collaborations in addressing mental health and addiction.

C – 1.4.3. Domestic Violence Shelter – The 317 Board partners with (a) My Sister's Place.

C – 1.4.4. Mental Health Peer Support Programs – The 317 Board partners with (a) Athens Photographic Project, (b) The Gathering Place.

C – 1.4.5. Services for seniors – The 317 Board partners with (a) Scenic Hills Senior Center, and (b) Vinton County Senior Citizens.

C – 1.4.6. Services for youth – The 317 Board partners with (a) The Hive, and (b) Sojourners Youth Resiliency Center.

C – 1.4.7. Mental Health Peer Support Programs – The 317 Board partners with (a) Athens Photographic Project, (b) the Gathering Place, (c) Home Away from Home, and (d) New Beginnings.

C – 1.4.8. Community Coalitions – The 317 Board leads or coordinate community initiatives such as (a) Athens County Suicide Prevention Coalition, (b) Athens HOPE (Hocking Overdose Partnership Endeavor), and (c) Vinton County Prevention and Recovery Coalition.

- C – 1.5. Athens County Children Services** – Works with families involved in juvenile court to identify and provide aid to the underlying issues of abuse and neglect, like substance abuse and mental illness, to help unite families. The Athens County Children Services provides (a) intake; (b) alternative response; (c) family support services; (d) school outreach; (e) family support, adoption, and training; (f) trauma-informed care; (g) child abuse prevention; (h) permanency planning; and (i) other therapeutic interventions (Athens County Children Services, 2024).
- C – 1.6. Athens County Prosecutor** – Functions include (a) working with law enforcement agencies to convict people who are guilty of crimes, (b) serve as legal counsel for County and Township offices; (c) advocate for victims of crime and their families; (d) pursue evidence that may exonerate an innocent person; and (e) promote safety of Athens County. The Athens County Prosecutor offers the Fresh Start program, which addresses the needs of Athens County residents dealing with addiction. Fresh Start promotes and enhances successful community programs such as (a) day treatment programs in collaboration with Health Recovery Services and (b) scholarships for admission to John W. Clem Recovery House (Athens County Prosecutor, 2024).
- C – 1.7. Health Recovery Services, Inc.** – Provides counseling and support for children and adults needing alcohol, tobacco, drug, and gambling addiction services as well as mental health treatment. Health Recovery Services, Inc. offers outpatient programs, residential treatment programs, medication-assisted treatment, and community outreach and prevention services to Athens County. Examples of community services include (a) Drug-Free Workplace; (b) prevention workshops or assemblies focused on alcohol and other drugs; (c) nicotine intervention program; (d) Teen Institute positive peer prevention program; (e) women's outreach; (f) gambling education and treatment; (g) Substance Abuse Assessment for Municipal Court offenses; (h) life skills training; and (i) professional prevention training (Health Recovery Services, 2017).

C – 2. Healthcare facilities and community resources addressing chronic disease, including (a) prevention, detection, treatment, management of diabetes; and (b) prevention, detection, treatment, management of other chronic conditions

- C – 2.1 OhioHealth O'Bleness Hospital** – offers various services and programs that treat and/or manage chronic conditions such as, but not limited to:
- C – 2.1.1. Programs and services for diabetes prevention, detection, and management** – OhioHealth O'Bleness Hospital collaborates with the Ohio University Heritage College of Osteopathic Medicine in offering a comprehensive diabetes program that is certified by the Association of Diabetes Care and Education Specialists. The program includes (a) diagnostic screenings, (b) screenings for blood glucose, blood pressure and body mass index, and (c) foot exams (OhioHealth 2015-2024).
- C – 2.1.2. Programs and services for cardiovascular disease prevention** – OhioHealth offers lifestyle programs that include (a) fitness; (b) nutrition counseling; (c) tobacco cessation; (d) weight management; (e) stress management; (f) health risk management; (g) clinical prevention through services of the anticoagulation clinic; and (h) lipid clinic (OhioHealth 2015-2024). Whether patients are interested in a preventive heart screening, a consultation, or treatment for an existing cardiovascular condition, they receive the highest quality of care from OhioHealth's heart and vascular physicians. OhioHealth's cardiologists and vascular surgeons have experience in providing a wide range of services, which includes testing, advanced diagnostic procedures and the latest minimally invasive treatments and surgeries. OhioHealth's heart and vascular services include (a) cardiac imaging; (b) cardiothoracic surgery; (c) electrophysiology; (d) heart failure; (e) interventional cardiology; (f) structural heart; (g) vascular (OhioHealth 2015-2024).
- C – 2.1.3. Programs and services for neurological conditions** – provides care for multiple sclerosis, epilepsy, movement disorders, stroke. Services include (a) diagnostics/tests, (b) spine care, (c) neurology, (d) behavioral health, (e) neuropsychology, (e) neurosurgery, and (f) neurocritical care (OhioHealth 2015-2024).

- C – 2.1.4. Collaborations with Community Food Initiatives** — aims to promote access to an equitable, inclusive, and effective local food system by nurturing wellness. The programs of Community Food Initiatives include but not limited to (a) Community Gardens; (b) Sprouts and School Gardens; (c) Donation Station; (d) Veggie Van; (e) Nourishing Networks; (f) Discovery Kitchen; and (g) Spring Gardening Giveaway (Community Food Initiatives, 2024).
- C – 2.1.5. OhioHealth O'Bleness Hospital** – located at 55 Hospital Drive, Athens, Ohio 45701. Services include (but not limited to):
- (a) **Cancer care** – OhioHealth provides patients with access to evidenced-based cancer care protocols and best practices.
 - (b) **Heart and vascular** – OhioHealth offers cardiac imaging, cardiothoracic surgery, clinical cardiology, electrophysiology, heart failure clinic, interventional cardiology, structural heart disease program, vascular care and other heart and vascular programs.
 - (c) **Cardiac rehabilitation** – OhioHealth offers a comprehensive program to improve patient's long-term heart health for patients who had a previous heart event.
 - (d) **Ear, nose, and throat (ENT)** – OhioHealth treats adults and children for acute and chronic ENT problems.
 - (e) **Emergency and trauma** – OhioHealth provide immediate, expert treatment for severe and life-threatening conditions.
 - (f) **Foot and ankle** – OhioHealth treat various bone, joint and muscle conditions to relieve pain. Examples of interventions include (a) ankle and foot strapping, (b) orthotics, (c) braces, (d) diabetic shoes, (e) shockwave therapy, (f) platelet-rich plasma, (g) ultrasound-guided injections, (h) wound grafts, and (ii) ankle surgeries.
 - (g) **Gastroenterology and endoscopy** – OhioHealth offer comprehensive diagnostic and therapeutic services for gastrointestinal and biliary disorders.
 - (h) **Home infusion** – OhioHealth provides specialty medications and infusion therapies at patient's home. Pharmacists and support staff are available 24/7 to provide remote support and answer questions.
 - (i) **Imaging and radiology** – OhioHealth provides imaging and radiology services such as, but not limited to: (a) bone density scan, (b) computed tomography (CT) scan, (c) fluoroscopy, (d) interventional radiology, (e) digital mammography, (f) breast biopsy, (g) magnetic resonance imaging (MRI), (h) nuclear medicine, (i) vascular ultrasound, (j) ultrasound, and (k) x-ray.
 - (j) **Laboratory services** – OhioHealth provides immediate testing with no appointments necessary.
 - (k) **Maternity services** – access to birthing centers, Maternal Fetal Medicine specialists, and neonatal intensive care units (NICUs). OhioHealth provides breastfeeding support and maternity classes.
 - (l) **Surgery** – OhioHealth offers inpatient and outpatient surgeries as well as minimally invasive robotic surgeries.
 - (m) **Community outreach** – OhioHealth provides (a) screening and health education for breast cancer, lung cancer, and skin cancer, (b) blood pressure and glucose screening, and (c) health education related to healthy aging, nutrition, physical activity, management and stress, and social support network.

C – 2.1.6. OhioHealth outpatient clinics – The clinics and services provided include the following:

- (a) **Nelsonville Health Center** – located at 11 John Lloyd Evans Memorial Drive Suite 100, Nelsonville, Ohio 45764. This outpatient health center offers access to diagnostics, computed tomography (CT) scans, magnetic resonance imaging (MRI), anticoagulation monitoring, sleep laboratory, and ultrasound.
- (b) **OhioHealth Campus Care Urgent Care at Ohio University** – located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers urgent care and radiology services.
- (c) **OhioHealth Campus Care at Ohio University Primary Care** – located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers primary care services.
- (d) **OhioHealth Employer Services O'Bleness Hospital** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers primary care services.
- (e) **OhioHealth Heart and Vascular Physicians** – located at (a) 1960 Mount Saint Mary's Drive, Nelsonville, Ohio 45764, (b) 65 Hospital Drive, Athens, Ohio 45701, and (c) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. These clinics offer heart and vascular services.
- (f) **OhioHealth Hospice and Palliative Medicine and OhioHealth Home Health Services** – located at 444 W. Union St., Suite C, Athens, Ohio 45701. This outpatient facility offers hospice and palliative medicine and home health services.
- (g) **OhioHealth Physician Group Radiation Oncology** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers radiation treatments for cancer patients.
- (h) **OhioHealth Physician Group Ear, Nose and Throat** – located at 75 Hospital Drive, Suite 360, Athens, Ohio 45701. This clinic offers ear, nose, and throat services.
- (i) **OhioHealth Physician Group Neuroscience** – located at (a) 65 Hospital Drive, Athens, Ohio 45701, and (b) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers neurology and neurological services.
- (j) **OhioHealth Orthopedic Surgeons** – located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers outpatient visits related to orthopedic surgery.
- (k) **OhioHealth Physician Group Orthopedics and Sports Medicine** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers sports medicine services.
- (l) **OhioHealth Maternal-Fetal Medicine Physicians** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers maternal-fetal medicine services.
- (m) **OhioHealth Physician Group Obstetrics and Gynecology** – located in 75 Hospital Drive, Athens, Ohio 45701. This clinic offers obstetrics and gynecology and other women's health services.
- (n) **OhioHealth Urgent Care** – located in 265 West Union Street Suite A, Athens, Ohio 45701 (OhioHealth Urgent Care Athens) and at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764 (OhioHealth Urgent Care Nelsonville). This urgent care clinic provides services such as (but not limited to): (a) rash, (b) cold symptoms, (c) asymptomatic COVID-19 concerns, (d) fever, (e) pink eye, (f) new or acute back pain, (g) burning, frequent, or urgent urination, (h) skin infections, and (i) cellulitis.

C – 2.2. Hocking Athens Perry Community Action (HAPCAP) – implements community programs such as but not limited to: (a) food and nutrition; (b) community development; (c) housing; (d) transportation; (e) child development; (f) assistance with utilities; and (g) employment programs (HAPCAP, 2024). HAPCAP's community programs related to food and nutrition include but not limited to:

- C – 2.2.1. Southeast Ohio Foodbank and Southeast Ohio Regional Kitchen** – The Foodbank operationalizes the collection and distribution of government-funded, donated and purchased food to food pantries, hot meal sites, homeless shelters, and other programs that address food insecurity. The Regional Kitchen serves food to seniors and children, repackages bulk items of the Foodbank, and food catering services.
- C – 2.2.2. Supplemental Nutrition Assistance (SNAP) Outreach Program (Food Stamps)** – enables recipients to buy food for their household such as breads, cereals, vegetables, meat, fish, poultry, and dairy products.
- C – 2.2.3. Summer Food Service Program** – provides children up to 18 years of age or persons age 19-21 who is mentally or physically disabled, with nutritious meals and snacks.
- C – 2.2.4. Summer Farmers Market** – provides fresh produce and protein sources to children who participates in summer weekend meals or summer rural delivery meals program.
- C – 2.2.5. Food Distribution to Food Pantries** – collaborates with (a) Athens Catholic Community Food Pantry, (b) Athens County Food Pantry, (c) Nelsonville Food Cupboard, Incorporated, (d) Salvation Army, (e) Monday Lunch Soup Kitchen, (f) Federal Valley Resource Center Food Pantry, (g) Basic Needs Ministry, (h) Feed My Sheep Food Pantry, (i) Greater Works Outreach Worship Center, (j) Lutheran Social Services Mobile Pantry, and (k) Torch UMC (Feed My Sheep).
- C – 2.2.6. The Commodity Supplemental Food Program (CSFP)** – Provides food boxes once a month to income-eligible residents who are nutritionally at-risk. Food items include cereal, grits, powdered milk, pasta, evaporated milk, cheese, rice, canned meat or poultry, peanut butter, canned fruit, canned vegetables, fruit juice, dry beans, and oats.
- C – 2.2.7. Backpack Program** – Distributes food to school children during summer months.
- C – 2.2.8. Senior Nutrition Programs** – Includes Meals-on-Wheels (food for home-bound residents and their pets), and food delivery to congregate meal sites, such as (a) The Three Star Dining Center, (Athens County), (b) Senior Center in Athens (Athens County), and (c) The Scenic Hills Senior Center (Hocking County).

C – 2.3. Ohio University Heritage College of Osteopathic Medicine (Ohio University, 2024)

- C – 2.3.1. Family Navigator Services** — includes programs such as “Pathways to a Healthy Pregnancy”, “Baby & Me Tobacco Free”, “Cribs for Kids”.
- C – 2.3.2. Childhood Immunization Program** — provides immunization for children such as polio, rubella, and whooping cough. Children ages 0-19 years of age can receive free immunization through the Vaccines for Children program.
- C – 2.3.3. Healthy Adult Program** — includes screenings for blood pressure, blood sugar, total cholesterol, and lipid profile for adults.
- C – 2.3.4. Women’s health screenings** — serves uninsured and underinsured women by providing clinical breast exams, breast health education, mammogram appointments, free mammograms for eligible patients according to the guidelines of the Breast and Cervical Cancer Projects of Southeast Ohio.
- C – 2.3.5. Free Monthly Diabetes Care** — provides care to uninsured and underinsured adults ages 18-64 through free blood tests, foot exams, eye screenings, and health education.
- C – 2.3.6. Heritage College of Osteopathic Medicine Mobile Community Clinic** — Two, 40-ft mobile clinics travel to 24 Ohio counties, providing clinics at churches, community centers, worksites, schools, and other community locations. Services include (a) free primary care clinics who are uninsured or underinsured, (b) free women’s health screening clinics, (c) immunization clinics for adults and children, (d) free blood pressure, glucose and cholesterol check screening, and (e) school bus driver physicals for public schools.

C – 3. Healthcare facilities and community resources that address access to maternal and child health care services (for example, breastfeeding support, doula services)

C–3.1. OhioHealth O'Bleness Hospital Maternity Care

Maternity care at the O'Bleness Birthing Center includes access to private rooms, highly trained and compassionate physicians, providers and staff and birthing technology. Mothers can hold their babies immediately upon birth to stabilize the temperature, heart rate, breathing and blood sugar. Doulas are permitted for labor and delivery. Doulas follow the same screenings as visitors. Labor and delivery patients who are minors may have their parents or guardians as visitors (OhioHealth 2015-2024).

O'Bleness Hospital's board-certified lactation consultants can help you develop the skills you need for successful breastfeeding. We provide breastfeeding support before you deliver, during your hospital stay and after the baby is home (OhioHealth 2015-2024).

The services of OhioHealth's breastfeeding services include but not limited to (OhioHealth 2015-2024):

- Expecting a baby and want to learn breastfeeding techniques early.
- Learning how to breastfeed a newborn baby.
- The mother of a premature baby or a baby with other special needs.
- Adopting a baby and would like to breastfeed.
- The mother of multiple infants (such as twins and triplets).
- Questioning how to go back to work while continuing to breastfeed.

Patients also have private breastfeeding consults such as but not limited to (OhioHealth 2015-2024).

- **Prenatal breast assessment** – Before the baby arrives, OhioHealth O'Bleness Hospital breastfeeding consultants provide nipple and breast care instruction. The breastfeeding consultants also address any concerns about flat or inverted nipples and other breast issues.
- **Attachment and positioning techniques** – Learning techniques on how to help the baby properly attach to the mother's breast to ensure a successful breastfeeding experience.
- **Milk quantity assessment** – The breastfeeding consultants assess the quantity of milk the baby is receiving by monitoring the baby's weight. This service helps to alleviate concerns mothers may have about the baby's nourishment.
- **Nipple soreness** – The breastfeeding consultants teach mothers on proper attachment techniques that help alleviate nipple soreness and discomfort. If nipple soreness should occur, the breastfeeding consultants teach ways of managing the pain and discomfort.
- **Breastfeeding observation** – The personal lactation consultant supports mothers as they breastfeed to improve breastfeeding techniques and avoid future issues.

C – 3.2. OhioHealth Physician Group Obstetrics and Gynecology – The OhioHealth Physician Group Obstetrics and Gynecology is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701. OhioHealth Physician Group obstetricians and gynecologists provide quality care to women throughout their lives, from routine exams, to maternity, to menopause. OhioHealth's women's health services include nutritional counseling, sexually transmitted infections (STI) testing, family planning, sexual health and contraception, and surgical and prenatal care (OhioHealth 2015-2024). Examples of the OhioHealth's women's health services are listed below.

C – 3.2.1. Prevention and early detection

- Women's preventive care
- Teen and adolescent care
- Pap tests
- Breast examinations
- Pelvic examinations
- Osteoporosis screening
- Nutritional counseling
- Human papilloma virus (HPV)/cervical cancer vaccine (Gardasil)

C – 3.2.2. Family planning

- Birth control and counseling
- Preconception counseling
- Pre-pregnancy patient education – preparing for pregnancy
- Infertility assessments and basic treatments
- Reversal of tubal ligation (select physicians)
- IUD (intrauterine device) insertions
- Effective treatment options for endometriosis that often improve pregnancy prospects

C – 3.2.3. Women's health gynecological conditions

- Gynecologic exam
- Management of heavy bleeding, painful or irregular cycles
- Management of premenstrual symptoms
- Perimenopause/menopause
- Hormone treatment (including natural hormone replacement)

C – 3.2.4. Obstetrical care

- Prenatal care
- Pregnancy risk assessment and monitoring for high-risk pregnancies
- Delivery
- Postpartum care

C – 3.2.5. Surgical services – Many of our physicians are fully credentialed to use the da Vinci® Surgical System for robotic surgery, which allows them to perform complex and delicate procedures through tiny incisions.

- Colposcopy
- Endometrial biopsy
- Endometrial ablation
- Laser surgery for endometriosis and other conditions
- Advanced laparoscopy
- Advanced hysteroscopy
- Reversal of tubal ligation (select physicians)

C – 3.3. Athens County Department of Job and Family Services – coordinates pregnancy-related services in Athens County. The package of services are available for women with Medicaid insurance in order to promote healthy pregnancy and good birth outcomes. Women at risk for poor birth outcomes are eligible for home visits and monitoring devices. Women are also eligible for insurance-covered pregnancy tests and transportation (Athens County Department of Job and Family Services, n.d.).

C – 4. Healthcare and community resources addressing access to care, including (a) lack of access to mental health- and behavioral health-related services and providers for children, youth and adults; (b) lack of affordable medical services and medications; (c) lack of access to dentists; and (d) lack of access to health insurance

C – 4.1 OhioHealth O'Bleness Hospital – offers various services and programs that treat and/or manage chronic conditions such as, but not limited to:

- C – 4.1.1. Programs and services for diabetes prevention, detection, and management** – OhioHealth O'Bleness Hospital collaborates with the Ohio University Heritage College of Osteopathic Medicine in offering a comprehensive diabetes program that is certified by the Association of Diabetes Care and Education Specialists. The program includes (a) diagnostic screenings, (b) screenings for blood glucose, blood pressure and body mass index, and (c) foot exams (OhioHealth 2015-2024).
- C – 4.1.2. Programs and services for cardiovascular disease prevention** – OhioHealth offers lifestyle programs that include (a) fitness; (b) nutrition counseling; (c) tobacco cessation; (d) weight management; (e) stress management; (f) health risk management; (g) clinical prevention through services of the anticoagulation clinic; and (h) lipid clinic (OhioHealth 2015-2024). Whether patients are interested in a preventive heart screening, a consultation, or treatment for an existing cardiovascular condition, they receive the highest quality of care from OhioHealth's heart and vascular physicians. OhioHealth's cardiologists and vascular surgeons have experience in providing a wide range of services, which includes testing, advanced diagnostic procedures and the latest minimally invasive treatments and surgeries. OhioHealth's heart and vascular services include: (a) cardiac imaging; (b) cardiothoracic surgery; (c) electrophysiology; (d) heart failure; (e) interventional cardiology; (f) structural heart; (g) vascular (OhioHealth 2015-2024).
- C – 4.1.3. Programs and services for neurological conditions** – provides care for multiple sclerosis, epilepsy, movement disorders, and stroke. Services include (a) diagnostics/tests, (b) spine care, (c) neurology, (d) behavioral health, (e) neuropsychology, (e) neurosurgery, and (f) neurocritical care (OhioHealth 2015-2024).
- C – 4.1.4. Collaborations with Community Food Initiatives** – aims to promote access to an equitable, inclusive, and effective local food system by nurturing wellness. The programs of Community Food Initiatives include but not limited to (a) Community Gardens; (b) Sprouts and School Gardens; (c) Donation Station; (d) Veggie Van; (e) Nourishing Networks; (f) Discovery Kitchen; and (g) Spring Gardening Giveaway (Community Food Initiatives, 2024).
- C – 4.1.5. Availability of OhioHealth financial counselors** – patients served by OhioHealth have access to financial counselors who provide support and information on how to obtain Medicare or Medicaid insurance or OhioHealth's charity care policy.

C – 4.1.5. OhioHealth O'Bleness Hospital – located at 55 Hospital Drive, Athens, Ohio 45701. Services include (but not limited to):

- (a) **Cancer care** – OhioHealth is a certified member of MD Anderson Cancer Care Network®. Patients have access to nationally recognized cancer care protocols and best practices, while receiving care from your local OhioHealth cancer physician who is certified by MD Anderson Cancer Network.
- (b) **Heart and vascular** – OhioHealth offers cardiac imaging, cardiothoracic surgery, clinical cardiology, electrophysiology, heart failure clinic, interventional cardiology, structural heart disease program, vascular care and other heart and vascular programs.
- (c) **Cardiac rehabilitation** – OhioHealth offers a comprehensive program to improve patient's long-term heart health for patients who had a previous heart event.
- (d) **Ear, nose, and throat (ENT)** – OhioHealth treats adults and children for acute and chronic ENT problems.
- (e) **Emergency and trauma** – OhioHealth provide immediate, expert treatment for severe and life-threatening conditions.
- (f) **Foot and ankle** – OhioHealth treat various bone, joint and muscle conditions to relieve pain. Examples of interventions include (a) ankle and foot strapping, (b) orthotics, (c) braces, (d) diabetic shoes, (e) shockwave therapy, (f) platelet-rich plasma, (g) ultrasound-guided injections, (h) wound grafts, and (i) ankle surgeries.
- (g) **Gastroenterology and endoscopy** – OhioHealth offer comprehensive diagnostic and therapeutic services for gastrointestinal and biliary disorders.
- (h) **Home infusion** – OhioHealth provides specialty medications and infusion therapies at patient's home. Pharmacists and support staff are available 24/7 to provide remote support and answer questions.
- (i) **Imaging and radiology** – OhioHealth provides imaging and radiology services such as, but not limited to: (a) bone density scan, (b) computed tomography (CT) scan, (c) fluoroscopy, (d) interventional radiology, (e) digital mammography, (f) breast biopsy, (g) magnetic resonance imaging (MRI), (h) nuclear medicine, (i) vascular ultrasound, (j) ultrasound, and (k) x-ray.
- (j) **Laboratory services** – OhioHealth provides immediate testing with no appointments necessary.
- (k) **Maternity services** – access to birthing centers, Maternal Fetal Medicine specialists, and neonatal intensive care units (NICUs). OhioHealth provides breastfeeding support and maternity classes.
- (l) **Surgery** – OhioHealth offers inpatient and outpatient surgeries as well as minimally invasive robotic surgeries.
- (m) **Community outreach** – OhioHealth provides (a) screening and health education for breast cancer, lung cancer, and skin cancer, (b) blood pressure and glucose screening, and (c) health education related to healthy aging, nutrition, physical activity, management and stress, and social support network.

C – 4.1.6. OhioHealth outpatient clinics – The clinics and services provided include the following:

- (a) **Nelsonville Health Center** – located at 11 John Lloyd Evans Memorial Drive Suite 100, Nelsonville, Ohio 45764. This outpatient health center offers access to diagnostics, computed tomography (CT) scans, magnetic resonance imaging (MRI), anticoagulation monitoring, sleep laboratory and ultrasound.
- (b) **OhioHealth Campus Care Urgent Care at Ohio University** – located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers urgent care and radiology services.
- (c) **OhioHealth Campus Care at Ohio University Primary Care** – located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers primary care services.
- (d) **OhioHealth Employer Services O'Bleness Hospital** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers primary care services.
- (e) **OhioHealth Heart and Vascular Physicians** – located at (a) 1960 Mount Saint Mary's Drive, Nelsonville, Ohio 45764, (b) 65 Hospital Drive, Athens, Ohio 45701, and (c) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. These clinics offer heart and vascular services.
- (f) **OhioHealth Hospice and Palliative Medicine and OhioHealth Home Health Services** – located at 444 W. Union St., Suite C, Athens, Ohio 45701. This outpatient facility offers hospice and palliative medicine and home health services.
- (g) **OhioHealth Physician Group Radiation Oncology** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers radiation treatments for cancer patients.
- (h) **OhioHealth Physician Group Ear, Nose and Throat** – located at 75 Hospital Drive, Suite 360, Athens, Ohio 45701. This clinic offers ear, nose, and throat services.
- (i) **OhioHealth Physician Group Neuroscience** – located at (a) 65 Hospital Drive, Athens, Ohio 45701, and (b) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers neurology and neurological services.
- (j) **OhioHealth Orthopedic Surgeons** – located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers outpatient visits related to orthopedic surgery.
- (k) **OhioHealth Physician Group Orthopedics and Sports Medicine** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers sports medicine services.
- (l) **OhioHealth Maternal-Fetal Medicine Physicians** – located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers maternal-fetal medicine services.
- (m) **OhioHealth Physician Group Obstetrics and Gynecology** – located in 75 Hospital Drive, Athens, Ohio 45701. This clinic offers obstetrics and gynecology and other women's health services.
- (n) **OhioHealth Urgent Care** — located in 265 West Union Street Suite A, Athens, Ohio 45701 (OhioHealth Urgent Care Athens) and at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764 (OhioHealth Urgent Care Nelsonville). This urgent care clinic provides services such as (but not limited to): (a) rash, (b) cold symptoms, (c) asymptomatic COVID-19 concerns, (d) fever, (e) pink eye, (f) new or acute back pain, (g) burning, frequent, or urgent urination, (h) skin infections, and (i) cellulitis.

C – 4.2. Hocking Athens Perry Community Action (HAPCAP) – implements community programs such as but not limited to: (a) food and nutrition; (b) community development; (c) housing; (d) transportation; (e) child development; (f) assistance with utilities; and (g) employment programs (HAPCAP, 2024). HAPCAP's community programs related to food and nutrition include but not limited to:

- C – 4.2.1. Southeast Ohio Foodbank and Southeast Ohio Regional Kitchen** – The Foodbank operationalizes the collection and distribution of government-funded, donated and purchased food to food pantries, hot meal sites, homeless shelters, and other programs that address food insecurity. The Regional Kitchen serves food to seniors and children, repackages bulk items of the Foodbank, and food catering services.
- C – 4.2.2. Supplemental Nutrition Assistance (SNAP) Outreach Program (Food Stamps)** – enables recipients to buy food for their household such as breads, cereals, vegetables, meat, fish, poultry, and dairy products.
- C – 4.2.3. Summer Food Service Program** – provides children up to 18 years of age or persons age 19-21 who is mentally or physically disabled, with nutritious meals and snacks.
- C – 4.2.4. Summer Farmers Market** – provides fresh produce and protein sources to children who participates in summer weekend meals or summer rural delivery meals program.
- C – 4.2.5. Food Distribution to Food Pantries** – collaborates with (a) Athens Catholic Community Food Pantry, (b) Athens County Food Pantry, (c) Nelsonville Food Cupboard, Incorporated, (d) Salvation Army, (e) Monday Lunch Soup Kitchen, (f) Federal Valley Resource Center Food Pantry, (g) Basic Needs Ministry, (h) Feed My Sheep Food Pantry, (i) Greater Works Outreach Worship Center, (j) Lutheran Social Services Mobile Pantry, and (k) Torch UMC (Feed My Sheep).
- C – 4.2.6. The Commodity Supplemental Food Program (CSFP)** – Provides food boxes once a month to income-eligible residents who are nutritionally at-risk. Food items include cereal, grits, powdered milk, pasta, evaporated milk, cheese, rice, canned meat or poultry, peanut butter, canned fruit, canned vegetables, fruit juice, dry beans, and oats.
- C – 4.2.7. Backpack Program** – Distributes food to school children during summer months.
- C – 4.2.8. Senior Nutrition Programs** – Includes Meals-on-Wheels (food for home-bound residents and their pets), and food delivery to congregate meal sites, such as (a) The Three Star Dining Center, (Athens County), (b) Senior Center in Athens, (Athens County), and (c) The Scenic Hills Senior Center, (Hocking County).

C – 4.3. Ohio University Heritage College of Osteopathic Medicine (Ohio University, 2024)

- C – 4.3.1. Family Navigator Services** – includes programs such as “Pathways to a Healthy Pregnancy”, “Baby & Me Tobacco Free”, “Cribs for Kids”.
- C – 4.3.2. Childhood Immunization Program** – provides immunization for children such as polio, rubella, and whooping cough. Children ages 0-19 years of age can receive free immunization through the Vaccines for Children program.
- C – 4.3.3. Healthy Adult Program** – includes screenings for blood pressure, blood sugar, total cholesterol, and lipid profile for adults.
- C – 4.3.4. Women’s health screenings** – serves uninsured and underinsured women by providing clinical breast exams, breast health education, mammogram appointments, free mammograms for eligible patients according to the guidelines of the Breast and Cervical Cancer Projects of Southeast Ohio.
- C – 4.3.5. Free Monthly Diabetes Care** – provides care to uninsured and underinsured adults ages 18-64 through free blood tests, foot exams, eye screenings, and health education.
- C – 4.3.6. Heritage College of Osteopathic Medicine Mobile Community Clinic** – Two, 40-ft mobile clinics travel to 24 Ohio counties, providing clinics at churches, community centers, worksites, schools, and other community locations. Services include (a) free primary care clinics who are uninsured or underinsured, (b) free women’s health screening clinics, (c) immunization clinics for adults and children, (d) free blood pressure, glucose and cholesterol check screening, and (e) school bus driver physicals for public schools.

C – 4.4. Hopewell Health Centers – serves Athens County through various programs listed below (Hopewell Health Centers, 2021):

- C – 4.4.1. Nelsonville Dental and Primary Health Care Clinic** – located at 1950 Mount St. Mary’s Drive, Nelsonville, OH 45764.
- C – 4.4.1. Athens Behavioral Health / Primary Care Clinic** – located at 90 Hospital Drive, Athens, OH 45701.
- C – 4.4.2. Respite Adult Crisis Program** – located at 7976 Dairy Lane, Athens, OH 45701.
- C – 4.4.3. REACH Youth Day Treatment** – located at 14455 Kimberley Road, Nelsonville, OH 45764.
- C – 4.4.4. Coolville Primary Care Clinic** – located at 25716 Wilson Street, Coolville, OH 45723.
- C – 4.4.5. Athens County Women, Infants and Children (WIC) Program** – located at 215 Columbus Road, Suite 106, Athens, OH 45701.
- C – 4.4.6. Child and Adolescent Behavioral Health Services** – located at 141 Columbus Rd., Athens, OH 45701.
- C – 4.4.7. Early Childhood Program** – located at 9 Kenny Drive, Athens, OH 45701.
- C – 4.4.8. Lancer Care Clinic** – located at 8461 State Route 144, Stewart, OH 45778.

C – 5. Healthcare and community resources addressing social determinants of health and basic needs, including (a) emergent and increasing population of unhoused and underhoused people, homelessness, lack of safe, stable, and affordable housing; (b) food insecurity; (c) lack of access to affordable childcare; and (d) lack of access to reliable and safe transportation

- C – 5.1. OhioHealth O'Bleness Hospital and OhioHealth Physician Group Clinics** – assesses social determinants of health such as but not limited to (a) food insecurity, (b) housing, (c) transportation, and (d) financial insecurity. Patients who screen positive to specific social determinants are referred by the OhioHealth Case Management team to the Hocking Athens Perry Community Action Program (HAPCAP) and other community agencies addressing basic needs. Patients are also educated about the availability of transportation assistance through Medicaid and Medicare insurance.
- C – 5.2. Athens County Department of Job and Family Services** – addresses various social determinants of health through programs and services listed below (Athens County Department of Job and Family Services, n.d.).
 - C – 5.2.1. Food Assistance** – The Athens County Department of Job and Family Services implements the (a) Supplemental Nutrition Assistance Program (SNAP); (b) emergency food boxes to residents in need; and (c) collaborations with Athens Food Pantry.
 - C – 5.2.2. Cash Assistance** – The Athens County Department of Job and Family Services offers Ohio Works First, which helps people transition from dependence on welfare to personal responsibility, employment and self-sufficiency. The program includes other support services such as transportation, childcare and pregnancy-related services, and Work Experience Program.
 - C – 5.2.3. Medical Assistance** – The Athens County Department of Job and Family Services coordinates Athens County resident's access to Ohio Medicaid healthcare coverage. Medicaid insurance is available for United States citizen residing in Ohio or meet Medicaid non-citizen requirements, low income, pregnant women, infants and children, older adults, individuals with disabilities.
 - C – 5.2.4. Child Care Assistance** – The Athens County Department of Job and Family Services pays for childcare assistance while an adult member of the family works or trains as an in-home aide.
 - C – 5.2.5. Child Support Enforcement Agency** – The Athens County Department of Job and Family Services implements the Child Support Enforcement Agency to (a) establishing paternity for children born out of wedlock; (b) orders for child support or medical insurance.
 - C – 5.2.6. Prevention, Retention and Contingency (PRC) Program** – assist eligible families with unexpected hardship with money through assistance for utilities, rental deposits or evictions, emergency replacement of vital household appliances, removal of bed bugs.
 - C – 5.2.7. Senior Citizen Guardian Program** – serves senior citizens who have been assessed by physicians as incompetent or incapable of making decisions. Guardians are appointed by the Athens County court system. The Adult Protective Services provides guidance to guardian volunteers and families.

C– 6. Healthcare and community resources addressing infectious diseases, including (a) low rates of childhood immunization rates, (b) low rates of adult immunization rates, and (c) increase prevalence of vector-borne - diseases (for example, Lyme Disease, mosquitoes)

C – 6.1. OhioHealth O'Bleness Hospital and OhioHealth Physician Group Clinics – OhioHealth provides various immunizations for children, adolescents, adults, and older adults. OhioHealth employees are mandated to obtain flu vaccinations, with some exemptions.

C – 6.2. OhioHealth Physician Group Infectious Disease – provides inpatient consults, outpatient care appointments, and post hospital follow-up. The team offers in-person appointments and consults and telemedicine. Examples of infectious diseases that the Team diagnoses and treats are listed below.

<ul style="list-style-type: none"> • Adenovirus Infections • AIDS / HIV • Chickenpox • Chronic Fatigue Syndrome • Diphtheria • E. coli • Fifth Disease • Giardiasis • Haemophilus Influenzae Infections • Hand-Foot-Mouth Disease • Hepatitis • Herpes Simplex Virus / Cold Sores • Herpes Zoster (Shingles) 	<ul style="list-style-type: none"> • Human Parainfluenza Viruses (HPIV) • Impetigo • Infectious Mononucleosis • Influenza • Lyme Disease • Malaria • Measles • Meningitis • Meningococcal Infections • Mumps • Poliomyelitis (Polio) • Pneumonia • Rabies • Respiratory Syncytial Virus (RSV) 	<ul style="list-style-type: none"> • Rocky Mountain Spotted Fever • Roseola • Rotavirus Infections • Rubella (German Measles) • Rubeola (Measles) • Salmonella Infections • Scarlet Fever • Severe Acute Respiratory • Salmonella Infections • Scarlet Fever • Severe Acute Respiratory Syndrome (SARS) • Sexually Transmitted Diseases 	<ul style="list-style-type: none"> • Staphylococcal Scalded Skin Syndrome • Tetanus • Toxic Shock Syndrome • Tuberculosis (TB) • Viral Hepatitis • West Nile Virus • Whooping Cough (Pertussis) • Wound infections • Wound Care (Diabetic Wound, Infected Wound, Skin Wound, Surgical wound, Ulcer, venous and arterial wound)
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C – 6.3. Athens City-County Health Department – offers Athens County residents with programs and services from the (a) Nursing Division, (b) Health Education Division, (c) Environmental Health Division, (d) Public Health Preparedness, and (e) Vital Statistics (Athens City-County Health Department, 2019). Specifically, the Environmental Health programs either regulates, inspects, or controls the following:

C – 6.3.1. Control of mosquitoes and prevention of tick-borne diseases

- **Mosquito control** – Related to mosquito control, the Athens City-County Health Department conducts (a) surveillance and testing; (b) controlling potential breeding areas, (c) use of larvicide, and (d) limited use of adulticide. The Athens City-County Health Department collaborates with the Ohio Department of Health in tracking mosquito-borne diseases in Ohio.
- **Prevention of tick-borne diseases** – Considering the rise of tick-borne diseases in Ohio, prevention of tick bites is key to prevent infection. The Asian Longhorn Tick was recently identified in Athens County and may be a risk for livestock. Lyme Disease and Rocky Mountain Spotted Fever are the most common tick-borne illnesses in Ohio.

C – 6.3.2. Body art

C – 6.3.3. Campgrounds

C – 6.3.4. Food safety

C – 6.3.5. Schools and other indoor environments

C – 6.3.6. Lot splits

C – 6.3.7. Pools

C – 6.3.8. Private water systems

C – 6.3.9. Public health nuisance

C – 6.3.10. Sewage treatment systems

C – 6.3.11. Solid waste

D. How Data was Obtained

- D – 1.** The data used to determine Athens County as “community served” by OhioHealth O'Bleness Hospital in **Section A** was based on OhioHealth electronic medical records.
- D – 2.** The Athens County community demographics presented in **Section B**, including population, race, ethnicity, age, median household income and percent of individuals and families under federal poverty level were obtained from Ohio Department of Development County Profiles (Ohio Department of Development, n.d.).
- D – 3.** The health outcomes, health behaviors, social determinants of health and other data presented in **Appendixes A and B** were obtained from the following sources: (a) 2024 County Health Rankings; and (b) Ohio Department of Health.
- D – 4.** The outcomes and impacts data that were presented in **Appendix D** came from OhioHealth internal records and electronic medical records.

E. Significant Health Needs of the Community

From May 15, 2024 to June 3, 2024, the community stakeholders submitted significant health needs affecting Athens County. The category of significant health needs, details and count of votes recorded during the June 3, 2024 public meeting are summarized in **Table 3**. OhioHealth O'Bleness Hospital guided the stakeholders that prioritization of needs will be based on the following: (a) how impactful is the community need; (b) available resources in the community to address the needs; and (c) ability for the hospital and the Athens County community to demonstrate outcomes and impact from interventions that address the need.

Table 3. Summary of Athens County significant health needs, and count of votes during the June 3, 2024 public meeting to prioritize health needs and determine alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP)

Significant Health Needs Category	Detail of Significant Health Needs	Prioritization Vote Count (out of 25 participants)	Vote Count for Alignment with SHIP (out of 25 participants)	Community Stakeholder Decision
Mental Health and Addiction	Mental/behavioral health access and availability of providers	Yes = 19 No=0	Yes=19 No=0	Priority Health Needs; Align with SHIP
Mental Health and Addiction	Substance use disorder-harm reduction; recovery; emerging threats; fentanyl	Yes=18 No=1		
Mental Health and Addiction	Mental health and wellbeing	Yes=19 No=0		
Chronic Disease	Chronic disease prevention, detection, treatment, management (e.g., diabetes, other chronic conditions; relate to social determinants)	Yes=22 No=0	Yes=20 No=0	Priority Health Needs; Align with SHIP
Maternal, Infant and Child Health	Access to maternal and child health care services (e.g., Breastfeeding support; doula services; etc.)	Yes=22 No=0	Yes=14 No=4	Priority Health Needs; Align with SHIP

Continuation of Table 3. Summary of Athens County significant health needs, and count of votes during the June 3, 2024 public meeting to prioritize health needs and determine alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP)

Significant Health Needs Category	Detail of Significant Health Needs	Prioritization Vote Count (out of 25 participants)	Vote Count for Alignment with SHIP (out of 25 participants)	Community Stakeholder Decision
Access to Care	Lack of access to mental health-related and behavior health-related services and providers for children, youth, adults	Yes=13 No=0	Yes=16 No=0	Priority Health Needs; Align with SHIP
Access to Care	Lack of affordability of medical services and medications	Yes=12 No=0		
Access to Care	Lack of access to health insurance	Yes=10 No=0		
Access to Care	Lack of access to dentists	Yes=10 No=0		
Access to Care	Lack of access to dental health insurance	Yes=3 votes No=0 vote	Not applicable	Not a Priority Health Need
Access to Care	Lack of access to primary care providers especially for acute care needs	Yes=8 votes No=1 vote	Not applicable	Not a Priority Health Need
Access to Care	Lack of access to a Trauma Center	Yes=3 votes No=2 votes	Not applicable	Not a Priority Health Need
Access to Care	Lack of access to women's healthcare providers	Yes=5 votes No=2 vote	Not applicable	Not a Priority Health Need
Access to Care	Lack of access to vision care	Yes=3 votes No=1 vote	Not applicable	Not a Priority Health Need
Access to Care	Lack of access to evidenced-based health education	Yes=6 votes No=1 vote	Not applicable	Not a Priority Health Need

Continuation of Table 3. Summary of Athens County significant health needs, and count of votes during the June 3, 2024 public meeting to prioritize health needs and determine alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP)

Significant Health Needs Category	Detail of Significant Health Needs	Prioritization Vote Count (out of 25 participants)	Vote Count for Alignment with SHIP (out of 25 participants)	Community Stakeholder Decision
Social Determinants of Health	Basic needs, including emergent and increasing population of unhoused and underhoused people (Homelessness and lack of safe, stable, and affordable housing)	Yes=14 votes No=0 vote	Yes=13 votes N=0 vote	Priority Health Needs; Align with SHIP
Social Determinants of Health	Basic needs, including food insecurity	Yes=14 votes No=0 vote		
Social Determinants of Health	Lack of access to affordable childcare	Yes=13 votes No=0 vote		
Social Determinants of Health	Basic needs, including access to reliable and safe transportation	Yes=12 votes No=0 vote		
Social Determinants of Health	Basic needs, including food, housing, and transportation	Yes=7 votes No=0 vote	Not applicable	Not a Priority Health Need
Social Determinants of Health	Basic needs including lack of access to local produce	Yes= 3 votes No=2 votes	Not applicable	Not a Priority Health Need
Social Determinants of Health	Poverty and inability to get out of poverty	Yes=10 votes No=0 vote	Not applicable	Not a Priority Health Need
Social Determinants of Health	Isolation	Yes=8 votes No=0 vote	Not applicable	Not a Priority Health Need
Social Determinants of Health	Lack of social cohesion	Yes=6 votes No=1 vote	Not applicable	Not a Priority Health Need
Social Determinants of Health	Misinformation	Yes= 8 votes No=2 votes	Not applicable	Not a Priority Health Need

Continuation of Table 3. Summary of Athens County significant health needs, and count of votes during the June 3, 2024 public meeting to prioritize health needs and determine alignment with Ohio's 2020-2022 State Health Improvement Plan

Significant Health Needs Category	Detail of Significant Health Needs	Prioritization Vote Count (out of 25 participants)	Vote Count for Alignment with SHIP (out of 25 participants)	Community Stakeholder Decision
Infectious Diseases	Increase prevalence of vector-borne -diseases (e.g., Lyme Disease, mosquitoes)	Yes=16 votes No=0 vote	Yes=11 votes No=0 vote	Priority Health Needs; Align with SHIP
Infectious Diseases	Low rates of childhood immunization rates	Yes=17 votes No=0 vote		
Infectious Diseases	Low rates of adult immunization rates	Yes=16 votes No=0 vote		

F. Primary, Chronic Disease and Other Health Needs of Uninsured, Low-Income and Minority Populations

The primary and chronic disease needs and other health issues of uninsured, low-income and minority populations and the latest data for each need are summarized in **Appendixes A and B**. Data are presented for Athens County, Ohio, and United States.

G. Process for Identifying and Prioritizing Community Health Needs

On May 15, 2024, OhioHealth O'Bleness Hospital sent an email to various community stakeholders to seek their inputs on the significant health needs in Athens County based on the following:

- Health and health-related data for Athens County, including health outcomes, health factors, health behaviors, and social determinants of health needs. These data were summarized by OhioHealth based on County Health Rankings and Ohio Department of Health.
- Experiences in serving people in the community.

On June 3, 2024, OhioHealth O'Bleness Hospital and OhioHealth External Affairs conducted the virtual public meeting via Microsoft Teams, 9:30 AM to 12:00 PM. The community stakeholders discussed the significant health needs affecting Athens County. Once the final list of significant health needs was decided, the community stakeholders prioritized the significant health needs and decided on O'Bleness Hospital's alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP). The priority health needs are listed in **Table 4**.

Table 4. Summary of Athens County priority health needs and OhioHealth O'Bleness Hospital's alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP)

Priority Health Needs	Detailed Description	Alignment with Ohio's 2020-2022 SHIP?	Notes
Mental health and addiction	<ul style="list-style-type: none"> Mental and behavioral health access and availability of providers Mental health and wellbeing Substance use disorder, including need for interventions for harm reduction, recovery, and emerging threats such as the fentanyl crisis 	Yes	Mental health and addiction are priority health outcomes in Ohio's SHIP.
Chronic Disease	<ul style="list-style-type: none"> Prevention, detection, treatment, management of diabetes Prevention, detection, treatment, management of other chronic conditions 	Yes	Chronic disease is a priority health outcome in Ohio's SHIP.
Maternal, Infant and Child Health	<ul style="list-style-type: none"> Access to maternal and child health care services (for example, breastfeeding support, doula services) 	Yes	Maternal, infant and child health is a priority health outcome in Ohio's SHIP.
Access to Care	<ul style="list-style-type: none"> Lack of access to mental health- and behavioral health-related services and providers for children, youth and adults Lack of affordable medical services and medications Lack of access to dentists Lack of access to health insurance 	Yes	Access to care is a priority health factor in Ohio's SHIP.
Social Determinants of Health	<ul style="list-style-type: none"> Emergent and increasing population of unhoused and underhoused people, homelessness, lack of safe, stable, and affordable housing (Basic needs) Food insecurity (Basic needs) Lack of access to affordable childcare Lack of access to reliable and safe transportation (Basic needs) 	Yes	Social determinants of health or community conditions are priority health factors in Ohio's SHIP.
Infectious Diseases	<ul style="list-style-type: none"> Low rates of childhood immunization rates Low rates of adult immunization rates Increase prevalence of vector-borne -diseases (for example, Lyme Disease, mosquitoes) 	Yes	Access to care and community conditions are priority health factors in Ohio's SHIP

H. Process for Consulting with Persons Representing the Community's Interests and Input Provided

Appendix C lists the organizations who either submitted inputs to OhioHealth O'Bleness Hospital on the significant health needs in Athens County (May 15, 2024 to June 3, 2024) or participated in the prioritization of health needs public meeting held on June 3, 2024. For each organization represented, information was presented on the following: (a) knowledge and skills in public health of the organization representative; (b) description of the medically underserved, low-income or minority populations represented by the organization; (c) community stakeholder inputs; (d) time frame of inputs; (e) organization's website; (f) mission of organization; and (g) examples of organization's programs and services.

I. Impact of Actions Taken to Address the Significant Health Needs Identified in the Hospital Facility's 2022 Community Health Needs Assessment (CHNA)

Appendix D summarizes the impact of OhioHealth O'Bleness Hospital programs that addressed the priority health needs that were identified in the 2022 board-approved community health needs assessment and hospital actions described in the Fiscal Years 2023-2025 implementation strategy.

J. Organizations Contracted to Assist with Conducting the Community Health Needs Assessment (CHNA)

OhioHealth did not contract with external agencies to conduct the O'Bleness Hospital 2025 Community Health Needs Assessment. Summary of publicly available secondary data were obtained from the 2024 County Health Rankings, Ohio Department of Health, and Ohio Department of Development. Mary Ann G. Abiado, PhD, MSN, RN, Data Management and Evaluation Specialist and Community Health nurse wrote the 2025 Community Health Needs Assessment report and Fiscal Years 2026-2028 Implementation Strategy in consultation with Jeffrey R. Kasler, Director of Government Relations, LeeAnn Helber, President of OhioHealth O'Bleness Hospital, Tara Gilts, Philanthropy Advisor for the OhioHealth Foundation, and other hospital leaders.

The OhioHealth Office of the Legal Counsel reviewed the 2025 Community Health Needs Assessment and Fiscal Years 2026-2028 Implementation Strategy for compliance to the guidelines from the Internal Revenue Service and alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP).

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Appendix A. Summary of Data and Information from Ohio's 2019 State Health Assessment and 2022 Online State Health Assessment Portal (Ohio Department of Health, n.d.)

Appendix Table 1. Summary of Findings from the 2019 State Health Assessment

Findings	Description and Data Details
Ohioans' overall wellbeing declined	<ul style="list-style-type: none"> Premature death, life expectancy and overall health worsened. The leading causes of premature death in 2017 were unintentional injuries (including drug overdose), cancer and heart disease. Ohio's life expectancy dropped from 77.6 years in 2010 to 76.5 years in 2017. Increase in infant deaths, blood pressure, late-stage cancer diagnosis was observed. Black or African Americans life expectancy in 2017 was 72.8 years compared to 77 among Whites.
Ohioans' lack opportunities to reach full health potential	<ul style="list-style-type: none"> Ohioans who are black or African American, with low income, with disabilities or live in Appalachian counties have worse health outcomes compared to overall Ohio population.
Health promotion activities need to be addressed	<ul style="list-style-type: none"> Interventions need to focus on the following: (i) physical activity, (ii) tobacco use, (iii) access to dental care, (iv) access to mental health, (v) income disparities, (vi) unemployment, (vii) adverse childhood experiences (ACEs), (viii) access to transportation, (ix) lead poisoning and (x) racism
Ohio's significant health challenges continue to be mental health and addiction, chronic disease, and maternal and infant health	<ul style="list-style-type: none"> Ohio's performance worsened or did not improve. Cross-cutting factors include poverty, lack of access to transportation, lack of physical activity, unhealthy eating, and lack of access to care
Multi-sector collaboration is important to improve health	<ul style="list-style-type: none"> Approximately 80 percent of modifiable factors that can improve health are related to health behaviors (healthy eating and tobacco cessation) and social determinants of health (housing, transportation, education, employment). Poverty, racism, discrimination, trauma, violence, and toxic stress lead to health disparities.

Summary of Findings from Appendix Table 1

Ohioans have been afflicted with alarming rates of mental health and addiction, chronic diseases, and poor birth outcomes. Outcomes-focused collaborations among government, health care systems and community organizations are necessary to improve health and increase access to health care services.

Appendix Table 2. Data on overall health status and premature death in Ohio and population groups with the worst outcome

Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2020)	United States (2020)
Improve overall health status	% of adults with fair or poor health	16.5%	18.9%	15%	12%
	<u>Worst outcome</u> – Low-income adults (less than \$15,000 annual household income)	38.6%	45.1%	—	—
Reduce premature death	Years of potential life lost before age 75, per 100,000 population (age-adjusted)	7,876.1	8,774.5	8,700 (2018-2020)	7,300 (2018-2020)
	<u>Worst outcome</u> – Black_(non-Hispanic)	10,850.5	12,599	—	—

Summary of Findings from Appendix Table 2

In 2020, 15% of adults in Ohio considered themselves in fair or poor health compared to 12% of adults in the United States. There was a 3.9% reduction in the percent of Ohio adults with fair or poor health in 2020 compared to 2017. From 2018-2020, in Ohio, 8,700 years of life were lost due to deaths of Ohioans under age 75 per 100,000 people compared to 7,300 years of life lost due to deaths in the United States.

Appendix Table 3. Ohio outcomes data on reducing depression, reducing drug dependence or abuse, and reducing suicide deaths compared to the United States. Data shows Ohio's progress in addressing mental health and addiction.

Desired Outcome	Indicator	Ohio (2013-2014)	Ohio (2015-2016)	Ohio (2020)	United States (2020)
Reduce depression (%)	% of persons 12-17 years with a major depressive episode in the past year	10.33%	13.98%	18.25%	17%
	% persons ages 18+ with a major depressive episode in the past year	7.33%	7.85%	9.25%	6%
Desired Outcome	Indicator	Ohio (2013-2014)	Ohio (2015-2016)	Ohio (2018-2019)	United States (2018-2019)
Reduce drug dependence or abuse (%)	% persons age 12+ who has illicit drug dependence or abuse in the past year	2.76%	2.61%	4%	4%
Desired Outcome	Indicator	Ohio (2015)	Ohio (2015-2016)	Ohio 2016-2020)	United States (2016-2020)
Reduce suicide deaths (Number of deaths per 100,000 population)	Number of suicide deaths per 100,000 population	13.9	14.8	15	14
	Males ages 10-24	15.9	18.5	—	—
	Males ages 25-44	28.5	33.6	—	—
	White (non-Hispanic) males ages 45-64	34	32.1	—	—
	White (non-Hispanic) males ages 65+	32.2	33	—	—

Continuation of Appendix Table 3. Ohio outcomes data on reducing depression, reducing drug dependence or abuse, and reducing suicide deaths compared to the United States. Data shows Ohio's progress in addressing mental health and addiction.

Desired Outcome	Indicator	Ohio (2015)	Ohio (2015-2016)	Ohio (2018-2020)	Ohio (2018-2020)
Reduce unintentional drug overdose death (Number of deaths per 100,000 population)	Number of deaths due to unintentional drug overdoses per 100,000 population	27.7	44.1	38	23
	White (non-Hispanic) males ages 25-44	87.1	136.7	—	—
	White (non-Hispanic) males ages 45-64	43.5	72.4	—	—
	White (non-Hispanic) females ages 25-54	39.7	59.9	—	—
	Black (non-Hispanic) males ages 25-54	50.9	99	—	—
	Black (non-Hispanic) males 55-64	74.7	137.8	—	—

Summary of Findings from Appendix Table 3

Depression, drug dependence or abuse, suicide and unintentional drug overdose deaths showed an increasing trend in Ohio.

Appendix Table 4. Ohio's outcomes related to reducing heart disease, hypertension, diabetes, prediabetes, and child asthma morbidity. Data shows Ohio's progress in addressing chronic diseases.

Desired Outcome	Indicator	Baseline (2015)	Ohio (2017)	Ohio (2021)	United States (2021)
Reduce heart disease (%)	% of adults ever diagnosed with coronary heart disease	4.2%	4.7%	4.6%	4.9%
	% of adults ever diagnosed with heart attack	4.9%	5.5%	5.2%	
Desired Outcome	Indicator	Baseline (2015)	Ohio (2017)	Ohio (2021)	United States (2017-2018)
Reduce hypertension (%)	% of adults ever diagnosed with hypertension	34.3%	34.7%	35.6%	49.6%
	<i>Black or African American (non-Hispanic)</i>	40.3%	40%	—	—
	People with a disability	53.1%	No data	—	—
	People with less than high school diploma	40.7%	48.9%	—	—
	People with less than \$15,000 annual household income	35.7%	46.6%	—	—
	People older than 65 years	62.2%	60%	—	—
	People who live in Appalachian counties	39.7%	No data	—	—
Desired Outcome	Indicator	Baseline (2015)	Ohio (2017)	Ohio (2021)	United States (2015-2018)
Reduce diabetes (%)	% of adults who have been told by a health professional that they have diabetes	11%	11.3%	12.6%	16.3%
	Black or African American (non-Hispanic)	14.1%	14.2%	—	—
	People with a disability	21.8%	No data	—	—
	People with less than high school diploma	13.6%	15.8%	—	—
	People with less than \$15,000 annual household income	13.7%	19.4%	—	—
	People older than 65 years	23.4%	22.8%	—	—
	People who live in Appalachian counties	12.3%	No data	—	—

Continuation of Appendix Table 4. Ohio's outcomes related to reducing heart disease, hypertension, diabetes, prediabetes, and child asthma morbidity. Data shows Ohio's progress in addressing chronic diseases.

Desired Outcome	Indicator	Baseline (2015)	Ohio (2017)	Ohio (2019)	United States (2017-2020)
Monitor prediabetes (%)	% of adults who have been told by a health professional that they have prediabetes	7.5%	8.8%	9.5%	10.8%
Desired Outcome	Indicator	Baseline (2015)	Ohio (2017)	Ohio (2017-2018)	United States (2010-2018)
Reduce child asthma morbidity (Emergency department visits per 10,000 children)	Emergency department visits for pediatric asthma, per 10,000 children, ages 0-17 (does not include patients with cystic fibrosis or respiratory system abnormalities or transfers)	86.9	72.3	80.3	88.1
	Black or African American	245.6	175.9	—	—
	Appalachian counties	78.2	No data	—	—

Summary of Findings from Appendix Table 4

The prevalence of heart disease, hypertension, diabetes, and prediabetes in Ohio show an increasing trend. The emergency department visits for pediatric asthma shows a declining trend.

Appendix Table 5. Ohio's outcomes related to reducing preterm birth, low birth weight, and infant mortality. Data shows Ohio's progress in addressing maternal and infant health.

Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2021)	United States (2020)
Reduce preterm births (%)	% of live births that are preterm, less than 37 weeks gestation	10.3%	10.4%	10.59%	10.49%
	Black, non-Hispanic	14.1%	14.3%	—	—
	People with less than high school diploma	11.5%	11.7%	—	—
	Less than 18 years old	10.7%	10.7%	—	—
Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2020)	United States (2020)
Reduce very preterm births (%)	% of births which the newborn weighed less than 32 weeks	1.7%	1.8%	1.6%	1.5%
Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2014-2020)	United States (2020)
Reduce low birth-weight births (%)	% of births in which the newborn weighed less than 2,500 grams	8.5%	8.7%	9%	8%
	Black, non-Hispanic	13.9%	14.3%	—	—
	People with less than high school diploma	10.8%	11.3%	—	—
	Less than 18 years old	10.2%	10.8%	—	—
Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2014-2020)	United States (2020)
Reduce infant mortality	Rate of infant deaths per 1,000 live births	7.2	7.2	7.0	6.0
	Black, Non-Hispanic	15.2	15.8	—	—
Desired Outcome	Indicator	Ohio (2015)	Ohio (2017)	Ohio (2019)	United States (2019)
Reduce neonatal infant deaths	Rate of neonatal infant deaths (birth through 27 days of life) per 1,000 live births	4.8	5	4.6	3.7

Summary of Findings from Appendix Table 5

Ohio's infant mortality rate, neonatal infant death rate, and percent of very preterm births showed a declining trend. However, the percent of preterm births and low birth weights in Ohio showed an increasing trend.

Appendix Table 6. Ohio's outcomes related to social determinants of health, such as housing, job and income availability compared to United States. Data shows Ohio's progress in addressing social determinants of health.

Measure	Year	Ohio	United States
Access to housing assistance Average number of months spent on HUD housing assistance waiting list	2017	22 months	27 months
Food insecurity Percent of households that are food insecure	2017	14.5%	12.5%
Incarceration rate Imprisonment rate of sentenced prisoners under the jurisdiction of state or federal correctional authorities per 100,000 residents	2019	430	419
Severe housing burden for renters (Less than \$20,000 household income) Households spending 30% or more of income on housing as a percent of renter-occupied housing units where the household income is less than \$20,000	2019	86.3%	88.7%
Severe housing burden for renters (\$20,000 to \$34,999) Households spending 30% or more of income on housing as a percent of renter-occupied housing units where the household income is \$20,000 to \$34,999	2019	65.8%	78.6%

Continuation of Appendix Table 6. Ohio's outcomes related to social determinants of health, such as housing, job and income availability compared to United States. Data shows Ohio's progress in addressing social determinants of health.

Measure	Year	Ohio	United States
Severe housing burden for renters (\$35,000 to \$49,999) Households spending 30% or more of income on housing as a percent of renter-occupied housing units where the household income is \$35,000 to \$49,999	2019	25.6%	50.2%
Severe housing burden for renters (\$50,000 to 74,999 household income) Households spending 30% or more of income on housing as a percent of renter-occupied housing units where the household income is \$35,000 to \$49,999	2019	6.7%	26.2%
Labor force participation Labor force participation rate, ages 16 and over	2019	63.5%	63.6%
Out-of-pocket spending on health care Percent of people whose out-of-pocket spending on health care accounted for more than 10% of annual income	2020	21.1% <u>Breakdown per race:</u> <ul style="list-style-type: none"> African American 12.2% White 23.6% 	17.4% <u>Breakdown per race</u> <ul style="list-style-type: none"> African American 16.5% White 18.5%
Low income working families with children Low income working families with children as a percent of all families	2019	22%	22%

Summary of Findings from Appendix Table 6

Compared to the United States, Ohio has higher rates of food insecurity, incarceration rate and percent of people where their out-of-pocket spending for healthcare comprised more than 10% of their income.

Appendix Table 7. Outcomes related to adolescent suicide, adolescent well visits, adolescent bullying, adult obesity, adult poverty, adult smoking or adverse childhood experiences, child abuse and neglect, intimate partner violence, and depression in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Adolescent suicide Adolescent suicide rate, ages 15-19, per 100,000	2020	11.3 per 100,000	10.8 per 100,000
Adolescent well visit Percent of adolescents, ages 12 through 17, with a preventive medical visit in the past year (2-year estimate)	2020	82.5%	80.7%
Adult obesity Percent of adults 18+ who are obese (>95 th percentile for body mass index)	2020	35.5%	31.9%
Adult poverty Percent of persons age 18+ who live in households at or below the poverty threshold (<100 Federal Poverty Level)	2019	12.3%	11.9%
Adult smoking Percent of adults who are current smokers	2020	19.3%	15.5%
Adverse childhood experiences Percent of children who have experienced two or more adverse experiences among households with 100 to 199% federal poverty level	2020	29.9%	24.9%

Continuation of Appendix Table 7. Outcomes related to adolescent suicide, adolescent well visits, adolescent bullying, adult obesity, adult poverty, adult smoking or adverse childhood experiences, child abuse and neglect, intimate partner violence, and depression in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Adverse childhood experiences Percent of children who have experienced two or more adverse experiences among households with 200 to 399% federal poverty level	2020	18.7%	16.7%
Adverse childhood experiences Percent of children who have experienced two or more adverse experiences among households with 400% federal poverty level or greater	2020	8%	8.1%
Adverse childhood experiences Percent of children who have experienced two or more adverse experiences	2020	20.4%	18.1%
Adolescent Bullying (perpetrators) Percent of adolescents, ages 12 through 17, who bully others (perpetrators)	2020	14.7%	13.7%
Adolescent Bullying (Victims) Percent of adolescents, ages 12 through 17, who are bullied	2020	40.5%	35.2%
Child Abuse and Neglect Rate of child maltreatment victims per 1,000 children in population	2020	9.2 per 1,000 children	8.4 per 1,000 children

Continuation of Appendix Table 7. Outcomes related to adolescent suicide, adolescent well visits, adolescent bullying, adult obesity, adult poverty, adult smoking or adverse childhood experiences, child abuse and neglect, intimate partner violence, and depression in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Homicide deaths Number of deaths due to homicide per 100,000 population (age adjusted)	2020	9.2	7.2
Intimate partner violence Lifetime prevalence of rape, physical violence, and/or stalking by an intimate partner for women	2012	38%	37.3%
Major Depressive Episodes Percent of persons age 18+ who experienced a major depressive episode within the past year	2019	8.8%	7.5%
Youth depression prevalence Percent of adolescents aged 12-17 who have had at least one major depressive episode	2019	14.7%	15.1%
Youth with depression who did not receive mental health services Percent of youth with major depressive episode who did not receive any mental health treatment	2018	52.2%	59.6%
Unmet need for mental health Percent of adults age 18 and older with past year mental illness who reported that their perceived need for treatment/counseling was not received	2018	22.1%	23.6%

Summary of Findings from Appendix Table 7

Compared to the United States, Ohio's population have higher rates of adolescent suicide, obesity, poverty, smoking, adverse childhood experiences, adolescent bullying, child abuse and neglect, intimate partner violence, homicide deaths, major depressive episode. and insufficient sleep.

Appendix Table 8. Outcomes related to excessive drinking, illicit drug use and dependence, illicit drug use, marijuana use, alcohol, cigarettes, cocaine, heroin, and unintentional injuries in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Excessive drinking Percent of adults reporting binge drinking, defined as consuming more than 4 (women) or 5 (men) alcoholic beverages on a single occasion in the past 30 days.	2020	16.3%	15.7%
Illicit drug abuse and dependence Percent of persons age 12+ with past-year illicit drug use disorder.	2020	5.9%	6.6%
Illicit drug use Percent of individuals aged 12+ with illicit drug use in the past month.	2020	12.7%	13.2%
Marijuana use Percent of individuals aged 12+ with marijuana use in past month (2014-2016); substate estimates are calculated on groups of counties.	2016	8.1%	8.5%
Perceived risk of alcohol Percent of individuals aged 12-17 perceiving great risk of having 5 or more drinks of an alcoholic beverage once or twice a week.	2020	43%	35.5%

Continuation of Appendix Table 8. Outcomes related to excessive drinking, illicit drug use and dependence, illicit drug use, marijuana use, alcohol, cigarettes, cocaine, heroin, and unintentional injuries in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Perceived risk of cigarettes Percent of individuals aged 12-17 perceiving great risk of smoking one or more packs of cigarettes per day.	2020	63%	66.1%
Perceived risk of cocaine Percent of individuals aged 12-17 perceiving great risk of intaking cocaine once a month.	2020	50.3%	53.3%
Perceived risk of heroin Percent of individuals aged 12-17 perceiving great risk of trying heroin once or twice.	2020	62.3%	62%
Perceived risk of marijuana Percent of individuals aged 12-17 perceiving great risk of smoking marijuana once a month.	2020	22.2%	22.8%
Unintentional injuries (including drug overdose and motor vehicle accidents) Annual age-adjusted mortality rates for the leading causes of death, per 100,000 population, Ohio.	2020	78.2 per 100,000	57.6 per 100,000
Unmet need for illicit drug use treatment Percent ages 12 and older needing but not receiving treatment for illicit drug use in the past year, 2019-2020.	2020	5.3%	6.3%

Summary of Findings from Appendix Table 8

Compared to the United States, Ohio's population has higher rates of unintentional injuries (combined drug overdose and motor vehicle accidents).

Appendix Table 9. Outcomes related to access to exercise, asthma prevalence, depression, diabetes, obesity, smoking, Alzheimer's Disease, and cancer in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Source	Year	Ohio	United States
Access to exercise opportunities Percent of individuals who live reasonably close to a location for physical activity (County Health Rankings, 2023)	County Health Rankings (2023); Ohio Department of Health Online State Health Assessment (n.d.)	2020, 2022	84%	84%
Prevalence of asthma in children Estimated prevalence of children aged 0-17 who currently have asthma	Ohio Department of Health Online State Health Assessment (n.d.)	2019	7.7%	7.4%
Adult asthma prevalence (crude rate) Estimated crude prevalence of adults who currently have asthma	Ohio Department of Health Online State Health Assessment (n.d.)	2019	11.1%	9%
Adult depression prevalence (crude rate) Estimated crude prevalence of adults ever diagnosed with depression	Ohio Department of Health Online State Health Assessment (n.d.)	2020	22%	19.6%
Adult diabetes prevalence (crude rate) Crude percent of adults who have been told by a health professional that they have diabetes	Ohio Department of Health Online State Health Assessment (n.d.)	2020	12.4%	10.6%
Adult obesity Percent of adults 18+ who are obese (greater than 95th percentile for body mass index)	Ohio Department of Health Online State Health Assessment (n.d.)	2020	35.5%	31.9%

Continuation of Appendix Table 9. Outcomes related to access to exercise, asthma prevalence, depression, diabetes, obesity, smoking, Alzheimer's Disease, and cancer in Ohio versus United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Source	Year	Ohio	United States
Prevalence of obesity among children age 2-4 Percent of children, ages 2 through 4, who are obese (BMI at or above the 95 th percent)	Ohio Department of Health Online State Health Assessment (n.d.)	2018	12.6%	14.4%
Prevalence of obesity among adolescents age 10-17 (total) Percent of adolescents, ages 10 through 17, who are obese (BMI at or above the 95 th percentile)	Ohio Department of Health Online State Health Assessment (n.d.)	2019	15.7%	16%
Prevalence of obesity among high school students (African American) Percent of adolescents, ages 10 through 17, who are obese (BMI at or above the 95 th percentile)	Ohio Department of Health Online State Health Assessment (n.d.)	2019	21.5%	21.1%
Prevalence of obesity among high school students (White) High school students who were \geq 95 th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts	Ohio Department of Health Online State Health Assessment (n.d.)	2019	15.2%	13.1%
Prevalence of obesity among high school students (total) High school students who were \geq 95 th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts	Ohio Department of Health Online State Health Assessment (n.d.)	2019	16.8%	15.5%
Adult smoking Percent of adults who are current smokers	Ohio Department of Health Online State Health Assessment (n.d.)	2020	19.3%	15.5%

Continuation of Appendix Table 9. Outcomes related to access to exercise, asthma prevalence, depression, diabetes, obesity, smoking, Alzheimer's Disease, and cancer in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Source	Year	Ohio	United States
Alzheimer's Disease Mortality Rate Annual age-adjusted mortality rates for the leading causes of death, per 100,000 population,	Ohio Department of Health Online State Health Assessment (n.d.); Centers for Disease Control and Prevention National Center for Health Statistics (2023)	2020, 2021	38 per 100,000	36 per 100,000
Cancer Mortality Rate Annual age-adjusted mortality rates for the leading causes of death, per 100,000 population,	Ohio Department of Health Online State Health Assessment (n.d.); Centers for Disease Control and Prevention (2022)	2020	159.1	144.1

Summary of Findings from Appendix Table 9

Compared to the United States, Ohio's population have higher rates of the following: (a) adult asthma prevalence, (b) adult depression prevalence, (c) adult diabetes prevalence, (d) adult obesity, (e) prevalence of obesity among high school students, (f) adult smoking, (g) Alzheimer's Disease, and (h) cancer mortality rates.

Appendix Table 10. Outcomes related to breastfeeding, obesity among children, and child asthma, child masculinization, child poverty, infant mortality rate, low birth weight, preterm birth, safe sleep for Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Breastfeeding – Ever Percent of infants who are ever breastfed	2018	82.3%	83.9%
Breastfeeding at Six Months Percent of infants who are breastfed at 6 months of age	2018	50%	56.7%
Teen birth rate Number of births per 1,000 female population ages 15-19	2020	17.6	15.4
Safe sleep Percent of infants most often laid on his or her back to sleep	2014	89.1%	88.9%
Infant mortality rate among total population Number of infant deaths per 1,000 live births (total)	2018	6.9	5.7
Infant mortality rate among African Americans Number of infant deaths per 1,000 live births among Non-Hispanic African Americans.	2018	14	10.8

Continuation of Appendix Table 10. Outcomes related to breastfeeding, obesity among children, and child asthma, child masculinization, child poverty, infant mortality rate, low birth weight, preterm birth, safe sleep in Ohio compared to the United States. Data were obtained from the 2022 Online State Health Assessment (Ohio Department of Health, n.d.).

Measure	Year	Ohio	United States
Low birth weight Percent of birth in which the newborn weighed <2,500 grams	2020	8.5%	8.3%
Preterm birth Percent of live births that are preterm (< 37 weeks gestation)	2020	10.3%	10.2%
Prenatal care during first trimester Percent of women who completed a pregnancy in the last 12 months who received prenatal care in the first trimester	2020	73.3%	77.7%

Summary of Findings from Appendix Table 10

Compared to the United States, infant mortality rate and teen birth rate in Ohio in 2020 were higher. Infant mortality rates among African Americans are 2.6 times compared to infant mortality rates among Whites.

Appendix B. Summary of Health and Health-Related Data for Athens County

Appendix Table 11. Summary of Health Outcomes Data for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Premature Death Years of potential life lost before age 75 per 100,000 population, age adjusted	2018-2020	7,600 years of potential life lost	8,700 years of potential life lost	7,300 years of potential life lost
Leading Causes of Death under Age 75	2018-2020			
Malignant neoplasms (age-adjusted rate per 100,000 people)	2018-2020	86.9 per 100,000 people	—	—
Diseases of heart	2018-2020	71.8 per 100,000 people	—	—
Accidents	2018-2020	44.5 per 100,000 people	—	—
Chronic lower respiratory diseases	2018-2020	28.9 per 100,000 people	—	—
Cerebrovascular diseases	2018-2020	15.9 per 100,000 people	—	—
Life Expectancy Average number of years a person can expect to live	2018-2020	77.4 years	76.5 years	78.5 years
Disaggregated by Race				
Asian	2018-2020	83.7 years		
Black	2018-2020	77.2 years	—	—
White	2018-2020	77.0 years	—	—
Poor or Fair Health Percent adults reporting fair or poor health (age-adjusted)	2020	18%	15%	12%

Continuation of Appendix Table 11. Summary of Health Outcomes Data for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Infant Mortality Infant mortality (Number of all infant deaths before age 1, per 1,000 live births)	2014-2020	7 per 1,000 live births	7 per 1,000 live births	6 per 1,000 live births
Child Mortality Number of deaths among children under 18 per 100,000 population	2017-2020	60 per 100,000 people	60 per 100,000 people	50 per 100,000 people
Poor Physical Health Days Average number of physically unhealthy days in past 30 days (age-adjusted)	2020	3.9 poor physical health days	3.2 poor physical health days	3 poor physical health days
Poor Mental Health Days Average number of mentally unhealthy days in past 30 days (age-adjusted)	2020	6 poor mental health days	5 poor mental health days	4.4 poor mental health days
Low Birthweight Percent of live births with low birth weight (under 5 pounds, 8 ounces)	2014-2020	8% of babies had low birth weight	9% of babies had low birth weight	8% of babies had low birth weight
Disaggregated by Race				
Black	2014-2020	11%	—	—
White	2014-2020	8%	—	—
Frequent Physical Distress % adults reporting 14 or more days of poor physical health per month (age-adjusted)	2020	12%	10%	9%
Frequent Mental Distress % adults reporting 14 or more days of poor mental health per month (age-adjusted)	2020	19%	16%	14%
Diabetes Prevalence % adults aged 20 and above with diagnosed diabetes (age-adjusted)	2020	12%	11%	9%
HIV Prevalence Number of people aged 13+ years with diagnosis of human immunodeficiency virus (HIV) infection per 100,000 population	2020	93 per 100,000 people	240 per 100,000 people	380 per 100,000 people

Summary of Findings from Appendix Table 11

Athens County residents' health and mental health conditions continue to be challenged. Various measures such as rates of adult persons experiencing poor or fair health, poor physical health days, poor mental health days, were higher in Athens County compared to Ohio and United States. Prevalence of diabetes in Athens County was higher compared to Ohio and United States.

Infant and child mortality rates were higher in Athens County and Ohio compared to United States.

Appendix Table 12. Summary of Health Behaviors Data for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Adult Smoking Percent of adults who are current smokers (age-adjusted)	2020	26%	20%	16%
Adult Obesity Percent of adults age 18+ with body mass index (BMI) greater than or equal to 30 kg/m ² (age-adjusted)	2020	40%	36%	32%
Food Environment Index Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best)	2019 and 2020	6.3 out of 10	6.8 out of 10	7 out of 10
Physical Inactivity Percent of adults age 18+ reporting no leisure-time physical activity (age-adjusted)	2020	28%	24%	22%
Access to Exercise Opportunities Percent of population with adequate access to locations for physical activity	2022 and 2020	72%	84%	84%
Excessive Drinking Percent of adults reporting binge or heavy drinking (age-adjusted)	2020	18%	19%	19%
Alcohol-Impaired Driving Deaths Percent of alcohol-impaired driving deaths	2016-2020	21%	33%	27%
Sexually Transmitted Infections Number of newly diagnosed chlamydia cases per 100,000 population	2020	349 per 100,000 people	509.2 per 100,000 people	481.3 per 100,000 people
Teen Births Number of births per 1,000 female population ages 15-19	2014-2020	7 per 1,000 females ages 15-19	21 per 1,000 females ages 15-19	19 per 1,000 females ages 15-19
Food Insecurity Percent of population who lack adequate access to food)	2020	17%	12%	12%

Continuation of Appendix Table 12. Summary of Health Behaviors Data for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Limited Access to Healthy Foods Percent of population who are low-income and do not live close to a grocery store)	2019	11%	7%	6%
Drug Overdose Deaths Number of drug poisoning deaths per 100,000 population)	2018-2020	18 per 100,000 people	38 per 100,000 people	23 per 100,000 people
Motor Vehicle Crash Deaths Number of motor vehicle crash deaths per 100,000 population	2014-2020	11 per 100,000 people	10 per 100,000 people	12 per 100,000 people
Insufficient Sleep Percent of adults with fewer than 7 hours of sleep on average (age-adjusted)	2020	38%	36%	33%

Summary of Findings from Appendix Table 12

Athens County's rates of unhealthy behaviors such as smoking and physical inactivity and lack of sleep were greater compared to Ohio and United States. The environment in Athens County affects these unhealthy behaviors. There is high food insecurity, limited access to healthy foods, lack of exercise opportunities.

Appendix Table 13. Summary of Clinical Care Data for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Uninsured Percent of population under age 65 without health insurance	2020	9%	8%	10%
Uninsured Adults Percent of adults under age 65 without health insurance	2020	11%	9%	12%
Uninsured Children Percent of children under age 19 without health insurance	2020	5%	5%	5%
Primary Care Physicians Ratio of population to primary care physicians	2020	1,460 people to 1 primary care physician	1,290 people to 1 primary care physician	1,310 people to 1 primary care physician
Other Primary Care Providers Ratio of population to other primary care providers (Nurse practitioners, physician assistants, and clinical nurse specialists)	2022	900 people to 1 other primary care provider	770 people to 1 other primary care provider	810 people to 1 other primary care provider
Dentists Ratio of population to dentists	2021	4,140 people to 1 dentist	1,550 people to 1 dentist	1,380 people to 1 dentist
Mental Health Providers Ratio of population to mental health providers	2022	160 people to 1 mental health provider	330 people to 1 mental health provider	340 people to 1 mental health provider
Mammography Screening (Percent of female Medicare enrollees ages 65-74 that received an annual mammography screening)	2020	36%	40%	37%
Flu Vaccinations Percent of fee-for-service Medicare enrollees that had an annual flu vaccination	2020	47%	53%	51%

Summary of Findings from Appendix Table 13

Athens County have greater percent of uninsured adults compared to Ohio. Athens County need more primary care physicians, other primary care providers (nurse practitioners and physician assistants), and dentists.

Appendix Table 14. Summary of Social and Economic Factors (Social Determinants of Health) for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
High School Graduation Percent of 9th grade cohort that graduates in four years	2019-2020	89%	85%	87%
Some College Percent of adults ages 25-44 with some postsecondary education)	2017-2021	69%	66%	67%
Unemployment Percent of population ages 16+ who are unemployed but seeking work	2021	5.6%	5.1%	5.4%
Children in Poverty Percent of people under age 18 in poverty)	2021	23%	18%	17%
Disaggregated by Race and Ethnicity				
Asian	2021	8%		
Black	2021	21%	—	—
Hispanic	2021	11%	—	—
White	2021	21%	—	—
Income Inequality Ratio of household income at the 80th percentile (higher income) to income at the 20th percentile (lower income)	2017-2021	Households with higher incomes had income that is 6.1 times that of households with lower income	Households with higher incomes had income that is 4.6 times that of households with lower income	Households with higher incomes had income that is 4.9 times that of households with lower income
Children in Single-Parent Households Percent of children that live in a household headed by single parent	2017-2021	22% of children live in single-parent households	27% of children live in single-parent households	25% of children live in single-parent households
Social Associations Number of membership associations per 10,000 population	2020	7.6 civic, political, religious, sports and professional organizations per 10,000 people	10.8 civic, political, religious, sports and professional organizations per 10,000 people	9.1 civic, political, religious, sports and professional organizations per 10,000 people

Continuation of Appendix Table 14. Summary of Social and Economic Factors (Social Determinants of Health) for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Injury Deaths Number of deaths due to injury per 100,000 population	2016-2020	62 deaths due to injury such as homicides, suicides, motor vehicle crashes and poisonings per 100,000 people	96 deaths due to injury such as homicides, suicides, motor vehicle crashes and poisonings per 100,000 people	76 deaths due to injury such as homicides, suicides, motor vehicle crashes and poisonings per 100,000 people
Disconnected Youth Percent of teens and young adults ages 16-19 who are neither working nor in school	2017-2021	3% of teens and young adults ages 16-19 were neither working nor in school	6% of teens and young adults ages 16-19 were neither working nor in school	7% of teens and young adults ages 16-19 were neither working nor in school
Reading Scores for 3rd Graders Average grade level performance for 3rd graders on English Language Arts standardized tests	2018	Third graders Scored 3.1 on a standardized English language arts test. A score of 3 means students performed at grade level	Third graders Scored 3.1 on a standardized English language arts test. A score of 3 means students performed at grade level	Third graders Scored 3.1 on a standardized English language arts test. A score of 3 means students performed at grade level
Math scores for 3rd Graders Average grade level performance for 3rd graders on math standardized tests	2018	Third graders scored 2.8 on a standardized math test. A score of 3 indicates students performed at grade-level.	Third graders scored 3.0 on a standardized math test. A score of 3 indicates students performed at grade-level.	Third graders scored 3.0 on a standardized math test. A score of 3 indicates students performed at grade-level.

Continuation of Appendix Table 14. Summary of Social and Economic Factors (Social Determinants of Health) for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Median Household Income Income where half of households in a county earn more and half of households earn less	2021	\$49,000	\$62,300	\$69,700
Aggregated by Race and Ethnicity				
Asian	2021	\$42,900	—	—
Black	2021	\$37,000	—	—
Hispanic	2021	\$68,400	—	—
White	2021	\$48,400	—	—
Residential Segregation between Black and White residents Index of dissimilarity where higher values indicate greater residential segregation between Black and White residents; 0 means no segregation and 100 means complete segregation	2017-2021	Index of 43	Index of 70	Index of 63
Homicides Number of deaths due to homicide per 100,000 population	2014-2020	—	6 homicide deaths per 100,000 people	6 homicide deaths per 100,000 people
Suicides Number of deaths due to suicide per 100,000 population)	2016-2020	14 suicides per 100,000 people	15 suicides per 100,000 people	14 suicides per 100,000 people
Firearm Fatalities Number of deaths due to firearms per 100,000 population	2016-2020	9 firearm fatalities per 100,000 people	14 firearm fatalities per 100,000 people	12 firearm fatalities per 100,000 people
Juvenile Arrests Rate of delinquency cases per 1,000 juveniles	2019	26 juvenile delinquency court cases per 1,000 youths	33 juvenile delinquency court cases per 1,000 youths	24 juvenile delinquency court cases per 1,000 youths

Continuation of Appendix Table 14. Summary of Social and Economic Factors (Social Determinants of Health) for Athens County compared to Ohio and United States (County Health Rankings, 2024)

Data	Data Years	Athens County	Ohio	United States
Severe Housing Problems Percent of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities	2015-2019	20% of households experienced at least 1 of the following housing problems: (a) overcrowding, (b) high housing costs, (c) lack of kitchen facilities, (d) lack of plumbing facilities	13% of households experienced at least 1 of the following housing problems: (a) overcrowding, (b) high housing costs, (c) lack of kitchen facilities, (d) lack of plumbing facilities	17% of households experienced at least 1 of the following housing problems: (a) overcrowding, (b) high housing costs, (c) lack of kitchen facilities, (d) lack of plumbing facilities

Summary of Findings from Appendix Table 14

Compared to Ohio and United States, Athens County residents have higher unemployment rate, percent of children in poverty, wider income gap between rich and poor, lower median household income, and greater percent of households experiencing severe housing problems.

Appendix Table 15. Summary of Top 15 Leading Causes of Death, Athens County versus Ohio (2022 Online State Health Assessment) (Ohio Department of Health, n.d.)

Leading Causes of Death	Data Years	Athens County	Ohio	United States
Heart Disease	2017	159.2	186.1	165.0
Annual age-adjusted mortality rates due to heart disease, per 100,000 population	2018	165.7	191.7	163.6
	2019	179.1	189.2	161.5
	2020	203.5	196.7	168.2
Aggregated by Race	2020		—	—
Total population	2020	203.5	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	203.8	—	—
Cancer	2017	169.7	171.3	152.5
Annual age-adjusted mortality rates due to cancer, per 100,000 population	2018	145.1	165.7	149.1
	2019	170	163.2	146.2
	2020	168.1	159.1	144.1
Aggregated by Race	2020			
Total population	2020	168.1	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	168	—	—
Unintentional Injuries	2017	32.5	75.1	49.4
Annual age-adjusted mortality rates due to unintentional injuries, per 100,000 population	2018	54.6	63.9	48
	2019	54.2	67.7	49.3
	2020	78	78.2	57.6
Aggregated by Race				
Total population	2020	78	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	83	—	—
Chronic Lower Respiratory Diseases	2017	59	48.4	40.9
Annual age-adjusted mortality rate due to chronic lower respiratory diseases, per 100,000 population	2018	53.7	49.1	39.7
	2019	73.4	46	38.2
	2020	64.9	44.6	36.4
Aggregated by Race				
Total population	2020	64.9	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	66.2	—	—
Alzheimer's Disease	2017	24.3	33.6	31.0
Annual age-adjusted mortality rate due to Alzheimer's Disease, per 100,000 population	2018	33.4	35.1	30.5
	2019	36	33.7	29.8
	2020	49.1	38.0	32.4
Aggregated by Race				
Total population	2020	49.1	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	50.8	—	—

Continuation of Appendix Table 15. Summary of Top 15 Leading Causes of Death, Athens County versus Ohio (2022 Online State Health Assessment) (Ohio Department of Health, n.d.)

Leading Causes of Death	Data Years	Athens County	Ohio	United States
Stroke	2017	36.9	42.9	37.6
	2018	38	42.8	37.1
Annual age-adjusted mortality rate due to stroke, per 100,000 population	2019	23.7	42.3	37.0
	2020	43.3	45.4	38.8
Aggregated by Race				
Total population	2020	43.3	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	43.9	—	—
COVID-19	2020	40.4	87.4	85
Annual age-adjusted mortality rates due to COVID-19, per 100,000 population				
Aggregated by Race				
Total population	2020	40.4	—	—
African American (non-Hispanic)	2020	No data	—	—
White (non-Hispanic)	2020	39.8	—	—
Essential (Primary) Hypertension and Hypertensive Renal Disease	2017	8.1	9.1	9
	2018	No data	9.1	8.9
	2019	No data	8.9	8.9
Annual age-adjusted mortality rates for the leading causes of death, per 100,000 population	2020	16.7	9.9	10.1
Aggregated by Race				
Total population	2020	16.7		
African American (non-Hispanic)	2020	No data		
White (non-Hispanic)	2020	17.3		
Chronic Liver Disease and Cirrhosis	2017	17.6	11.2	10.9
	2018	19.7	10.6	11.1
Annual age-adjusted mortality rates due to Chronic Liver Disease and Cirrhosis, per 100,000 population	2019	16.1	11.2	11.3
	2020	No data	12.5	13.3
Diabetes Mellitus	2017	27.9	25.2	21.5
	2018	34.3	25.4	21.4
Annual age-adjusted mortality rate due to Diabetes Mellitus, per 100,000 population	2019	32.3	25.5	21.6
	2020	No data	28.3	24.8

Continuation of Appendix Table 15. Summary of Top 15 Leading Causes of Death, Athens County versus Ohio (2022 Online State Health Assessment) (Ohio Department of Health, 2022)

Leading Causes of Death	Data Years	Athens County	Ohio	United States
Influenza and Pneumonia	2017	22.2	14.9	14.3
	2018	22.8	15.8	14.9
Annual age-adjusted mortality rate due to Influenza and Pneumonia, per 100,000 population	2019	No data	12.7	12.3
	2020	No data	13.3	13
Nephritis, Nephrotic Syndrome and Nephrosis	2017	27	15	13
	2018	No data	14.6	12.9
Annual age-adjusted mortality rate due to nephritis, nephrotic syndrome, and nephrosis, per 100,000 population)	2019	No data	14.2	12.7
	2020	No data	14	12.7
Parkinson's Disease	2017	No data	8.7	8.4
	2018	No data	9.7	8.7
Age-adjusted mortality rate due to Parkinson's Disease, per 100,000 population	2019	No data	9.7	8.8
	2020	No data	10.8	9.9
Septicemia	2017	No data	14	10.6
	2018	No data	13.9	10.2
Annual age-adjusted mortality rates due to septicemia, per 100,000 population	2019	No data	12.5	9.5
	2020	No data	13.3	9.7
Suicide	2017	No data	14.8	14
	2018	No data	15.3	14.2
Age-adjusted mortality rate due to suicide, per 100,000 population	2019	No data	15.2	13.9
	2020	No data	13.8	13.5

Summary of Findings from Appendix Table 15

The top five leading causes of death in Athens County include heart disease, cancer, unintentional injuries, chronic lower respiratory disease, and Alzheimer's Disease.

Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
All Cancer Sites/Types Combined Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	473.9 per 100,000 people	465.3 per 100,000 people	438.7 per 100,000 people
All Cancer Sites/Types Combined Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	163.4 per 100,000 people	166.1 per 100,000 people	149.4 per 100,000 people
Urinary Bladder Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	29.3 per 100,000 people	21.4 per 100,000 people	18.2 per 100,000 people
Urinary Bladder Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	8.1 per 100,000 people	4.9 per 100,000 people	4.2 per 100,000 people
Brain and Other Central Nervous System Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	5.6 per 100,000 people	6.9 per 100,000 people	6.2 per 100,000 people
Brain and Other Central Nervous System Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	5.7 per 100,000 people	4.6 per 100,000 people	4.4 per 100,000 people
Female Breast Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	95.5 per 100,000 people	129.5 per 100,000 people	126.9 per 100,000 people
Female Breast Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	17.5 per 100,000 people	21 per 100,000 people	19.6 per 100,000 people

Continuation of Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
Cervical Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	5.8 per 100,000 people	7.8 per 100,000 people	7.7 per 100,000 people
Cervical Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	2.2 per 100,000 people	2.2 per 100,000 people
Colon and Rectum Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	39.1 per 100,000 people	39.1 per 100,000 people	36.6 per 100,000 people
Colon and Rectum Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	16.4 per 100,000 people	14.5 per 100,000 people	13.1 per 100,000 people
Esophageal Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	6.3 per 100,000 people	5.6 per 100,000 people	4.2 per 100,000 people
Esophageal Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	5.2 per 100,000 people	4.9 per 100,000 people	3.8 per 100,000 people
Hodgkin Lymphoma Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	3.4 per 100,000 people	2.7 per 100,000 people	2.5 per 100,000 people
Hodgkin Lymphoma Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	0.3 per 100,000 people	0.3 per 100,000 people

Continuation of Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
Kidney and Renal Pelvis Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	23.1 per 100,000 people	17.6 per 100,000 people	17.2 per 100,000 people
Kidney and Renal Pelvis Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	3.6 per 100,000 people	3.9 per 100,000 people	3.5 per 100,000 people
Laryngeal Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	4.2 per 100,000 people	3.7 per 100,000 people	2.7 per 100,000 people
Laryngeal Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	1.1 per 100,000 people	0.9 per 100,000 people
Leukemia Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	12 per 100,000 people	12.4 per 100,000 people	14 per 100,000 people
Leukemia Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	4.6 per 100,000 people	6.6 per 100,000 people	6 per 100,000 people
Liver and Intrahepatic Bile Duct Cancer (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	8.1 per 100,000 people	7.6 per 100,000 people	9.3 per 100,000 people
Liver and Intrahepatic Bile Duct Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	4.7 per 100,000 people	6.2 per 100,000 people	6.6 per 100,000 people

Continuation of Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
Lung and Bronchus Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	68.1 per 100,000 people	64.7 per 100,000 people	50 per 100,000 people
Lung and Bronchus Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	46 per 100,000 people	42.9 per 100,000 people	35 per 100,000 people
Melanoma of the Skin Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	31.4 per 100,000 people	25.3 per 100,000 people	21 per 100,000 people
Melanoma of the Skin Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	2.5 per 100,000 people	2.1 per 100,000 people
Multiple Myeloma Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	4.3 per 100,000 people	6.3 per 100,000 people	7.1 per 100,000 people
Multiple Myeloma Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	3.4 per 100,000 people	3.1 per 100,000 people
Non-Hodgkin Lymphoma Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	19.2 per 100,000 people	19 per 100,000 people	18.7 per 100,000 people
Non-Hodgkin Lymphoma Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	5.4 per 100,000 people	5.7 per 100,000 people	5.1 per 100,000 people

Continuation of Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
Oral Cavity and Pharyngeal Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	19.9 per 100,000 people	12.6 per 100,000 people	11.4 per 100,000 people
Oral Cavity and Pharyngeal Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	3.6 per 100,000 people	2.8 per 100,000 people	2.5 per 100,000 people
Ovarian Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	9.6 per 100,000 people	9.6 per 100,000 people	10.3 per 100,000 people
Ovarian Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	6.7 per 100,000 people	6.3 per 100,000 people	6.3 per 100,000 people
Pancreatic Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	14.8 per 100,000 people	13.7 per 100,000 people	13.3 per 100,000 people
Pancreatic Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	10.1 per 100,000 people	12.1 per 100,000 people	11.1 per 100,000 people
Prostate Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	112.1 per 100,000 people	114.1 per 100,000 people	113.4 per 100,000 people
Prostate Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	12.3 per 100,000 people	19.3 per 100,000 people	18.8 per 100,000 people

Continuation of Appendix Table 16. Summary of Cancer Data, Athens County versus Ohio and United States (Ohio Department of Health, 2023)

	Data Years	Athens County	Ohio	United States
Stomach Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	2.9 per 100,000 people	5.7 per 100,000 people	6.9 per 100,000 people
Stomach Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	2.3 per 100,000 people	2.8 per 100,000 people
Testicular Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	5.4 per 100,000 people	5.7 per 100,000 people	6 per 100,000 people
Testicular Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	0.3 per 100,000 people	0.3 per 100,000 people
Thyroid Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	13.9 per 100,000 people	14.7 per 100,000 people	13.9 per 100,000 people
Thyroid Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	No data	0.5 per 100,000 people	0.5 per 100,000 people
Uterine Cancer Incidence Rates (New Cases) Average annual age-adjusted incidence rates per 100,000 population	2016-2020	25.4 per 100,000 people	30.9 per 100,000 people	27.6 per 100,000 people
Uterine Cancer Mortality Rates (Deaths) Average annual age-adjusted mortality rates per 100,000 population	2016-2020	5.9 per 100,000 people	5.3 per 100,000 people	5.1 per 100,000 people

Summary of Findings from Appendix Table 16

Cancer Cases and Deaths in Ohio (2016-2020) – Cancer is the second leading cause of death in Ohio. Cancer accounts for 1 in 5 deaths in Ohio. Four out of 10 people in Ohio will be diagnosed with cancer during their lifetime.

New Invasive Cancer Cases in Athens County (2016-2020) – On average, 311 new invasive cancer cases per year were diagnosed among Athens County residents. The top 5 new invasive cancer cases in Athens County were lung and bronchus cancer, prostate cancer, female breast cancer, colon and rectum cancer, and melanoma of the skin. These top five cancers represented 52% of all new invasive cancer cases. The cancer incidence rate (new cases) for all sites/types of cancer in Athens County was higher compared to Ohio and United States rate. Males in Athens County, Ohio and U.S. had slightly higher cancer incidence rates (based on new cancer cases) compared to females.

Cancer Deaths in Athens County (2016-2020) – On average, 106 cancer deaths per year were diagnosed among Athens County residents. The top 5 leading causes of cancer death in Athens County were lung and bronchus cancer, colon and rectum, pancreatic cancer, female breast cancer, and urinary bladder cancer. These top 5 causes of cancer deaths represented 55% of all cancer deaths. The cancer death rate for all sites/types of cancer in Athens County was higher compared to Ohio rate and United States rate. Males in Athens County, Ohio and United States had higher cancer death rates compared to females.

Appendix Table 17. Summary Data on Recommended Cancer Screenings Tests in Athens County compared to Ohio and United States (Ohio Department of Health, 2023)

Cancer Screenings	Data Years	Athens County	Ohio	United States
Pap Test in the past three years, women ages 21-65	2018-2020	63.5%	77.3%	78.7%
Colorectal Cancer screening, ages 50-75	2018-2020	77.3%	70.2%	70.8%
Mammogram in the past two years, women ages 50-74	2018-2020	81.9%	77.9%	78.6%

Summary of Findings from Appendix Table 17

In 2018-2020, the percent of Pap testing in Athens County is lower than Ohio and United States. In 2018-2020, the percent of colorectal cancer screening in Athens County is greater than Ohio and United States. In 2018-2020, the percent of mammogram in Athens County is similar to Ohio and United States.

Appendix Table 18. Summary Data on Prevalence of Modifiable Risk Factors of Developing Cancer in Athens County compared to Ohio and United States (Ohio Department of Health, 2023)

Modifiable Risk factors of Developing Cancer	Data Years	Athens County	Ohio	United States
Current Smoker	2020	26.4%	20.2%	16%
Obese	2020	40.3%	35.8%	32%
Physically Inactive	2020	28.2%	23.5%	22%
Excessive Drinking	2020	18.1%	19%	19%

Summary of Findings from Appendix Table 18

In 2020, the prevalence rates of smoking, obesity, and lack of physical activity were consistently higher in Athens County compared to Ohio and United States. The prevalence of excessive drinking is similar to Ohio and United States. Addressing these cancer-related modifiable risk factors in Athens County could reduce cancer deaths.

Appendix C. Summary of OhioHealth O'Bleness Hospital Community Health Needs Assessment (CHNA) Community Stakeholders

Athens Area Chamber of Commerce

- **Has skills and knowledge in public health?** Yes
- **Description of the medically underserved, low-income or minority populations represented by the organization:** Serves member businesses and all persons in Athens County
- **Inputs:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Time frame of inputs:** May 15, 2024 to June 3, 2024
- **Website:** <https://athenschamber.com/>
- **Mission of organization:** "The mission of the Chamber is to strengthen our business community through collaboration, engagement, and strategic partnerships."
- **Examples of programs and services** (Athens Area Chamber of Commerce, 2024):
 - + Foster success of members through networking, connectivity and building relationships
 - + Organizing events, activities, training to maximize business impact of partners
 - + Serve as voice for public policy
 - + Foster diversity and inclusion

Athens City-County Health Department

- **Has skills and knowledge in public health?** Yes
- **Description of the medically underserved, low-income or minority populations represented by the organization:** Serves all persons from Athens County
- **Inputs:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Time frame of inputs:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.athenspublichealth.org/>
- **Mission of organization:** "The Athens City-County Health Department works to improve and maintain the health of Athens County residents and protect people where we live".
- **Examples of programs and services** (Athens City-County Health Department, 2019):
 - + Environmental division
 - + Health education
 - + Nursing
 - + Public health preparedness
 - + Vital statistics

Athens County Public Libraries

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves Athens County residents with library services
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
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 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Time frame of inputs:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.myacpl.org/>
- **Mission of organization:** "Empower. Enlighten. Embrace. Athens County Public Libraries (ACPL) seeks to cultivate a positive, welcoming, and lasting presence in its visitors' lives and the larger communities served by its outreach team and seven library locations. ACPL is a vibrant and unified library system that puts both its values and evolving mission into action."
- **Examples of programs and services** (Athens County Public Libraries, 1999-2024):
 - + At-Home Library Service
 - + Inter-library loans
 - + Automatic renewals
 - + Access to meeting rooms
 - + Print from home
 - + Curbside service
 - + Notary services
 - + Social services
 - + Reading history
 - + Technology training

Corporation for Ohio Appalachian Development

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves Ohio's Appalachian Counties by providing support to families, seniors, and families
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Time frame of inputs:** May 15, 2024 to June 3, 2024
- **Website:** <https://coadinc.org/>
- **Mission of organization:** "To improve the quality of life for individuals and families in Appalachian Ohio"
- **Examples of programs and services** (Corporation for Ohio Appalachian Development, 2024):
 - + **COAD4KIDS** – offer resources, assistance, classes, to families, parents/guardians, and the community to help find childcare and raise children within our service area.
 - + **Senior Programs** – help older Ohioans find meaningful community volunteer to serve as mentors and tutors to disadvantaged children and youth, and to other senior citizens who need supportive service to remain in their own homes.
 - + **Ohio Weatherization Training Center** – classroom, laboratory, and field training and technical assistance, and apprenticeship to Home Weatherization Assistance Program (HWAP) staff.

Hocking Athens Perry Community Action (HAPCAP)

- **Has knowledge and skills in public health?** Yes
- **Description of the medically underserved, low-income or minority populations represented by the organization:** Serves all persons needing food assistance and other basic needs
- **Inputs:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Time frame of inputs:** May 15, 2024 to June 3, 2024
- **Website:** <https://hapcap.org/>
- **Mission of organization:** "The Southeast Ohio Foodbank and Regional Kitchen provide access to affordable, quality food resources to those individuals, organizations, and other entities seeking to mitigate food insecurity and promote good nutrition in an efficient, eco-friendly, and sustainable way".
- **Examples of programs and services (HAPCAP, 2024):**
 - + Child development
 - + Community development
 - + Employment programs
 - + Athens County Microloan program
 - + Utility services
 - + Transportation
 - + Housing
 - + Food and nutrition
 - + Southeast Ohio Food Bank

Hopewell Health Centers

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves all persons regardless of ability to pay
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.hopewellhealth.org/>
- **Mission of organization:** "to provide access to affordable, high quality, integrated health care for all"
- **Examples of programs and services** (Hopewell Health Centers, 2021):
 - + Primary care services
 - + Pharmacy services
 - + Early childhood programs Help Me Grow, Early Childhood mental Health Consultation
 - + Women, Infants and Children (WIC) Nutrition program
 - + Behavioral health services
 - + Community Psychiatric Supportive Treatment Services
 - + Outpatient Counseling Services, crisis services
 - + School-based services
 - + Intensive home-based treatment
 - + Partial Hospitalization / REACH Program
 - + Psychiatry
 - + Substance Abuse Outpatient Programming for Adults and Children
 - + Substance Abusing Mentally Ill Court
 - + Medication-Assisted Treatment
 - + Transportation
 - + Outreach and Enrollment

Legal Aid of Southeast and Central Ohio (LASCO)

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves low-income residents of southeast Ohio and central Ohio who need legal assistance
- **Inputs**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.columbuslegalaid.org/>; <https://www.seols.org/>;
<https://www.facebook.com/LegalAidSCO/>
- **Mission of organization:** "We provide civil legal aid and advocacy to overcome injustice, reduce poverty, and increase opportunity."
- **Examples of programs and services** (Southeastern Ohio Legal Services, 2021; The Legal Aid Society of Columbus, 2022):
 - + **Legal Resources Page** – help people access guides, letter templates and supporting information to tackle legal challenges, how to prepare for court hearing, dealing with government agencies, legal forms
 - + **Brief Advice Clinics** – Drop-in clinics where attorneys answer people's questions about legal issues such as but not limited to health benefits, housing, school, employment, utilities, family law problems, consumer issues, access to public benefits such as Supplemental Nutrition Assistance Program and Medicare, and non-criminal matters
 - + **Right Place Referrals** – provides contact information of partner agencies that offer specialized services
 - + **Direct Legal Service** – represent people in civil legal matters

OhioHealth, OhioHealth O'Bleness Hospital, and OhioHealth Physician Group

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves all persons with comprehensive health care services regardless of ability to pay
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.ohiohealth.com/>
- **Mission of organization:** "To improve the health of those we serve"
- **Examples of programs and services (OhioHealth, 2015-2024):**
 - + Heart and vascular programs and services
 - + Neurology and pain medicine programs and services
 - + Endocrinology programs and services
 - + Trauma programs and services
 - + Bone and joint program and services
 - + Surgical services
 - + Community outreach and partnerships
 - + Cancer programs and services
 - + Family medicine programs and services

Ohio University College of Health Sciences and Professions

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves persons pursuing health sciences degrees
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.ohio.edu/chsp/>
- **Mission of organization:** "We serve our communities (big and small). We solve the world's greatest health issues. We succeed in training the next generation of health care professionals."
- **Examples of programs and services** (Ohio University, 2024):
 - + **Academic programs for undergraduate and graduate education**
 - **School of Applied Health Sciences and Wellness** – athletic training; exercise physiology; applied nutrition; nutrition; diabetes; health and wellness; integrated health care studies; global health; health leadership; health policy; veteran's health
 - **School of Nursing** – bachelors in nursing; masters in nursing; and doctor of nursing practice; family nurse practitioner; psychiatric mental health nurse practitioner; nurse educator; nurse leadership
 - **School of Rehabilitation and Communications Science** – hearing; speech and language sciences; clinical audiology; physical therapy; physician assistant
 - **Department of Social and Public Health** – child and family studies; community and public health; environmental health science; health services administration
 - **Department of Social Work** – social work, social service
 - + **Online education**
 - + **Undergraduate student services**
 - + **Dublin Integrated Education Center**

Ohio University Heritage College of Osteopathic Medicine Community Health Program Area Health Education Center

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves all persons regardless of ability to pay
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.ohio.edu/medicine/community-health>
- **Mission of organization:** "Addressing unmet health and wellness needs in southeast Ohio, one person at a time"
- **Examples of programs and services** (Ohio University, 2024):
 - + **Heritage Community Clinic** – free and low-cost health care services
 - + **Family Navigator Program** – serves Medicaid-eligible pregnant clients to achieve healthy birth outcomes
 - + **Americorps COMCorps Program** – national service opportunities at partner sites in southeast Ohio

Ohio University Infectious and Tropical Disease Institute

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves all persons regardless of ability to pay
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.ohio.edu/medicine/itdi>
- **Mission of organization:** "The Infectious and Tropical Disease Institute at Ohio University seeks to improve the health status of communities through sustainable and comprehensive research, service and educational initiatives related to infectious diseases. We forge multi-disciplinary collaborations among researchers, health-care professionals, public health leaders and educators to minimize the impact of infectious diseases on populations."
- **Examples of programs and services** (Ohio University, 2024):
 - + Tropical Disease Initiative
 - + Bacterial Pathogenesis Initiative
 - + Reproductive and Sexual Health Initiative

Ohio University Office of Rural and Underserved Programs

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves all students who have interest in rural and underserved communities in Ohio
- **Input:**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 15, 2024 to June 3, 2024
- **Website:** <https://www.ohio.edu/medicine/about/offices/rural-underserved-programs>
- **Mission of organization:** "We train primary care physicians and other high-need specialists for areas of greatest need in Ohio and beyond."
- **Examples of programs and services** (Ohio University, 2024):
 - + Rural and Urban Pathways Program (RUSP)
 - + Continuity in Family Medicine/Longitudinal Integrated Clerkship
 - + Open Book Project (Narrative Medicine)
 - + Rural Health Scholars
 - + Ohio Rural Physician Training Pathways Group

Sisters Health Foundation

- **Has public health knowledge and/or skills:** Yes
- **Description of the medically underserved, low-income or minority populations represented by organization:** Serves persons and neighborhoods with health and wellness initiatives
- **Input**
 - + The community stakeholders reviewed the OhioHealth O'Bleness Hospital's secondary data report summary on Athens County demographics, health and health-related information from May 15, 2024 to June 3, 2024.
 - + The community stakeholders submitted the significant health needs to OhioHealth O'Bleness Hospital representative by email.
 - + The community stakeholders participated in the virtual public meeting on June 3, 2024, 9:30 AM to 12:00 PM via Microsoft Teams when the Athens County's significant health needs were prioritized.
 - + The priority health needs in Athens County include (a) mental health and addiction; (b) chronic diseases; (c) maternal and infant health, (d) access to care, (e) social determinants of health, and (f) infectious diseases.
 - + The community stakeholders decided that OhioHealth O'Bleness Hospital will align with Ohio's 2020-2022 State Health Improvement Plan in all these priority needs.
- **Timeframe of input:** May 3, 2024 to June 3, 2024
- **Website:** <https://sistershealthfdn.org/our-approach/strategic-framework/>
- **Mission of organization:** "Our mission is to promote healthy and sustainable communities by providing resources, strengthening collaborative relationships, and supporting initiatives that impact people in the Mid-Ohio Valley. Through this mission, the Sisters Health Foundation seeks to enhance the rich gifts already found in communities."
- **Examples of programs and services** (Sisters Health Foundation, 2024):
 - + Special programs that address needs of seniors, food access and distribution, mental health and addiction
 - + Partnerships to address prevention, treatment, and support to people in recovery
 - + Grant making local to advance healthy eating, active living, thriving neighborhoods, and mental health and addiction

Appendix D. Documentation of Program Impacts from the Community Health Needs Assessment and Implementation Strategy Adopted in 2022 by OhioHealth O'Bleness Hospital

Need #1: Mental Health and Addiction (MHA)

MHA – 1. Regional and Countywide Partnerships to Address Mental Health and Addiction in Athens County and Southeast Ohio

OhioHealth will continue to actively partner with the Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (317 Board). The 317 Board designs policies, evaluates programs, obtains funding and monitors contracted services for persons who need alcohol, drug addiction or mental health services from Athens, Hocking and Vinton counties (317 Board, 2016-2021). The 317 Board pays for services not reimbursed by Medicaid or their health insurance. The 317 Board partners with community stakeholders to promote prevention, treatment and recovery for individuals and families affected by mental health and substance use disorders counties (317 Board, 2016-2021). The 317 Board is involved in the following:

- MHA – 1.1. Partnerships that provides mental health and substance use disorder treatment** – The 317 Board's community partners provide at least one of the following services, namely mental health services, addiction services for youth and adults, medication-assisted treatment, opiate addiction rapid access program, education advocacy, support. The 317 Board partners with (a) Hopewell Health Centers, (b) Health Recovery Services, (c) NAMI Athens, (d) TASC of Southeast Ohio (Treatment Alternatives to Street Crime), (d) Rural Women's Recovery Program, and (e) Bassett House.
- MHA – 1.2. Partnerships related to providing recovery homes for substance use disorders** – The 317 Board partners with (a) John W. Clem Recovery House, (b) Briggs House, (c) Mike's Bridge Recovery House, (d) Serenity Grove Women's Recovery House, (e) Our House Recovery House, and (f) Groundwork Residences. The 317 Board also leads various community coalitions to foster collaborations in addressing mental health and addiction.
- MHA – 1.3. Partnerships related to providing domestic violence shelter** – The 317 Board partners with (a) My Sister's Place.
- MHA – 1.4. Partnerships related to providing mental health peer support programs** – The 317 Board partners with (a) Athens Photographic Project, and (b) The Gathering Place.
- MHA – 1.5. Partnerships related to providing services for seniors** – The 317 Board partners with (a) Scenic Hills Senior Center, and (b) Vinton County Senior Citizens.
- MHA – 1.6. Partnerships related to providing services for youth** – The 317 Board partners with (a) The Hive, and (b) Sojourners Youth Resiliency Center.
- MHA – 1.7. Partnerships related to mental health peer support programs** — The 317 Board partners with (a) Athens Photographic Project, (b) the Gathering Place, (c) Home Away from Home, and (d) New Beginnings.

- MHA – 1.8. Community Coalitions** – The 317 Board leads or coordinates community initiatives such as (a) Athens County Suicide Prevention Coalition, (b) Athens HOPE (Hocking Overdose Partnership Endeavor), and (c) Vinton County Prevention and Recovery Coalition.

OhioHealth Impacts During Fiscal Years 2023-2025 Related to Regional and Countywide Partnerships (MHA – 1)

OhioHealth Impacts are presented for Fiscal Year 2023 and 2024. The strategies described in MHA – 1 (Regional and Countywide Partnerships to Address Mental Health and Addiction in Athens County and southeast Ohio) were continued in Fiscal Year 2025 but not reported in this section.

MHA – 1. Partnerships and cross-referrals with Network of Care contract agencies of the Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (also known as 317 Board)

OhioHealth O'Bleness Hospital's multidisciplinary health care team, including social worker, primary care physicians, nurse practitioners and advanced practice care providers, care management and licensed professional counselors make appropriate referrals and linkages to any of the 317 Board Network of Care agencies that address the patient needs related to mental and behavioral, recovery housing, support, social determinants of health, and offering linkages with community agencies. In Fiscal Year 2023, the 317 Board has significant accomplishments in addressing mental health and addiction in Athens, Hocking and Vinton Counties, including but not limited to (a) support for high quality community services, (b) collaborations in the community, and (c) workforce development.

Examples of these agencies and their programs and services are discussed below (317 Board, 2024).

- **Athens Photo Project** – serves youth and adults in Athens County by providing opportunities to utilize photography as means of expressing self, achieving growth and resilience as part of the recovery process (317 Board, 2024; Athens Photographic Project, 2024). In Fiscal Year 2023, the 317 board funded the expansion of peer-centered programming (317 Board, 2023).
- **Health Recovery Services** – serves youth and adults in Athens, Hocking and Vinton Counties through treatment and recovery services for substance use disorder. Specific services of the Health Recovery Services include but not limited to (a) Bassett House (residential treatment for adolescents); (b) Rural Women's Recovery Program (tackles mind, body and spirit); (c) mental health and substance use disorder outpatient services; (d) prevention programs and services; (e) services for problem gambling; (f) Medication-Assisted Treatment (MAT); and (g) Detox assessments (Health Recovery Services, 2017). In Fiscal Year 2023, the 317 Board funded Health Recovery Services' electronic health system and supported workforce recruitment efforts (317 Board, 2023).
- **Hopewell Health Centers** – serves youth and adults in Athens, Hocking and Vinton Counties through treatment of mental health and substance use disorder, access to primary care, and access to dental care. Example of the Hopewell Health Centers programs and services include but not limited to (a) Adam-Amanda Rehabilitation Center; (b) crisis services; (c) jail in-reach services; (d) mental health and substance use disorder outpatient services; (e) Our House Recovery House; (f) services that address client's housing needs; (g) access to group home residential services through the Connett Road Group home; and the (h) jail diversion program for severely mentally ill adults in Athens County through the Substance Abusing Mentally Ill (SAMI) Court (Hopewell Health Centers, 2021). In Fiscal Year 2023, the 317 Board funded Hopewell Health Centers workforce recruitment initiatives (317 Board, 2023).

- **Integrated Services for Behavioral Health** – serves youth and adults in Athens, Hocking and Vinton Counties through access to behavioral health and social service providers. Examples of programs and services of the Integrated Services for Behavioral Health include but not limited to (a) Community Transition Program; (b) access to recovery housing Groundwork Residences; (c) (mental health housing for peers such as Home Away from Home and New Beginnings; and (d) The Hive youth center (317 Board, 2024; Integrated Services for Behavioral Health, 2024). In Fiscal Year 2023, the 317 Board funded Integrated Services for Behavioral Health's workforce recruitment efforts and a peer drop-in center in Hocking County (317 Board, 2023).
- **John W. Clem House & Briggs House** – serves adult men from Hocking, Athens and Vinton Counties through recovery housing. The John W. Clem House is a recovery housing in Athens County that serves 12 men. The Briggs House is located in The Plains, Ohio, which serves men who have abstained from alcohol and substance use for 6 months or more (317 Board, 2024; The John W. Clem Recovery Houses, n.d.).
- **My Sister's Place** – serves women from Athens, Hocking and Vinton Counties by serving as a domestic violence shelter. The Sister's Place has a 24/7 mental health counselor, court advocate and case manager (317 Board, 2024; My Sister's Place, n.d.).
- **National Alliance on Mental Illness Athens (NAMI Athens)** – serves adults in Athens County and other neighboring southeast Ohio Counties through support, health education, presentations about mental illness and how to support loved ones or persons with mental illness. NAMI Athens also provide Crisis Intervention Training (CIT), and need for jail diversion initiatives for persons with mental illness (317 Board, 2024; NAMI Athens, Ohio, 2024).
- **TASC of Southeast Ohio** – serves adults Athens, Hocking and Vinton Counties through alcohol and substance use disorder treatment services. The TASC (Treatment Alternatives to Street Crime) links criminal justice system and treatment providers. Examples of services of TASC include (a) assessment; (b) intervention; (c) case management; (d) individual and group counseling; (e) intensive outpatient program; and (g) access to transportation (317 Board, 2024; TASC of Southeast Ohio, n.d.).
- **The Gathering Place** – serves adults in Athens County with history of mental illness through availability of recreational activities, peer support, linkage to community resources, and linkages to community resources. The 317 Board provide funds for the operations of Mike's Bridge House, a residential facility for sober men (317 Board, 2024; The Gathering Place, 2024).
- **Sojourners Care Network** – serves youth in Athens and Vinton Counties through the Sojourners Resiliency Center which provide support systems and resiliency building skills for youth who are experiencing risk of homelessness, mental health challenges, illiteracy, and poverty (317 Board, 2024; Sojourners Care Network, n.d.). In Fiscal Year 2023, the 317 Board funded renovations of three housing properties in Athens and Vinton Counties (317 Board, 2023).
- **Women for Recovery® Serenity Grove Women's Recovery House** – serves adult women in Athens, Hocking and Vinton Counties through recovery housing. The women served by the Serenity Grove Women's Recovery House have completed inpatient treatment and have been sober for at least 30 days (317 Board, 2024). In Fiscal year 2023, the 317 Board funded the expansion of Serenity Grove's women's recovery home from five to eight beds (317 Board, 2023).

The OhioHealth O'Bleness Hospital Substance Use Navigator, Shari Blackwell, LPN, CDCA, actively participates in the meetings of the 317 Board and Athens HOPE. Athens HOPE (Helping Overcome substance use disorder through Prevention and Education), is a community-wide task force led by Ohio University College of Health Sciences and Professions, OhioHealth O'Bleness Hospital and the Athens City-County Health Department. Athens HOPE's mission is "supporting education and advocacy to prevent substance misuse, in response to community needs. **Appendix Table 19** summarizes the community meetings attended by Shari Blackwell to foster community collaborations addressing mental health and addiction.

Appendix Table 19. Summary of community meetings attended by Shari Blackwell, LPN, CDCA, substance use navigator from the OhioHealth O'Bleness Emergency Department

Meeting Date	Meeting Host	Meeting Type	Focus Area of Meetings
July 19, 2023	Athens HOPE	In-person	<ul style="list-style-type: none"> Planning meeting led by Athens Hope for the Community Day of Hope event
July 20, 2023	Athens HOPE	In-person	<ul style="list-style-type: none"> Held the Community Day of Hope event
October 20, 2023	Southwestern Recovery	In-person	<ul style="list-style-type: none"> Provided resources to the community for addiction and social determinants of health as part of the Soctober Event
June 11, 2024	Athens City-County Health Department	In-person	<ul style="list-style-type: none"> Determined the gaps in available community resources, programs and services Developed strategy to centrally locate community resources

MHA – 2. OhioHealth Behavioral Health Integration (BHI) Clinics

OhioHealth Physician Group in collaboration with OhioHealth O'Bleness Hospital will continue to provide Athens County residents with access to the OhioHealth Behavioral Health Integration (BHI) clinics. The OhioHealth Physician Group Behavioral Health Integration (BHI) clinics in Athens County will continue to conduct (a) depression screening using the nine-item Patient Health Questionnaire (PHQ-9) and (b) anxiety screening using the Generalized Anxiety Disorder 7-item (GAD-7), and (c) Screening, Brief Intervention and Referral to Treatment (SBIRT). Licensed professional counselors and social workers provide mental and behavioral health interventions in OhioHealth Physician Group Behavioral Health Integration (BHI) clinics in Athens County. The BHI clinics include the following:

- MHA – 2.1. OhioHealth Primary Care Physicians Heritage College** – located at 26 Hospital Drive, Athens, Ohio 45701 (Athens County)
- MHA – 2.2. OhioHealth Primary Care Physicians Nelsonville** – located at John Lloyd Evans Memorial Drive, Suite 2000, Nelsonville, Ohio 45764 (Athens County)
- MHA – 2.3. OhioHealth Primary Care Physicians Glouster** – located at 5 Cardaras Drive, Glouster, Ohio 45732 (Athens County)
- MHA – 2.4. OhioHealth Primary Care Physicians Racine** – located at 207 Fifth Street, Racine, Ohio 45771 (Meigs County)

The depression and anxiety assessments and referral to the Behavioral Health Integration (BHI) team involves the following processes:

- (i) When a patient comes in to see their primary care provider, depression and anxiety is assessed using a PHQ-9 depression screen and GAD-7.
- (ii) If the patient scores 10 or more in the PHQ-9 screen and/or scores 8 and above in GAD-7, the primary care provider identifies the clinical need based on patient's symptoms and presentation, the patient is referred to the BHI team.
- (iii) The Behavioral Health provider covering the OhioHealth Physician Group clinic, contacts the patient either in-person or by telephone. The Behavioral Health provider explain the scope of the intervention, including possible billing and oversight by a psychiatric consultant.
- (iv) After obtaining approval from the patient to proceed with the intervention, the Behavioral Health provider provides short-term evidenced based interventions, such as motivational interviewing, cognitive behavioral therapy, and solution focused therapies to reduce the patient's symptoms of depression or anxiety.
- (v) If the Behavioral Health provider identifies that a patient needs a higher level of care or if the patient has not met the treatment goals, the Behavioral Health provider will help link the patient to mental and/or behavioral health providers that accept their health insurance. The Behavioral Health provider will administer shorter therapy sessions to patients until they are linked to community resources that accept the patient's health insurance.
- (vi) Patients who were identified with social determinants of health needs such as but are not limited to food insecurity, housing, transportation, social isolation, physical inactivity, the patients will be referred to social workers who will be able to provide support and information to address these needs.

The **Screening, Brief Intervention, and Referral to Treatment (SBIRT)** is a comprehensive approach of delivering early intervention and treatment services for persons with substance use disorders or those at risk for these disorders. SBIRT involves the following processes (SAMHSA, n.d.):

- (i) Screening assesses substance use severity and determines a suitable treatment.
- (ii) Brief intervention aims to increase a patient's awareness regarding substance use and motivation toward change in behavior.
- (iii) Referral to treatment is done for patients needing specialty care and extensive treatment.

The actions described in **MHA – 2** align with Ohio's 2020-2022 State Health Improvement Plan (SHIP).

OhioHealth O'Bleness Hospital Fiscal Years 2023-2025 Impacts Related to OhioHealth Behavioral Health Integration (BHI) Clinics (MHA – 2)

OhioHealth Impacts are presented for Fiscal Year 2023 and 2024. The strategies described in MHA – 2 OhioHealth Behavioral Health Integration (BHI) Clinics were continued in Fiscal Year 2025 but not reported in this section.

In Athens County, the OhioHealth Physician Group (OPG) Behavioral Health Integration is provided at the OPG Primary Care Physicians Hospital Drive, which is located at 26 Hospital Drive, Suite 100, Athens, Ohio 45701.

Appendix Table 20 summarizes the number of completed visits and distinct count of patients served in Fiscal Years 2023 and 2024 with primary diagnosis of Mental, Behavioral and Neurodevelopmental Disorders (F01-F99) for the OhioHealth behavioral Health Integration Clinic in Athens, Ohio.

Appendix Table 21 summarizes the number of referrals to the Behavioral Health Integration clinic in Athens, Ohio in Fiscal Years 2023 and 2024.

Appendix Tables 22 to 23 summarizes the primary diagnoses of patients who were referred to the Behavioral Health Integration Clinic during Fiscal Years 2023 and 2024.

Appendix Table 24 shows data on OhioHealth alignment with Ohio's 2020-2022 State Health Improvement Plan.

Appendix Table 20. Summary of OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and the Heritage College Primary Care and Geriatrics completed visits and distinct count of patients served with primary diagnosis of Mental, Behavioral and Neurodevelopmental Disorders (F01-F99)

The OPG Heritage College Primary Care and Geriatrics is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. In Fiscal Year 2023, the Clinics served 10,959 patients and recorded 33,643 completed visits. In Fiscal Year 2024, the Clinics served 11,454 patients and recorded 33,887 completed visits.

Mental, Behavioral and Neurodevelopmental Primary Diagnoses (F01-F99)	Fiscal Year 2023 (7/1/2022 to 6/30/2023) Completed Visits	Fiscal Year 2023 (7/1/2022 to 6/30/2023) Distinct Counts of Patients Served	Fiscal Year 2024 (7/1/2023 to 6/30/2024) Completed Visits	Fiscal Year 2024 (7/1/2023 to 6/30/2024) Distinct Counts of Patients Served
Mental disorders due to known physiological conditions (F01-F09)	43 visits	34 patients	29 visits	24 patients
Mental and behavioral disorders due to psychoactive substance use (F10-F19)	1,227 visits	333 patients	1,206 visits	376 patients
Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders (F20-F29)	13 visits	10 patients	8 visits	6 patients
Mood [affective] disorders (F30-F39)	536 visits	345 patients	531 visits	395 patients
Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders (F40-48)	986 visits	624 patients	1,069 visits	734 patients
Behavioral syndromes associated with physiological disturbances and physical factors (F50-F59)	77 visits	41 patients	80 visits	53 patients
Disorders of adult personality and behavior (F60-F69)	138 visits	88 patients	182 visits	108 patients
Intellectual disabilities (F70-F79)	1 visit	1 patient	3 visits	2 patients

Continuation of Appendix Table 20. Summary of OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and the Heritage College Primary Care and Geriatrics completed visits and distinct count of patients served with primary diagnosis of Mental, Behavioral and Neurodevelopmental Disorders (F01-F99)

Mental, Behavioral and Neurodevelopmental Primary Diagnoses (F01-F99)	Fiscal Year 2023 (7/1/2022 to 6/30/2023) Completed Visits	Fiscal Year 2023 (7/1/2022 to 6/30/2023) Distinct Counts of Patients Served	Fiscal Year 2024 (7/1/2023 to 6/30/2024) Completed Visits	Fiscal Year 2024 (7/1/2023 to 6/30/2024) Distinct Counts of Patients Served
Behavioral and emotional disorders with onset usually occurring in childhood and adolescence (F90-98)	217 visits	139 patients	243 visits	167 patients
Unspecified mental disorder (F99)	5 visits	4 patients	4 visits	4 patients

Appendix Table 21. Summary of Behavioral Health Program (BHP) services provided by the OhioHealth Physician Group (OPG) Heritage College Primary Care and Geriatrics in Fiscal Years 2023 and 2024

The OPG Primary Care Physicians Hospital Drive is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. It has a Behavioral Health Program that provides screening, brief intervention (counseling) and referral to treatment or linkage to mental and behavioral health agencies.

OhioHealth Physician Group (OPG) Clinic	Fiscal Year 2023 Referrals to BHP Providers	Fiscal Year 2023 Patient Encounters with BHP providers	Fiscal Year 2023 Distinct Count of Patients Served by BHP providers	Fiscal Year 2024 Referrals to BHP Providers	Fiscal Year 2024 Patient Encounters with BHP providers	Fiscal Year 2024 Distinct Count of Patients Served by BHP providers
OPG Primary Care Physicians Hospital Drive (Athens Ohio)	214 referrals	129 encounters	67 patients	198 referrals	31 encounters	24 patients

Appendix Table 22. Summary of primary diagnosis of patients who were referred to the Behavioral Health Integration Program at the OhioHealth Physician Group Heritage College Primary Care and Geriatrics in Fiscal Year 2023 (7/1/2022 to 6/30/2023)

The OhioHealth Physician Group Primary Care Physicians Hospital Drive is located at 26 Hospital Drive, Suite 100, Athens, Ohio 45701.

Primary Diagnosis	Fiscal Year 2023 Count of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive	Fiscal Year 2023 Percent of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive (N=214 Referrals)
Anxiety	74	34.6%
Depression, unspecified depression type	21	9.8%
Anxiety and depression	20	9.3%
GAD (generalized anxiety disorder)	20	9.3%
Mixed Anxiety and Depressive Disorder	9	4.2%
Other depression	8	3.7%
Moderate episode of recurrent major depressive disorder (HCC)	6	2.8%
Dysthymia (Persistent depressive disorder)	5	2.3%
Generalized anxiety disorder	5	2.3%
Bereavement due to life event	3	1.4%
PTSD (Post-Traumatic Stress Disorder)	3	1.4%
Bipolar 2 disorder (HCC)	2	0.9%
Depressive disorder	2	0.9%
Grieving	2	0.9%
Panic Attack	2	0.9%
Recurrent major depressive disorder, in full remission (HCC)	2	0.9%
Severe episode of recurrent major depressive disorder, without psychotic features (HCC)	2	0.9%
Stress	2	0.9%
Anxiety about health	1	0.5%
Anxiety associated with depression	1	0.5%

Appendix Table 23. Summary of primary diagnosis of patients who were referred to the Behavioral Health Integration Program at the OhioHealth Physician Group OhioHealth Physician Group Heritage College Primary Care and Geriatrics in Fiscal Year 2024 (7/1/2023 to 6/30/2024)

The OhioHealth Physician Group (OPG) Primary Care Physicians Hospital Drive is located at 26 Hospital Drive, Suite 100, Athens, Ohio 45701.

Primary Diagnosis	Fiscal Year 2024 Count of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive	Fiscal Year 2023 Percent of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive
Anxiety	83	41.90%
Depression, unspecified depression type	20	10.10%
Anxiety and depression	17	8.60%
GAD (generalized anxiety disorder)	9	4.50%
Mixed Anxiety and Depressive Disorder	8	4%
Moderate episode of recurrent major depressive disorder (HCC)	5	2.50%
Feeling stressed out	4	2%
Depression with anxiety	3	1.50%
Depressive disorder	3	1.50%
Dysthymia	3	1.50%
Generalized anxiety disorder	3	1.50%
Other depression	3	1.50%
Adjustment disorder with anxiety	2	1%
Bereavement	2	1%
Grief	2	1%
Mild major depression (HCC)	2	1%
Mixed anxiety depressive disorder	2	1%
Moderate major depression (HCC)	2	1%
Mood disorder (HCC)	2	1%
Recurrent major depressive disorder, in partial remission (HCC)	2	1%
Situational anxiety	2	1%
Situational mixed anxiety and depressive disorder	2	1%
Stress and adjustment reaction	2	1%
Anxiety about health	1	0.51%
Bipolar affective disorder, remission status unspecified (HCC)	1	0.51%
Bipolar disorder, in full remission, most recent episode mixed (HCC)	1	0.51%
Depressed mood	1	0.51%
Encounter for physical examination related to employment	1	0.51%
Grief at loss of child	1	0.51%

Continuation of Appendix Table 23. Summary of primary diagnosis of patients who were referred to the Behavioral Health Integration Program at the OhioHealth Physician Group Primary Care Physician Hospital Drive in Fiscal Year 2024 (7/1/2023 to 6/30/2024)

The OPG Primary Care Physicians Hospital Drive is located at 26 Hospital Drive, Suite 100, Athens, Ohio 45701.

Primary Diagnosis	Fiscal Year 2024 Count of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive	Fiscal Year 2023 Percent of Referrals to Behavioral Health Integration Program at OPG Primary Care Physicians Hospital Drive
Grief counseling	1	0.51%
Grieving	1	0.51%
Major depressive disorder with single episode, in partial remission (HCC)	1	0.51%
Major depressive disorder, single episode, moderate (HCC)	1	0.51%
Muscle tension dysphonia	1	0.51%
Other social stressor	1	0.51%
Panic disorder	1	0.51%
Social isolation	1	0.51%
Trigeminal neuralgia	1	0.51%

Appendix Table 24. Summary of OhioHealth Alignment with Ohio's 2020-2022 State Health Improvement Plan related to the OhioHealth Behavioral Health Integration Program (MHA-2). Data were obtained from County Health Rankings (2024).

Health Measure	Years of Data Used	Athens County	Ohio	United States
Poor or fair health Percent of adults reporting fair or poor health (age-adjusted)	2021	18%	16%	14%
Poor physical health days Average number of physically unhealthy days reported in past 30 days (age-adjusted).	2021	4.2 poor physical health days of the past 30 days	3.6 poor physical health days of the past 30 days	3.3 poor physical health days of the past 30 days
Poor mental health days Average number of mentally unhealthy days reported in past 30 days (age-adjusted).	2021	6.2 poor mental health days of the past 30 days	5.5 poor mental health days of the past 30 days	4.8 poor mental health days of the past 30 days
Life expectancy Average number of years people are expected to live	2019-2021	75.8 years	75.6 years	77.6 years
Frequent physical distress Percentage of adults reporting 14 or more days of poor physical health per month (age-adjusted)	2021	13%	11%	10%

Continuation of Appendix Table 24. Summary of OhioHealth Alignment with Ohio's 2020-2022 State Health Improvement Plan related to the OhioHealth Behavioral Health Integration Program at the OhioHealth Physician Group (OPG) Primary Care Physician Hospital Drive located at 26 Hospital Drive, Suite 100, Athens, Ohio 45701. Data were obtained from County Health Rankings (2024).

Health Measure	Years of Data Used	Athens County	Ohio	United States
Frequent Mental Distress Percentage of adults reporting 14 or more days of poor mental health per month (age-adjusted).	2021	19%	17%	15%
Adult Smoking Percentage of adults who are current smokers (age-adjusted)	2021	21%	19%	15%
Adult Obesity Percentage of the adult population (age 18 and older) that reports a body mass index (BMI) greater than or equal to 30 kg/m ² (age-adjusted)	2021	38%	38%	34%
Excessive Drinking Percentage of adults reporting binge or heavy drinking (age-adjusted)	2021	20%	20%	18%
Alcohol-Impaired Driving Deaths Percentage of driving deaths with alcohol involvement.	2017-2021	27%	32%	26%

Continuation of Appendix Table 24. Summary of OhioHealth Alignment with Ohio's 2020-2022 State Health Improvement Plan related to the OhioHealth Behavioral Health Integration Program. Data were obtained from County Health Rankings (2024).

Health Measure	Years of Data Used	Athens County	Ohio	United States
Alcohol-Impaired Driving Deaths Percentage of driving deaths with alcohol involvement	2017-2021	27%	32%	26%
Uninsured Percentage of population under age 65 without health insurance	2021	10%	8%	10%
Uninsured Adults Percentage of adults under age 65 without health insurance	2021	11%	9%	12%
Uninsured Children Percentage of children under age 19 without health insurance	2021	5%	5%	5%

Continuation of Appendix Table 24. Summary of OhioHealth Alignment with Ohio's 2020-2022 State Health Improvement Plan related to the OhioHealth Behavioral Health Integration Program. Data were obtained from County Health Rankings (2024)

Health Measure	Years of Data Used	Athens County	Ohio	United States
Primary Care Physicians Ratio of population to primary care physicians	2021	1,590 people to 1 primary care physician	1,330 people to 1 primary care physician	1,330 people to 1 primary care physician
Mental Health Care Providers Ratio of population to mental health providers	2023	150 people to 1 mental health provider	310 people to 1 mental health provider	320 people to 1 mental health provider
Injury Deaths Number of deaths due to injury per 100,000 population. Injuries may be due to homicides, suicides, motor vehicle crashes and poisonings	2017-2021	73 deaths due to homicides, suicides, motor vehicle crashes and poisonings per 100,000 people	99 deaths due to homicides, suicides, motor vehicle crashes and poisonings per 100,000 people	80 deaths due to homicides, suicides, motor vehicle crashes and poisonings per 100,000 people
Homicides Number of deaths due to homicide per 100,000 population	2015-2021	2 homicide deaths per 100,000 people	7 homicide deaths per 100,000 people	6 homicide deaths per 100,000 people
Suicides Number of deaths due to suicide per 100,000 population (age-adjusted)	2017-2021	13 suicide deaths per 100,000 people	15 suicide deaths per 100,000 people	14 suicide deaths per 100,000 people
Firearm Fatalities Number of deaths due to firearms per 100,000 population	2017-2021	9 firearm fatalities per 100,000 people	14 firearm fatalities per 100,000 people	13 firearm fatalities per 100,000 people

MHA – 3. Chronic Pain Self-Management Program

The OhioHealth O'Bleness Hospital and OhioHealth Physician Group (OPG) offers chronic pain self-management to Athens County residents, a six-week program that serves patients and families suffering from chronic pain through stress reduction education, discussions with healthcare providers about pain and evidence-based exercises (Self-Management Resource Center, 2021). Participants create action plans every week, share experiences, and help each other with problem solving. The subjects taught include:

MHA – 3.1. Development of skills to deal with frustration, fatigue, isolation, and poor sleep.

MHA – 3.2. Exercise to maintain and improve strength, endurance, and flexibility.

MHA – 3.3. Medication use.

MHA – 3.4. Effective communication with family, friends, and health care providers.

MHA – 3.5. Healthy eating.

MHA – 3.6. Scheduling activity and rest.

MHA – 3.7. Learning about new treatments about chronic pain.

OhioHealth O'Bleness Hospital Fiscal Year 2023-2025 Impacts related to MHA – 3

OhioHealth Impacts are presented for Fiscal Year 2023 and 2024 related to clinic-based pain management services provided to patients. These pain management services were continued in Fiscal Year 2025 but not reported here. O'Bleness Hospital did not implement the Chronic Pain self-Management Program due to very low attendance.

Nevertheless, OhioHealth Physician Group Pain Management Athens, urgent care clinics, and primary care clinics have provided evidenced-based health care services and education to patients experiencing pain. Data are presented for Fiscal Years 2023 and 2024. The health care services were continued in Fiscal Year 2025 but not presented in this report.

The OhioHealth Physician Group Pain Management Athens is located at 265 West Union Street, Suite A, Athens, Ohio 45701. The OhioHealth Physician Group Pain Management provides personalized care to patients with acute or chronic pain due to nerve damage, back pain, occupational injuries, chronic migraines, arthritis and cancer. The goal is to improve patient's quality of life and perform daily activities.

The OPG Pain Management provide treatments for various conditions such as (but not limited to): (a) migraine headache management; (b) neck and back pain; (c) fibromyalgia; (d) arthritis pain; (e) Arthritis Regional Pain Syndrome; (f) pain due to nerve damage or muscle spasm; (g) pain due to shingles; (h) pelvic pain; and (i) chronic pain management (OhioHealth 2015-2024).

The Pain Management Clinic's services include but not limited to: (a) advance radiofrequency ablation; (b) epidural steroid injections; (c) facet joint injections; (d) fluoroscopic and ultrasound guided injections; (e) joint injections for arthritis; (f) peripheral nerve blocks; (g) regenerative therapy; (h) sacroiliac injections; (i) selective nerve blocks; (j) spinal cord stimulator trails; (k) stellate ganglion blocks; (l) sympathetic blocks; and (m) trigger point injections (OhioHealth 2015-2024).

Appendix Tables 25 to 36 summarizes the pain and pain-related diagnoses of patients served by the OhioHealth Physician Group Pain Management Athens, other outpatient, primary care clinics and urgent care clinics.

Appendix Table 25. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Pain Management Athens Clinic in Fiscal Year 2023

The OPG Pain Management Athens Clinic is located at 265 West Union Street, Suite B, Athens, Ohio 45701. In Fiscal Year 2023, the Clinic served 1,126 patients and recorded 3,595 completed visits.

ICD-10-CM Diagnoses	Description	Count of Visits	Percent of Visits (N=3,595 completed visits)
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	Nerve roots become pinched or damaged	378 visits	10.50%
Spondylosis without myelopathy or radiculopathy, lumbar region (ICD-10-CM: M47.816)	Degeneration of bones and discs in the lower back	299 visits	8.30%
Spinal stenosis, lumbar region with neurogenic claudication (ICD-10-CM: M48.062)	Narrowing of the spinal canal	210 visits	5.80%
Radiculopathy, lumbosacral region (ICD-10-CM: M54.17)	Nerve roots become pinched or damaged	203 visits	5.60%
Other intervertebral disc degeneration, lumbar region (ICD-10-CM: M51.36)	Breakdown of one or more of the discs that separate bones of the spine	172 visits	4.80%
Spondylosis without myelopathy or radiculopathy, cervical region (ICD-10-CM: M47.812)	Degeneration of the bones and discs of the neck	154 visits	4.30%
Sacroiliitis, not elsewhere classified (ICD-10-CM: M46.1)	Inflammation of the sacroiliac joint	104 visits	2.90%
Spondylolisthesis, lumbar region (ICD-10-CM: M43.16)	Bone (vertebra) in the spine moves forward out of the proper position onto the bone below it.	90 visits	2.50%
Post laminectomy syndrome, not elsewhere classified (ICD-10-CM: M96.1)	Failed back surgery syndrome	64 visits	1.80%
Other spondylosis with radiculopathy, lumbar region (ICD-10-CM: M47.26)	Degeneration of bones and discs in the lower back	59 visits	1.60%
Radiculopathy, cervical region (ICD-10-CM: M54.12)	Nerve roots become pinched pr damaged	59 visits	1.60%
Other chronic pain (ICD-10-CM: G89.29)	Other chronic pain	57 visits	1.60%

Continuation of Table 25. Summary of Top Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Pain Management Athens Outpatient Clinic in Fiscal Year 2023

The OPG Pain Management Athens Outpatient Clinic is located at 265 West Union Street, Suite B, Athens, Ohio 45701. In Fiscal Year 2023, the Clinic served 1,126 patients and recorded 3,595 completed visits.

ICD-10-CM Diagnoses	Description	Count of Visits	Percent of Visits (N=3,595 completed visits)
Scoliosis, unspecified (ICD-10-CM: M41.9)	Sideways curve of the spine	50 visits	1.40%
Spinal stenosis, cervical region (ICD-10-CM: M48.02)	space around your spinal cord becomes too narrow	49 visits	1.40%
Cervicalgia (ICD-10-CM: M54.2)	Neck pain	34 visits	0.95%
Pain in right shoulder (ICD-10-CM: M25.511)	Pain in right shoulder	29 visits	0.81%
Myalgia, other site (ICD-10-CM: M79.18)	Muscle pain	26 visits	0.72%
Pain in right hip (ICD-10-CM: M25.551)	Pain in right hip	26 visits	0.72%
Other cervical disc degeneration, unspecified cervical region (ICD-10-CM: M50.30)	Breakdown of discs in the neck	23 visits	0.64%
Pain in right knee (ICD-10-CM: M25.561)	Pain in right knee	21 visits	0.58%

Appendix Table 26. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Pain Management Athens Outpatient Clinic in Fiscal Year 2024

The OPG Pain Management Athens Outpatient Clinic is located at 265 West Union Street, Suite B, Athens, Ohio 45701. In Fiscal Year 2024, the Clinic served 1,091 patients and recorded 3,356 completed visits.

ICD-10-CM Diagnoses	Description	Count of Visits	Percent of Visits (N=3,356 completed visits)
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	Nerve roots become pinched or damaged	439 visits	13.10%
Radiculopathy, lumbosacral region (ICD-10-CM: M54.17)	Nerve roots become pinched or damaged	361 visits	10.80%
Spondylosis without myelopathy or radiculopathy, lumbar region (ICD-10-CM: M47.816)	Degeneration of bones and discs in the lower back	343 visits	10.20%
Spinal stenosis, lumbar region with neurogenic claudication (ICD-10-CM: M48.062)	Narrowing of spinal canal	270 visits	8.00%
Spondylosis without myelopathy or radiculopathy, cervical region (ICD-10-CM: M47.812)	Degeneration of bones and discs in the lower back	173 visits	5.20%
Other intervertebral disc degeneration, lumbar region (ICD-10-CM: M51.36)	Breakdown of one or more of the discs that separate bones of the spine	99 visits	2.90%
Radiculopathy, cervical region (ICD-10-CM: M54.12)	Nerve roots become pinched or damaged	88 visits	2.60%
Other chronic pain (ICD-10-CM: G89.29)	Other chronic pain	84 visits	2.50%
Sacroiliitis, not elsewhere classified (ICD-10-CM: M46.1)	Inflammation of the sacroiliac joint	68 visits	2.00%
Post-laminectomy syndrome, not elsewhere classified (ICD-10-CM: M96.1)	Failed back surgery syndrome	67 visits	2.00%
Spondylolisthesis, lumbar region (ICD-10-CM: M43.16)	Bone (vertebra) in the spine moves forward out of the proper position onto the bone below it.	54 visits	1.60%

Continuation of Appendix Table 26. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Pain Management Athens Outpatient Clinic in Fiscal Year 2024

The OPG Pain Management Athens Outpatient Clinic is located at 265 West Union Street, Suite B, Athens, Ohio 45701. In Fiscal Year 2024, the Clinic served 1,091 patients and recorded 3,356 completed visits.

ICD-10-CM Diagnoses	Description	Count of Visits	Percent of Visits (N=3,356 completed visits)
Cervicalgia (ICD-10-CM: M54.2)	Neck pain	33 visits	0.98%
Scoliosis, unspecified (ICD-10-CM: M41.9)	Sideways curve of the spine	29 visits	0.86%
Pain in right knee (ICD-10-CM: M25.561)	Pain in right knee	28 visits	0.83%
Other spondylosis with radiculopathy, lumbar region (ICD-10-CM: M47.26)	Degeneration of bones and discs in the lower back	27 visits	0.81%
Spondylosis without myelopathy or radiculopathy, thoracic region (ICD-10-CM: M47.814)	Degeneration of bones and discs in the thorax	27 visits	0.81%
Pain in left knee (ICD-10-CM: M25.562)	Pain in left knee	25 visits	0.75%
Spinal stenosis, cervical region (ICD-10-CM: M48.02)	Narrowing of spinal canal	22 visits	0.66%
Pain in right hip (ICD-10-CM: M25.551)	Pain in right hip	20 visits	0.60%
Fibromyalgia (ICD-10-CM: M79.7)	Widespread musculoskeletal pain	16 visits	0.48%

Appendix Table 27. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the O'Bleness Family Medicine in Fiscal Year 2023

The O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine Clinic served 2,333 patients and recorded 7,679 completed visits, regardless of diagnoses. In Fiscal Year 2023, there were 1,591 visits where patient had pain or pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N=1,591)
Other chronic pain (ICD-10-CM: G89.29)	479 visits	30.10%
Low back pain, unspecified (ICD-10-CM: M54.50)	295 visits	18.50%
Cervicalgia (ICD-10-CM: M54.2)	279 visits	17.50%
Lumbago with sciatica, right side (ICD-10-CM: M54.41)	83 visits	5.20%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	72 visits	4.50%
Pain in thoracic spine (ICD-10-CM: M54.6)	54 visits	3.40%
Pain in right shoulder (ICD-10-CM: M25.511)	45 visits	2.80%
Pleurodynia (ICD-10-CM: R07.81)	45 visits	2.80%
Other specified diseases and conditions complicating pregnancy (ICD-10-CM: O99.891)	44 visits	2.80%
Lumbago with sciatica, left side (ICD-10-CM: M54.42)	41 visits	2.60%
Chest pain, unspecified (ICD-10-CM: R07.9)	37 visits	2.30%
Other chest pain (ICD-10-CM: R07.89)	37 visits	2.30%
Unspecified abdominal pain (ICD-10-CM: R10.9)	37 visits	2.30%
Pain in right hip (ICD-10-CM: M25.551)	33 visits	2.10%

Continuation of Appendix Table 27. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the O'Bleness Family Medicine in Fiscal Year 2023

The O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine Clinic served 2,333 patients and recorded 7,679 completed visits. In Fiscal Year 2023, there were 1,591 visits where patient had pain or pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N=1,591)
Dysuria (ICD-10-CM: R30.0)	32 visits	2%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	32 visits	2%
Pain in left hip (ICD-10-CM: M25.552)	31 visits	1.90%
Pain in left shoulder (ICD-10-CM: M25.512)	31 visits	1.90%
Pain in left knee (ICD-10-CM: M25.562)	30 visits	1.90%
Pain in right knee (ICD-10-CM: M25.561)	29 visits	1.80%

Appendix Table 28. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the O'Bleness Family Medicine in Fiscal Year 2024

The O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine Clinic served 2,214 patients and recorded 7,179 completed visits. In Fiscal Year 2024, there were 1,391 visits where patient had pain or pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N =1,391)
Other chronic pain (ICD-10-CM: G89.29)	432 visits	32.80%
Low back pain, unspecified (ICD-10-CM: M54.50)	258 visits	19.60%
Cervicalgia (ICD-10-CM: M54.2)	189 visits	14.30%
Pain in thoracic spine (ICD-10-CM: M54.6)	60 visits	4.50%
Pain in right shoulder (ICD-10-CM: M25.511)	51 visits	3.90%
Lumbago with sciatica, right side (ICD-10-CM: M54.41)	47 visits	3.60%
Sacrococcygeal disorders, not elsewhere classified (ICD-10-CM: M53.3)	46 visits	3.50%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	45 visits	3.40%
Pain in left hip (ICD-10-CM: M25.552)	39 visits	3%
Pain in right hip (ICD-10-CM: M25.551)	38 visits	2.90%
Pleurodynia (ICD-10-CM: R07.81)	36 visits	2.70%
Other specified diseases and conditions complicating pregnancy (ICD-10-CM: O99.891)	35 visits	2.70%
Other chest pain (ICD-10-CM: R07.89)	32 visits	2.40%
Pain in left shoulder (ICD-10-CM: M25.512)	31 visits	2.40%

Continuation of Appendix Table 28. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the O'Bleness Family Medicine in Fiscal Year 2024

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N =1,391 visits)
Unspecified abdominal pain (ICD-10-CM: R10.9)	30 visits	2.30%
Lumbago with sciatica, left side (ICD-10-CM: M54.42)	23 visits	1.70%
Generalized abdominal pain (ICD-10-CM: R10.84)	21 visits	1.60%
Chest pain, unspecified (ICD-10-CM: R07.9)	20 visits	1.50%
Dysuria (ICD-10-CM: R30.0)	19 visits	1.40%
Pain in left leg (ICD-10-CM: M79.605)	19 visits	1.40%

Appendix Table 29. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

The Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Urgent Care Nelsonville served 6,651 patients and recorded 11,538 completed visits. In Fiscal Year 2023, there were 1,033 visits where patients had pain or pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N=1,033 visits)
Dysuria (ICD-10-CM: R30.0)	217 visits	21%
Unspecified abdominal pain (ICD-10-CM: R10.9)	58 visits	5.60%
Low back pain, unspecified (ICD-10-CM: M54.50)	52 visits	5%
Chest pain, unspecified (ICD-10-CM: R07.9)	44 visits	4.30%
Pain in right knee (ICD-10-CM: M25.561)	30 visits	2.90%
Pain in left foot (ICD-10-CM: M79.672)	28 visits	2.70%
Strain of muscle, fascia and tendon of lower back, initial encounter (ICD-10-CM: S39.012A)	28 visits	2.70%
Pleurodynia (ICD-10-CM: R07.81)	27 visits	2.60%
Cervicalgia (ICD-10-CM: M54.2)	26 visits	2.50%
Pain in left knee (ICD-10-CM: M25.562)	25 visits	2.40%
Pain in right shoulder (ICD-10-CM: M25.511)	24 visits	2.30%
Pain in right foot (ICD-10-CM: M79.671)	22 visits	2.10%
Right lower quadrant pain (ICD-10-CM: R10.31)	22 visits	2.10%
Pain in thoracic spine (ICD-10-CM: M54.6)	21 visits	2%
Pain in throat (ICD-10-CM: R07.0)	19 visits	1.80%

Continuation of Appendix Table 29. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N = 1,033 visits)
Generalized abdominal pain (ICD-10-CM: R10.84)	16 visits	1.50%
Other specified soft tissue disorders (ICD-10-CM: M79.89)	16 visits	1.50%

Pain in right hip (ICD-10-CM: M25.551)	15 visits	1.50%
Bitten or stung by nonvenomous insect and other nonvenomous arthropods, initial encounter (ICD-10-CM: W57.XXXA)	14 visits	1.40%
Lumbago with sciatica, right side (ICD-10-CM: M54.41)	14 visits	1.40%

Appendix Table 30. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

The Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2024, the OhioHealth Urgent Care Nelsonville served 6,232 patients and recorded 10,964 completed visits. In Fiscal Year 2024, there were 890 visits where patients had pain or pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N=890 visits)
Dysuria (painful urination) (ICD-10-CM: R30.0)	128 visits	14.40%
Low back pain, unspecified (ICD-10-CM: M54.50)	66 visits	7.40%
Unspecified abdominal pain (ICD-10-CM: R10.9)	37 visits	4.20%
Pain in right shoulder (ICD-10-CM: M25.511)	33 visits	3.70%
Pleurodynia (sudden onset of chest pain) (ICD-10-CM: R07.81)	29 visits	3.30%
Chest pain, unspecified (ICD-10-CM: R07.9)	28 visits	3.10%
Pain in right foot (ICD-10-CM: M79.671)	28 visits	3.10%
Cervicalgia (neck pain) (ICD-10-CM: M54.2)	24 visits	2.70%
Pain in left knee (ICD-10-CM: M25.562)	24 visits	2.70%
Pain in left shoulder (ICD-10-CM: M25.512)	24 visits	2.70%
Strain of muscle, fascia and tendon of lower back, initial encounter (ICD-10-CM: S39.012A)	24 visits	2.70%
Pain in right knee (ICD-10-CM: M25.561)	23 visits	2.60%
Pain in thoracic spine (ICD-10-CM: M54.6)	23 visits	2.60%
Right lower quadrant pain (ICD-10-CM: R10.31)	21 visits	2.40%

Continuation of Appendix Table 30. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain or Pain-Related Diagnoses (N=890 visits)
Other specified soft tissue disorders (ICD-10-CM: M79.89)	18 visits	2%
Lumbago with sciatica, left side (pain in lower back and left leg and foot) (ICD-10-CM: M54.42)	17 visits	1.90%
Pain in left ankle and joints of left foot (ICD-10-CM: M25.572)	17 visits	1.90%
Pain in left foot (ICD-10-CM: M79.672)	17 visits	1.90%
Pain in left wrist (ICD-10-CM: M25.532)	17 visits	1.90%
Dorsalgia, unspecified (back pain) (ICD-10-CM: M54.9)	16 visits	1.80%

Appendix Table 31. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics Athens in Fiscal Year 2023

The OPG Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Dr, Suite 140, Athens, Ohio 45701. The OPG Heritage College Primary Care and Geriatrics Athens is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. In Fiscal Year 2023, these two Clinics served 10,959 patients and recorded 33,643 completed visits, regardless of diagnoses. For these two Clinics, there were 2,516 visits from patients with pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain-Related Diagnoses (N=2,516 visits)
Other chronic pain (ICD-10-CM: G89.29)	385 visits	15.30%
Low back pain, unspecified (ICD-10-CM: M54.50)	181 visits	7.20%
Encounter for screening for malignant neoplasm of prostate (ICD-10-CM: Z12.5)	106 visits	4.20%
Dysuria (ICD-10-CM: R30.0)	100 visits	4%
Cervicalgia (ICD-10-CM: M54.2)	96 visits	3.80%
Pain in left knee (ICD-10-CM: M25.562)	86 visits	3.40%
Pain in right shoulder (ICD-10-CM: M25.511)	84 visits	3.30%
Unspecified abdominal pain (ICD-10-CM: R10.9)	77 visits	3.10%
Other intervertebral disc degeneration, lumbar region (ICD-10-CM: M51.36)	67 visits	2.70%
Pain in right knee (ICD-10-CM: M25.561)	67 visits	2.70%
Lumbago with sciatica, right side (ICD-10-CM: M54.41)	66 visits	2.60%
Lumbago with sciatica, left side (ICD-10-CM: M54.42)	65 visits	2.60%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	65 visits	2.60%

Continuation of Appendix Table 31. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics Athens in Fiscal Year 2023

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain-Related Diagnoses (N=2,516 visits)
Chest pain, unspecified (ICD-10-CM: R07.9)	63 visits	2.50%
Pain in right hip (ICD-10-CM: M25.551)	63 visits	2.50%
Pain in unspecified joint (ICD-10-CM: M25.50)	55 visits	2.20%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	52 visits	2.10%
Other chest pain (ICD-10-CM: R07.89)	49 visits	1.90%
Pain in thoracic spine (ICD-10-CM: M54.6)	49 visits	1.90%
Epigastric pain (ICD-10-CM: R10.13)	48 visits	1.90%

Appendix Table 32. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics Athens in Fiscal Year 2024

The OPG Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Dr, Suite 140, Athens, Ohio 45701. The OPG Heritage College Primary Care and Geriatrics Athens is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. In Fiscal Year 2024, these two Clinics served 11,454 patients and recorded 33,887 completed visits, regardless of diagnoses. For the two Clinics combined, there were 2,752 visits among patients with pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain-Related Diagnoses (N=2,752 visits)
Other chronic pain (ICD-10-CM: G89.29)	442 visits	16.10%
Low back pain, unspecified ICD-10-CM: M54.50)	180 visits	6.50%
Cervicalgia (ICD-10-CM: M54.2)	139 visits	5.10%
Dysuria ICD-10-CM: R30.0)	127 visits	4.60%
Encounter for screening for malignant neoplasm of prostate (ICD-10-CM: Z12.5)	93 visits	3.40%
Pain in right knee (ICD-10-CM: M25.561)	91 visits	3.30%
Pain in right shoulder (ICD-10-CM: M25.511)	86 visits	3.10%
Unspecified abdominal pain (ICD-10-CM: R10.9)	84 visits	3.10%
Pain in left knee (ICD-10-CM: M25.562)	83 visits	3%
Other intervertebral disc degeneration, lumbar region (ICD-10-CM: M51.36)	81 visits	2.90%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	80 visits	2.90%
Lumbago with sciatica, left side (ICD-10-CM: M54.42)	79 visits	2.90%

Continuation of Appendix Table 32. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics Athens in Fiscal Year 2024

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits of Patients with Pain-Related Diagnoses (N=2,752 visits)
Other chest pain (ICD-10-CM: R07.89)	65 visits	2.40%
Pain in unspecified joint (ICD-10-CM: M25.50)	64 visits	2.30%
Chest pain, unspecified (ICD-10-CM: R07.9)	60 visits	2.20%
Pain in left shoulder (ICD-10-CM: M25.512)	60 visits	2.20%
Lumbago with sciatica, right side (ICD-10-CM: M54.41)	57 visits	2.10%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	56 visits	2%
Epigastric pain (ICD-10-CM: R10.13)	55 visits	2%
Pain in left hip (ICD-10-CM: M25.552)	54 visits	2%

Appendix Table 33. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Campus Care (Primary Care) at Ohio University in Fiscal Year 2023

The OPG Campus Care (Primary Care) at Ohio University is located at 2 Health center Drive, Athens, Ohio 45701. The Clinic served 2,013 patients and recorded 6,255 completed visits. In Fiscal Year 2023, there were 318 visits among patients who had pain-related primary diagnosis.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits of Patients with Pain-Related Diagnoses (N=318 visits)
Other chronic pain (ICD-10-CM: G89.29)	57 visits	17.90%
Low back pain, unspecified (ICD-10-CM: M54.50)	44 visits	13.80%
Dysuria (ICD-10-CM: R30.0)	25 visits	7.90%
Pain in thoracic spine (ICD-10-CM: M54.6)	21 visits	6.60%
Pelvic and perineal pain (ICD-10-CM: R10.2)	19 visits	6%
Dysmenorrhea, unspecified (ICD-10-CM: N94.6)	17 visits	5.30%
Other chest pain (ICD-10-CM: R07.89)	15 visits	4.70%
Epigastric pain (ICD-10-CM: R10.13)	13 visits	4.10%
Cervicalgia ICD-10-CM: M54.2)	11 visits	3.50%
Primary dysmenorrhea ICD-10-CM: N94.4)	11 visits	3.50%
Generalized abdominal pain (ICD-10-CM: R10.84)	10 visits	3.10%
Paresthesia of skin (ICD-10-CM: R20.2)	7 visits	2.20%
Pleurodynia (ICD-10-CM: R07.81)	7 visits	2.20%
Spondylosis without myelopathy or radiculopathy, site unspecified (ICD-10-CM: M47.819)	7 visits	2.20%

Continuation of Appendix Table 33. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Campus Care (Primary Care) at Ohio University in Fiscal Year 2023

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits of Patients with Pain-Related Diagnoses (N=318 visits)
Pain in right shoulder (ICD-10-CM: M25.511)	6 visits	1.90%
Pain in right wrist (ICD-10-CM: M25.531)	6 visits	1.90%
Right lower quadrant pain (ICD-10-CM: R10.31)	6 visits	1.90%
Right upper quadrant pain (ICD-10-CM: R10.11)	5 visits	1.60%
Unspecified dyspareunia (ICD-10-CM: N94.10)	5 visits	1.60%
Chest pain, unspecified (ICD-10-CM: R07.9)	4 visits	1.30%

Appendix Table 34. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Campus Care (Primary Care) at Ohio University in Fiscal Year 2024

The OPG Campus Care (Primary Care) at Ohio University is located at 2 Health Center Drive, Athens, Ohio 45701. The Clinic served 1,932 patients and recorded 6,215 completed visits. In Fiscal Year 2024, there were 313 visits among patients who had pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits (N=313 visits)
Other chronic pain (ICD-10-CM: G89.29)	49 visits	15.70%
Dysuria (ICD-10-CM: R30.0)	27 visits	8.60%
Low back pain, unspecified (ICD-10-CM: M54.50)	21 visits	6.70%
Pain in thoracic spine (ICD-10-CM: M54.6)	20 visits	6.40%
Cervicalgia (ICD-10-CM: M54.2)	17 visits	5.40%
Dysmenorrhea, unspecified (ICD-10-CM: N94.6)	16 visits	5.10%
Pelvic and perineal pain (ICD-10-CM: R10.2)	15 visits	4.80%
Primary dysmenorrhea (ICD-10-CM: N94.4)	15 visits	4.80%
Other chest pain (ICD-10-CM: R07.89)	12 visits	3.80%
Epigastric pain (ICD-10-CM: R10.13)	10 visits	3.20%
Right lower quadrant pain (ICD-10-CM: R10.31)	9 visits	2.90%
Unspecified abdominal pain (ICD-10-CM: R10.9)	9 visits	2.90%
Generalized abdominal pain (ICD-10-CM: R10.84)	7 visits	2.20%
Pain in right knee (ICD-10-CM: M25.561)	7 visits	2.20%
Pain in right shoulder (ICD-10-CM: M25.511)	7 visits	2.20%

Continuation of Appendix Table 34. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Physician Group (OPG) Campus Care (Primary Care) at Ohio University in Fiscal Year 2024

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits (N=313 visits)
Pleurodynia (ICD-10-CM: R07.81)	7 visits	2.20%
Left lower quadrant pain (ICD-10-CM: R10.32)	6 visits	1.90%
Pain in left knee (ICD-10-CM: M25.562)	6 visits	1.90%
Pain in right hip (ICD-10-CM: M25.551)	6 visits	1.90%
Chest pain, unspecified (ICD-10-CM: R07.9)	5 visits	1.60%

Appendix Table 35. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care at Ohio University in Fiscal Year 2023

The OhioHealth Urgent Care at Ohio University is located at 2 Health Center Drive, Athens, Ohio 45701. The Clinic served 5,748 patients and recorded 10,648 completed visits. In Fiscal Year 2023, there were 680 visits among people with pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits (N=680 visits)
Dysuria (ICD-10-CM: R30.0)	249 visits	36.60%
Unspecified abdominal pain (ICD-10-CM: R10.9)	47 visits	6.90%
Low back pain, unspecified (ICD-10-CM: M54.50)	29 visits	4.30%
Other chronic pain ICD-10-CM: G89.29)	23 visits	3.40%
Pain in left ankle and joints of left foot (ICD-10-CM: M25.572)	20 visits	2.90%
Pain in right knee (ICD-10-CM: M25.561)	20 visits	2.90%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	16 visits	2.40%
Other chest pain (ICD-10-CM: R07.89)	16 visits	2.40%
Chest pain, unspecified (ICD-10-CM: R07.9)	15 visits	2.20%
Pain in right ankle and joints of right foot (ICD-10-CM: M25.571)	15 visits	2.20%
Pain in thoracic spine (ICD-10-CM: M54.6)	14 visits	2.10%
Pain in left knee (ICD-10-CM: M25.562)	13 visits	1.90%
Cervicalgia (ICD-10-CM: M54.2)	12 visits	1.80%
Pain in right foot (ICD-10-CM: M79.671)	12 visits	1.80%
Pain in left foot (ICD-10-CM: M79.672)	11 visits	1.60%

Continuation of Appendix Table 35. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care at Ohio University in Fiscal Year 2023

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits (N=680 visits)
Right lower quadrant pain (ICD-10-CM: R10.31)	8 visits	1.20%
Epigastric pain (ICD-10-CM: R10.13)	7 visits	1%
Pain in left finger(s) (ICD-10-CM: M79.645)	7 visits	1%
Pain in left wrist (ICD-10-CM: M25.532)	7 visits	1%
Paresthesia of skin (ICD-10-CM: R20.2)	7 visits	1%

Appendix Table 36. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care at Ohio University in Fiscal Year 2024

The OhioHealth Urgent Care at Ohio University is located at 2 Health Center Drive, Athens, Ohio 45701. The Clinic served 5,826 patients and recorded 10,351 completed visits. In Fiscal Year 2024, there were 652 visits among people with pain-related diagnoses.

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain-Related Diagnoses (N=652 visits)
Dysuria (ICD-10-CM: R30.0)	233 visits	35.70%
Unspecified abdominal pain (ICD-10-CM: R10.9)	37 visits	5.70%
Chest pain, unspecified (ICD-10-CM: R07.9)	21 visits	3.20%
Low back pain, unspecified (ICD-10-CM: M54.50)	20 visits	3.10%
Other chest pain (ICD-10-CM: R07.89)	20 visits	3.10%
Other chronic pain (ICD-10-CM: G89.29)	20 visits	3.10%
Pain in left foot (ICD-10-CM: M79.672)	20 visits	3.10%
Pain in right knee (ICD-10-CM: M25.561)	19 visits	2.90%
Pain in left knee (ICD-10-CM: M25.562)	17 visits	2.60%
Dorsalgia, unspecified (ICD-10-CM: M54.9)	16 visits	2.50%
Epigastric pain (ICD-10-CM: R10.13)	13 visits	2%
Dysmenorrhea, unspecified (ICD-10-CM: N94.6)	11 visits	1.70%
Pain in left ankle and joints of left foot (ICD-10-CM: M25.572)	11 visits	1.70%
Pain in right shoulder (ICD-10-CM: M25.511)	11 visits	1.70%

Continuation of Appendix Table 36. Summary of Top Pain and Pain-Related Primary Diagnoses of Patients Served by the OhioHealth Urgent Care at Ohio University in Fiscal Year 2024

ICD-10-CM Diagnoses	Count of Visits	Percent of Visits with Pain-Related Diagnoses (N=652 visits)
Strain of muscle, fascia and tendon of lower back, initial encounter (ICD-10-CM: S39.012A)	11 visits	1.70%
Pain in left shoulder (ICD-10-CM: M25.512)	10 visits	1.50%
Pain in right hand (ICD-10-CM: M79.641)	10 visits	1.50%
Cervicalgia (ICD-10-CM: M54.2)	8 visits	1.20%
Pain in right ankle and joints of right foot (ICD-10-CM: M25.571)	8 visits	1.20%
Right lower quadrant pain (ICD-10-CM: R10.31)	8 visits	1.20%

Need #2: Access to Care

- AC – 1. OhioHealth UpBEAT** – Continue to offer the OhioHealth UpBEAT programs to senior residents of southeast Ohio. The UpBEAT program provides free health education, exercise, and other engagement activities for seniors. The UpBEAT program coordinator also provides participants with monthly newsletters on upcoming activities and useful information to promote overall health and wellbeing.
- AC – 1.1. OhioHealth UpBEAT Food for Thought program** – UpBEAT participants attend speakerships and talks on various health and wellness topics and general knowledge.
 - AC – 1.2. OhioHealth UpBEAT History Group** – participants attend speakerships on various topics depicting history of areas in southeast Ohio.
 - AC – 1.3. OhioHealth UpBEAT Book Club** – participants attend book discussions. UpBEAT members recommend books in December. Members whose books were selected, lead the lively discussion about the book.
 - AC – 1.4. OhioHealth UpBEAT Lunch Group** – UpBEAT members enjoy a meal and conversation together. Guests are invited occasionally to speak on topics of interest.
 - AC – 1.5. OhioHealth UpBEAT Singing Group** – An UpBEAT member volunteers to play the piano and members select songs from songbooks and sing together.
 - AC – 1.6. OhioHealth UpBEAT Discovery Kitchen** – held in partnership with Community Food Initiatives, a local non-profit organization, to help inspire confidence, help find tasty recipes to include fresh produce, and share some tips related to food preparation and cooking.
 - AC – 1.7. OhioHealth UpBEAT Chair Volleyball** – UpBEAT members play three games of chair volleyball together, twice per week held at Market on State.

OhioHealth O'Bleness Hospital's Fiscal Years 2023-2025 Impacts Related to OhioHealth UpBEAT (C – 1)

The OhioHealth O'Bleness UpBEAT Program has successfully provided access to engagement, education, technology skills development, exercise opportunities, healthy eating and cooking skills to the community.

Refer to Appendix Tables 37 to 47 for details of the outcomes and impacts of various UpBEAT programs and services held in Fiscal Years 2023 and 2024. The UpBEAT programs and services were continued in Fiscal Year 2025 but the outcomes and impact obtained were not included in this report.

Appendix Table 37. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2023

The Food for Thought program was held either third or fourth Thursday of each month from 2 to 3 PM. The classes were held either hybrid or in-person. In person classes were held at the OhioHealth O'Bleness Hospital located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, OhioHealth UpBEAT held 16 sessions of the “Food for Thought” program and served 173 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
July 21, 2022	Speaker: Stephanie Morris Organization: Athens County Community Singers	Choir for All Voices	<ul style="list-style-type: none"> Fosters community engagement in singing with others and preventing isolation 	8 persons
July 28, 2022	Speaker: Sarie Cornwell Organization: Athens County Public Libraries (ACPL)	Technology for All-Electronic File and Photo Storage, Management, and Sharing	<ul style="list-style-type: none"> Taught seniors how to find files once they are saved in a device 	22 persons
August 18, 2022	Speaker: Jessie Powers Organization: Outdoor Recreation Council of Appalachia (ORCA)	The Baileys Trail System	<ul style="list-style-type: none"> Overview of project's successes and future development plans 	8 persons
September 15, 2022	Speaker: Dr. Sergio Ulloa, DO Organization: OhioHealth Orthopedics and Sports Medicine	Bone Health	<ul style="list-style-type: none"> Overview of bone health Changes in bone structure due to aging Maintain healthy bones Falls prevention 	15 persons
October 20, 2022	Speaker: LeeAnn Lucas-Helber (President) Organization: OhioHealth O'Bleness Hospital	UpBeAT 26 th year Anniversary OhioHealth O'Bleness Hospital Updates of Programs and Services	<ul style="list-style-type: none"> Sharing of experiences Updates About the OhioHealth O'Bleness Hospital 	14 persons

Continuation of Appendix Table 37. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2023

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
October 27, 2022	Speaker: Sarie Cornwell Organization: Athens County Public Libraries (ACPL)	Technology for All – Online Banking, Shopping and Entertainment	<ul style="list-style-type: none"> • How to do online banking • How to shop online • How to avail of online entertainment • Safety when using the internet 	9 persons
November 17, 2022	Speaker: Doug Kirsop Organization: OhioHealth Enterprise Business Intelligence and Reporting	Navigating the OhioHealth MyChart (Electronic Health Record)	<ul style="list-style-type: none"> • Access medical and health records • Set-up appointments • Request for medication refills • Communicate with health care providers • Pay medical bills 	7 persons
December 15, 2022	Speaker: Tina Bourdette (Site Manager) Organization: OhioHealth Grant Medical Center Pulmonary Services)	The Breath in You	<ul style="list-style-type: none"> • Overview of the respiratory system, lung health • Overview of breathing techniques to achieve a healthy lifestyle 	10 persons
January 19, 2023	Speaker: Terri McKinley Organization: Alzheimer's Association Volunteer Educator	Effective Communication Strategies in Early, Middle and Late Stage Dementia	<ul style="list-style-type: none"> • Verbal communication strategies • Non-Verbal communication strategies 	13 persons
January 26, 2023	Speaker: Sarie Cornwell Organization: Athens County Public Libraries (ACPL)	Technology for All – Electronic Library Resources (e-Resources).	<ul style="list-style-type: none"> • Availability of free electronic resources from the Athens County Public Libraries 	15 persons

Continuation of Appendix Table 37. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2023

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
February 16, 2023	Speakers: Maddy Zarembka and Ben Price Organization: Ohio University Scalia Laboratory for Atmospheric Analysis	A Southeast Ohio Weather Resource: Scalia Laboratory for Atmospheric Analysis	<ul style="list-style-type: none"> Provides free public service on weather forecasts in southeast Ohio Offers hands-on forecasting experience for students 	12 persons
March 16, 2023	Speaker: Julie Torski Organization: Physician Assistant Medical Oncology Athens	Cancer Care Close to Home: An Overview of Treatment Options and Resources	<ul style="list-style-type: none"> Awareness of local treatment options Resources for caregivers of individuals who may be receiving treatment data on Athens County and southeast Ohio cancer rates Awareness on experiences when receiving cancer care-to include survivorship 	7 persons
April 20, 2023	Speaker: Victoria Costa and Sydney Bauer Organization: Ohio University's Student Academy of Audiology Club	The Effects of Hearing Changes as We Age	<ul style="list-style-type: none"> Awareness on hearing testing sites Hearing evaluation procedures Effects of hearing loss on relationships and cognition Research and technological advances Assisted listening devices 	9 persons

Continuation of Appendix Table 37. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2023

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
April 27, 2023	Speaker: Sarie Cornwell Organization: Athens County Public Libraries (ACPL)	Technology for All – Practical Tasks for Phones and Tablets.	<ul style="list-style-type: none"> • iPhone and Tablet settings and notifications, • Accessibility and specific apps to make phones and tablets easier to use 	13 persons
May 18, 2023	Speaker: Bryan Hinkle Organization: Athens-Hocking Mobility Coordinator Hocking Athens Perry Community Action	Traveling Around Athens County	<ul style="list-style-type: none"> • Transportation options, routes and schedule 	7 persons
June 15, 2023	Speaker: Ashley Huber Organization: OhioHealth Neuro Speech Rehabilitation	Cognition and Cognitive Wellness	<ul style="list-style-type: none"> • Overview of types of cognition • Suggestions for cognitive stimulation • Importance of maintaining cognitive wellness 	4 persons

Appendix Table 38. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2024

The Food for Thought program was held either third or fourth Thursday of each month from 2 to 3 PM. The classes were held either hybrid or in-person. In person classes were held at the OhioHealth O'Bleness Hospital located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, OhioHealth UpBEAT held 19 sessions of the “Food for Thought” program and served 179 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
July 20, 2023	Speaker: Ruth Dudding and Amy Lipka Organization: Athens City-County Health Department	Age-Friendly Athens County	<ul style="list-style-type: none"> Efforts to include and give community access to older adults Participation by all age groups makes a better place to live 	9 persons
July 27, 2023	Speaker: Sarie Cornwell Organization: Athens County Public Libraries (ACPL)	Technology for All-Staying Safe Online	<ul style="list-style-type: none"> Password management strategies How to identify scams What to do if you have been the victim of a scam 	12 persons
August 17, 2023	Speaker: Cynthia Ward, LISW-S, MSW Organization: OhioHealth Wellness on Wheels	Mentally Healthy as We Age	<ul style="list-style-type: none"> Overview of mental health for older adults First signs of mental illness First steps to getting treatment for management of mental health 	8 persons
September 21, 2023	Speakers: David Parrot and Maria Pickerill Organization: Ohio Department of Natural Resources, Division of Forestry	What's that Tree Doing There?	<ul style="list-style-type: none"> Tree identification of common local trees How traditional and urban forests benefit people How forests develop How humans and the environment influence trees How to identify certain tree species. 	10 persons

Continuation of Appendix Table 38. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2024

The Food for Thought program was held either third or fourth Thursday of each month from 2 to 3 PM. The classes were held either hybrid or in-person. In person classes were held at the OhioHealth O'Bleness Hospital located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, OhioHealth UpBEAT held 19 sessions of the “Food for Thought” program and served 179 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
October 19, 2023	Speaker: Cody VanMeter Organization: OhioHealth O'Bleness Hospital	UpBEAT 27 th Year Anniversary Celebration	<ul style="list-style-type: none"> Update on new initiatives at O'Bleness Hospital Inspirational message for the year to come in UpBEAT. 	30 persons
October 26, 2023	Speaker: Amy Spouts Organization: Visit Athens County	Things to do in Athens County.	<ul style="list-style-type: none"> Overview of places to explore and events to partake in, in Athens County 	5 persons
November 16, 2023	Speaker: Jennifer Stauffer Organization: OhioHealth	Mindfulness and Self-Compassion as Wellness Tools	<ul style="list-style-type: none"> Introduction to Mindfulness and Self-Compassion Help manage difficulty and challenges we face as well as strengthening the good in our lives. 	8 persons
December 7, 2023	Speaker: Irmagaarde Winner Organization: UpBEAT member	Folklore and Legends from Little Cities of the Black Diamonds	<ul style="list-style-type: none"> Readings from her writing “Folklore and Legends from the Little Cities of Black Diamonds”, an introduction to the colorful history of the region and the people who settled it. 	2 persons

Continuation of Appendix Table 38. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2024

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
December 21, 2023	Speaker: Dr. Julie Suhr Organization: The Ohio State University	To Sleep as a New Vital Sign	<ul style="list-style-type: none"> Importance of sleep is to physical, mental, and cognitive health How sleep changes with age Achieving good sleep 	13 persons
January 18, 2024	Speaker: Lisa Schifferle Organization: Consumer Financial Protection Bureau	Money Smart for Older Adults	<ul style="list-style-type: none"> Protection from tactics by scammers 	9 persons
January 25, 2024	Speaker: Megan Weber Organization: Athens County Public Library	Technology Training Program Updates	<ul style="list-style-type: none"> Upcoming technology programs Assistance with technology devices 	15 persons
February 15, 2024	Speaker: Barbara Nakanishi Organization: OhioHealth	Foods That Promote Optimal Brain Health. Barbara Nakanishi, RDN, LD	<ul style="list-style-type: none"> Promotion of optimal brain health from the Mind-Diet 30-Day Alzheimer's Solution Meal ideas and tips to help increase intake of these nine foods 	18 persons
February 29, 2024	Speaker: Janice Wright Organization: UpBEAT Member	Mental Health First Aid	<ul style="list-style-type: none"> Teachings about Mental Health First Aid How Athens County residents could benefit from Mental Health First Aid 	9 persons

Continuation of Appendix Table 38. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2024

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
March 21, 2024	Speaker: Christy Bork Organization: Pet Peace of Mind	My Pet Placement Plan	<ul style="list-style-type: none"> Pet decision-making process Peace of mind in dealing with pets 	113 persons
March 26, 2024	Speaker: Amy Lipka Organization: Athens City- County Health Department	Age-Friendly Athens County	<ul style="list-style-type: none"> Priorities Activities 	3 persons
April 18, 2024	Speaker: Kari Boyle Organization: Ohio University	The COMCorps Experience Serving Southeast Ohio	<ul style="list-style-type: none"> What is COMCorps Experiences of serving as a COMCorps member 	2 persons
April 25, 2024	Speaker: Megan Weber Organization: Athens County Public Library	Technology and Digital Literacy for All	<ul style="list-style-type: none"> Provision of tailored digital literacy services how library offerings on digital literacy will benefit individuals, families and businesses 	7 persons
May 16, 2024	Speaker: Melissa Dever Organization: Lindley Inn	Making the Transition: When is it Time to Consider Assisted Living?	<ul style="list-style-type: none"> Considering alternative living arrangements Difference between a nursing home facility and assisted living How to prepare financially How to be a caregiver Decision making criteria 	3 persons

Continuation of Appendix Table 38. Summary of “Food for Thought” Program conducted by OhioHealth UpBEAT in Fiscal Year 2024

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
June 20, 2024	Speaker: Terri McKinley Organization: OhioHealth Athens Homecare	Healthy Living for your Brain and Body	<ul style="list-style-type: none">• Healthy lifestyle	5 persons

Appendix Table 39. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2023

The History Group was held on the second Thursday of every month from 2:00 to 3:00 PM. Social interactions are held 3:00 to 3:30 PM. The History Group met virtually or in person. In-person sessions were held at the OhioHealth O'Bleness Hospital located at 55 Hospital Drive, Athens, Ohio 45701. The OhioHealth UpBEAT hosted 11 sessions of the History Club and served 109 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
June 20, 2024	Speaker: Terri McKinley Organization: OhioHealth Athens Homecare	Healthy Living for your Brain and Body	<ul style="list-style-type: none"> • Healthy lifestyle 	5 persons
July 14, 2022	Speaker: George Eberts Organization: Ohio University	The History of our Earth's Moon	<ul style="list-style-type: none"> • Natural history of the moon • Basic knowledge about the moon • Moon's effect on Earth 	9 persons
August 11, 2022	No speaker	Cambridge Glass Company Documentary	<ul style="list-style-type: none"> • Watched the documentary and discussed about the Cambridge Glass Museum 	9 persons
September 8, 2022	Speaker: Alan Day Organization: The International King Midget Car Club	History of the King Midget Car	<ul style="list-style-type: none"> • History of the King Midget Car that was manufactured in Athens, Ohio 	12 persons
October 13, 2022	Speaker: Katherine Owen Organization: Hopewell Culture National Historical Park	Hopewell Culture and Earthworks	<ul style="list-style-type: none"> • Discussed about the Hopewell Culture and Earthworks in southern Ohio 	9 persons
November 10, 2022	Speakers: Tom Redfern and Jessica Dotson Organization: Rural Action	Past and Present Chesterhill Produce Auction	<ul style="list-style-type: none"> • Origin and Successes of the Chesterhill Produce Auction 	15 persons

Continuation of Appendix Table 39. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2023

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
December 8, 2022	Speakers: Keith Wilde Organization: Keith Wilde Murals	Murals of Athens	<ul style="list-style-type: none"> • Various urban mural trails in Athens, Ohio • Hiking opportunities to see and treasure the local urban mural trails 	8 persons
January 12, 2023	Speakers: Dr. Alexander Lovelace Organization: Ohio University	World War II Strategy and the Media	<ul style="list-style-type: none"> • Discussed the influence of the press on strategy and command decisions during World War II 	10 persons
February 9, 2023	Speakers: Patty Mitchell Organization: Passion Works Studio	The History of Passion Works	<ul style="list-style-type: none"> • History of Passion Works Studio • Current projects 	8 persons
March 9, 2023	Speakers: Dr. Yuan Liu Organization: Smithsonian National Museum of Asian Art Docent	Cherry Blossom Tour	<ul style="list-style-type: none"> • Virtual tour of the Cherry Blossoms 	10 persons
April 13, 2023	Speakers: Kaylin Callander Organization: Ohio Department of Natural Resources Lake Hope State Park	Lake Hope State Park: A Blast (Furnace) from the Past	<ul style="list-style-type: none"> • History of the Hope Iron Furnace and Hope Schoolhouse • Historical landmarks at the Lake Hope State Park • History of southeast Ohio's boom and bust coal, iron and railroad industries 	11 persons

Continuation of Appendix Table 39. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2023

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
May 11, 2023	Speaker: Not applicable Organization: Not applicable	No program	<ul style="list-style-type: none"> Attendance of UpBEAT members to Senior Resource Day 	Not applicable
June 8, 2023	Speaker: Roger Osorio Organization: Charles Young Buffalo Soldiers National Monument	25 th Infantry Bicycle Corps	<ul style="list-style-type: none"> 25th Infantry Bicycle Corps experiences in traveling the 2,000-mile landscape from Montana to Missouri 	7 persons

Appendix Table 40. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2024

The History Group was held second Thursday of every month with social opportunity following the program. The History Group sessions were held virtually. In Fiscal Year 2024, there were 12 sessions held and served 115 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
July 13, 2023	Speaker: Bob Gable Organization: Ohio Department of Natural Resources Scenic Rivers Program Manager	Ohio Scenic Rivers Program	<ul style="list-style-type: none"> Overview of Ohio's history and origin 	Cancelled due to low participation
August 10, 2023	Speaker: Badger Johnson Andrea Miller Organization: Rural Action	The Importance of Native Plants	<ul style="list-style-type: none"> Importance of native plants and humans as parts of the ecosystem 	7 persons
September 14, 2023	Speaker: Andrew Tremayne Organization: Wayne National Forest	Black History and the Underground Railroad Sites	<ul style="list-style-type: none"> Underground railroad focused on the area of the Wayne National Forest 	12 persons
October 12, 2023	Speaker: Teresa Caldwell Organization: Athens Soil and Water Conservation District	A Brief History of the Conservation Movement in Ohio	<ul style="list-style-type: none"> History of Ohio's natural resources 	7 persons
November 9, 2023	Speaker: Andy Nash and Tyler Norris Organization: Ohio Department of Natural Resources (ODNR) Ohio Geological Survey	The Geology of Ohio Through History	<ul style="list-style-type: none"> Review of Ohio's geology as a whole and on geologic features located around Athens, Ohio. 	22 persons

Continuation of Appendix Table 40. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2024

The History Group was held second Thursday of every month with social opportunity following the program. The History Group sessions were held virtually. In Fiscal Year 2024, there were 12 sessions held and served 115 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
December 14, 2023	Speaker: Dr. Jeff Gundy Organization: Bluflon University	Wind Farms and Other Everyday Mysteries	<ul style="list-style-type: none"> Storytelling and sharing of images from Jeff Gundy's travels. research and imaginations 	5 persons
January 11, 2024	Speaker: Erin Wilson Organization: Ohio University Alden Library	Marks of Time: Preserving and Adapting the Work of Local Historian W. E. Peters.	<ul style="list-style-type: none"> W.E. Peters Collection at the Ohio University Library Digitization, transcription, development of interactive map 	9 persons
February 8, 2024	Speakers: Bill Kimok and Mahn Center Team Organization: Ohio University	Exploring the Mahn Center for Archives and Special Collections	<ul style="list-style-type: none"> Treasures from The Robert E. and Jean R. Mahn Center for Archives and Special Collections. Mission of The Mahn Center's mission Preservation of cultural heritage. 	9 persons
March 28, 2024	Speaker: Tom O'Grady Organization: Southeast Ohio History Center	Not Since Tecumseh: Darkness at Midday Over the Ohio Country	<ul style="list-style-type: none"> Total Eclipse of the Sun on April 8, 2024 Historical presentation on the upcoming total eclipse 	22 persons

Continuation of Appendix Table 40. Summary of “History Group” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2024

The History Group was held second Thursday of every month with social opportunity following the program. The History Group sessions were held virtually. In Fiscal Year 2024, there were 12 sessions held and served 115 persons.

Date	Name of Speaker and Organization Represented	Topic of Speakership	Description of Speakership	Number of Persons Served
April 11, 2024	Speaker: Molly Hunt Organization: Ohio Department of Natural Resources	Ice Age Megafauna	<ul style="list-style-type: none"> Geologic forces that shaped Ohio Animals who lived from 2.6 million years until 11,700 years ago 	10 persons
May 15, 2024	Speaker: Bill Kimok and Mahn Center Team Organization: Ohio University	Tour the Treasures from The Robert E. and Jean R. Mahn Center for Archives and Special Collections	<ul style="list-style-type: none"> Virtual tour of the rare book vault and storage for archival and manuscript collections Materials from Ohio University Archives, Rare Books, Manuscript Collections Documentary Photography Archive 	3 persons
June 13, 2024	Speaker: Jailei Maas & Emily Van Meter Organization: Kennedy Museum of Art, Ohio University	Onsite visit with tour of Kennedy Museum of Art	<ul style="list-style-type: none"> Exhibitions Collections 	8 persons

Appendix Table 41. Summary of “Book Club” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2023

The Book Club is held second Monday of every month at 10 AM to 11 AM. Members whose suggested books for the month led the book club in lively discussion. The UpBEAT Coordinator also serves as substitute facilitator on as needed basis. In Fiscal Year 2023, UpBEAT held 10 sessions of the Book Club and served 29 persons.

Date	Facilitators	Book Title and Author	Focus of Discussion	Number of Persons Served
July 11, 2022	UpBEAT member and OhioHealth Coordinator	Book Title: Educated Author: Tara Westover	Family, faith, and the pursuit of knowledge	Cancelled
August 8, 2022	UpBEAT member and OhioHealth Coordinator	Book Title: Vesper Flights Author: Helen Macdonald	Human impact on natural environment	Cancelled
September 12, 2022	UpBEAT member and OhioHealth Coordinator	Book Title: The Dutch House Author: Ann Patchett	Inheritance, love and forgiveness	3 persons
October 10, 2022	UpBEAT member and OhioHealth Coordinator	Book Title: I Contain Multitudes Author: Ed Yong	How bacteria live and cohabitate in the human body	3 persons
November 14, 2022	UpBEAT member and OhioHealth Coordinator	Book Title: LaRose Author: Louise Erdrich	Native American culture	2 persons
December 12, 2022	UpBEAT members and OhioHealth Coordinator	Planning for the UpBEAT Book Club activities for Calendar Year 2023	Selection of books for the month and assignment of facilitators	4 persons
January 9, 2023	UpBEAT member and OhioHealth Coordinator	Book Title: Mrs. Dalloway Author: Virginia Woolf	Inter-war social structure and relationships in London, England	3 persons
February 13, 2023	UpBEAT member and OhioHealth Coordinator	Book Title: The Miracle and Tragedy of the Dionne Quintuplets Author: Sarah Miller	Survival despite challenges	4 persons

Continuation of Appendix Table 41. Summary of “Book Club” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2023

Date	Facilitators	Book Title and Author	Focus of Discussion	Number of Persons Served
March 13, 2023	UpBEAT member and Coordinator	Book Title: Hag Seed Author: Margaret Atwood	Retelling of Shakespeare's Tempest about magic and illusion	2 persons
April 10, 2023	UpBEAT member and Coordinator	Book Title: My Reading Life Author: by Pat Conroy	Role of books in serenity and solace and inspiration	4 persons
May 8, 2023	UpBEAT member and Coordinator	Book Title: Uprising Author: Margaret Peterson Haddix	New York fire that killed hundreds of immigrants	1 person
June 12, 2023	UpBEAT member and Coordinator	Book Title: Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President Author: Candice Millard	Life and assassination of a President	3 persons

Appendix Table 42. Summary of “Book Club” activities that were provided by OhioHealth UpBEAT in Fiscal Year 2024

The Book Club is held second Monday of every month at 10 AM to 11 AM. Members whose suggested books for the month led the book club in lively discussion. The UpBEAT Coordinator also serves as substitute facilitator on as needed basis. In Fiscal Year 2023, UpBEAT held 3 sessions of the Book Club and served 6 persons. Due to low attendance, the Book Club was discontinued after the September 11, 2023 session.

Date	Facilitators	Book Title and Author	Focus of Discussion	Number of Persons Served
July 10, 2023	UpBEAT members; Caitlin Bond, OhioHealth O'Bleness Hospital	Book Title: Late Migrations Author: Margaret Renki	Essays of Natural History of Love and Loss	3 persons
August 14, 2023	UpBEAT members; Mary Jane Timmons, OhioHealth O'Bleness Hospital	Not applicable	Book Club Planning Meeting	2 persons
September 11, 2023	UpBEAT members; Mary Jane Timmons, OhioHealth O'Bleness Hospital	Book Title: Small Wonder Author: Barbara Kingsolver	Environment and Social justice	1 person

Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

The UpBEAT exercise classes were held at the United Seniors of Athens County that is located at 701 E State St, Athens, OH 45701. The Exercise class is held every Tuesday at 10 AM to 11 AM in a hybrid format. In person class held at United Seniors of Athens County. An occasional class was held virtually or in person only when unforeseen circumstances presented. In person programs held at United Seniors of Athens County. The one-hour, Arthritis Foundation Exercise Program (AFEP) is low-impact movements intended for a target audience of adults with arthritis of all activity levels. AFEP is taught by an UpBEAT exercise leader, who has completed required trainings. Participants are encouraged to “listen to their bodies” and perform each exercise to match their ability. For more information about the AFEP please visit: <https://aeawave.org/Arthritis/Arthritis-Foundation-Programs>. Classes are free to anyone age 55 and older. In Fiscal Year 2023, UpBEAT held a total of 51 exercise sessions and served 490 persons.

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
July 5, 2022	Caitlin Bond, OhioHealth	Virtual	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	3 persons
July 12, 2022	Caitlin Bond, OhioHealth	Virtual	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	4 persons
July 19, 2022	Caitlin Bond, OhioHealth	Virtual	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	5 persons
July 26, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	8 persons
August 2, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	8 persons
August 9, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
August 16, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	8 persons

Continuation of Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
August 23, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated & standing exercise program	9 persons
August 30, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	11 persons
September 6, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	10 persons
September 13, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
September 27, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	12 persons
October 4, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	11 persons
October 11, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	10 persons
October 18, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
October 25, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	10 persons
November 1, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	7 persons

Continuation of Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
November 8, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	5 persons
November 15, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	8 persons
November 22, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	5 persons
November 29, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
December 6, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
December 13, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	9 persons
December 20, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	7 persons
December 27, 2022	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	7 persons
January 3, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	8 persons
January 10, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	12 persons

Continuation of Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
January 17, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	13 persons
January 24, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	12 persons
January 31, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	7 persons
February 7, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	13 persons
February 14, 2023	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	11 persons
February 21, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
February 28, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	9 persons
March 7, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
March 14, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
March 21, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons

Continuation of Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
March 28, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	9 persons
April 4, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
April 11, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
April 18, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
April 25, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
May 2, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
May 9, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
May 16, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	14 persons
May 23, 2023	Mary Jane Timmons, OhioHealth	Virtual only	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	6 persons
May 30, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	14 persons

Continuation of Appendix Table 43. Summary of exercise classes led by OhioHealth UpBEAT in Fiscal Year 2023

Date of Exercise Session	Facilitator	Location (In-Person Address; Virtual)	Type of Exercise	Purpose of Exercise	Persons Served
June 6, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	15 persons
June 13, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	16 persons
June 20, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons
June 27, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons

Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

The Exercise class is held every Tuesday at 10 AM to 11 AM in a hybrid format. In person class held at United Seniors of Athens County located at 701 E State St, Athens, OH 45701. An occasional class was held virtually or in person only when unforeseen circumstances presented. In person programs held at United Seniors of Athens County, at location address, 701 East State Street, Athens, OH 45701. The one-hour, Arthritis Foundation Exercise Program (AFEP) is low-impact movements intended for a target audience of adults with arthritis of all activity levels. AFEP is taught by an UpBEAT exercise leader, who has completed required trainings. Participants are encouraged to "listen to their bodies" and perform each exercise to match their ability. For more information about the AFEP please visit: <https://aeawave.org/Arthritis/Arthritis-Foundation-Programs>. Classes are free to anyone age 55 and older. In Fiscal Year 2024, UpBEAT in partnership with United Seniors of Athens County held a total of 49 exercise sessions and served 515 persons.

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
July 11, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons
July 18, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
July 25, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	9 persons
August 1, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
August 8, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	7 persons
August 15, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons

Continuation of Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
August 22, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
August 29, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	15 persons
September 5, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
September 12, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons
September 19, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
September 26, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
October 3, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
October 10, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	16 persons
October 17, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons

Continuation of Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
October 24, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	14 persons
October 31, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
November 7, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
November 14, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	15 persons
November 21, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
November 28, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	14 persons
December 5, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
December 12, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons
December 19, 2023	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	9 persons

Continuation of Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
January 9, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
January 16, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	5 persons
January 23, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
January 30, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	15 persons
February 6, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
February 13, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
February 20, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	6 persons
February 27, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons

Continuation of Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
March 5, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
March 12, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	11 persons
March 19, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	12 persons
March 26, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
April 2, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
April 9, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	7 persons
April 16, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	13 persons
April 23, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
April 30, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons

Continuation of Appendix Table 44. Summary of exercise classes led by OhioHealth UpBEAT at the United Seniors of Athens County in Fiscal Year 2024

Date of Exercise Session	Facilitator	Location (In-Person Site; Virtual)	Type of Exercise (Endurance, Strength, Balance, Flexibility)	Purpose of Exercise	Persons Served
May 7, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
May 14, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	7 persons
May 21, 2024	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	7 persons
May 28, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	7 persons
June 4, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	8 persons
June 11, 2024	Caitlin Bond, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Arthritis Foundation Exercise Program, seated and standing exercise program	4 persons
June 18, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons
June 25, 2024	Mary Jane Timmons, OhioHealth	Virtual/United Seniors of Athens County	Endurance, Strength, Balance, Flexibility	Gentle on the Joints, seated and standing exercise program	10 persons

Appendix Table 45. Summary of “Nutrition As We Age” and “Discovery Kitchen” Offered by UpBEAT in Fiscal Year 2024

The Nutrition as we Age was piloted on April 3, 2024. The Discovery Kitchen Workshop was funded through a grant and offered in May and June 2024.

Date	Facilitators	Topic	Focus of Discussion	Number of Persons Served
April 3, 2024	<ul style="list-style-type: none"> Jana Hovland Senior Students of Ohio University Nutrition Counseling Practicum course 	Nutrition As We Age: Food Demo and Nutrition Bite	<ul style="list-style-type: none"> Food demonstration and education Handouts 	1 person
May 29, 2024	<ul style="list-style-type: none"> UpBEAT Team Community Food Initiatives United Seniors of Athens County Team 	Discovery Kitchen Workshop	<ul style="list-style-type: none"> Cooking demonstration Trying recipes Box of ingredients to take home. Ingredients home-grown in Appalachian Ohio 	12 persons

Appendix Table 45. Summary of “Nutrition As We Age” and “Discovery Kitchen” Offered by UpBEAT in Fiscal Year 2024

Date	Facilitators	Topic	Focus of Discussion	Number of Persons Served
June 26, 2024	<ul style="list-style-type: none"> UpBEAT Team Community Food Initiatives United Seniors of Athens County Team 	Discovery Kitchen Workshop	<ul style="list-style-type: none"> Specific needs and interests that are common among older adults Cooking for small households Boosting the nutrition in convenience foods Knowledge and use of locally grown, seasonal produce 	15 persons

Appendix Table 46. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2023

The OhioHealth UpBEAT Team created 12 monthly newsletters (in paper and electronically) to at least 800 patrons in Athens County and southeastern Ohio.

Date	Creators	Topics	Persons served
July 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> How to connect using Microsoft Teams UpBEAT Exercise Class Member Profile UpBEAT programming 	791 persons
August 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> The OhioHealth Cancer Walk/Run club Member Profile UpBEAT programming 	793 persons
September 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> Past 6 months UpBEAT Recap Community Health Worker Program Resources; Local Resources for Falls Prevention; UpBEAT Programming 	799 persons
October 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> OhioHealth Arts Collaborative What's "Appening:" Self-Care Apps Worth Trying UpBEAT Programming 	801 persons

Continuation of Appendix Table 46. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2023

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
November 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Open Enrollment/Ohio Senior Health Insurance Information Program (OSHIIIP) Services • 5 Ohio-Grown Fruits and Vegetables For Late Fall • UpBEAT Programming 	804 persons
December 2022	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Winter Weather Policy • The Dempsey Family Education and Resource Center Resource Information • 7 Tips to Keep Skin Healthy • UpBEAT Programming 	807 persons
January 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Winter Weather Policy; • The Exercises that Keep Us Moving • UpBEAT Programming 	807 persons
February 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Winter Weather Policy • Past 6 months UpBEAT Recap • Everything You Need to Know About Preventing and Caring for The Flu • UpBEAT Programming 	808 persons

Continuation of Appendix Table 46. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2023

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
March 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Winter Weather Policy • Changes in UpBEAT • Resources Abound at the Athens County Public Libraries • UpBEAT Programming 	809 persons
April 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Winter Weather Policy • Interim Program Coordinator Introduction • Local Resources to Support Diabetes Management • UpBEAT Programming 	712 persons
May 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Athens County Senior Resource Day • Kennedy Museum of Art and Alzheimer's Association partnership program offered to community • Who's Who at Your Doctor's Office? • UpBEAT Programming 	814 persons
June 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Virtually connecting to UpBEAT programs via Microsoft Teams • Pro Seniors Free Services for 60 years of age and older Ohio residents • Who's Who at Your Doctor's Office • UpBEAT Programming 	816 persons

Appendix Table 47. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2024

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
July 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> How to connect using Microsoft Teams Age Friendly Athens County Urgent Care and Emergency Department: What's the Difference? UpBEAT programming 	559 persons
August 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> How to connect using Microsoft Teams Hot Weather Safety UpBEAT Webpage UpBEAT programming 	685 persons
September.2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> How to connect using Microsoft Teams ENGAGE Small Steps to Diabetes Management and Control Decision Making: Surgery UpBEAT programming 	685 persons
October.2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> How to connect using Microsoft Teams Ohio Senior Health Insurance Information Program (OSHIIP) Services UpBEAT programming 	688 persons

Continuation of Appendix Table 47. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2024

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
November 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • How to connect using Microsoft Teams • Everything You Need to Know About Preventing • and Caring for The Flu • National Caregivers Month • UpBEAT Programming 	715 persons
December 2023	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • How to connect using Microsoft Teams • 3 Healthy Substitutes to Use in Your Holiday Baking • UpBEAT Programming 	714 persons
January 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • How to connect using Microsoft Teams • ENGAGE Small Steps to Diabetes Management • and Control • Glaucoma Awareness Month • Nutrition as We Age • UpBEAT Programming 	714 persons

Continuation of Appendix Table 47. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2024

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
February 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • How to connect using Microsoft Teams • Heart Health Month • Nutrition As We Age-recipe and protein • UpBEAT Programming 	714 persons
March 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • OhioHealth Dempsey Family • Education and Resource Center; Music Therapy; • National Colorectal Cancer Awareness Month • Exercise • Nutrition as We Age • National Nutrition Month • UpBEAT Programming 	716 persons
April 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> • Athens County Public Libraries – Updates for UpBEAT in • Technology and Digital Literacy • World Health Day • Parkinson's Awareness Day • Exercise • Nutrition as We Age-Food Synergy • UpBEAT Programming 	711 persons

Continuation of Appendix Table 47. Summary of focus areas of UpBEAT newsletters sent to members and community in Fiscal Year 2024

Date of Newsletter Release	Newsletter Creators	Newsletter Topics	Persons served
May 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> Discovery Kitchen Workshops Older American Month National Strokes Awareness Month Exercise Nutrition as We Age-Taste Changes UpBEAT Programming 	605 persons
June 2024	OhioHealth UpBEAT Team	<ul style="list-style-type: none"> Age Friendly Athens County Alzheimer's Awareness National Men's Health Month Exercise Nutrition as We Age-Hydration for Wellness UpBEAT Programming 	603 persons

AC – 2. OhioHealth Cancer Screening, Health Education and Outreach

OhioHealth O'Bleness Hospital will continue to offer various cancer screenings, health education, and other cancer outreach programs and services in Athens county and southeast Ohio. OhioHealth O'Bleness Hospital will also collaborate with Ohio University Heritage College of Osteopathic Medicine in providing free women's cancer screenings. Examples of these programs and services include:

AC – 2.1. Lung Cancer Screening and Prevention Education — OhioHealth O'Bleness Hospital will continue to screen patients for lung cancer using low dose computed tomography (LDCT). Patients to be screened belong to the following inclusion criteria: (a) have a 20-pack year smoking history, which means that the patient smoked 1 pack a day for 20 years or two packs a day for 10 years, and (b) currently smokes or have quit within the past 15 years, and (c) between 50 and 80 years old (U.S. Department of Health and Human Services, 2021). Patients who were identified to have lung nodules will be provided with follow-up tests, support, and guidance.

AC – 2.2. Skin Cancer Screening and Prevention Education — OhioHealth O'Bleness Hospital will continue to offer free skin cancer screenings. Participants call CancerCall at (614) 566.4321 or 1 (800) 752.9119 to schedule a skin cancer screening from the OhioHealth Dermatology outpatient clinics. After the screening, the patients will be given a report that summarizes areas of concern and whether a follow-up will be needed. The patients are educated about the following strategies to prevent skin cancer. Patients are given a skin screening shower card, provided by OhioHealth on how to do a skin self-exam. This card also explains the use of sunscreen and its purpose for preventing skin cancer.

AC – 2.3. OhioHealth and Ohio University Collaborations – Free Women's Cancer Screenings and Breast Health Education — OhioHealth and Ohio University collaborates in offering free women's cancer screening and breast health education at the Heritage Community Clinic, located at 16 West Green Drive, Athens, Ohio 45701. The Ohio University Heritage College of Osteopathic Medicine offers women, regardless of insurance status, with free Pap tests, pelvic and clinical breast exams, breast health education and navigation. Stationed at the Heritage Community Clinic site, the OhioHealth O'Bleness Hospital's Mobile Mammography Unit provides same-day mammograms to women regardless of insurance status, as part of the collaborative services offered (Ohio University, 2021).

AC – 2.4. OhioHealth O'Bleness Hospital Mobile and Hospital-Based Mammography Services — Continue to provide access to breast cancer screening services through the OhioHealth O'Bleness Hospital Mobile Mammography program and hospital-based mammography services. The OhioHealth O'Bleness Hospital serves Athens County, Ohio and Appalachian Ohio region. The OhioHealth Mammography Unit provides breast cancer screening services at Athens County, Gallia County, Guernsey County, Hocking County, Jackson County, Meigs County, Monroe County, Morgan County, Muskingum County, Noble County, Perry County, Ross County, Vinton County, and Washington County.

OhioHealth O'Bleness Hospital's Fiscal Years 2023-2025 Impacts Related to OhioHealth Cancer Screening, Health Education and Outreach (AC – 2)

Appendix Tables 48 to 49 to summarizes the cancer screenings that were completed at the OhioHealth O'Bleness Hospital during Fiscal Years 2023 and 2024.

Appendix Table 48. Summary of lung, breast, skin, colorectal and other cancer screenings that were conducted at OhioHealth O'Bleness Hospital in Fiscal Year 2023

Type of Cancer Screening	Number of Patients Screened in Fiscal Year 2023	Number and Percent of Patients Served from Athens County	Number and Percent of Patients Served from other Ohio and United States Counties	Number and Percent of Patients Served with Unknown County Location
Breast Cancer Screening	6,600 patients	4,282 patients (64.9%)	1,740 patients (26.4%)	578 patients (8.8%)
Colorectal Cancer Screening	3,296 patients	2,068 patients (62.7%)	812 patients (24.6%)	416 patients (12.6%)
Cervical Cancer Screening	1,955 patients	1,173 patients (60%)	531 patients (27.2%)	251 patients (12.8%)
Prostate Cancer Screening	1,661 patients	952 patients (57.3%)	383 patients (23.1%)	326 patients (19.6%)
Lung Cancer Screening	632 patients	415 patients (65.7%)	205 patients (32.4%)	12 patients (1.9%)
Skin Cancer Screening	41 patients	28 patients (68.3%)	4 patients (9.8%)	9 patients (22%)
Vaginal Cancer Screening	3 patients	2 patient (66.7%)	1 patient (33.3%)	0 patient (0%)
Bladder Cancer Screening	2 patients	0 patient (0%)	2 patients (100%)	0 patient (0%)
Ovarian Cancer Screening	1 patient	1 patient (100%)	0 patient (0%)	0 patient (0%)

Appendix Table 49. Summary of lung, breast, skin, colorectal and other cancer screenings that were conducted at OhioHealth O'Bleness Hospital in Fiscal Year 2024

Type of Cancer Screening	Number of Patients Screened in Fiscal Year 2024	Number and Percent of Patients from Athens County in Fiscal Year 2024	Number and Percent of Patients from other Ohio and United States Counties in Fiscal Year 2024	Number and Percent of Patients Served with Unknown County Location
Breast Cancer Screening	6,662 patients	4,285 patients (64.3%)	1,739 patients (26.1%)	638 patients (9.6%)
Colorectal Cancer Screening	3,493 patients	2,071 patients (59.3%)	897 patients (25.7%)	25 patients (15%)
Cervical Cancer Screening	1,866 patients	1,098 patients (58.8%)	521 patients (27.9%)	247 patients (13.2%)
Prostate Cancer Screening	1,744 patients	994 patients (57%)	393 patients (22.5%)	357 patients (20.5%)
Lung Cancer Screening	728 patients	466 patients (64%)	230 patients (31.6%)	32 patients (4.4%)
Skin Cancer Screening	81 patients	53 patients (65.4%)	3 patients (3.7%)	25 patients (30.9%)
Vaginal Cancer Screening	4 patients	4 patients (100%)	0 patient (0%)	0 patient (0%)
Bladder Cancer Screening	2 patients	1 patient (50%)	1 patient (50%)	0 patient (0%)
Ovarian Cancer Screening	0 patient	0 patient (0%)	0 patient (0%)	0 patient (0%)

AC – 3. Partnership and contract with Hocking-Athens-Perry Community Action (HAPCAP) Transportation Services — OhioHealth O'Bleness Hospital and OhioHealth Foundation will continue to partner with HAPCAP to provide transportation to patients for their medical appointments. HAPCAP's Transportation Division provides the services of Athens On Demand Transit to OhioHealth O'Bleness Hospital patients. The Athens On Demand Transit is an accessible and affordable door-to-door transportation service in Athens County (HAPCAP, 2021).

OhioHealth O'Bleness Hospital impacts in Fiscal Years 2023 to 2025 Related to Partnerships with Hocking Athens Putnam Community Action (HAPCAP) (AC – 3)

Appendix Tables 50 to 81 summarizes patients from O'Bleness Hospital, Emergency Department, O'Bleness Family Medicine and OhioHealth Physician Group Primary Care Racine who were assessed for social determinants of health, such as food insecurity, housing, transportation and financial insecurity. Patients were assessed for additional aspects of social determinants of health but not presented in this report. Patients from other OhioHealth Physician Group (OPG) clinics were also assessed for social determinants of health needs but not included in this report.

Appendix Table 50. Summary of food insecurity among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2023

In Fiscal Year 2023, O'Bleness Hospital admitted 4,206 patients. Food insecurity as a social determinants of health was assessed among 991 patients. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

	Count of Admitted Patients Assessed for Food Insecurity	Percent of Admitted Patients Assessed for Food Insecurity (N=991 patients)
No Food Insecurity	910 patients	91.80%
Food Insecurity Present	51 patients	5.1%
Patient Declined	20 patients	2%
Patient Unable To Answer	10 patients	1%

Appendix Table 51. Summary of food insecurity among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2024

In Fiscal Year 2024, O'Bleness Hospital admitted 3,918 patients. Total of 2,214 patients were assessed for food insecurity. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

	Count of Admitted Patients Assessed for Food Insecurity	Percent of Admitted Patients Assessed for Food Insecurity (N=2,214 patients)
No Food Insecurity	1,994 patients	90.1%
Food Insecurity Present	123 patients	5.6%
Patient Declined	60 patients	2.7%
Patient Unable to Answer	37 patients	1.7%

Appendix Table 52. Summary of housing stability among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2023

In Fiscal Year 2023, O'Bleness Hospital admitted 4,206 patients. Total of 464 patients were assessed for housing stability. Patients who self-reported housing stability challenges were referred to HAPCAP or provided with community resources.

Patient Answers	Count of Admitted Patients Assessed for Housing Needs (N=484 patients)	Percent of Admitted Patients Assessed for Housing Needs (N=464 patients)
Low Risk for Housing Instability	426 patients	91.8%
High risk for Housing instability	36 patients	8.2%

Appendix Table 53. Summary of housing stability among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2024

In Fiscal Year 2023, O'Bleness Hospital admitted 4,206 patients. Total of 1,636 patients were assessed for housing stability. Patients who self-reported housing stability challenges were referred to HAPCAP or provided with community resources.

Patient Answers	Count of Admitted Patients Assessed for Housing Needs	Percent of Admitted Patients Assessed for Housing Needs (N= 1,636 patients)
Low risk for Housing Instability	1,524 patients	93.2%
High Risk for Housing Instability	112 patients	6.8%

Appendix Table 54. Summary of transportation needs among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2023

In Fiscal Year 2023, O'Bleness Hospital admitted 4,206 patients. Total of 643 patients were assessed for transportation needs. Patients who self-reported transportation need were referred to HAPCAP and other pertinent government and nonprofit organizations or provided with community resources.

Patient Answers	Count of Admitted Patients Assessed for Transportation Needs	Percent of Admitted Patients Assessed for Transportation Needs (N=643 patients)
No Transportation Needs	906	93.40%
Unmet Transportation Needs	35	3.61%
Patient Declined	21	2.16%
Patient Unable To Answer	8	0.82%

Appendix Table 55. Summary of transportation needs among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2024

In Fiscal Year 2023, O'Bleness Hospital admitted 3,918 patients. Total of 2,205 patients were assessed for transportation needs. Patients who self-reported transportation need were referred to HAPCAP and other pertinent government and nonprofit organizations or provided with community resources.

Patient Answers	Count of Admitted Patients Assessed for Transportation Needs (N=2,205 patients)	Percent of Admitted Patients Assessed for Transportation Needs (N=2,205 patients)
No Transportation Needs	1,979 patients	89.8%
Unmet Transportation Needs	119 patients	5.4%
Patient Declined	69 patients	3.1%
Patient Unable to Answer	38 patients	1.7%

Appendix Table 56. Summary of financial resource strain among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2023

In Fiscal Year 2023, O'Bleness Hospital admitted 4,206 patients. Total of 627 patients were assessed for financial resource strain. Patients who self-reported financial insecurity challenges were referred to HAPCAP and other pertinent government and nonprofit organizations, or provided with community resources.

Patient Answers related to Financial Resource Strain	Count of Admitted Patients Assessed for Finance Resource Strain	Percent of Admitted Patients Assessed for Finance Resource Strain (N=627 patients)
Low Risk for Financial Resource Strain	581 patients	92.7%
Medium Risk for Financial Resource Strain	33 patients	5.3%
High Risk for Financial Resource Strain	10 patients	1.6%
Patient Declined	2 patients	0.32%
Patient Unable To Answer	1 patient	0.16%

Appendix Table 57. Summary of financial resource strain among OhioHealth O'Bleness Hospital patients who were admitted in Fiscal Year 2024

In Fiscal Year 2024, O'Bleness Hospital admitted 3,918 patients. Total of 862 patients were assessed for financial security strain. Patients who self-reported housing stability challenges were referred to HAPCAP and other pertinent government and nonprofit organizations, or provided with community resources.

Patient Answers related to Financial Resource Strain	Count of Admitted Patients Assessed for Housing Needs	Percent of Admitted Patients Assessed for Housing Needs (N=862 patients)
Low Risk for Financial Resource Strain	765 patients	88.7%
Medium Risk for Financial Resource Strain	69 patients	8%
High Risk for Financial Resource Strain	17 patients	2%
Patient Declined	8 patients	0.93%
Patient Unable To Answer	3 patient	0.35%

Appendix Table 58. Summary of food insecurity among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth O'Bleness Hospital Emergency Department served 16,829 patients. Total of 2,466 patients were assessed for food insecurity. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Food Insecurity	Count of Admitted Patients Assessed for Food Insecurity	Percent of Admitted Patients Assessed for Food Insecurity (N=2,466 patients)
No Food Insecurity	2,234 patients	90.6%
Food Insecurity Present	150 patients	6.1%
Patient Declined	58 patients	2.4%
Patient Unable To Answer	24 patients	0.97%

Appendix Table 59. Summary of food insecurity among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2024

For Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 16,523 patients. Total of 3,436 patients were assessed for food insecurity. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

	Count of Admitted Patients Assessed for Food Insecurity	Percent of Admitted Patients Assessed for Food Insecurity (N=3,436 patients)
No Food Insecurity	3,094 patients	90%
Food Insecurity Present	200 patients	5.8%
Patient Declined	96 patients	2.8%
Patient Unable To Answer	46 patients	1.3%

Appendix Table 60. Summary of housing stability among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2023

For Fiscal Year 2023, the OhioHealth O'Bleness Hospital Emergency Department served 16,829 patients. Total of 1,038 patients were assessed for housing insecurity. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Housing Stability	Count of Admitted Patients Assessed for Housing Needs	Percent of Admitted Patients Assessed for Housing Needs (N= 1,038 patients)
Low risk for Housing Instability	932 patients	89.8%
High Risk for Housing Instability	106 patients	10.2%

Appendix Table 61. Summary of housing stability among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2024

For Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 16,523 patients. Total of 1,872 patients were assessed for housing stability. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Housing Stability	Count of Admitted Patients Assessed for Housing Needs	Percent of Admitted Patients Assessed for Housing Needs (N= 1,872 patients)
Low risk for Housing Instability	1,717 patients	91.7%
High Risk for Housing Instability	155 patients	8.3%

Appendix Table 62. Summary of transportation needs among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2023

For Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 16,829 patients. Total of 2,461 patients were assessed for housing stability. Patients who self-reported food insecurity challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Transportation Needs	Count of Admitted Patients Assessed for Transportation Needs	Percent of Admitted Patients Assessed for Transportation Needs (N= 2,461 patients)
No Transportation Needs	2,252 patients	91.5%
Unmet Transportation Needs	126 patients	5.1%
Patient Declined	59 patients	2.4%
Patient Unable To Answer	24 patients	0.98%

Appendix Table 63. Summary of transportation needs among OhioHealth O'Bleness Hospital Emergency Department patients who were served in Fiscal Year 2024

For Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 16,523 patients. Total of 3,446 patients were assessed for transportation needs. Patients who self-reported transportation challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Transportation Needs	Count of Admitted Patients Assessed for Transportation Needs	Percent of Admitted Patients Assessed for Transportation Needs (N= 3,446 patients)
No Transportation Needs	3,113 patients	90.3%
Unmet Transportation Needs	168 patients	4.9%
Patient Declined	104 patients	3%
Patient Unable To Answer	46 patients	1.3%

Appendix Table 64. Summary of financial resource strain among OhioHealth O'Bleness Hospital Emergency Department patients who were admitted in Fiscal Year 2023

For Fiscal Year 2023, the OhioHealth O'Bleness Hospital Emergency Department served 16,829 patients. Total of 1,636 patients were assessed for financial insecurity needs. Patients who self-reported transportation challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Financial Resource Strain	Count of Admitted Patients Assessed for Financial Resource Strain	Percent of Admitted Patients Assessed for Financial Resource Strain (N=1,636 patients)
Low Risk for Financial Resource Strain	1,460 patients	89.2%
Medium Risk for Financial Resource Strain	107 patients	6.5%
High Risk for Financial Resource Strain	44 patients	2.7%
Patient Declined	25 patients	1.5%

Appendix Table 65. Summary of financial resource strain among OhioHealth O'Bleness Hospital Emergency Department patients who were admitted in Fiscal Year 2024

For Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 16,523 patients. Total of 1,862 patients were assessed for transportation needs. Patients who self-reported transportation challenges were referred to HAPCAP, Southeast Ohio Food Bank, food pantries, and farmer's markets.

Patient Answers related to Financial Resource Strain	Count of Admitted Patients Assessed for Housing Needs (N	Percent of Admitted Patients Assessed for Housing Needs (N=1,862 patients)
Low Risk for Financial Resource Strain	1,667 patients	89.5%
Medium Risk for Financial Resource Strain	122 patients	6.6%
High Risk for Financial Resource Strain	44 patients	2.4%
Patient Declined	26 patients	1.4%
Patient Unable To Answer	3 patients	0.16%

Appendix Table 66. Summary of food insecurity among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2023

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine served 2,333 patients and recorded 7,679 completed visits. The healthcare team screened 228 patients for food insecurity.

Patient Answers related to Food Insecurity	Count of Patients Assessed for Food Insecurity Needs	Percent of Patients Assessed for Food Insecurity Needs (N= 228 patients)
No Food Insecurity	191 patients	83.8%
Food Insecurity Present	25 patients	11%
Patient Declined	9 patients	3.9%
Patient Unable To Answer	3 patients	1.3%

Appendix Table 67. Summary of food insecurity among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2024

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine served 2,214 patients and recorded 7,179 completed visits. The healthcare team screened 284 patients for food insecurity.

Patient Answers related to Food Insecurity	Count of Patients Assessed for Food Insecurity Needs	Percent of Patients Assessed for Food Insecurity Needs (N= 284 patients)
No Food Insecurity	249 patients	87.7%
Food Insecurity Present	31 patients	10.9%
Patient Declined	2 patients	0.7%
Patient Unable To Answer	2 patients	0.7%

Appendix Table 68. Summary of housing stability among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine served 2,333 patients and recorded 7,679 completed visits. The healthcare team screened 136 patients for housing needs.

Patient Answers Related to Housing Stability	Count of Patients Assessed for Housing Stability	Percent of Patients Assessed for Housing Stability (N=136 patients)
Low Risk for Housing Instability	122 patients	89.7%%
High Risk for Housing Instability	14 patients	10.3%

Appendix Table 69. Summary of housing stability among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine served 2,214 patients and recorded 7,179 completed visits. The healthcare team screened 191 patients for housing needs.

Patient Answers Related to Housing Stability	Count of Patients Assessed for Housing Stability	Percent of Patients Assessed for Housing Stability (N=191 patients)
Low Risk for Housing Instability	169 patients	88.5%
High Risk for Housing Instability	22 patients	11.5%

Appendix Table 70. Summary of transportation needs among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine served 2,333 patients and recorded 7,679 patient visits. The healthcare team screened 221 patients for transportation needs in Fiscal Year 2023

Patient Answers Related to Transportation Needs	Count of Patients Assessed for Transportation Needs (N=221 patients)	Percent of Patients Assessed for Transportation Needs (N=221 patients)
No Transportation Needs	189 patients	85.52%
Unmet Transportation Needs	16 patients	7.24%
Patient Declined	11 patients	4.98%
Patient Unable To Answer	3 patients	1.36%

Appendix Table 71. Summary of transportation needs among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine served 2,214 patients and recorded 7,179 patient visits. The healthcare team screened 284 patients for transportation needs in Fiscal Year 2024.

Patient Answers Related to Transportation Needs	Count of Patients Assessed for Transportation Needs	Percent of Patients Assessed for Transportation Needs (N=284 patients)
No Transportation Needs	253 patients	89.1%
Unmet Transportation Needs	24 patients	8.5%
Patient Declined	4 patients	1.4%
Patient Unable To Answer	3 patients	1.1%

Appendix Table 72. Summary of financial resource strain among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine served 2,333 patients and recorded 7,679 completed visits. The healthcare team screened 133 patients for financial resource strain in Fiscal Year 2023.

Patient Answers Related to Financial Resource Strain	Count of Patients Assessed for Financial Resource Strain	Percent of Patients Assessed for Financial Resource Strain (N=133 patients)
Low Risk	104 patients	78.20%
Medium Risk	15 patients	11.28%
High Risk	8 patients	6.02%
Patient Declined	5 patients	3.76%
Patient Unable To Answer	1 patient	0.75%

Appendix Table 73. Summary of financial resource strain among OhioHealth O'Bleness Family Medicine patients served in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine served 2,214 patients and recorded 7,179 completed visits. The healthcare team screened 149 patients for financial resource strain in Fiscal Year 2024.

Patient Answers Related to Financial Resource Strain	Count of Patients Assessed for Financial Resource Strain	Percent of Patients Assessed for Financial Resource Strain (N=149 patients)
Low Risk	111 patients	74.5%
Medium Risk	20 patients	13.4%
High Risk	15 patients	10.1%
Patient Declined	0 patient	0%
Patient Unable To Answer	3 patients	2%

Appendix Table 74. Summary of food insecurity among OhioHealth O'Bleness Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,651 patients and recorded 5,083 completed visits. The healthcare team screened 143 patients for food insecurity.

Patient Answers related to Food Insecurity	Count of Patients Assessed for Food Insecurity Needs	Percent of Patients Assessed for Food Insecurity Needs (N= 143 patients)
No Food Insecurity	136 patients	95.1%
Food Insecurity Present	2 patients	1.4%
Patient Declined	3 patients	2.1%%
Patient Unable To Answer	2 patients	1.4%

Appendix Table 75. Summary of food insecurity among OhioHealth O'Bleness Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,502 patients and recorded 4,441 completed visits. The healthcare team screened 142 patients for food insecurity in Fiscal Year 2024.

Patient Answers Related to Food Insecurity	Count of Patients Assessed for Food Insecurity Needs	Percent of Patients Assessed for Food Insecurity Needs (N= 142 patients)
No Food Insecurity	134 patients	94.4%
Food Insecurity Present	5 patients	3.5%
Patient Declined	1 patient	0.70%
Patient Unable To Answer	2 patients	1.4%

Appendix Table 76. Summary of housing stability among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,651 patients. The healthcare team screened 55 patients for housing needs.

Patient Answers Related to Housing Stability	Count of Patients Assessed for Housing Stability	Percent of Patients Assessed for Housing Stability (N= 55 patients)
Low Risk	53 patients	96.36%
High Risk	0 patient	0%
Patient Declined	2 patients	3.64%
Patient Unable To Answer	0 patient	0%

Appendix Table 77. Summary of housing stability among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,502 patients. The healthcare team screened 53 patients for housing needs.

Patient Answers Related to Housing Stability	Count of Patients Assessed for Housing Stability	Percent of Patients Assessed for Housing Stability (N= 53 patients)
Low Risk	51 patients	96.2%
High Risk	2 patients	3.8%
Patient Declined	0 patient	0%
Patient Unable To Answer	0 patient	0%

Appendix Table 78. Summary of transportation needs among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2023

in Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,651 patients and recorded 5,083 completed visits. The healthcare team screened 139 patients for transportation needs in Fiscal Year 2023.

Patient Answers Related to Transportation Needs	Count of Patients Assessed for Transportation Needs (N=139 patients)	Percent of Patients Assessed for Transportation Needs (N=139 patients)
No Transportation Needs	134 patients	96.40%
Unmet Transportation Needs	3 patients	2.16%
Patient Declined	1 patient	0.72%
Patient Unable To Answer	1 patient	0.72%

Appendix Table 79. Summary of transportation needs among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2024

in Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physicians Racine Clinic served 1,502 patients and recorded 4,441 completed visits. The healthcare team screened 139 patients for transportation needs in Fiscal Year 2024.

Patient Answers Related to Transportation Needs	Count of Patients Assessed for Transportation Needs (N=139 patients)	Percent of Patients Assessed for Transportation Needs (N=139 patients)
No Transportation Needs	132 patients	95.0%
Unmet Transportation Needs	4 patients	2.9%
Patient Declined	1 patient	0.72%
Patient Unable To Answer	2 patients	1.4%

Appendix Table 80. Summary of financial resource strain among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Physicians Racine served 1,651 patients in Fiscal Year 2023. The healthcare team screened 102 patients for financial resource strain in Fiscal Year 2023.

Patient Answers Related to Financial Resource Strain	Count of Patients Assessed for Financial Resource Strain	Percent of Patients Assessed for Financial Resource Strain (N=102 patients)
Low Risk	95 patients	93.14%
Medium Risk	5 patients	4.90%
High Risk	1 patient	0.98%
Patient Declined	0 patients	0%
Patient Unable To Answer	1 patient	0.98%

Appendix Table 81. Summary of financial resource strain among OhioHealth Physician Group Primary Care Physicians Racine Clinic patients served in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Physicians Racine served 1,502 patients in Fiscal Year 2024. The healthcare team screened 86 patients for financial resource strain in Fiscal Year 2024.

Patient Answers Related to Financial Resource Strain	Count of Patients Assessed for Financial Resource Strain	Percent of Patients Assessed for Financial Resource Strain (N = 86 patients)
Low Risk	79 patients	91.9%
Medium Risk	5 patients	5.8%
High Risk	1 patient	1.2%
Patient Declined	0 patient	0%
Patient Unable To Answer	1 patient	1.2%

AC – 4. Access to OhioHealth Outpatient Services in Athens County

AC – 4.1. Campus Care/Urgent Care at Ohio University — Located at 2 Church St., Athens, Ohio 45701, Ohio University campus. This clinic offers combined primary care and urgent care clinics. The primary care clinics offer patients with simple and acute diseases, (b) care and management of chronic medical conditions, (c) access to gynecological care, and (d) imaging services. The urgent care clinic provides care for simple acute illnesses such as colds, flu, earaches, and minor infections. The clinic has laboratory and x-ray services on site, telehealth, and rapid COVID-19 tests.

The list of services includes the following:

- (a) Management of chronic medical conditions and acute illnesses and injuries
- (b) Allergy injections
- (c) Contraceptive counseling
- (d) Eating disorder support
- (e) Tuberculosis skin testing
- (f) Gynecologic care
- (g) Imaging services
- (h) Immunizations, including flu shots
- (i) Laboratory services
- (j) Physical exams
- (k) Physical therapy in partnership with Ohio University Therapy Associates (OUTA)
- (l) Referrals to appropriate external specialists when necessary
- (m) Testing for sexually transmitted infection (STI)
- (n) Transgender medical care, including hormone therapy
- (o) Management of attention deficit disorder/attention deficit hyperactivity disorder
- (p) Rapid COVID-19 tests

The healthcare providers in the OhioHealth Campus Care/Urgent Care at Ohio University clinic include:

- (a) Katherine A. Able-Perkins, DO (Family Medicine)
- (b) Jane T. Balbo, DO (Family Medicine, Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine)
- (c) Kathryn M. Bernens, PA-C (Physician Assistant)
- (d) Bela H. Bhatt-Koshal, DO (Family Medicine)
- (e) Catherine A. Duncan, CNP (Nurse Practitioner)
- (f) Krista M. Duval, DO (Family Medicine)
- (g) Angela C Ellison, CNP (nurse practitioner)
- (h) Gretchen L. Hammond, CNP (nurse practitioner)
- (i) John W. Hart, CNP (nurse practitioner)
- (j) Olivia C. James, PA-C (nurse practitioner)

- (k) Audrey K. Larrimer, CNP (nurse practitioner)
- (l) Bobbi J. Lundy, CNP (nurse practitioner)
- (m) Sarah A. Mann, PA-C (physician assistant)
- (n) Michael J. Martin, DO (family medicine)
- (o) David A. Sams, Jr., PA-C (physician assistant)

AC – 4.2. OhioHealth Physician Group Osteopathic Manipulative Medicine Athens — located at 24 West Green Drive, Suite 408, Athens, Ohio 45701. The OhioHealth physicians use osteopathic manipulative therapy and medical acupuncture in a variety of ways to effectively reduce pain, increase overall mobility and function, and optimize physical well-being. This is in addition to medical management or a stand-alone treatment.

The services at the OhioHealth Physician Group Osteopathic Manipulative Medicine Athens include the following:

- (a) Osteopathic manipulation
- (b) Musculoskeletal medicine
- (c) Spinal manipulation
- (d) Back pain
- (e) Fibromyalgia
- (f) Neuromuscular disease
- (g) Myofascial release
- (h) Complementary medicine
- (i) Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) medicine

The healthcare providers at the OhioHealth Physician Group Osteopathic Manipulative Medicine Athens include the following:

- (a) Nathan B. Williams, DO (family medicine, neuromusculoskeletal medicine and osteopathic manipulative Medicine)

AC – 4.3. OhioHealth Physician Group Heritage College Pediatrics Athens Parks Hall — located at 24 West Green Drive, Suite 329, Athens, Ohio 45701. OhioHealth Physician Group pediatricians care for your child from birth through adolescence. OhioHealth offers preventive care, physicals, immunizations, developmental screenings, diagnostic testing, and behavioral and mental healthcare. OhioHealth's experienced physicians deliver quality pediatric care close to home in Athens, Ohio.

The services at the OhioHealth Physician Group Heritage College Pediatrics Athens Park Hall includes the following:

- (a) Preventative care and screenings
- (b) Newborn healthcare services
- (c) Infant, child and adolescent check-ups and sick care
- (d) Behavioral and mental healthcare
- (e) Diagnostic testing

- (f) Sports injuries
- (g) Preventative immunizations
- (h) Asthma and breathing care
- (i) Chronic illness management
- (j) Hearing, vision and developmental screenings
- (k) Diet and exercise consultation
- (l) Sports, camp and school physicals, including preschool and kindergarten
- (m) First gynecologic visit for adolescent girls

AC – 4.4. OhioHealth Physician Group Pain Management — located at 265 West Union St., Suite A, Athens, Ohio 45701. OhioHealth Physician Group pain management experts provide personalized care to patients experiencing acute and chronic pain. We help you recover from nerve damage, back pain, occupational injuries, chronic migraines, arthritis and cancer. OhioHealth's board-certified physicians' goal is to counter the negative impacts of pain to improve your quality of life and ability to participate in normal, daily activities. The OhioHealth Physician Group Pain Management include migraine headache management, neck and back pain, fibromyalgia, arthritis pain, complex regional pain syndrome.

The services at the OhioHealth Physician Group Pain Management includes the following:

- (a) Advance radiofrequency ablation procedures
- (b) Epidural steroid injections
- (c) Facet Injections
- (d) Fluoroscopic and ultrasound guided injections
- (e) Joint injections for arthritic conditions
- (f) Peripheral nerve blocks
- (g) Regenerative Therapy (Coordination)
- (h) Sacroiliac Injections
- (i) Selective nerve blocks
- (j) Spinal cord stimulator trials (SCS)
- (k) Stellate ganglion blocks
- (l) Sympathetic blocks
- (m) Trigger point injections
- (n) Sedation may be available

The healthcare providers in the OhioHealth Physician Group Pain Management include:

- (a) Jason A. Allen, DO (pain management)

AC – 4.5. OhioHealth Physician Group Heritage College Primary Care and Geriatrics — located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. The clinic provides reliable, and convenient care for minor illnesses and injuries, management of chronic conditions such as diabetes or asthma.

The services at the OhioHealth Physician Group Heritage College Primary Care and Geriatrics include:

- (a) Personalized care
- (b) Routine exams and annual screenings
- (c) School and sports physicals
- (d) Well child visits and immunizations
- (e) Women's health
- (f) Acute illness treatment and specialty care referrals
- (g) Management of chronic health conditions, such as (but not limited to) diabetes, high blood pressure, asthma and allergies
- (h) Prevention, screening, intervention and treatment for substance abuse and addiction

The healthcare providers in the OhioHealth Physician Group Heritage College Primary Care and Geriatrics include:

- (a) Katherine A. Able-Perkins, DO (family medicine)
- (b) Geetha Conjeevaram, MD (internal medicine)
- (c) Lorena K. Donofrio, DO (family medicine)
- (d) Melinda E. Ford, DO (family medicine)
- (e) Jen-Tzer Gau, MD (geriatrics)

AC – 4.6. Urgent Care Athens — located at 265 W. Union St, Suite A, Athens, Ohio 45701. Services are available for in-person or video visit

The services provided at Urgent Care Athens include:

- (a) Care for fever, flu, and COVID-19 symptoms
- (b) Care for cold, cough and sore throat
- (c) Care for allergies and sinus infections
- (d) Care for minor eye infections
- (e) Care for urinary tract infections
- (f) Care for sexually transmitted disease (STD) testing and treatment
- (g) Care for earaches
- (h) Care for minor back pain
- (i) Care for upset stomach, vomiting and diarrhea
- (j) Care for insect bites and rashes
- (k) Care for minor burns
- (l) Care for minor cuts and scrapes
- (m) Care for minor abscesses and wounds
- (n) Care for minor breaks, sprains and strains
- (o) Removal of superficial foreign bodies, like glass or splinters
- (p) On-site X-rays
- (q) Select laboratory testing
- (r) Drug screenings
- (s) Select immunizations
- (t) Physical examinations
- (u) Access to COVID-19 vaccines

AC – 4.7. Laboratory Services – Athens Medical Office Building — located at 26 Hospital Drive, Athens, Ohio 45701. Patients benefit from quick, accurate, laboratory tests results. The laboratory has the ability to provide immediate testing.

AC – 4.8. OhioHealth Physician Group Neuroscience Athens Cornwell Center — located at 65 Hospital Drive, Athens, Ohio 45701. OhioHealth specialists are trained to diagnose and treat complex neurological disorders.

- (a) **Diagnostics and tests** — neurodiagnostic testing include (a) EMG exam, (b) skin biopsy, (c) spinal fluid analysis, (d) ultrasound of peripheral nerve and muscle, (e) neuropsychological testing, (f) computed tomography (CT), (g) magnetic resonance imaging (MRI), (h) duplex ultrasound, (i) digital subtraction angiography, (j) carotid ultrasound, (k) transcranial doppler, (l) outpatient EEG studies, (m) epilepsy neuroimaging, (n) confirm epilepsy diagnosis, (o) presurgical evaluation, (p) epilepsy monitoring units, (q) neuropsychological testing, (r) Wada test, (s) SEEG test, (t)

invasive EEG monitoring, (u) evoked potentials, (v) lumbar puncture, (w) neuropsychological evaluations, (x) optical coherence tomography, and (y) myelogram.

The actions described in AC – 4 aligns with Ohio's 2020-2022 State Health Improvement Plan (SHIP).

OhioHealth O'Bleness Fiscal Year 2023-2025 Impacts Related to Access to OhioHealth Outpatient Services in Athens County (AC 4)

Appendix Tables 82 to 144 show the top diagnoses and immunizations among patients seen at OhioHealth O'Bleness Hospital, Emergency Department, Urgent Care and outpatient clinics during Fiscal Years 2023 and 2024. Data on services provided by the Substance Use Navigators at the OhioHealth O'Bleness Hospital Emergency Department are presented in Appendix tables 88 to 90.

The data presented in Tables 82 to 144 demonstrate that OhioHealth has provided access to comprehensive health care services to Athens County residents. The OhioHealth facilities continued to provide services in Fiscal Years 2025 but the data on diagnoses and immunizations during that year were not presented in this report.

Appendix Table 145 shows data on OhioHealth O'Bleness Hospital's alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP).

Appendix Table 82. Summary of Top Diagnoses among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,206 admitted patients)
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	2,658 patients	63.20%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	2,617 patients	62.20%
Essential (primary) hypertension (ICD-10-CM: I10)	2,211 patients	52.60%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	1,763 patients	41.90%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	1,441 patients	34.30%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	1,360 patients	32.30%
Anemia, unspecified (ICD-10-CM: D64.9)	1,183 patients	28.10%
Encounter for immunization (ICD-10-CM: Z23)	1,171 patients	27.80%
Abnormal electrocardiogram (ECG) (EKG) (ICD-10-CM: R94.31)	1,080 patients	25.70%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	1,076 patients	25.60%
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	1,063 patients	25.30%
Obesity, unspecified (ICD-10-CM: E66.9)	1,059 patients	25.20%
Hypokalemia (ICD-10-CM: E87.6)	1,051 patients	25%
Personal history of nicotine dependence (ICD-10-CM: Z87.891)	1,045 patients	24.80%
Acute kidney failure, unspecified (ICD-10-CM: N17.9)	1,022 patients	24.30%

Continuation of Appendix Table 82. Summary of Top Diagnoses among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,206 admitted patients)
Depression, unspecified (ICD-10-CM: F32.A)	1,006 patients	23.90%
Long term (current) use of aspirin (ICD-10-CM: Z79.82)	1,003 patients	23.80%
Type 2 diabetes mellitus without complications	907 patients	21.60%

(ICD-10-CM: E11.9)		
Atherosclerotic heart disease of native coronary artery without angina pectoris (ICD-10-CM: I25.10)	906 patients	21.50%
Other specified abnormal findings of blood chemistry (ICD-10-CM: R79.89)	875 patients	20.80%

Appendix Table 83. Summary of Top Diagnoses among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=3,918 patients)
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	2,453 patients	62.60%
Essential (primary) hypertension (ICD-10-CM: I10)	2,060 patients	52.60%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	1,683 patients	43%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	1,373 patients	35%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	1,305 patients	33.30%
Encounter for immunization (ICD-10-CM: Z23)	1,101 patients	28.10%
Anemia, unspecified (ICD-10-CM: D64.9)	1,060 patients	27.10%
Personal history of nicotine dependence (ICD-10-CM: Z87.891)	1,059 patients	27%
Obesity, unspecified (ICD-10-CM: E66.9)	1,021 patients	26.10%
Depression, unspecified (ICD-10-CM: F32.A)	980 patients	25%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	965 patients	24.60%
Other specified abnormal findings of blood chemistry (ICD-10-CM: R79.89)	955 patients	24.40%
Abnormal electrocardiogram (ECG) (EKG) (ICD-10-CM: R94.31)	940 patients	24%
Long term (current) use of aspirin (ICD-10-CM: Z79.82)	932 patients	23.80%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	899 patients	22.90%

Appendix Table 83. Summary of Top Diagnoses among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=3,918 patients)
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	871 patients	22.20%
Atherosclerotic heart disease of native coronary artery without angina pectoris (ICD-10-CM: I25.10)	826 patients	21.10%
Other chronic pain (ICD-10-CM: G89.29)	817 patients	20.90%
Chronic obstructive pulmonary disease, unspecified (ICD-10-CM: J44.9)	812 patients	20.70%
Acute kidney failure, unspecified (ICD-10-CM: N17.9)	798 patients	20.40%

Appendix Table 84. Summary of Principal Problems among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2023

Principal Problems	Count of Admissions
Newborn infant of 39 completed weeks of gestation	234 hospital admissions
Chest pain	220 hospital admissions
Sepsis (HCC)	145 hospital admissions
Encounter for induction of labor	104 hospital admissions
COPD (Chronic Obstructive Pulmonary Disease) exacerbation (HCC)	100 hospital admissions
UTI (urinary tract infection)	96 hospital admissions
AKI (acute kidney injury) (HCC)	90 hospital admissions
Newborn infant of 37 completed weeks of gestation	86 hospital admissions
Newborn infant of 40 completed weeks of gestation	79 hospital admissions
Bacterial pneumonia	71 hospital admissions
Acute respiratory failure with hypoxia (HCC)	70 hospital admissions
Syncope and collapse	65 hospital admissions
Newborn infant of 38 completed weeks of gestation	64 hospital admissions
Encounter for elective induction of labor	59 hospital admissions
Normal labor	56 hospital admissions
COPD with acute exacerbation (HCC)	50 hospital admissions
Cellulitis	47 hospital admissions
Hyponatremia	45 hospital admissions
Generalized weakness	43 hospital admissions
Atrial fibrillation with rapid ventricular response (HCC)	38 hospital admissions

Appendix Table 85. Summary of Principal Problems among Patients Admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2024

Principal Problems	Count of Admissions
Newborn infant of 39 completed weeks of gestation	178 admissions
Chest pain	177 admissions
Encounter for induction of labor	129 admissions
COPD exacerbation (HCC)	101 admissions
Sepsis (HCC)	98 admissions
UTI (urinary tract infection)	87 admissions
Term pregnancy	80 admissions
AKI (acute kidney injury) (HCC)	71 admissions
Newborn infant of 38 completed weeks of gestation	68 admissions
Generalized weakness	52 admissions
Syncope and collapse	47 admissions
Acute respiratory failure (HCC)	46 admissions
Newborn infant of 37 completed weeks of gestation	46 admissions
Newborn	45 admissions
Newborn infant of 40 completed weeks of gestation	45 admissions
Hyponatremia	44 admissions
Abdominal pain	43 admissions
Weakness	41 admissions
Heart failure (HCC)	40 admissions
Encephalopathy	39 admissions

Appendix Table 86. Summary of immunizations administered to patients by OhioHealth O'Bleness Hospital served in Fiscal Year 2023

O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, O'Bleness Hospital provided various immunizations to 1,546 hospitalized patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases.

Vaccine	Disease(s) Prevented	Count of Patients Immunized in Fiscal Year 2023	Percent of Patients Immunized in Fiscal Year 2023 (N=1,546)
Tdap	Tetanus, Diphtheria, Pertussis	889 patients	57.50%
Hepatitis B	Hepatitis B Virus Infection	553 patients	35.80%
Pneumococcal conjugate 13-valent (prevnar 13)	Pneumonia	278 patients	18%
Dtap / hib / IPV	Diphtheria, Tetanus, Pertussis, Polio, Haemophilus influenza Type B	272 patients	17.60%
Rotavirus Pentavalent (rotateq)	Rotavirus Infection (Gastroenteritis)	266 patients	17.20%
Pfizer-biontech covid-19 vaccine bivalent booster (12+)	COVID-19	95 patients	6.10%
Influenza IIV4 high dose 65 and Older	Flu	91 patients	5.90%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	71 patients	4.60%
Influenza iiv4 6mo or > fluarix/fluzone/afluria 90686	Flu	69 patients	4.50%
Mmr	Measles, Mumps and Rubella	46 patients	3%
Rabies, IM Diploid cell	Rabies Infection	43 patients	2.80%
Pneumococcal conjugate 20-valent (prevnar 20)	Pneumonia	27 patients	1.70%
Moderna SARS-cov-2 Vaccination	COVID-19	23 patients	1.50%
Influenza iiv4 18 yo or > flublok quad 90682	Flu	21 patients	1.40%

Continuation of Appendix Table 86. Summary of immunizations administered to patients by OhioHealth O'Bleness Hospital served in Fiscal Year 2023

Vaccine	Disease(s) Prevented	Count of Patients Immunized in Fiscal Year 2023	Percent of Patients Immunized in Fiscal Year 2023 (N=1,546)
Pneumococcal polysaccharide (pneumovax 23)	Pneumonia	19 patients	1.20%
Pfizer SARS-cov-2 Vaccination Peds 6mo- 4yrs	COVID-19	17 patients	1.10%
Influenza, injectable, quadrivalent, preservative free	Flu	14 patients	0.91%
Zoster (shingrix)	Shingles	13 patients	0.84%
Pfizer SARS-cov-2 Vaccination Peds 6mo-4yrs	COVID-19	12 patients	0.78%
Hep b, unspecified	Hepatitis B Virus Infection	11 patients	0.71%

Appendix Table 87. Summary of immunizations administered to patients by OhioHealth O'Bleness Hospital served in Fiscal Year 2024

O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, O'Bleness Hospital provided various immunizations to 1,541 hospitalized patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases.

Vaccine	Disease(s) Prevented	Count of Vaccines Administered in Fiscal Year 2024	Percent of Patients Served (N=1,541)
Tdap	Tetanus, Diphtheria, Pertussis	911 patients	59.10%
Hepatitis B	Hepatitis B Virus	507 patients	32.90%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	292 patients	18.90%
Dtap / Hib / IPV	Diphtheria, Tetanus, Pertussis, Polio, Haemophilus influenza Type B	250 patients	16.20%
Rotavirus Pentavalent (Rotateq)	Rotavirus Infection (Gastroenteritis)	244 patients	15.80%
Influenza IIV4 6mo Or > Fluorix/Fluzone/Afluria 90686	Flu	83 patients	5.40%
Influenza IIV4 High Dose 65 And Older	Flu	71 patients	4.60%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	70 patients	4.50%
Rabies, IM Diploid Cell	Rabies Infection	61 patients	4%
Pneumococcal Conjugate 13-Valent (Prevnar 13)	Pneumonia	57 patients	3.70%
Mmr	Measles, Mumps, Rubella	46 patients	3%
Nirsevimab 50mg	Respiratory Syncytial Virus	32 patients	2.10%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	28 patients	1.80%
Moderna 2023-24 6M-11Y COVID-19 Vaccine	COVID-19	12 patients	0.78%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus	12 patients	0.78%

Continuation of Appendix Table 87. Summary of immunizations administered to patients by OhioHealth O'Bleness Hospital served in Fiscal Year 2024

Vaccine	Disease(s) Prevented	Count of Vaccines Administered in Fiscal Year 2024	Percent of Patients Served (N=1,541)
Nirsevimab 100mg	Respiratory Syncytial Virus	11 patients	0.71%
Influenza liv4 Fluad 90694	Flu	10 patients	0.65%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	10 patients	0.65%
Zoster (Shingrix)	Shingles	8 patients	0.52%
Hpv 9 Valent (Gardasil 9)	Human Papilloma Virus Infection	7 patients	0.45%

Appendix Table 88. Summary of impacts from the OhioHealth O'Bleness Hospital's Substance Use Navigation program in Fiscal Years 2023 and 2024

In Fiscal Years 2023 and 2024, the OhioHealth O'Bleness Hospital's patient navigators, Shari Blackwell, LPN, CDCA and Cheryl Taylor, LPN, provided navigation, support, education and referral to patients with substance use disorders.

	Fiscal Year 2023	Fiscal Year 2024
Total patients served	596 patients	558 patients
Total patients referred to mental and behavioral health agencies in southeast and central Ohio	105 patients	101 patients

Appendix Table 89. Summary of mental and behavioral health agencies in southeast and central Ohio where OhioHealth O'Bleness patients were referred for treatment, recovery and post-recovery services in Fiscal Years 2023 and 2024

Agency Name	Physical Address	Website	Examples of Programs and Services
Health Recovery Services	224 Columbus Road #102, Athens, Ohio 45701	http://www.hrs.org/	<ul style="list-style-type: none"> • Outpatient services • Residential Services • Medication-Assisted Treatment (MAT)
Rural Women's Recovery Program (Health Recovery Services)	9908 Bassett Road, Athens, Ohio 45701	https://www.hrs.org/rural-women-s-rwrp	<ul style="list-style-type: none"> • Specific and evidence-based approach to addiction and mental health treatment towards recovery
Hopewell Health Centers, Inc.	90 Hospital Drive, Athens, Ohio 45701	https://www.hopewellhealth.org/	<ul style="list-style-type: none"> • Comprehensive behavioral health care, dental health care, and primary health care
Ohio Means Jobs	1111 E Broad St, Columbus, OH 43205	https://ohiomeansjobs.ohio.gov/	<ul style="list-style-type: none"> • Free, online career counseling center that connects businesses to job seekers and provides career services to all Ohioans

Continuation of Appendix Table 89. Summary of mental and behavioral health agencies in southeast and central Ohio where OhioHealth O'Bleness patients were referred for treatment, recovery and post-recovery services in Fiscal Years 2023 and 2024

Agency Name	Physical Address	Website	Examples of Programs and Services
Hope Valley Recovery	2065 Stoneridge Dr. Circleville, Ohio 43113	https://hopevalleyrecovery.com/	<ul style="list-style-type: none"> • Phase 1 (Medical Detox) • Phase 2 (Residential Treatment and Partial Hospitalization Program) • Phase 3 (Intensive Outpatient Program) • Phase 4 (Aftercare Program)
Ohio Addiction Recovery Center (OARC)	3880 Jackpot Rd, Grove City, Ohio 43123	https://www.ohioarc.com/	<ul style="list-style-type: none"> • Inpatient rehabilitation • Detox Center
The Carlson Center	West Union St., Athens, Ohio 45701	https://www.facebook.com/p/The-Carlson-Center-Outreach-and-Crisis-Counseling-Services-100083300261242/	<ul style="list-style-type: none"> • Outreach services • Crisis Counseling Services
Southwestern Recovery Center	70 N. Plains Rd #117, The Plains, Ohio 45780	https://southwesternrecovery.com/	<ul style="list-style-type: none"> • Outpatient Medication-Assisted Treatment (MAT) • Buprenorphine prescription
Athens Treatment Services	8978 United Ln Suite 102, Athens, Ohio 45701	https://pinnacle-treatment.com/location/ohio/athens/athens-treatment-services/	<ul style="list-style-type: none"> • Medication-Assisted Treatment (MAT) • Individual counseling • Group counseling • Outpatient Treatment Program

Continuation of Appendix Table 89. Summary of mental and behavioral health agencies in southeast and central Ohio where OhioHealth O'Bleness patients were referred for treatment, recovery and post-recovery services in Fiscal Years 2023 and 2024

Agency Name	Physical Address	Website	Examples of Programs and Services
Diley Ridge Medical Center	7911 Diley Road, Canal Winchester, Ohio 43110	https://www.dileyridgemedicalcenter.com/	<ul style="list-style-type: none"> • Medical services • 24-hour Emergency Department
Integrated Services for Behavioral Health	5 Charles Place, Athens, Ohio 45701	https://isbh.org/	<ul style="list-style-type: none"> • Community behavioral health work • Counseling • Family Counseling • Groundworks Recovery Housing • Homelessness assistance • Medications for Opioid Use Disorder • New Beginnings Studio and Home Away from Home • Peer support • Psychiatry • Substance use treatment
Recovery Village	3964 Hamilton Square Blvd. Groveport, OH 43125	https://www.advancedrecovery.com/centers/the-recovery-village-columbus/	<ul style="list-style-type: none"> • Medical detox • Inpatient/residential Rehab • Partial hospitalization • Intensive outpatient program • Outpatient rehabilitation • Medication-assisted treatment (MAT) • Teletherapy
Ethan's Crossing	2317 E Home Rd, Springfield, OH 45503	https://newvistahealth.com/location/addiction-treatment-centers/springfield/	<ul style="list-style-type: none"> • Individual assessment • Medical detox • Residential treatment • Partial hospitalization with housing • Intensive Outpatient Program • Outpatient treatment • Post Recovery

Continuation of Appendix Table 89. Summary of mental and behavioral health agencies in southeast and central Ohio where OhioHealth O'Bleness patients were referred for treatment, recovery and post-recovery services in Fiscal Years 2023 and 2024

Agency Name	Physical Address	Website	Examples of Programs and Services
Harmony Ridge Recovery Center	47 Chambers Circle Rd, Walker, WV 26180	https://gethelp.harmonyridgerecovery.com/	<ul style="list-style-type: none"> • Medical detox • Inpatient rehabilitation
Southern Hope Recovery Center	817 3 rd Ave, Chesapeake, OH 45619	https://southernhoperecovery.com/	<ul style="list-style-type: none"> • Substance abuse treatment facility • Skills building
OVP HEALTH Recovery Center	335 Township Rd 1026 South Point, Ohio 45680	https://ovphealth.com/location/recovery-center/	<ul style="list-style-type: none"> • Inpatient Medication-Assisted Treatment (MAT) • Counseling services
New Vision Detox	1729 Kinneys Lane, Suite 102, Portsmouth, OH 45622		
CAIRN Recovery House	217 Muskingum Ave, Zanesville, OH 43701	https://www.cairnrecovery.com/	<ul style="list-style-type: none"> • Drug and Alcohol Rehab • Addiction counseling • Mental health treatment
Skypoint Recovery	1815 W Market St, Akron, OH 44313	https://skypointrecovery.com/services/sober-living-ohio/	<ul style="list-style-type: none"> • Alcohol recovery program • Motivational interviewing for substance use • Trauma-informed therapy • Detox from drugs and alcohol • Solution-focused therapy • Life skills development
John W. Clem Recovery House	8044 Dairy Ln, Athens, OH 45701		<ul style="list-style-type: none"> • Drug and alcohol dependency

Continuation of Appendix Table 89. Summary of mental and behavioral health agencies in southeast and central Ohio where OhioHealth O'Bleness patients were referred for treatment, recovery and post-recovery services in Fiscal Years 2023 and 2024

Agency Name	Physical Address	Website	Examples of Programs and Services
The Counseling Center	816 4th St, Portsmouth, OH 45662	https://www.thecounselingcenter.org/	<ul style="list-style-type: none"> • Comprehensive recovery care • Intensive detoxification support • Crisis Center • Empowering mothers in recovery • Structured Post-Incarceration Rehabilitation • Partial Hospitalization Program • Recovery housing
OhioHealth Pain Management Athens	265 W Union St, Suite A, Athens, OH 45701	https://www.ohiohealth.com/ohiohealth-physician-group/our-specialties/pain-management/athens	<ul style="list-style-type: none"> • Personalized care to patients with acute and chronic pain due to nerve damage, back pain, work-related injuries, chronic migraines, arthritis and cancer
OhioHealth Physician Group Heritage College Primary Care and Geriatrics	26 Hospital Drive, First Floor, Athens, OH 45701	https://www.ohiohealth.com/ohiohealth-physician-group/our-specialties/primary-care/our-locations/athens-primary-care	<ul style="list-style-type: none"> • Addiction Medicine • Medication-Assisted Treatment

Appendix Table 90. Summary of reasons for referral of OhioHealth patients served by the substance use navigators at the OhioHealth O'Bleness Hospital Emergency Department in Fiscal Year 2023 to 2024

Reasons for Referral	Mental and Behavioral Health Agencies Utilized
Detoxification	<ul style="list-style-type: none"> • Cardinal Recovery • Diley Ridge Medical Center • Hope Valley Recovery • New Vision Detox • OVP Health Recovery Center • Recovery Village • Skypoint Recovery • Southern Hope • The Carlson Center • The Counseling Center • The Landing at Cedar Ridge
Residential Services	<ul style="list-style-type: none"> • CAIRN House • Cardinal Recovery • Ethan's Crossing • Harmony Ridge • Hope Valley Recovery • New Hope Creation • John W. Clem Recovery House • Ohio Addiction Recovery Center (OARC) • OVP Health Recovery Center • Recovery Village • RWRP/Health Recovery Services • Southern Hope • The Carlson Center • The Counseling Center

Continuation of Appendix Table 90. Summary of reasons for referral of OhioHealth patients served by the substance use navigators at the OhioHealth O'Bleness Hospital Emergency Department in Fiscal Year 2023 to 2024

Reasons for Referral	Mental and Behavioral Health Agencies Utilized
Intensive-Outpatient Program (IOP)	<ul style="list-style-type: none"> Health Recovery Services Integrated Services for Behavioral Health
Medication-Assisted Treatment (MAT)	<ul style="list-style-type: none"> Health Recovery Services Integrated Services for Behavioral Health Athens Treatment Services Southwestern Recovery OhioHealth Physician Group Primary Care Dr. C. Meyers
Social Determinants of Health	<ul style="list-style-type: none"> OhioMeans Jobs
Peer Support	<ul style="list-style-type: none"> Hopewell Health Centers, Inc.

Appendix Table 91. Summary of Top Diagnoses of Patients Served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2023

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine served 2,333 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=2,333 patients)
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	1,005 patients	43.10%
Essential (primary) hypertension (ICD-10-CM: I10)	999 patients	42.80%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	954 patients	40.90%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	758 patients	32.50%
Encounter for immunization (ICD-10-CM: Z23)	691 patients	29.60%
Other chronic pain (ICD-10-CM: G89.29)	646 patients	27.70%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	643 patients	27.60%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	641 patients	27.50%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	637 patients	27.30%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	593 patients	25.40%
Low back pain, unspecified (ICD-10-CM: M54.50)	460 patients	19.70%
Obesity, unspecified (ICD-10-CM: E66.9)	460 patients	19.70%
Depression, unspecified (ICD-10-CM: F32.A)	446 patients	19.10%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	426 patients	18.30%

Continuation of Appendix Table 91. Summary of Top Diagnoses of Patients Served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=2,333 patients)
Segmental and somatic dysfunction of thoracic region (ICD-10-CM: M99.02)	420 patients	18%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	399 patients	17.10%
Encounter for screening for other viral diseases (ICD-10-CM: Z11.59)	388 patients	16.60%
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	364 patients	15.60%
Segmental and somatic dysfunction of cervical region (ICD-10-CM: M99.01)	360 patients	15.40%
Generalized anxiety disorder (ICD-10-CM: F41.1)	355 patients	15.20%

Appendix Table 92. Summary of Top Diagnoses of Patients Served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2024

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Second Floor, Athens Ohio 45701. In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine served 2,214 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=2,214 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	964 patients	43.50%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	921 patients	41.60%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	911 patients	41.10%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	717 patients	32.40%
Encounter for immunization (ICD-10-CM: Z23)	653 patients	29.50%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	595 patients	26.90%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	575 patients	26%
Other chronic pain (ICD-10-CM: G89.29)	574 patients	25.90%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	481 patients	21.70%
Obesity, unspecified (ICD-10-CM: E66.9)	450 patients	20.30%
Low back pain, unspecified (ICD-10-CM: M54.50)	419 patients	18.90%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	393 patients	17.80%
Generalized anxiety disorder (ICD-10-CM: F41.1)	391 patients	17.70%
Segmental and somatic dysfunction of thoracic region (ICD-10-CM: M99.02)	340 patients	15.40%

Continuation of Appendix Table 92. Summary of Top Diagnoses of Patients Served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=2,214 patients)
Other fatigue (ICD-10-CM: R53.83)	338 patients	15.30%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	336 patients	15.20%
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	336 patients	15.20%
Encounter for screening for other viral diseases (ICD-10-CM: Z11.59)	334 patients	15.10%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	330 patients	14.90%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	326 patients	14.70%

Appendix Table 93. Summary of immunizations administered to patients served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth O'Bleness Family Medicine provided various immunizations to 504 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive Floor 2, Athens, Ohio 45701.

Vaccine	Disease(s) Protected	Count of Patients Immunized	Percent of Patients (N=504 patients)
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	231 patients	45.80%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	161 patients	31.90%
Pneumococcal Conjugate 20-Valent (Prennar 20)	Pneumonia	143 patients	28.40%
Tdap	Tetanus, Diphtheria, Pertussis	126 patients	25%
Influenza IIV4 High Dose 65 And Older	Flu	94 patients	18.70%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	37 patients	7.30%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	36 patients	7.10%
Zoster (Shingrix)	Shingles	30 patients	6%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	11 patients	2.20%
DTAP, Unspecified	Tetanus, Diphtheria, Pertussis	8 patients	1.60%
Influenza IIV3 High Dose 65 And Older	Flu	8 patients	1.60%
Moderna SARS-Cov-2 Vaccination	COVID-19	8 patients	1.60%
Influenza, Unspecified	Flu	7 patients	1.40%
Influenza liv3 3yo or > Fluzone 90656	Flu	6 patients	1.20%
Influenza Quad 4yo or >Flucelvax 90674	Flu	6 patients	1.20%

Continuation of Appendix Table 93. Summary of immunizations administered to patients served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2023

Vaccine	Disease(s) Protected	Count of Patients Immunized	Percent of Patients (N=504 patients)
Influenza liv4 18 Yo or > Flublok Quad 90682	Flu	4 patients	0.79%
Influenza liv4 6-35 Mo Fluzone Quad 90685	Flu	4 patients	0.79%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	4 patients	0.79%
Covid-19, Unspecified	COVID-19	3 patients	0.60%
Influenza liv4 Fluad 90694	Flu	3 patients	0.60%

Appendix Table 94. Summary of immunizations administered to patients served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth O'Bleness Family Medicine provided various immunizations to 490 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive Floor 2, Athens, Ohio 45701.

Vaccine	Disease(s) Protected	Count of Patients Immunized	Percent of Patients Immunized (N=490 patients)
Influenza IIV4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	223 Patients	45.50%
Tdap	Tetanus, Diphtheria, Pertussis	130 Patients	26.50%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	120 Patients	24.50%
Pneumococcal Conjugate 20-Valent (Prenar 20)	Pneumonia	114 Patients	23.30%
Influenza IIV4 High Dose 65 And Older	Flu	103 Patients	21%
Zoster (Shingrix)	Shingles	38 Patients	7.80%
Influenza, Unspecified	Flu	21 Patients	4.30%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	16 Patients	3.30%
HPV 9 Valent (Gardasil 9)	Human Papilloma Virus (HPV) Infection	12 Patients	2.40%
Influenza IIV3 High Dose 65 And Older	Flu	10 Patients	2%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	10 Patients	2%
Dtap, Unspecified	Tetanus, Diphtheria, Pertussis	8 Patients	1.60%
Respiratory Syncytial Virus Vaccine, Adjuvanted (Arexvy/Rsv), Historical	Respiratory Syncytial Virus Infection	8 Patients	1.60%
Influenza, Injectable, Quadrivalent	Flu	7 Patients	1.40%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	6 Patients	1.20%

Continuation of Appendix Table 94. Summary of immunizations administered to patients served by the OhioHealth O'Bleness Family Medicine in Fiscal Year 2024

Vaccine	Disease(s) Protected	Count of Patients Immunized	Percent of Patients Immunized (N=490 patients)
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	5 patients	1%

Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus Infection	5 patients	1%
Rabies, IM Diploid Cell	Rabies Infection	4 patients	0.82%
Influenza liv4 18 Yo Or > Flublok Quad 90682	Flu	3 patients	0.61%
MMR	Measles, Mumps, Rubella	2 patients	0.41%

Appendix Table 95. Summary of Top Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

The OhioHealth Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Urgent Care Nelsonville served 6,651 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=6,651 patients)
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	2,370 patients	35.60%
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1,862 patients	28%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	1,514 patients	22.80%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	1,393 patients	20.90%
Essential (primary) hypertension (ICD-10-CM: I10)	1,377 patients	20.70%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	999 patients	15%
Cough, unspecified (ICD-10-CM: R05.9)	992 patients	14.90%
Encounter for immunization (ICD-10-CM: Z23)	959 patients	14.40%
COVID-19 (ICD-10-CM: U07.1)	947 patients	14.20%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	918 patients	13.80%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	872 patients	13.10%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	850 patients	12.80%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	823 patients	12.40%
Depression, unspecified (ICD-10-CM: F32.A)	708 patients	10.60%

Continuation of Appendix Table 95. Summary of Top Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=6,651 patients)
Obesity, unspecified (ICD-10-CM: E66.9)	667 patients	10%
Acute cough (ICD-10-CM: R05.1)	623 patients	9.40%
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	564 patients	8.50%

Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	562 patients	8.40%
Dysuria (ICD-10-CM: R30.0)	554 patients	8.30%
Other chronic pain (ICD-10-CM: G89.29)	546 patients	8.20%

Appendix Table 96. Summary of Top Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Urgent Care Nelsonville served 6,232 patients and recorded 10,964 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=6,232 patients)
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1864 patients	29.90%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	1771 patients	28.40%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	1430 patients	22.90%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	1360 patients	21.80%
Essential (primary) hypertension (ICD-10-CM: I10)	1269 patients	20.40%
Encounter for immunization ICD-10-CM: Z23)	956 patients	15.30%
Encounter for general adult medical examination without abnormal findings ICD-10-CM: Z00.00)	926 patients	14.90%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	901 patients	14.50%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	858 patients	13.80%
Vitamin D deficiency, unspecified ICD-10-CM: E55.9)	797 patients	12.80%
Gastro-esophageal reflux disease without esophagitis ICD-10-CM: K21.9)	790 patients	12.70%
Obesity, unspecified ICD-10-CM: E66.9)	685 patients	11%
COVID-19 ICD-10-CM: U07.1)	684 patients	11%
Depression, unspecified (ICD-10-CM: F32.A)	626 patients	10%

Continuation of Appendix Table 96. Summary of Top Diagnoses of Patients Served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=6,232 patients)
Bronchitis, Not Specified As Acute Or Chronic\ (ICD-10-CM: J40)	536 patients	8.60%
Other Chronic Pain (ICD-10-CM: G89.29)	533 patients	8.60%
Nicotine Dependence, Cigarettes, Uncomplicated ICD-10-CM: F17.210)	508 patients	8.20%
Type 2 Diabetes Mellitus Without Complications ICD-10-CM: E11.9)	491 patients	7.90%
Low Back Pain, Unspecified (ICD-10-CM: M54.50)	470 patients	7.50%

Appendix Table 97. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Urgent Care Nelsonville provided various immunizations or tuberculosis skin test to 134 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=134 patients)
Tdap	Tetanus, Diphtheria, Pertussis	111 patients	82.80%
Moderna Bivalent Booster:6-11 Yrs 0.25ml; 12+YRS 0.5ml	COVID-19	15 patients	11.20%
Ppd Test (Purified Protein Derivative Tuberculosis Test)	Tuberculosis Test	15 patients	11.20%
Influenza IIV4 High Dose 65 And Older	Flu	12 patients	9%
Influenza IIV4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	6 patients	4.50%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	6 patients	4.50%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	3 patients	2.20%
Dtap	Tetanus, Diphtheria, Pertussis	2 patients	1.50%
Influenza IIV4 18 Yo Or > Flublok Quad 90682	Flu	2 patients	1.50%
Influenza IIV4 Flud 90694	Flu	2 patients	1.50%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	2 patients	1.50%
Zoster (Shingrix)	Shingles	2 patients	1.50%
Dtap, Unspecified	Tetanus, Diphtheria, Pertussis	1 patient	0.75%
Hep B, Adult	Hepatitis B	1 patient	0.75%
Influenza IIV4 Fluzone/Flulaval 90688	Flu	1 patient	0.75%

Appendix Table 97. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=134 patients)
Influenza, Injectable, Quadrivalent	Flu	1 patient	0.75%
Influenza, Unspecified	Flu	1 patient	0.75%
Moderna SARS-Cov-2 Vaccination	COVID-19	1 patient	0.75%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	1 patient	0.75%
Td	Tetanus, Diphtheria	1 patient	0.75%

Appendix Table 98. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Urgent Care Nelsonville provided various immunizations or tuberculosis skin test to 122 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=122 patients)
Tdap	Tetanus, Diphtheria, Pertussis	108 patients	88.50%
PPD Test (Tuberculosis Test)	Tuberculosis	12 patients	9.80%
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	9 patients	7.40%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	6 patients	4.90%
Influenza IIV4 High Dose 65 And Older	Flu	5 patients	4.10%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	4 patients	3.30%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus Infection	4 patients	3.30%
Zoster (Shingrix)	Shingles	4 patients	3.30%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	3 patients	2.50%
Hep B / Hib	Hepatitis B and Flu	1 patient	0.82%
Influenza liv4 Fluad 90694	Flu	1 patient	0.82%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	1 patient	0.82%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	1 patient	0.82%
Influenza, Unspecified	Flu	1 patient	0.82%
Meningococcal B (Trumenba)	Meningitis	1 patient	0.82%
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	1 patient	0.82%
Rabies, IM Diploid Cell	Rabies infection	1 patient	0.82%

Continuation of Appendix Table 98. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=122 patients)

Respiratory Syncytial Virus Vaccine, Adjuvanted (Arexvy/Rsv), Historical	Respiratory Syncytial Virus Infection	1 patient	0.82%
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Appendix Table 99. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physicians Racine in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Physicians Racine is located at 207 5th Street, Racine, Ohio 45771. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physicians Racine served 1,651 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,651 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	954 patients	57.80%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	643 patients	38.90%
Obesity, unspecified (ICD-10-CM: E66.9)	550 patients	33.30%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	499 patients	30.20%
Other chronic pain (ICD-10-CM: G89.29)	486 patients	29.40%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	483 patients	29.30%
Encounter for immunization (ICD-10-CM: Z23)	437 patients	26.50%
History of falling (ICD-10-CM: Z91.81)	392 patients	23.70%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	392 patients	23.70%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	368 patients	22.30%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	366 patients	22.20%
Low back pain, unspecified (ICD-10-CM: M54.50)	358 patients	21.70%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	319 patients	19.30%
Other fatigue (ICD-10-CM: R53.83)	280 patients	17%

Continuation of Appendix Table 99. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physicians Racine in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,651 patients)
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	278 patients	16.80%
Other seasonal allergic rhinitis (ICD-10-CM: J30.2)	257 patients	15.60%
Pure hypercholesterolemia, unspecified (ICD-10-CM: E78.00)	253 patients	15.30%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	250 patients	15.10%
Encounter for screening for malignant neoplasm of prostate (ICD-10-CM: Z12.5)	247 patients	15%
Unspecified osteoarthritis, unspecified site (ICD-10-CM: M19.90)	242 patients	14.70%

Appendix Table 100. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physicians Racine in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Physicians Racine is located at 207 5th Street, Racine, Ohio 45771. In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physicians Racine served 1,502 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,502 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	897 patients	59.70%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	633 patients	42.10%
Obesity, unspecified (ICD-10-CM: E66.9)	478 patients	31.80%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	473 patients	31.50%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	472 patients	31.40%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	465 patients	31%
History of falling (ICD-10-CM: Z91.81)	458 patients	30.50%
Other chronic pain (ICD-10-CM: G89.29)	453 patients	30.20%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	410 patients	27.30%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	383 patients	25.50%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	365 patients	24.30%
Low back pain, unspecified (ICD-10-CM: M54.50)	335 patients	22.30%

Continuation of Appendix Table 100. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physicians Racine in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,502 patients)
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	329 patients	21.90%
Encounter for general adult medical examination with abnormal findings (ICD-10-CM: Z00.01)	308 patients	20.50%
Encounter for screening for malignant neoplasm of prostate (ICD-10-CM: Z12.5)	293 patients	19.50%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	276 patients	18.40%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	274 patients	18.20%
Other fatigue (ICD-10-CM: R53.83)	269 patients	17.90%
Other seasonal allergic rhinitis (ICD-10-CM: J30.2)	245 patients	16.30%
Unspecified osteoarthritis, unspecified site (ICD-10-CM: M19.90)	228 patients	15.20%

Appendix Table 101. Summary of immunizations administered to patients served by the OhioHealth Physician Group Primary Care Physician Racine in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physician Racine provided various immunizations to 387 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Primary Care Physician Racine is located at 207 5th Street, Racine, Ohio 45771

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=387 patients)
Influenza IIV4 High Dose 65 And Older	Flu	242 patients	62.50%
Influenza IIV4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	119 patients	30.70%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	86 patients	22.20%
Influenza IIV3 High Dose 65 And Older	Flu	37 patients	9.60%
Moderna Bivalent Booster:6-11 Yrs 0.25ml; 12+YRS 0.5ml	COVID-19	30 patients	7.80%
Zoster (Shingrix)	Shingles	22 patients	5.70%
Tdap	Tetanus, Diphtheria, Pertussis	20 patients	5.20%
Moderna SARS-Cov-2 Vaccination	COVID-19	14 patients	3.60%
Pfizer SARS-Cov-2 Vaccination	COVID-19	14 patients	3.60%
Pneumococcal Conjugate 20-Valent (Pneumovax 20)	Pneumonia	11 patients	2.80%
Influenza, Unspecified	Flu	8 patients	2.10%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	6 patients	1.60%
Influenza IIV4 6-35 Mo (Fluzone Quadrivalent)	Flu	5 patients	1.30%
Pneumococcal Conjugate 13-Valent (Pneumovax 13)	Pneumonia	5 patients	1.30%
Influenza, High Dose Seasonal	Flu	4 patients	1%

Continuation of Appendix Table 101. Summary of immunizations administered to patients served by the OhioHealth Physician Group Primary Care Physician Racine in Fiscal Year 2023

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=387 patients)
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	4 patients	1%
Influenza liv4 Fluad 90694	Flu	3 patients	0.78%
Influenza liv4 Fluzone/Flulaval 90688	Flu	3 patients	0.78%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	3 patients	0.78%
Influenza TIV (IM)	Flu	3 patients	0.78%

Appendix Table 102. Summary of immunizations administered to patients served by the OhioHealth Physician Group Primary Care Physician Racine in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physician Racine provided various immunizations to 15 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Primary Care Physician Racine is located at 207 5th Street, Racine, Ohio 45771

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=15 patients)
Pneumococcal Conjugate 20-Valent (Pevnar 20)	Pneumonia	10 patients	66.70%
Influenza IIV4 high dose 65 and Older	Flu	5 patients	33.30%
Tdap	Tetanus, Diphtheria, Pertussis	3 patients	20%
Zoster (Shingrix)	Shingles	2 patients	13.30%
Influenza IIV3 high dose 65 and Older	Flu	1 patient	6.70%
Influenza IIV4 Fluad 90694	Flu	1 patient	6.70%
Pfizer 2023-24 COVID-19 vaccine	COVID-19	1 patient	6.70%
Pfizer SARS-CoV-2 Vaccination	COVID-19	1 patient	6.70%
Respiratory Syncytial Virus Vaccine (Abrysvo/RSV)	Respiratory Syncytial Virus Infection	1 patient	6.70%
Respiratory Syncytial Virus Vaccine, Adjuvanted (Arexvy/RSV), Historical	Respiratory Syncytial Virus	1 patient	6.70%

Appendix Table 103. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2023

OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Primary Care Nelsonville served 619 patients and recorded 1,799 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=619 patients)
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	572 patients	92.40%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	474 patients	76.60%
Essential (primary) hypertension (ICD-10-CM: I10)	458 patients	74%
Encounter for immunization (ICD-10-CM: Z23)	426 patients	68.80%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	239 patients	38.60%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	223 patients	36%
Impaired fasting glucose (ICD-10-CM: R73.01)	217 patients	35.10%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	203 patients	32.80%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	203 patients	32.80%
Other allergy status, other than to drugs and biological substances (ICD-10-CM: Z91.09)	200 patients	32.30%
Depression, unspecified (ICD-10-CM: F32.A)	163 patients	26.30%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	160 patients	25.80%

Continuation of Appendix Table 103. Summary of Top Diagnoses of Patients by the OhioHealth Physician Group Heritage College Primary Care Nelsonville Served in Fiscal Year 2023

OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Primary Care Nelsonville served 619 patients and recorded 1,799 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=619 patients)
Type 2 diabetes mellitus without complications	152 patients	24.60%

(ICD-10-CM: E11.9)		
Anemia, unspecified (ICD-10-CM: D64.9)	147 patients	23.70%
Other chronic pain (ICD-10-CM: G89.29)	137 patients	22.10%
COVID-19 (ICD-10-CM: U07.1)	123 patients	19.90%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	121 patients	19.50%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	110 patients	17.80%
Asymptomatic menopausal state (ICD-10-CM: Z78.0)	109 patients	17.60%
Hypothyroidism, unspecified (ICD-10-CM: E03.9)	107 patients	17.30%

Appendix Table 104. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2024

OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Primary Care Nelsonville served 1,126 patients and recorded 2,650 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,126 patients)
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	718 patients	63.80%
Essential (primary) hypertension (ICD-10-CM: I10)	658 patients	58.40%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	590 patients	52.40%
Encounter for immunization (ICD-10-CM: Z23)	531 patients	47.20%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	371 patients	32.90%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	337 patients	29.90%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	319 patients	28.30%
Depression, unspecified (ICD-10-CM: F32.A)	299 patients	26.60%
Encounter for general adult medical examination with abnormal findings (ICD-10-CM: Z00.01)	280 patients	24.90%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	275 patients	24.40%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	259 patients	23%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	256 patients	22.70%
Impaired fasting glucose (ICD-10-CM: R73.01)	228 patients	20.20%

Continuation of Appendix Table 104. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2024

OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Primary Care Nelsonville served 1,126 patients and recorded 2,650 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,126 patients)
Other chronic pain (ICD-10-CM: G89.29)	226 patients	20.10%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	226 patients	20.10%
Other allergy status, other than to drugs and biological substances (ICD-10-CM: Z91.09)	220 patients	19.50%
History of falling (ICD-10-CM: Z91.81)	215 patients	19.10%
Obesity, unspecified (ICD-10-CM: E66.9)	214 patients	19%
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	207 patients	18.40%
Encounter for screening, unspecified (ICD-10-CM: Z13.9)	206 patients	18.30%

Appendix Table 105. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Primary Care Nelsonville served 619 patients and recorded 1,799 completed visits. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Primary Care Nelsonville provided various immunizations to 319 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Suite 200, Nelsonville, Ohio 45764.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=319 patients)
Influenza IIV4 High Dose 65 And Older	Flu	148 Patients	46.40%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	Covid-19	109 Patients	34.20%
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	104 Patients	32.60%
Pneumococcal Conjugate 20-Valent (Prenvar 20)	Pneumonia	68 Patients	21.30%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	47 Patients	14.70%
Tdap	Tetanus, Diphtheria, Pertussis	43 Patients	13.50%
Zoster (Shingrix)	Shingles	29 Patients	9.10%
Moderna SARS-Cov-2 Vaccination	COVID-19	14 Patients	4.40%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	12 Patients	3.80%
PPD Test (Tuberculosis Test)	Tuberculosis	12 Patients	3.80%
Influenza liv4 Fluad 90694	Flu	6 Patients	1.90%
Influenza IIV3 High Dose 65 and Older	Flu	5 Patients	1.60%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	5 Patients	1.60%
Influenza, Unspecified	Flu	4 Patients	1.30%
Influenza IIV3 ID 18-64 Yo	Flu	3 Patients	0.94%

Continuation of Appendix Table 105. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2023

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=319 patients)
Influenza liv4 18 Yo or > Flublok Quad 90682	Flu	3 Patients	0.94%
Moderna SARS-Cov-2 Vaccination Booster	COVID-19	2 Patients	0.63%
Hpv 9 Valent (Gardasil 9)	Human Papilloma Virus	1 Patient	0.31%
Influenza liv3 3yo Or > Fluzone 90656	Flu	1 Patient	0.31%
Influenza, Injectable, Quadrivalent	Flu	1 Patient	0.31%

Appendix Table 106. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Primary Care Nelsonville provided various immunizations to 373 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Primary Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Suite 200, Nelsonville, Ohio 45764.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=373 patients)
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	147 patients	39.40%
Influenza IIV4 High Dose 65 And Older	Flu	141 patients	37.80%
Pneumococcal Conjugate 20-Valent (Pvnrar 20)	Pneumonia	91 patients	24.40%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	62 patients	16.60%
Tdap	Tetanus, Diphtheria, Pertussis	53 patients	14.20%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus	30 patients	8%
Zoster (Shingrix)	Shingles	27 patients	7.20%
Protein-Purified Derivative (Ppd Test)	Tuberculosis	21 patients	5.60%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	14 patients	3.80%
Respiratory Syncytial Virus Vaccine, Adjuvanted (Arexvy/Rsv), Historical	Respiratory Syncytial Virus Infection	11 patients	2.90%
Human Papilloma Virus (Hpv) 9 Valent (Gardasil 9)	Human Papilloma Virus Infection	8 patients	2.10%
Influenza liv4 Fluad 90694	Flu	8 patients	2.10%
Covid-19, Unspecified	COVID-19	4 patients	1.10%
Influenza IIV3 High Dose 65 And Older	Flu	4 patients	1.10%
Influenza, Injectable, Quadrivalent	Flu	4 patients	1.10%
Influenza liv4 18 Yo Or > Flublok Quad 90682	Flu	3 patients	0.80%

Continuation of Appendix Table 106. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Primary Care Nelsonville in Fiscal Year 2024

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=373 patients)
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	3 patients	0.80%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	3 patients	0.80%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	2 patients	0.54%
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	2 patients	0.54%

Appendix Table 107. Summary of Top Diagnoses of Patients Served by the OhioHealth Sleep Services Nelsonville in Fiscal Year 2023

The OhioHealth Sleep Services – Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Suite 500, Nelsonville, Ohio 45764. In Fiscal Year 2023, OhioHealth Sleep Services Nelsonville served 1,074 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,074 patients)
Obstructive sleep apnea (adult) (pediatric) (ICD-10-CM: G47.33)	1036 patients	96.50%
Essential (primary) hypertension (ICD-10-CM: I10)	723 patients	67.30%
Obesity, unspecified (ICD-10-CM: E66.9)	584 patients	54.40%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	494 patients	46%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	464 patients	43.20%
Morbid (severe) obesity due to excess calories (ICD-10-CM: E66.01)	387 patients	36%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	376 patients	35%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	370 patients	34.50%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	335 patients	31.20%
Idiopathic sleep related nonobstructive alveolar hypoventilation (ICD-10-CM: G47.34)	331 patients	30.80%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	329 patients	30.60%
Insomnia, unspecified (ICD-10-CM: G47.00)	304 patients	28.30%

Continuation of Appendix Table 107. Summary of Top Diagnoses of Patients Served by the OhioHealth Sleep Services Nelsonville in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,074 patients)
Depression, unspecified (ICD-10-CM: F32.A)	294 patients	27.40%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	290 patients	27%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	286 patients	26.60%
Encounter for immunization (ICD-10-CM: Z23)	277 patients	25.80%
Other chronic pain (ICD-10-CM: G89.29)	247 patients	23%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	239 patients	22.30%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	219 patients	20.40%
Other fatigue (ICD-10-CM: R53.83)	212 patients	19.70%

Appendix Table 108. Summary of Top Diagnoses of Patients Served by the OhioHealth Sleep Services Nelsonville in Fiscal Year 2024

The OhioHealth Sleep Services Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Suite 500, Nelsonville, Ohio 45764. In Fiscal Year 2024, OhioHealth Sleep Services Nelsonville served 1,091 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,091 patients)
Obstructive sleep apnea (adult) (pediatric) (ICD-10-CM: G47.33)	1,056 patients	96.80%
Essential (primary) hypertension (ICD-10-CM: I10)	750 patients	68.70%
Obesity, unspecified (ICD-10-CM: E66.9)	625 patients	57.30%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	455 patients	41.70%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	449 patients	41.20%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	371 patients	34%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	369 patients	33.80%
Morbid (severe) obesity due to excess calories (ICD-10-CM: E66.01)	368 patients	33.70%
Idiopathic sleep related nonobstructive alveolar hypoventilation (ICD-10-CM: G47.34)	364 patients	33.40%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	358 patients	32.80%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	296 patients	27.10%
Insomnia, unspecified (ICD-10-CM: G47.00)	281 patients	25.80%

Continuation of Appendix Table 108. Summary of Top Diagnoses of Patients Served by the OhioHealth Sleep Services Nelsonville in Fiscal Year 2024

The OhioHealth Sleep Services Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Suite 500, Nelsonville, Ohio 45764. in Fiscal Year 2024, OhioHealth Sleep Services Nelsonville served 1,091 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=1,091 patients)
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	277 patients	25.40%
Depression, unspecified (ICD-10-CM: F32.A)	275 patients	25.20%
Other chronic pain (ICD-10-CM: G89.29)	264 patients	24.20%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	250 patients	22.90%
Encounter for immunization (ICD-10-CM: Z23)	249 patients	22.80%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	230 patients	21.10%
Other fatigue (ICD-10-CM: R53.83)	226 patients	20.70%
Sleep apnea, unspecified (ICD-10-CM: G47.30)	214 patients	19.60%

Appendix Table 109. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physician Glouster in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Physician Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physician Glouster served 726 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=726 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	469 patients	64.60%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	312 patients	43%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	284 patients	39.10%
Encounter for immunization (ICD-10-CM: Z23)	277 patients	38.20%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	270 patients	37.20%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	254 patients	35%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	248 patients	34.20%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	237 patients	32.60%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	185 patients	25.50%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	173 patients	23.80%
Depression, unspecified (ICD-10-CM: F32.A)	170 patients	23.40%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	165 patients	22.70%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	162 patients	22.30%

Continuation of Appendix Table 109. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physician Glouster in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Physician Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Physician Glouster served 726 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=726 patients)
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Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	160 patients	22%
Other chronic pain (ICD-10-CM: G89.29)	160 patients	22%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	129 patients	17.80%
Morbid (severe) obesity due to excess calories (ICD-10-CM: E66.01)	123 patients	16.90%
Anemia, unspecified (ICD-10-CM: D64.9)	119 patients	16.40%
Personal history of nicotine dependence (ICD-10-CM: Z87.891)	119 patients	16.40%
Obesity, unspecified (ICD-10-CM: E66.9)	116 patients	16%

Appendix Table 110. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physician Glouster in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Physician Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physician Glouster served 852 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N = 852 patients)
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	612 patients	71.80%
Essential (primary) hypertension (ICD-10-CM: I10)	502 patients	58.90%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	394 patients	46.20%
Encounter for immunization (ICD-10-CM: Z23)	365 patients	42.80%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	365 patients	42.80%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	361 patients	42.40%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	286 patients	33.60%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	217 patients	25.50%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	209 patients	24.50%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	201 patients	23.60%
Other chronic pain (ICD-10-CM: G89.29)	197 patients	23.10%
Obesity, unspecified (ICD-10-CM: E66.9)	194 patients	22.80%
Encounter for general adult medical examination with abnormal findings (ICD-10-CM: Z00.01)	184 patients	21.60%

Continuation of Appendix Table 110. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Primary Care Physician Glouster in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Physician Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Physician Glouster served 852 patients.

Diagnoses	Count of Patients Served	Percent of Patients Served (N = 852 patients)
Depression, unspecified (ICD-10-CM: F32.A)	180 patients	21.10%
Prediabetes (ICD-10-CM: R73.03)	180 patients	21.10%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	179 patients	21%
Nicotine dependence, cigarettes, uncomplicated (ICD-10-CM: F17.210)	172 patients	20.20%
Other specified abnormal findings of blood chemistry (ICD-10-CM: R79.89)	164 patients	19.20%
Morbid (severe) obesity due to excess calories (ICD-10-CM: E66.01)	160 patients	18.80%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	127 patients	14.90%

Appendix Table 111. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Primary Care Glouster served in Fiscal Year 2023

In Fiscal Year 2023, OhioHealth Physician Group (OPG) Heritage College Primary Care Glouster provided various immunizations to 213 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Primary Care Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=213 patients)
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	101 patients	47.40%
Influenza liv4 18 Yo Or > Flublok Quad 90682	Flu	67 patients	31.50%
Influenza IIV4 High Dose 65 And Older	Flu	67 patients	31.50%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	49 patients	23%
Tdap	Tetanus, Diphtheria, Pertussis	31 patients	14.60%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	22 patients	10.30%
Moderna SARS-Cov-2 Vaccination	COVID-19	12 patients	5.60%
Zoster (Shingrix)	Shingles	11 patients	5.20%
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	9 patients	4.20%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	8 patients	3.80%
Influenza, Unspecified	Flu	5 patients	2.30%
Influenza liv4 Fluad 90694	Flu	3 patients	1.40%
Influenza IIV3 High Dose 65 And Older	Flu	1 patients	0.47%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	1 patients	0.47%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	1 patients	0.47%

Appendix Table 112. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Primary Care Glouster served in Fiscal Year 2024

In Fiscal Year 2024, OhioHealth Physician Group (OPG) Heritage College Primary Care Glouster provided various immunizations to 235 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Primary Care Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732.

Vaccine/Tuberculosis Skin Test	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=235 patients)
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	92 patients	39.10%
Influenza IIV4 High Dose 65 And Older	Flu	80 patients	34%
Tdap	Tetanus, Diphtheria, Pertussis	72 patients	30.60%
Pneumococcal Conjugate 20-Valent (Pv20b)	Pneumonia	64 patients	27.20%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	23 patients	9.80%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus	12 patients	5.10%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	11 patients	4.70%
Zoster (Shingrix)	Shingles	8 patients	3.40%
Covid-19, Unspecified	COVID-19	2 patients	0.85%
Moderna SARS-Cov-2 Vaccination	COVID-19	2 patients	0.85%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	1 patient	0.43%
MMR	Measles, Mumps, Rubella	1 patient	0.43%

Appendix Table 113. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2023

The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. The OhioHealth Physician Group Heritage College Primary Care and Geriatrics is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. These two Clinics combined served 10,959 patients and recorded 33,643 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (10,959 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	6,088 patients	55.60%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	4,575 patients	41.70%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	4,404 patients	40.20%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	4,356 patients	39.70%
Encounter for immunization (ICD-10-CM: Z23)	3,673 patients	33.50%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	3,450 patients	31.50%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	3,315 patients	30.20%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	3,312 patients	30.20%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	3,308 patients	30.20%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	2,858 patients	26.10%
Other chronic pain (ICD-10-CM: G89.29)	2,650 patients	24.20%
Depression, unspecified (ICD-10-CM: F32.A)	2,508 patients	22.90%

Continuation of Appendix Table 113. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (10,959 patients)
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	2,455 patients	22.40%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	2,401 patients	21.90%
Obesity, unspecified (ICD-10-CM: E66.9)	2,313 patients	21.10%
History of falling (ICD-10-CM: Z91.81)	2,256 patients	20.60%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	1,984 patients	18.10%
Low back pain, unspecified (ICD-10-CM: M54.50)	1,943 patients	17.70%
Insomnia, unspecified (ICD-10-CM: G47.00)	1,725 patients	15.70%
Other fatigue (ICD-10-CM: R53.83)	1,675 patients	15.30%

Appendix Table 114. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2024

The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. The OhioHealth Physician Group Heritage College Primary Care and Geriatrics is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. These two Clinics combined served 11,454 patients and recorded 33,887 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=11,454 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	6,293 patients	54.90%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	5,377 patients	46.90%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	4,647 patients	40.60%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	4,533 patients	39.60%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	3,846 patients	33.60%
Encounter for immunization (ICD-10-CM: Z23)	3,514 patients	30.70%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	3,469 patients	30.30%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	3,461 patients	30.20%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	3,384 patients	29.50%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	3,031 patients	26.50%
Other chronic pain (ICD-10-CM: G89.29)	2,925 patients	25.50%
Obesity, unspecified (ICD-10-CM: E66.9)	2,574 patients	22.50%

Continuation of Appendix Table 114. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=11,454 patients)
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Depression, unspecified (ICD-10-CM: F32.A)	2,397 patients	20.90%
Encounter for screening for malignant neoplasm of colon (ICD-10-CM: Z12.11)	2,311 patients	20.20%
Low back pain, unspecified (ICD-10-CM: M54.50)	2,191 patients	19.10%
History of falling (ICD-10-CM: Z91.81)	2,140 patients	18.70%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	2,037 patients	17.80%
Other fatigue (ICD-10-CM: R53.83)	1,915 patients	16.70%
Insomnia, unspecified (ICD-10-CM: G47.00)	1,827 patients	16%
Hypothyroidism, unspecified (ICD-10-CM: E03.9)	1,685 patients	14.70%

Appendix Table 115. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics provided various immunizations to 2,856 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. The OhioHealth Physician Group Heritage College Primary Care and Geriatrics is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N = 2,856 patients)
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	1200 patients	42%
Influenza IIV4 High Dose 65 And Older	Flu	1013 patients	35.50%
Influenza IIV4 18 Yo Or > Flublok Quad 90682	Flu	858 patients	30%
Pneumococcal Conjugate 20-Valent (Pneumovax 20)	Pneumonia	714 patients	25%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	422 patients	14.80%
Tdap	Tetanus, Diphtheria, Pertussis	408 patients	14.30%
Zoster (Shingrix)	COVID-19	300 patients	10.50%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	180 patients	6.30%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	155 patients	5.40%
Moderna SARS-Cov-2 Vaccination	COVID-19	129 patients	4.50%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	106 patients	3.70%
Influenza IIV4 Fludax 90694	Flu	100 patients	3.50%
Influenza, Unspecified	Flu	89 patients	3.10%
Td	Tetanus, Diphtheria	46 patients	1.60%
Influenza IIV4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	40 patients	1.40%

Continuation of Appendix Table 115. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2023

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N = 2,856 patients)
Human Papilloma Virus (Hpv) 9 Valent (Gardasil 9)	HPV	39 patients	1.40%
Influenza IIV3 High Dose 65 And Older	Flu	33 patients	1.20%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	29 patients	1%
Pneumococcal Conjugate 13-Valent (Pevnar 13)	Pneumonia	21 patients	0.74%
Pfizer SARS-Cov-2 Vaccination	COVID-19	17 patients	0.60%

Appendix Table 116. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics provided various immunizations to 2,521 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. The OhioHealth Physician Group Heritage College Primary Care and Geriatrics is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N = 2,521 patients)
Influenza IIV4 High Dose 65 And Older	Flu	971 patients	38.50%
Influenza IIV4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	861 patients	34.20%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	661 patients	26.20%
Pneumococcal Conjugate 20-Valent (Pneumovax 20)	Pneumonia	541 patients	21.50%
Tdap	Tetanus, Diphtheria, Pertussis	359 patients	14.20%
Zoster (Shingrix)	Shingles	168 patients	6.70%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	164 patients	6.50%
Respiratory Syncytial Virus Vaccine, Adjuvanted (Arexvy/Rsv), Historical	Respiratory Syncytial Virus	77 patients	3.10%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus	76 patients	3%
Td	Tetanus, Diphtheria	59 patients	2.30%
Influenza IIV4 Flud 90694	Flu	48 patients	1.90%
Pneumococcal Polysaccharide (Pneumovax 23)	Pneumonia	41 patients	1.60%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	39 patients	1.50%
Human Papilloma Virus (Hpv) 9 Valent (Gardasil 9)	Human Papilloma Virus Infection	37 patients	1.50%

Continuation of Appendix Table 116. Summary of immunizations administered to patients by the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and Heritage College Primary Care and Geriatrics in Fiscal Year 2024

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N = 2,521 patients)
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	37 patients	1.50%
Influenza, Unspecified	Flu	28 patients	1.10%
Influenza liv4 18 Yo Or > Flublok Quad 90682	Flu	27 patients	1.10%
Influenza IIV3 High Dose 65 And Older	Flu	17 patients	0.67%
Influenza liv3 18 Yo Or > Flublok 90682	Flu	13 patients	0.52%
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	13 patients	0.52%

Appendix Table 117. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2023

The OhioHealth Physician Group Heritage College Pediatrics Athens is located at 75 Hospital Drive, Suite 350, Athens, Ohio 45701. In Fiscal Year 2023, The OhioHealth Physician Group Heritage College Pediatrics Athens served 4,366 patients and recorded 12,365 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,366 patients)
Encounter for routine child health examination without abnormal findings (ICD-10-CM: Z00.129)	2,753 patients	63.10%
Encounter for immunization (ICD-10-CM: Z23)	2,582 patients	59.10%
Encounter for routine child health examination with abnormal findings (ICD-10-CM: Z00.121)	1,736 patients	39.80%
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1,406 patients	32.20%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	1,195 patients	27.40%
Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism (ICD-10-CM: Z13.0)	795 patients	18.20%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	705 patients	16.10%
Single liveborn infant, unspecified as to place of birth (ICD-10-CM: Z38.2)	688 patients	15.80%
Encounter for screening for disorder due to exposure to contaminants (ICD-10-CM: Z13.88)	624 patients	14.30%
Fever, unspecified (ICD-10-CM: R50.9)	547 patients	12.50%
Cough, unspecified (ICD-10-CM: R05.9)	544 patients	12.50%

Continuation of Appendix Table 117. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2023

The OhioHealth Physician Group Heritage College Pediatrics Athens is located at 75 Hospital Drive, Suite 350, Athens, Ohio 45701. In Fiscal Year 2023, The OhioHealth Physician Group Heritage College Pediatrics Athens served 4,366 patients and recorded 12,365 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,366 patients)
Encounter for examination of ears and hearing without abnormal findings (ICD-10-CM: Z01.10)	497 patients	11.40%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	488 patients	11.20%
Encounter for examination of eyes and vision without abnormal findings (ICD-10-CM: Z01.00)	483 patients	11.10%
Streptococcal pharyngitis (ICD-10-CM: J02.0)	427 patients	9.80%
Health examination for newborn under 8 days old (ICD-10-CM: Z00.110)	403 patients	9.20%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	388 patients	8.90%
Viral infection, unspecified (ICD-10-CM: B34.9)	374 patients	8.60%
Constipation, unspecified (ICD-10-CM: K59.00)	337 patients	7.70%
Single liveborn infant, delivered vaginally (ICD-10-CM: Z38.00)	331 patients	7.60%

Appendix Table 118. Summary of Top 20 Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2024

The OhioHealth Physician Group Heritage College Pediatrics Athens is located at 75 Hospital Drive, Suite 350, Athens, Ohio 45701. In Fiscal Year 2024, The OhioHealth Physician Group Heritage College Pediatrics Athens served 4,165 patients and recorded 10,752 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,165 patients)
Encounter for routine child health examination without abnormal findings (ICD-10-CM: Z00.129)	2863 patients	68.70%
Encounter for immunization (ICD-10-CM: Z23)	2355 patients	56.50%
Encounter for routine child health examination with abnormal findings (ICD-10-CM: Z00.121)	1776 patients	42.60%
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1138 patients	27.30%
Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism (ICD-10-CM: Z13.0)	897 patients	21.50%
Encounter for screening for disorder due to exposure to contaminants (ICD-10-CM: Z13.88)	777 patients	18.70%
Single liveborn infant, unspecified as to place of birth (ICD-10-CM: Z38.2)	772 patients	18.50%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	758 patients	18.20%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	630 patients	15.10%
Encounter for examination of ears and hearing without abnormal findings (ICD-10-CM: Z01.10)	498 patients	12%
Encounter for examination of eyes and vision without abnormal findings (ICD-10-CM: Z01.00)	473 patients	11.40%

Continuation of Appendix Table 119. Summary of Top Diagnoses of Patients Served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=4,165 patients)
Fever, unspecified (ICD-10-CM: R50.9)	438 patients	10.50%

Health examination for newborn under 8 days old (ICD-10-CM: Z00.110)	399 patients	9.60%
Influenza due to unidentified influenza virus with other respiratory manifestations (ICD-10-CM: J11.1)	383 patients	9.20%
Cough, unspecified (ICD-10-CM: R05.9)	376 patients	9%
Single liveborn infant, delivered vaginally (ICD-10-CM: Z38.00)	362 patients	8.70%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	358 patients	8.60%
Constipation, unspecified (ICD-10-CM: K59.00)	326 patients	7.80%
Viral infection, unspecified (ICD-10-CM: B34.9)	315 patients	7.60%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	314 patients	7.50%

Appendix Table 120. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Pediatrics Athens provided various immunizations to 2,554 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Pediatrics Athens is located at 75 Hospital Drive, Suite 350, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=2,554 patients)
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	1077 patients	42.20%
Pneumococcal Conjugate 13-Valent (Prevnar 13)	Pneumonia	857 patients	33.60%
Dtap / Hib / IPV	Diphtheria, Tetanus, Pertussis, Meningitis, Polio	835 patients	32.70%
Hepatitis A Pediatric	Hepatitis A	633 patients	24.80%
Hepatitis B	Hepatitis B	557 patients	21.80%
Mmr	Measles, Mumps, Rubella	493 patients	19.30%
Varicella (Varivax)	Chicken pox	491 patients	19.20%
Rotavirus Pentavalent (Rotateq)	Gastroenteritis (Stomach flu)	490 patients	19.20%
Human Papilloma Virus (Hpv) 9 Valent (Gardasil 9)	Human Papilloma Virus	345 patients	13.50%
Dtap / IPV	Diphtheria, Tetanus, Pertussis, Polio	313 patients	12.30%
Pfizer SARS-Cov-2 Vaccination Peds 5yrs-11yrs	COVID-19	241 patients	9.40%
Pfizer SARS-Cov-2 Vaccination Peds 6mo- 4yrs	COVID-19	238 patients	9.30%
Tdap	Tetanus, Diphtheria, Pertussis	230 patients	9%
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	198 patients	7.80%
Meningococcal B (Trumenba)	Meningitis	194 patients	7.60%

Continuation of Appendix Table 120. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2023

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=2,554 patients)
Measles, Mumps, Rubella, Varicella (MMRV) C40MMRV (Proquad)	Measles, Mumps, Rubella, Chickenpox	184 patients	7.20%
Meningococcal Conjugate (Menactra)	Meningitis	173 patients	6.80%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	117 patients	4.60%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	109 patients	4.30%
Pfizer SARS-Cov-2 Vaccination Peds 6mo-4yrs	COVID-19	71 patients	2.80%

Appendix Table 121. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Pediatrics Athens provided various immunizations to 2,339 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Physician Group Heritage College Pediatrics Athens is located at 75 Hospital Drive, Suite 350, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=2,339 patients)
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	980 patients	41.90%
Dtap / Hib / IPV	Diphtheria, Tetanus, Pertussis, Meningitis, Polio	826 patients	35.30%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	640 patients	27.40%
Hepatitis A Pediatric	Hepatitis A	617 patients	26.40%
Hepatitis B	Hepatitis B	551 patients	23.60%
Rotavirus Pentavalent (Rotateq)	Gastroenteritis (Stomach flu)	503 patients	21.50%
MMR	Measles, Mumps, Rubella	491 patients	21%
Varicella (Varivax)	Chickenpox	478 patients	20.40%
Pneumococcal Conjugate 13-Valent (Prevnar 13)	Pneumonia	413 patients	17.70%
Menquadfi Meningococcal Polysaccharide A, C, Y, W-135 Tt Conjugate	Meningitis	323 patients	13.80%
Human Papilloma Virus (Hpv) 9 Valent (Gardasil 9)	Human Papilloma Virus	279 patients	11.90%
Moderna 2023-24 6M-11Y COVID-19 Vaccine	COVID-19	267 patients	11.40%
Dtap / IPV	Diphtheria, Tetanus, Pertussis, Polio	253 patients	10.80%
Meningococcal B (Trumenba)	Meningitis	203 patients	8.70%
Tdap	Tetanus, Diphtheria, Pertussis	191 patients	8.20%

Continuation of Appendix Table 121. Summary of immunizations administered to patients served by the OhioHealth Physician Group Heritage College Pediatrics Athens in Fiscal Year 2024

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=2,339 patients)
MMRV (Proquad)	Measles, Mumps, Rubella, Varicella	136 patients	5.80%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	61 patients	2.60%
Nirsevimab 50mg	Respiratory Syncytial Virus Infection	45 patients	1.90%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	40 patients	1.70%
Pfizer SARS-Cov-2 Vaccination Peds 6mo-4yrs	COVID-19	31 patients	1.30%

Appendix Table 122. Summary of Top Primary Diagnoses among Patients Served by the OhioHealth Urgent Care Athens and their corresponding completed visits in Fiscal Year 2023

The OhioHealth Urgent Care Athens is located at 265 W Union St, Suite A, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Urgent Care Athens served 8,780 patients and recorded 13,427 completed visits, regardless of primary diagnoses.

Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=13,427 visits)
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1,463 visits	10.90%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	843 visits	6.30%
COVID-19 (ICD-10-CM: U07.1)	763 visits	5.70%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	632 visits	4.70%
Streptococcal pharyngitis (ICD-10-CM: J02.0)	616 visits	4.60%
Bronchitis, not specified as acute or chronic (ICD-10-CM: J40)	601 visits	4.50%
Influenza due to other identified influenza virus with other respiratory manifestations (ICD-10-CM: J10.1)	452 visits	3.40%
Dysuria (ICD-10-CM: R30.0)	319 visits	2.40%
Acute maxillary sinusitis, unspecified (ICD-10-CM: J01.00)	311 visits	2.30%
Influenza due to unidentified influenza virus with other respiratory manifestations (ICD-10-CM: J11.1)	256 visits	1.90%
Otitis media, unspecified, bilateral (ICD-10-CM: H66.93)	229 visits	1.70%
Acute bronchitis, unspecified (ICD-10-CM: J20.9)	228 visits	1.70%

Continuation of Appendix Table 122. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Athens and their corresponding completed visits in Fiscal Year 2023

Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=13,427 visits)
Acute cystitis with hematuria (ICD-10-CM: N30.01)	187 visits	1.40%
Otitis media, unspecified, left ear (ICD-10-CM: H66.92)	170 visits	1.30%
Acute pansinusitis, unspecified (ICD-10-CM: J01.40)	154 visits	1.10%
Acute sinusitis, unspecified (ICD-10-CM: J01.90)	151 visits	1.10%
Otitis media, unspecified, right ear (ICD-10-CM: H66.91)	151 visits	1.10%
Bitten or stung by nonvenomous insect and other nonvenomous arthropods, initial encounter (ICD-10-CM: W57.XXXA)	137 visits	1%
Noninfective gastroenteritis and colitis, unspecified (ICD-10-CM: K52.9)	115 visits	0.86%
Acute suppurative otitis media without spontaneous rupture of ear drum, right ear (ICD-10-CM: H66.001)	107 visits	0.80%

Appendix Table 123. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Athens and their corresponding completed visits in Fiscal Year 2024

The OhioHealth Urgent Care Athens is located at 265 W Union St, Suite A, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Urgent Care Athens served 9,295 patients and recorded 14,273 completed visits, regardless of primary diagnoses.

Diagnoses	Count of Completed Visits	Percent of Completed Visits (N= 14,273 visits)
Acute upper respiratory infection, unspecified (ICD-10-CM: J06.9)	1091 visits	7.60%
Acute pharyngitis, unspecified (ICD-10-CM: J02.9)	850 visits	6%
Bronchitis, not specified as acute or chronic (ICD-10-CM: J40)	809 visits	5.70%
COVID-19 (ICD-10-CM: U07.1)	545 visits	3.80%
Acute maxillary sinusitis, unspecified (ICD-10-CM: J01.00)	458 visits	3.20%
Influenza due to other identified influenza virus with other respiratory manifestations (ICD-10-CM: J10.1)	434 visits	3%
Streptococcal pharyngitis (ICD-10-CM: J02.0)	397 visits	2.80%
Influenza due to unidentified influenza virus with other respiratory manifestations (ICD-10-CM: J11.1)	384 visits	2.70%
Dysuria (ICD-10-CM: R30.0)	381 visits	2.70%
Otitis media, unspecified, bilateral (ICD-10-CM: H66.93)	351 visits	2.50%
Otitis media, unspecified, left ear (ICD-10-CM: H66.92)	260 visits	1.80%
Acute cystitis with hematuria (ICD-10-CM: N30.01)	247 visits	1.70%

Continuation of Appendix Table 123. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Urgent Care Athens and their corresponding completed visits in Fiscal Year 2024

Diagnoses	Count of Completed Visits	Percent of Completed Visits (N= 14,273 visits)
Bitten or stung by nonvenomous insect and other nonvenomous arthropods, initial encounter (ICD-10-CM: W57.XXXA)	241 visits	1.70%
Acute pansinusitis, unspecified (ICD-10-CM: J01.40)	233 visits	1.60%
Otitis media, unspecified, right ear (ICD-10-CM: H66.91)	223 visits	1.60%
Acute bronchitis, unspecified (ICD-10-CM: J20.9)	193 visits	1.40%
Noninfective gastroenteritis and colitis, unspecified (ICD-10-CM: K52.9)	193 visits	1.40%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	146 visits	1%
Periapical abscess without sinus (ICD-10-CM: K04.7)	138 visits	0.97%
Acute cough (ICD-10-CM: R05.1)	129 visits	0.90%

Appendix Table 124. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Athens in Fiscal Year 2023

In Fiscal Year 2023, the OhioHealth Urgent Care Athens provided various immunizations to 123 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Urgent Care Athens is located at 265 W Union St, Suite A, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=123 patients)
Tdap	Tetanus, Diphtheria, Pertussis	96 patients	78%
Moderna Bivalent Booster:6-11 YRS 0.25ml; 12+YRS 0.5ml	COVID-19	17 patients	13.80%
Purified Protein Derivative (PPD) Test	Tuberculosis	17 patients	13.80%
Pfizer-Biontech Covid-19 Vaccine Bivalent Booster (12+)	COVID-19	14 patients	11.40%
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	13 patients	10.60%
Influenza IIV4 High Dose 65 And Older	Flu	6 patients	4.90%
Influenza liv4 18 Yo Or > Flublok Quad 90682	Flu	5 patients	4.10%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	4 patients	3.30%
Zoster (Shingrix)	Shingles	4 patients	3.30%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	3 patients	2.40%
Influenza, Unspecified	Flu	2 patients	1.60%
Moderna SARS-Cov-2 Vaccination	COVID-19	2 patients	1.60%
Pfizer 12+ Years Tris-Sucrose COVID-19 Vaccine	COVID-19	2 patients	1.60%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	2 patients	1.60%

Continuation of Appendix Table 124. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Athens in Fiscal Year 2023

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=123 patients)
Hep B, Adult	Hepatitis B	1 patient	0.81%
Hepatitis B	Hepatitis B	1 patient	0.81%
Influenza IIV3 High Dose 65 And Older	Flu	1 patient	0.81%
Influenza IIV4 Fluad 90694	Flu	1 patient	0.81%
Influenza IIV4 Fluzone/Flulaval 90688	Flu	1 patient	0.81%
Influenza, Seasonal, Injectable	Flu	1 patient	0.81%

Appendix Table 125. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Athens in Fiscal Year 2024

In Fiscal Year 2024, the OhioHealth Urgent Care Athens provided various immunizations to 147 patients as part of various vaccination regimens to promote immune resistance and prevent infectious diseases. The OhioHealth Urgent Care Athens is located at 265 W Union St, Suite A, Athens, Ohio 45701.

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=147 patients)
Tdap	Tetanus, Diphtheria, Pertussis	114 patients	77.60%
Purified Protein Derivative (Ppd) Test	Tuberculosis	114 patients	18.40%
Influenza liv4 6mo Or > Fluarix/Fluzone/Afluria 90686	Flu	114 patients	11.60%
Moderna 2023-24 COVID-19 Vaccine	COVID-19	114 patients	8.80%
Pfizer 2023-24 COVID-19 Vaccine	COVID-19	114 patients	5.40%
Influenza IIV4 High Dose 65 And Older	Flu	114 patients	2.70%
Influenza liv4 Fluad 90694	Flu	114 patients	2%
Pneumococcal Conjugate 20-Valent (Prevnar 20)	Pneumonia	114 patients	2%
Influenza liv3 18 Yo Or > Flublok 90682	Flu	114 patients	1.40%
Rabies, IM Diploid Cell	Rabies infection	114 patients	1.40%
Respiratory Syncytial Virus Vaccine (Abrysvo/Rsv)	Respiratory Syncytial Virus Infection	114 patients	1.40%
Human Papilloma Virus (HPV) 9 Valent (GARDASIL 9)	Human papilloma virus infection	114 patients	0.68%
Influenza liv3 3yo Or > Fluzone 90656	Flu	114 patients	0.68%
Influenza Quad 4yo Or >Flucelvax 90674	Flu	114 patients	0.68%
Influenza, Injectable, Quadrivalent, Preservative Free	Flu	114 patients	0.68%

Continuation of Appendix Table 125. Summary of immunizations administered to patients served by the OhioHealth Urgent Care Athens in Fiscal Year 2024

Vaccine	Disease(s) Prevented	Count of Patients Immunized	Percent of Patients Immunized (N=123 patients)
Influenza, Seasonal, Injectable	Flu	114 patients	0.68%
Meningococcal B (Bexsero)	Meningitis	114 patients	0.68%
Meningococcal C Conjugate (Menveo)	Meningitis	114 patients	0.68%
Moderna SARS-Cov-2 Vaccination Booster	COVID-19	114 patients	0.68%
Novavax 2023-24 COVID-19 Vaccine	COVID-19	114 patients	0.68%

Appendix Table 126. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group Pulmonology Athens and their corresponding completed visits in Fiscal Year 2023

The OhioHealth Physician Group Pulmonology Athens is located at 75 Hospital Drive, Suite 230, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Pulmonology Athens provided pulmonary specialty care to 1,061 patients and recorded 2,113 visits, regardless of diagnoses.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=2,113 visits)
Chronic obstructive pulmonary disease, unspecified (ICD-10-CM: J44.9)	423 visits	20%
Solitary pulmonary nodule (ICD-10-CM: R91.1)	143 visits	6.80%
Tobacco use (ICD-10-CM: Z72.0)	81 visits	3.80%
Dyspnea, unspecified (ICD-10-CM: R06.00)	67 visits	3.20%
Unspecified asthma, uncomplicated (ICD-10-CM: J45.909)	53 visits	2.50%
Obstructive sleep apnea (adult) (pediatric) (ICD-10-CM: G47.33)	50 visits	2.40%
Interstitial pulmonary disease, unspecified (ICD-10-CM: J84.9)	46 visits	2.20%
Cough, unspecified (ICD-10-CM: R05.9)	43 visits	2%
Other nonspecific abnormal finding of lung field (ICD-10-CM: R91.8)	43 visits	2%
Chronic obstructive pulmonary disease with (acute) exacerbation (ICD-10-CM: J44.1)	38 visits	1.80%
Shortness of breath (ICD-10-CM: R06.02)	37 visits	1.80%
Nicotine dependence, unspecified, uncomplicated (ICD-10-CM: F17.200)	36 visits	1.70%
Hypoxemia (ICD-10-CM: R09.02)	35 visits	1.70%

Continuation of Appendix Table 126. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group Pulmonology Athens and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (2,113 visits)
Nicotine dependence, unspecified, in remission (ICD-10-CM: F17.201)	29 visits	1.40%
Pneumonia, unspecified organism (ICD-10-CM: J18.9)	29 visits	1.40%

Abnormal findings on diagnostic imaging of other specified body structures (ICD-10-CM: R93.89)	27 visits	1.30%
Panlobular emphysema (ICD-10-CM: J43.1)	26 visits	1.20%
Emphysema, unspecified (ICD-10-CM: J43.9)	25 visits	1.20%
Other forms of dyspnea (ICD-10-CM: R06.09)	25 visits	1.20%
Mild intermittent asthma, uncomplicated (ICD-10-CM: J45.20)	22 visits	1%

Appendix Table 127. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group Pulmonology Athens and their corresponding completed visits in Fiscal Year 2024

The OhioHealth Physician Group Pulmonology Athens is located at 75 Hospital Drive, Suite 230, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Physician Group Pulmonology Athens provided pulmonary specialty care to 1,276 patients and recorded 2,716 completed visits, regardless of diagnoses.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (2,716 visits)
Chronic obstructive pulmonary disease, unspecified (ICD-10-CM: J44.9)	839 visits	30.90%
Solitary pulmonary nodule (ICD-10-CM: R91.1)	189 visits	7%
Unspecified asthma, uncomplicated (ICD-10-CM: J45.909)	88 visits	3.20%
Dyspnea, unspecified (ICD-10-CM: R06.00)	83 visits	3.10%
Tobacco use (ICD-10-CM: Z72.0)	80 visits	2.90%
Interstitial pulmonary disease, unspecified (ICD-10-CM: J84.9)	67 visits	2.50%
Other nonspecific abnormal finding of lung field (ICD-10-CM: R91.8)	65 visits	2.40%
Emphysema, unspecified (ICD-10-CM: J43.9)	59 visits	2.20%
Cough, unspecified (ICD-10-CM: R05.9)	56 visits	2.10%
Mild intermittent asthma, uncomplicated (ICD-10-CM: J45.20)	53 visits	2%
Chronic obstructive pulmonary disease with (acute) exacerbation (ICD-10-CM: J44.1)	50 visits	1.80%
Other forms of dyspnea (ICD-10-CM: R06.09)	39 visits	1.40%
Other specified chronic obstructive pulmonary disease (ICD-10-CM: J44.89)	37 visits	1.40%

Continuation of Appendix Table 127. Summary of Top Primary Diagnoses of Patients Served by the OhioHealth Physician Group Pulmonology Athens and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (2,716 visits)
Moderate persistent asthma, uncomplicated (ICD-10-CM: J45.40)	35 visits	1.30%
Obstructive sleep apnea (adult) (pediatric) (ICD-10-CM: G47.33)	35 visits	1.30%
Severe persistent asthma, uncomplicated (ICD-10-CM: J45.50)	33 visits	1.20%
Pneumonia, unspecified organism (ICD-10-CM: J18.9)	28 visits	1%
Other disorders of lung (ICD-10-CM: J98.4)	26 visits	0.96%
Hypoxemia (ICD-10-CM: R09.02)	24 visits	0.88%
Other emphysema (ICD-10-CM: J43.8)	24 visits	0.88%

Appendix Table 128. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Heart and Vascular Athens in Fiscal Year 2023

The OhioHealth Physician Group Heart and Vascular Athens is located at the Cornwell Center, 65 Hospital Drive, Athens, Ohio 45701. The OhioHealth Physician Group Heart and Vascular Athens served 251 patients and recorded 255 completed visits.

Diagnoses	Count of Patients	Percent of Patients Served (251 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	179 patients	71.30%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	149 patients	59.40%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	133 patients	53%
Palpitations (ICD-10-CM: R00.2)	116 patients	46.20%
Ventricular premature depolarization (ICD-10-CM: I49.3)	88 patients	35.10%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	85 patients	33.90%
Contact with and (suspected) exposure to covid-19 (ICD-10-CM: Z20.822)	82 patients	32.70%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	80 patients	31.90%
Abnormal electrocardiogram (ECG) (EKG) (ICD-10-CM: R94.31)	75 patients	29.90%
Chest pain, unspecified (ICD-10-CM: R07.9)	75 patients	29.90%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	74 patients	29.50%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	69 patients	27.50%
Encounter for immunization (ICD-10-CM: Z23)	68 patients	27.10%
Obesity, unspecified (ICD-10-CM: E66.9)	62 patients	24.70%

Continuation of Appendix Table 128. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Heart and Vascular Athens in Fiscal Year 2023

Diagnoses	Count of Patients	Percent of Patients Served (251 patients)
Atherosclerotic heart disease of native coronary artery without angina pectoris (ICD-10-CM: I25.10)	61 patients	24.30%
Dizziness and giddiness (ICD-10-CM: R42)	61 patients	24.30%
Type 2 diabetes mellitus without complications (ICD-10-CM: E11.9)	60 patients	23.90%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	59 patients	23.50%
Other chronic pain (ICD-10-CM: G89.29)	57 patients	22.70%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	54 patients	21.50%

Appendix Table 129. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heart and Vascular Athens in Fiscal Year 2024

The OhioHealth Physician Group Heart and Vascular Athens is located at the Cornwell Center, 65 Hospital Drive, Athens, Ohio 45701. The OhioHealth Physician Group Heart and Vascular Athens served 273 patients and recorded 290 completed visits completed visits.

Diagnoses	Count of Patients	Percent of Patients Served (N=273 patients)
Essential (primary) hypertension (ICD-10-CM: I10)	181 patients	66.30%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	155 patients	56.80%
Hyperlipidemia, unspecified (ICD-10-CM: E78.5)	147 patients	53.80%
Palpitations (ICD-10-CM: R00.2)	116 patients	42.50%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	101 patients	37%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	99 patients	36.30%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	90 patients	33%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	85 patients	31.10%
Encounter for immunization (ICD-10-CM: Z23)	79 patients	28.90%
Ventricular premature depolarization (ICD-10-CM: I49.3)	74 patients	27.10%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	70 patients	25.60%
Atherosclerotic heart disease of native coronary artery without angina pectoris (ICD-10-CM: I25.10)	69 patients	25.30%
Obesity, unspecified (ICD-10-CM: E66.9)	68 patients	24.90%

Continuation of Appendix Table 129. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heart and Vascular Athens in Fiscal Year 2024

Diagnoses	Count of Patients	Percent of Patients Served (N=273 patients)
Abnormal electrocardiogram (ECG) (EKG) (ICD-10-CM: R94.31)	67 patients	24.50%
Other chronic pain (ICD-10-CM: G89.29)	67 patients	24.50%
Mixed hyperlipidemia (ICD-10-CM: E78.2)	65 patients	23.80%

Chest pain, unspecified (ICD-10-CM: R07.9)	61 patients	22.30%
Bradycardia, unspecified (ICD-10-CM: R00.1)	60 patients	22%
Depression, unspecified (ICD-10-CM: F32.A)	59 patients	21.60%
Dizziness and giddiness (ICD-10-CM: R42)	58 patients	21.20%

Appendix Table 130. Summary of top primary diagnoses of patients served by the OhioHealth Heritage College Orthopedic & Sports Medicine Athens and their corresponding completed visits in Fiscal Year 2023

The OhioHealth Heritage College Orthopedic & Sports Medicine Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Heritage College Orthopedic & Sports Medicine Athens served 4,621 patients and recorded 12,905 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=12,905 visits)
Unilateral primary osteoarthritis, right knee (ICD-10-CM: M17.11)	909 visits	7%
Unilateral primary osteoarthritis, left knee (ICD-10-CM: M17.12)	685 visits	5.30%
Other specified postprocedural states (ICD-10-CM: Z98.890)	466 visits	3.60%
Pain in right shoulder (ICD-10-CM: M25.511)	364 visits	2.80%
Pain in left shoulder (ICD-10-CM: M25.512)	282 visits	2.20%
Pain in right knee (ICD-10-CM: M25.561)	280 visits	2.20%
Pain in left knee (ICD-10-CM: M25.562)	275 visits	2.10%
Bilateral primary osteoarthritis of knee (ICD-10-CM: M17.0)	236 visits	1.80%
Pain in right arm (ICD-10-CM: M79.601)	236 visits	1.80%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	235 visits	1.80%
Other chronic pain (ICD-10-CM: G89.29)	215 visits	1.70%
Pain in left leg (ICD-10-CM: M79.605)	215 visits	1.70%
Pain in right leg (ICD-10-CM: M79.604)	215 visits	1.70%
Pain in left arm (ICD-10-CM: M79.602)	214 visits	1.70%

Continuation of Appendix Table 130. Summary of top primary diagnoses of patients served by the OhioHealth Heritage College Orthopedic & Sports Medicine Athens and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=12,905 visits)
Encounter for other specified surgical aftercare (ICD-10-CM: Z48.89)	198 visits	1.50%

Presence of right artificial knee joint (ICD-10-CM: Z96.651)	171 visits	1.30%
Primary osteoarthritis, right shoulder (ICD-10-CM: M19.011)	156 visits	1.20%
Presence of left artificial knee joint (ICD-10-CM: Z96.652)	139 visits	1.10%
Unilateral primary osteoarthritis, right hip (ICD-10-CM: M16.11)	127 visits	0.98%
Primary osteoarthritis, left shoulder (ICD-10-CM: M19.012)	125 visits	0.97%

Appendix Table 131. Summary of top primary diagnoses of patients served by the OhioHealth Heritage College Orthopedic & Sports Medicine Athens and their corresponding completed visits in Fiscal Year 2024

The OhioHealth Heritage College Orthopedic & Sports Medicine Athens is located at 75 Hospital Drive, Suite 140, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Heritage College Orthopedic & Sports Medicine Athens served 4,777 patients and recorded 13,760 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=13,760 visits)
Unilateral primary osteoarthritis, right knee (ICD-10-CM: M17.11)	1192 visits	8.70%
Unilateral primary osteoarthritis, left knee (ICD-10-CM: M17.12)	802 visits	5.80%
Other specified postprocedural states (ICD-10-CM: Z98.890)	539 visits	3.90%
Pain in right shoulder (ICD-10-CM: M25.511)	395 visits	2.90%
Pain in right arm (ICD-10-CM: M79.601)	290 visits	2.10%
Pain in left knee (ICD-10-CM: M25.562)	286 visits	2.10%
Pain in right knee (ICD-10-CM: M25.561)	265 visits	1.90%
Pain in left shoulder (ICD-10-CM: M25.512)	261 visits	1.90%
Pain in left arm (ICD-10-CM: M79.602)	253 visits	1.80%
Pain in left leg (ICD-10-CM: M79.605)	246 visits	1.80%
Pain in right leg (ICD-10-CM: M79.604)	244 visits	1.80%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	235 visits	1.70%
Presence of right artificial knee joint (ICD-10-CM: Z96.651)	189 visits	1.40%
Bilateral primary osteoarthritis of knee (ICD-10-CM: M17.0)	178 visits	1.30%

Continuation of Appendix Table 131. Summary of top primary diagnoses of patients served by the OhioHealth Heritage College Orthopedic & Sports Medicine Athens and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=13,760 visits)
Encounter for other specified surgical aftercare (ICD-10-CM: Z48.89)	178 visits	1.30%
Presence of left artificial knee joint (ICD-10-CM: Z96.652)	174 visits	1.30%
Other chronic pain (ICD-10-CM: G89.29)	167 visits	1.20%
Unilateral primary osteoarthritis, right hip (ICD-10-CM: M16.11)	163 visits	1.20%
Unspecified rotator cuff tear or rupture of right shoulder, not specified as traumatic (ICD-10-CM: M75.101)	162 visits	1.20%
Carpal tunnel syndrome, right upper limb (ICD-10-CM: G56.01)	156 visits	1.10%

Appendix Table 132. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurology Athens and their corresponding completed visits in Fiscal Year 2023

The OhioHealth Physician Group Neurology Athens is located at 65 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Neurology Athens served 1,405 patients and recorded 2,765 visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=2,765 visits)
Myalgia, unspecified site (ICD-10-CM: M79.10)	537 visits	19.40%
Encounter for therapeutic drug level monitoring (ICD-10-CM: Z51.81)	139 visits	5%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	136 visits	4.90%
Pain, unspecified (ICD-10-CM: R52)	73 visits	2.60%
Unspecified convulsions (ICD-10-CM: R56.9)	71 visits	2.60%
Neuralgia and neuritis, unspecified (ICD-10-CM: M79.2)	65 visits	2.40%
Dizziness and giddiness (ICD-10-CM: R42)	52 visits	1.90%
Tension-type headache, unspecified, not intractable (ICD-10-CM: G44.209)	47 visits	1.70%
Other amnesia (ICD-10-CM: R41.3)	39 visits	1.40%
Multiple sclerosis (ICD-10-CM: G35)	35 visits	1.30%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	31 visits	1.10%
Cerebral infarction, unspecified (ICD-10-CM: I63.9)	30 visits	1.10%
Deficiency of other specified B group vitamins (ICD-10-CM: E53.8)	22 visits	0.80%

Continuation of Appendix Table 132. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurology Athens and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=2,765 visits)
Unspecified dementia, unspecified severity, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety (ICD-10-CM: F03.90)	22 visits	0.80%
Tremor, unspecified (ICD-10-CM: R25.1)	18 visits	0.65%
Epilepsy, unspecified, not intractable, without status epilepticus (ICD-10-CM: G40.909)	17 visits	0.62%
Other migraine, intractable, without status migrainosus (ICD-10-CM: G43.819)	17 visits	0.62%
Vitamin B12 deficiency anemia due to intrinsic factor deficiency (ICD-10-CM: D51.0)	16 visits	0.58%
Chronic migraine without aura, not intractable, without status migrainosus (ICD-10-CM: G43.709)	12 visits	0.43%
Disease of spinal cord, unspecified (ICD-10-CM: G95.9)	11 visits	0.40%

Appendix Table 133. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurology Athens and their corresponding completed visits in Fiscal Year 2024

The OhioHealth Physician Group Neurology Athens is located at 65 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Neurology Athens served 1,446 patients and recorded 2,620 visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=2,620 visits)
Myalgia, unspecified site (ICD-10-CM: M79.10)	659 visits	25.20%
Pain, unspecified (ICD-10-CM: R52)	160 visits	6.10%
Unspecified convulsions (ICD-10-CM: R56.9)	114 visits	4.40%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	90 visits	3.40%
Neuralgia and neuritis, unspecified (ICD-10-CM: M79.2)	81 visits	3.10%
Dizziness and giddiness (ICD-10-CM: R42)	63 visits	2.40%
Other amnesia (ICD-10-CM: R41.3)	48 visits	1.80%
Multiple sclerosis (ICD-10-CM: G35)	45 visits	1.70%
Tension-type headache, unspecified, not intractable (ICD-10-CM: G44.209)	44 visits	1.70%
Post-traumatic stress disorder, unspecified (ICD-10-CM: F43.10)	40 visits	1.50%
Tremor, unspecified (ICD-10-CM: R25.1)	39 visits	1.50%
Deficiency of other specified B group vitamins (ICD-10-CM: E53.8)	33 visits	1.30%
Cerebral infarction, unspecified (ICD-10-CM: I63.9)	32 visits	1.20%

Continuation of Appendix Table 133. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurology Athens and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=2,620 visits)
Unspecified dementia, unspecified severity, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety (ICD-10-CM: F03.90)	32 visits	1.20%
Epilepsy, unspecified, not intractable, without status epilepticus (ICD-10-CM: G40.909)	27 visits	1%
Other migraine, intractable, without status migrainosus (ICD-10-CM: G43.819)	27 visits	1%
Other chronic pain (ICD-10-CM: G89.29)	17 visits	0.65%
Chronic migraine without aura, intractable, without status migrainosus (ICD-10-CM: G43.719)	14 visits	0.53%
Chronic migraine without aura, not intractable, without status migrainosus (ICD-10-CM: G43.709)	14 visits	0.53%
Other migraine, not intractable, without status migrainosus (ICD-10-CM: G43.809)	14 visits	0.53%

Appendix Table 134. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurosurgery and their corresponding completed visits in Fiscal Year 2023

The OhioHealth Physician Group Neurosurgery John Lloyd Drive is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. In Fiscal Year 2023, OhioHealth Physician Group Neurosurgery John Lloyd Drive served 105 patients and recorded 150 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=150 visits)
Lumbago with sciatica, unspecified side (ICD-10-CM: M54.40)	19 visits	12.70%
Arthrodesis status (ICD-10-CM: Z98.1)	16 visits	10.70%
Fusion of spine, cervical region (ICD-10-CM: M43.22)	12 visits	8%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	10 visits	6.70%
Spinal stenosis, cervical region (ICD-10-CM: M48.02)	9 visits	6%
Spinal stenosis, lumbar region with neurogenic claudication (ICD-10-CM: M48.062)	7 visits	4.70%
Cervicalgia (ICD-10-CM: M54.2)	6 visits	4%
Radiculopathy, cervical region (ICD-10-CM: M54.12)	5 visits	3.30%
Sacrococcygeal disorders, not elsewhere classified (ICD-10-CM: M53.3)	5 visits	3.30%
Carpal tunnel syndrome, bilateral upper limbs (ICD-10-CM: G56.03)	4 visits	2.70%
Other chronic pain (ICD-10-CM: G89.29)	4 visits	2.70%
Pain in unspecified hip (ICD-10-CM: M25.559)	3 visits	2%
Carpal tunnel syndrome, right upper limb (ICD-10-CM: G56.01)	2 visits	1.30%

Continuation of Appendix Table 134. Summary of top primary diagnoses of patients served by the OhioHealth Physician Group Neurosurgery and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=150 visits)
Foot drop, right foot (ICD-10-CM: M21.371)	2 visits	1.30%
Klippel-Feil syndrome (ICD-10-CM: Q76.1)	2 visits	1.30%
Other spondylosis with myelopathy, cervical region (ICD-10-CM: M47.12)	2 visits	1.30%
Pain in left hip (ICD-10-CM: M25.552)	2 visits	1.30%
Polyneuropathy, unspecified (ICD-10-CM: G62.9)	2 visits	1.30%
Spinal instabilities, lumbar region (ICD-10-CM: M53.2X6)	2 visits	1.30%
Benign neoplasm of cerebral meninges (ICD-10-CM: D32.0)	1 visits	0.67%

Appendix Table 135. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center Thoracic Oncology and their corresponding completed visits in Fiscal Year 2023

The OhioHealth O'Bleness Hospital Castrop Center's Thoracic Oncology is located at 75 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the O'Bleness Hospital Castrop Center Cancer Care Thoracic Oncology served 59 patients and recorded 79 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=79 visits)
Pleural effusion, not elsewhere classified (ICD-10-CM: J90)	6 visits	7.60%
Solitary pulmonary nodule (ICD-10-CM: R91.1)	5 visits	6.30%
Malignant neoplasm of unspecified part of unspecified bronchus or lung (ICD-10-CM: C34.90)	4 visits	5.10%
Malignant neoplasm of upper lobe, right bronchus or lung (ICD-10-CM: C34.11)	4 visits	5.10%
Diaphragmatic hernia without obstruction or gangrene (ICD-10-CM: K44.9)	3 visits	3.80%
Malignant neoplasm of anterior mediastinum (ICD-10-CM: C38.1)	3 visits	3.80%
Adult hypertrophic pyloric stenosis (ICD-10-CM: K31.1)	2 visits	2.50%
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	2 visits	2.50%
Malignant neoplasm of unspecified part of right bronchus or lung (ICD-10-CM: C34.91)	2 visits	2.50%
Malignant neoplasm of upper lobe, left bronchus or lung (ICD-10-CM: C34.12)	2 visits	2.50%
Shortness of breath (ICD-10-CM: R06.02)	2 visits	2.50%
Tobacco use (ICD-10-CM: Z72.0)	2 visits	2.50%
Abscess of mediastinum (ICD-10-CM: J85.3)	1 visit	1.30%

Continuation of Appendix Table 135. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center Thoracic Oncology and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=79 visits)
Acute post-thoracotomy pain (ICD-10-CM: G89.12)	1 visit	1.30%
Emphysema, unspecified (ICD-10-CM: J43.9)	1 visit	1.30%
Hemothorax (ICD-10-CM: J94.2)	1 visit	1.30%
Incisional hernia without obstruction or gangrene (ICD-10-CM: K43.2)	1 visit	1.30%
Malignant neoplasm of lower lobe, right bronchus or lung (ICD-10-CM: C34.31)	1 visit	1.30%
Malignant neoplasm of unspecified part of left bronchus or lung (ICD-10-CM: C34.92)	1 visit	1.30%
Malignant pleural effusion (ICD-10-CM: J91.0)	1 visit	1.30%

Appendix Table 136. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center Thoracic Oncology and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=98 visits)
Pleural effusion, not elsewhere classified (ICD-10-CM: J90)	8 visits	8.20%
Tobacco use (ICD-10-CM: Z72.0)	7 visits	7.10%
Diaphragmatic hernia without obstruction or gangrene (ICD-10-CM: K44.9)	6 visits	6.10%
Malignant neoplasm of unspecified part of right bronchus or lung (ICD-10-CM: C34.91)	5 visits	5.10%
Solitary pulmonary nodule (ICD-10-CM: R91.1)	5 visits	5.10%
Malignant neoplasm of unspecified part of unspecified bronchus or lung (ICD-10-CM: C34.90)	4 visits	4.10%
Malignant neoplasm of upper lobe, right bronchus or lung (ICD-10-CM: C34.11)	4 visits	4.10%
Benign carcinoid tumor of the bronchus and lung (ICD-10-CM: D3A.090)	3 visits	3.10%
Disorders of diaphragm (ICD-10-CM: J98.6)	3 visits	3.10%
Malignant neoplasm of esophagus, unspecified (ICD-10-CM: C15.9)	3 visits	3.10%
Other benign neuroendocrine tumors (ICD-10-CM: D3A.8)	3 visits	3.10%
Other diseases of mediastinum, not elsewhere classified (ICD-10-CM: J98.59)	3 visits	3.10%
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	2 visits	2%

Continuation of Appendix Table 136. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center Thoracic Oncology and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=98 visits)
Esophageal obstruction (ICD-10-CM: K22.2)	2 visits	2%

Malignant neoplasm of anterior mediastinum (ICD-10-CM: C38.1)	2 visits	2%
Malignant neoplasm of lower lobe, right bronchus or lung (ICD-10-CM: C34.31)	2 visits	2%
Malignant neoplasm of upper lobe, left bronchus or lung (ICD-10-CM: C34.12)	2 visits	2%
Neoplasm of unspecified behavior of other specified sites (ICD-10-CM: D49.89)	2 visits	2%
Other nonspecific abnormal finding of lung field (ICD-10-CM: R91.8)	2 visits	2%
Other pneumothorax (ICD-10-CM: J93.83)	2 visits	2%

Appendix Table 137. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center's Palliative Care and their corresponding completed visits in Fiscal Year 2023

The OhioHealth O'Bleness Hospital Castrop Center's Palliative Care is located at 75 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the O'Bleness Hospital Castrop Center's Palliative Care served 228 patients and recorded 887 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=887)
Encounter for palliative care (ICD-10-CM: Z51.5)	748 visits	84.30%
Fibromyalgia (ICD-10-CM: M79.7)	47 visits	5.30%
Myositis, unspecified (ICD-10-CM: M60.9)	20 visits	2.30%
Postlaminectomy syndrome, not elsewhere classified (ICD-10-CM: M96.1)	14 visits	1.60%
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	7 visits	0.79%
Other chronic pain (ICD-10-CM: G89.29)	6 visits	0.68%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	6 visits	0.68%
Segmental and somatic dysfunction of pelvic region (ICD-10-CM: M99.05)	5 visits	0.56%
Neoplasm related pain (acute) (chronic) (ICD-10-CM: G89.3)	3 visits	0.34%
Cervicalgia (ICD-10-CM: M54.2)	2 visits	0.23%
Pain in left knee (ICD-10-CM: M25.562)	2 visits	0.23%
Pain in thoracic spine (ICD-10-CM: M54.6)	2 visits	0.23%
Unspecified abdominal pain (ICD-10-CM: R10.9)	2 visits	0.23%

Continuation of Appendix Table 137. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center's Palliative Care and their corresponding completed visits in Fiscal Year 2023

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=887)
Acute post-traumatic headache, not intractable (ICD-10-CM: G44.319)	1 visit	0.11%
Attention-deficit hyperactivity disorder, predominantly inattentive type (ICD-10-CM: F90.0)	1 visit	0.11%
Bronchiectasis, uncomplicated (ICD-10-CM: J47.9)	1 visit	0.11%
Bronchitis, not specified as acute or chronic (ICD-10-CM: J40)	1 visit	0.11%
Chronic migraine without aura, not intractable, without status migrainosus (ICD-10-CM: G43.709)	1 visit	0.11%
Chronic pain syndrome (ICD-10-CM: G89.4)	1 visit	0.11%
Encounter for screening for malignant neoplasm of prostate (ICD-10-CM: Z12.5)	1 visit	0.11%

Appendix Table 138. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center's Palliative Care and their corresponding completed visits in Fiscal Year 2024

The OhioHealth O'Bleness Hospital Castrop Center's Palliative Care is located at 75 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, the O'Bleness Hospital Castrop Center's Palliative Care served 264 patients and recorded 1,002 completed visits.

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=1,002 visits)
Encounter for palliative care (ICD-10-CM: Z51.5)	860 visits	85.80%
Fibromyalgia (ICD-10-CM: M79.7)	42 visits	4.20%
Myositis, unspecified (ICD-10-CM: M60.9)	12 visits	1.20%
Postlaminectomy syndrome, not elsewhere classified(ICD-10-CM: M96.1)	12 visits	1.20%
Interstitial myositis, multiple sites (ICD-10-CM: M60.19)	9 visits	0.90%
Sacroiliitis, not elsewhere classified (ICD-10-CM: M46.1)	7 visits	0.70%
Headache, unspecified (ICD-10-CM: R51.9)	6 visits	0.60%
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	4 visits	0.40%
Other chronic pain (ICD-10-CM: G89.29)	4 visits	0.40%
Migraine with aura, not intractable, without status migrainosus (ICD-10-CM: G43.109)	3 visits	0.30%
Segmental and somatic dysfunction of pelvic region (ICD-10-CM: M99.05)	3 visits	0.30%
Chronic migraine without aura, intractable, without status migrainosus (ICD-10-CM: G43.719)	2 visits	0.20%
Chronic pain syndrome (ICD-10-CM: G89.4)	2 visits	0.20%

Continuation of Appendix Table 138. Summary of top primary diagnoses of patients served by the OhioHealth O'Bleness Hospital Castrop Center's Palliative Care and their corresponding completed visits in Fiscal Year 2024

Primary Diagnoses	Count of Completed Visits	Percent of Completed Visits (N=1,002 visits)
Migraine with aura, intractable, without status migrainosus (ICD-10-CM: G43.119)	2 visits	0.20%
Other general symptoms and signs (ICD-10-CM: R68.89)	2 visits	0.20%
Pain in right knee (ICD-10-CM: M25.561)	2 visits	0.20%
Personal history of (healed) traumatic fracture (ICD-10-CM: Z87.81)	2 visits	0.20%
Radiculopathy, lumbar region (ICD-10-CM: M54.16)	2 visits	0.20%
Cervicogenic headache (ICD-10-CM: G44.86)	1 visits	0.10%
Chronic pain due to trauma (ICD-10-CM: G89.21)	1 visits	0.10%

Appendix Table 139. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens in Fiscal Year 2023

The OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens Clinic is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens Clinic served 6,339 patients and recorded 21,883 completed visits.

Diagnoses	Count of Patients	Percent of Patients (N=6,339 patients)
Encounter for gynecological examination (general) (routine) without abnormal findings (ICD-10-CM: Z01.419)	3,234 patients	51%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	2,247 patients	35.40%
Encounter for screening for malignant neoplasm of cervix (ICD-10-CM: Z12.4)	1,925 patients	30.40%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	1,586 patients	25%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	1,580 patients	24.90%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	1,530 patients	24.10%
Encounter for immunization (ICD-10-CM: Z23)	1,295 patients	20.40%
Contact with and (suspected) exposure to COVID-19 (ICD-10-CM: Z20.822)	1,243 patients	19.60%
Encounter for other screening for malignant neoplasm of breast (ICD-10-CM: Z12.39)	1,233 patients	19.50%
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	1,192 patients	18.80%
Pelvic and perineal pain (ICD-10-CM: R10.2)	1,176 patients	18.60%

Continuation of Appendix Table 139. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens in Fiscal Year 2023

Diagnoses	Count of Patients	Percent of Patients (N=6,339 patients)
Depression, unspecified (ICD-10-CM: F32.A)	1,075 patients	17%
Encounter for general adult medical examination without abnormal findings ICD-10-CM: Z00.00)	1,007 patients	15.90%
Other specified noninflammatory disorders of vagina (ICD-10-CM: N89.8)	989 patients	15.60%
Essential (primary) hypertension (ICD-10-CM: I10)	954 patients	15%
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	946 patients	14.90%
Encounter for other general counseling and advice on contraception (ICD-10-CM: Z30.09)	942 patients	14.90%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	914 patients	14.40%
Obesity, unspecified (ICD-10-CM: E66.9)	907 patients	14.30%
Irregular menstruation, unspecified (ICD-10-CM: N92.6)	844 patients	13.30%

Appendix Table 140. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens in Fiscal Year 2024

The OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens Clinic is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens Clinic served 6,320 patients and recorded 23,611 completed visits.

Diagnoses	Count of Patients	Percent of Patients (N= 6,320 patients)
Encounter for gynecological examination (general) (routine) without abnormal findings (ICD-10-CM: Z01.419)	3,238 patients	51.20%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	2,145 patients	33.90%
Encounter for screening for malignant neoplasm of cervix (ICD-10-CM: Z12.4)	1,715 patients	27.10%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	1,510 patients	23.90%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	1,494 patients	23.60%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	1,477 patients	23.40%
Encounter for immunization (ICD-10-CM: Z23)	1,274 patients	20.20%
Pelvic and perineal pain (ICD-10-CM: R10.2)	1,219 patients	19.30%
Encounter for general adult medical examination without abnormal findings (ICD-10-CM: Z00.00)	1,209 patients	19.10%
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	1,209 patients	19.10%
Encounter for other screening for malignant neoplasm of breast (ICD-10-CM: Z12.39)	1,204 patients	19.10%

Continuation of Appendix Table 140. Summary of top diagnoses of patients served by the OhioHealth Physician Group Heritage College Obstetrics and Gynecology Athens in Fiscal Year 2024

Diagnoses	Count of Patients	Percent of Patients (6,320 patients)
Vitamin D deficiency, unspecified (ICD-10-CM: E55.9)	1,080 patients	17.10%
Other specified noninflammatory disorders of vagina (ICD-10-CM: N89.8)	991 patients	15.70%
Essential (primary) hypertension (ICD-10-CM: I10)	977 patients	15.50%
Depression, unspecified (ICD-10-CM: F32.A)	927 patients	14.70%
Obesity, unspecified (ICD-10-CM: E66.9)	903 patients	14.30%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	899 patients	14.20%
Abnormal uterine and vaginal bleeding, unspecified (ICD-10-CM: N93.9)	888 patients	14.10%
Encounter for other general counseling and advice on contraception (ICD-10-CM: Z30.09)	873 patients	13.80%
Irregular menstruation, unspecified (ICD-10-CM: N92.6)	838 patients	13.30%

Appendix Table 141. Summary of top diagnoses of patients served by the OhioHealth Physician Group Obstetrics and Gynecology in Logan, Ohio in Fiscal Year 2023

The OhioHealth Physician Group Obstetrics and Gynecology Logan is located at 1319 W. Hunter Street, Logan, Ohio 43138. In Fiscal Year 2023, the OhioHealth Physician Group Obstetrics and Gynecology Logan served 765 patients and recorded 1,380 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=765 patients)
Encounter for gynecological examination (general) (routine) without abnormal findings (ICD-10-CM: Z01.419)	340 patients	44.40%
Encounter for screening for malignant neoplasm of cervix (ICD-10-CM: Z12.4)	248 patients	32.40%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	169 patients	22.10%
Abnormal uterine and vaginal bleeding, unspecified (ICD-10-CM: N93.9)	167 patients	21.80%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	166 patients	21.70%
Encounter for other screening for malignant neoplasm of breast (ICD-10-CM: Z12.39)	154 patients	20.10%
Pelvic and perineal pain (ICD-10-CM: R10.2)	149 patients	19.50%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	145 patients	19%
Other specified noninflammatory disorders of vagina (ICD-10-CM: N89.8)	132 patients	17.30%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	123 patients	16.10%

Continuation of Appendix Table 141. Summary of top diagnoses of patients served by the OhioHealth Physician Group Obstetrics and Gynecology in Logan, Ohio in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=765)
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	121 patients	15.80%
Obesity, unspecified (ICD-10-CM: E66.9)	90 patients	11.80%
Acute vaginitis (ICD-10-CM: N76.0)	89 patients	11.60%
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	89 patients	11.60%
Encounter for other general counseling and advice on contraception (ICD-10-CM: Z30.09)	85 patients	11.10%
Depression, unspecified (ICD-10-CM: F32.A)	83 patients	10.80%
Other acute postprocedural pain (ICD-10-CM: G89.18)	80 patients	10.50%
Encounter for routine postpartum follow-up (ICD-10-CM: Z39.2)	78 patients	10.20%
Encounter for gynecological examination (general) (routine) with abnormal findings (ICD-10-CM: Z01.411)	77 patients	10.10%
Encounter for immunization (ICD-10-CM: Z23)	77 patients	10.10%

Appendix Table 142. Summary of top diagnoses of patients served by the OhioHealth Physician Group Obstetrics and Gynecology in Logan, Ohio in Fiscal Year 2024

The OhioHealth Physician Group Obstetrics and Gynecology Logan is located at 1319 W. Hunter Street, Logan, Ohio 43138. In Fiscal Year 2023, the OhioHealth Physician Group Obstetrics and Gynecology Logan served 692 patients and recorded 1,194 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N = 692 patients)
Encounter for gynecological examination (general) (routine) without abnormal findings (ICD-10-CM: Z01.419)	383 patients	55.30%
Encounter for screening for malignant neoplasm of cervix (ICD-10-CM: Z12.4)	238 patients	34.40%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	163 patients	23.60%
Encounter for screening mammogram for malignant neoplasm of breast (ICD-10-CM: Z12.31)	158 patients	22.80%
Abnormal uterine and vaginal bleeding, unspecified (ICD-10-CM: N93.9)	154 patients	22.30%
Pelvic and perineal pain (ICD-10-CM: R10.2)	133 patients	19.20%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	119 patients	17.20%
Encounter for other screening for malignant neoplasm of breast (ICD-10-CM: Z12.39)	112 patients	16.20%
Anxiety disorder, unspecified (ICD-10-CM: F41.9)	95 patients	13.70%
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	95 patients	13.70%
Other specified noninflammatory disorders of vagina (ICD-10-CM: N89.8)	91 patients	13.20%

Continuation of Appendix Table 142. Summary of top diagnoses of patients served by the OhioHealth Physician Group Obstetrics and Gynecology in Logan, Ohio in Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N = 692 patients)
Encounter for other preprocedural examination (ICD-10-CM: Z01.818)	76 patients	11%
Essential (primary) hypertension (ICD-10-CM: I10)	72 patients	10.40%
Depression, unspecified (ICD-10-CM: F32.A)	70 patients	10.10%
Encounter for gynecological examination (general) (routine) with abnormal findings (ICD-10-CM: Z01.411)	66 patients	9.50%
Encounter for routine postpartum follow-up (ICD-10-CM: Z39.2)	66 patients	9.50%
Irregular menstruation, unspecified (ICD-10-CM: N92.6)	66 patients	9.50%
Gastro-esophageal reflux disease without esophagitis (ICD-10-CM: K21.9)	65 patients	9.40%
Obesity, unspecified (ICD-10-CM: E66.9)	61 patients	8.80%
Dysmenorrhea, unspecified (ICD-10-CM: N94.6)	60 patients	8.70%

Appendix Table 143. Summary of top diagnoses of patients served by the OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive in Athens, Ohio in Fiscal Year 2023

The OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive is located at 75 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Maternal Fetal Medicine served 586 patients and recorded 768 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=586 patients)
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	584 patients	99.70%
Encounter for antenatal screening, unspecified (ICD-10-CM: Z36.9)	536 patients	91.50%
Encounter for immunization (ICD-10-CM: Z23)	392 patients	66.90%
Single live birth (ICD-10-CM: Z37.0)	370 patients	63.10%
Encounter for other specified antenatal screening (ICD-10-CM: Z36.89)	366 patients	62.50%
Irregular menstruation, unspecified (ICD-10-CM: N92.6)	356 patients	60.80%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	352 patients	60.10%
Encounter for routine postpartum follow-up (ICD-10-CM: Z39.2)	329 patients	56.10%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	329 patients	56.10%
20 weeks gestation of pregnancy (ICD-10-CM: Z3A.20)	327 patients	55.80%
28 weeks gestation of pregnancy (ICD-10-CM: Z3A.28)	303 patients	51.70%
36 weeks gestation of pregnancy (ICD-10-CM: Z3A.36)	303 patients	51.70%

Continuation of Appendix Table 143. Summary of top diagnoses of patients served by the OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive in Athens, Ohio in Fiscal Year 2023

Diagnoses	Count of Patients Served	Percent of Patients Served (N=579 patients)
37 weeks gestation of pregnancy (ICD-10-CM: Z3A.37)	298 patients	50.90%
Encounter for antenatal screening for cervical length (ICD-10-CM: Z36.86)	293 patients	50%
Encounter for full-term uncomplicated delivery (ICD-10-CM: O80)	275 patients	46.90%
Encounter for antenatal screening for Streptococcus B (ICD-10-CM: Z36.85)	260 patients	44.40%
Other specified diseases and conditions complicating pregnancy (ICD-10-CM: O99.891)	248 patients	42.30%
30 weeks gestation of pregnancy (ICD-10-CM: Z3A.30)	245 patients	41.80%
Maternal care for breech presentation, not applicable or unspecified (ICD-10-CM: O32.1XX0)	245 patients	41.80%
Encounter for antenatal screening for chromosomal anomalies (ICD-10-CM: Z36.0)	244 patients	41.60%

Appendix Table 144. Summary of top diagnoses of patients served in by the OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive in Athens, Ohio Fiscal Year 2024

The OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive is located at 75 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Physician Group Maternal Fetal Medicine served 579 patients and recorded 769 completed visits.

Diagnoses	Count of Patients Served	Percent of Patients Served (N=579 patients)
Encounter for supervision of normal pregnancy, unspecified, unspecified trimester (ICD-10-CM: Z34.90)	572 patients	98.80%
Encounter for antenatal screening, unspecified (ICD-10-CM: Z36.9)	508 patients	87.70%
Encounter for immunization (ICD-10-CM: Z23)	372 patients	64.20%
Single live birth (ICD-10-CM: Z37.0)	367 patients	63.40%
20 weeks gestation of pregnancy (ICD-10-CM: Z3A.20)	363 patients	62.70%
28 weeks gestation of pregnancy (ICD-10-CM: Z3A.28)	357 patients	61.70%
Other long term (current) drug therapy (ICD-10-CM: Z79.899)	335 patients	57.90%
Encounter for screening for infections with a predominantly sexual mode of transmission (ICD-10-CM: Z11.3)	333 patients	57.50%
Irregular menstruation, unspecified (ICD-10-CM: N92.6)	323 patients	55.80%
Encounter for routine postpartum follow-up (ICD-10-CM: Z39.2)	321 patients	55.40%
Encounter for other specified antenatal screening (ICD-10-CM: Z36.89)	311 patients	53.70%
Other specified diseases and conditions complicating pregnancy (ICD-10-CM: O99.891)	300 patients	51.80%

Continuation of Appendix Table 144. Summary of top diagnoses of patients served in by the OhioHealth Physician Group Maternal Fetal Medicine Hospital Drive in Athens, Ohio Fiscal Year 2024

Diagnoses	Count of Patients Served	Percent of Patients Served (N=579 patients)
36 weeks gestation of pregnancy (ICD-10-CM: Z3A.36)	299 patients	51.60%
32 weeks gestation of pregnancy (ICD-10-CM: Z3A.32)	283 patients	48.90%
Maternal care for breech presentation, not applicable or unspecified (ICD-10-CM: O32.1XX0)	280 patients	48.40%
37 weeks gestation of pregnancy (ICD-10-CM: Z3A.37)	279 patients	48.20%
30 weeks gestation of pregnancy (ICD-10-CM: Z3A.30)	276 patients	47.70%
12 weeks gestation of pregnancy (ICD-10-CM: Z3A.12)	275 patients	47.50%
24 weeks gestation of pregnancy (ICD-10-CM: Z3A.24)	274 patients	47.30%
Encounter for screening for diabetes mellitus (ICD-10-CM: Z13.1)	268 patients	46.30%

Appendix Table 145. OhioHealth O'Bleness Hospital Alignment with the 2020-2022 State Health Improvement Plan Pertinent to Access to OhioHealth Outpatient Services in Athens County (AC – 4)

Measure	Data Years	Athens County	Ohio	United States
Premature Death Years of potential life lost before age 75 per 100,000 population (age-adjusted).	2019-2021	9,000 years of life lost before age 75 per 100,000	9,400 years of life lost before age 75 per 100,000	8,000 years of life lost before age 75 per 100,000
Life Expectancy Average number of years people are expected to live Disaggregation of Life Expectancy	2019-2021	75.8 years Disaggregation by Race – Non-Hispanic Asian – 83.8 years Non-Hispanic Black – 76.6 years Non-Hispanic White – 75.3 years	75.6 years	77.6 years
Poor or Fair Health Percentage of adults reporting fair or poor health (age-adjusted).	2021	18% of adults have fair or poor health	16% of adults have fair or poor health	14% of adults have fair or poor health
Poor Physical Health Days Average number of physically unhealthy days reported in past 30 days (age-adjusted).	2021	4.2 poor physical health days in past 30 days	3.6 poor physical health days in past 30 days	3.3 poor physical health days in past 30 days
Poor Mental Health days Average number of mentally unhealthy days reported in past 30 days (age-adjusted).	2021	6.2 poor mental health days in past 30 days	5.5 poor mental health days in past 30 days	4.8 poor mental health days

Continuation of Appendix Table 145. OhioHealth O'Bleness Hospital Alignment with the 2020-2022 State Health Improvement Plan Pertinent to Access to OhioHealth Outpatient Services in Athens County (AC-4)

Measure	Data Years	Athens County	Ohio	United States
Frequent Physical Distress Percentage of adults reporting 14 or more days of poor physical health per month (age-adjusted)	2021	13%	11%	10%
Frequent Mental Distress Percentage of adults reporting 14 or more days of poor mental health per month (age-adjusted)	2021	19%	17%	15%
Diabetes Prevalence Percentage of adults aged 20 and above with diagnosed diabetes (age-adjusted)	2021	11%	11%	10%
Uninsured Percentage of population under age 65 without health insurance	2021	10%	8%	10%
Primary Care Physicians Ratio of population to primary care physicians	2021	1,590 persons per 1 primary care physician	1,330 persons per 1 primary care physician	1,330 persons per 1 primary care physician

Continuation of Appendix Table 145. OhioHealth O'Bleness Hospital Alignment with the 2020-2022 State Health Improvement Plan Pertinent to Access to OhioHealth Outpatient Services in Athens County (AC-4)

Measure	Data Years	Athens County	Ohio	United States
Mental Health Providers Ratio of population to mental health providers.	2023	150 persons per 1 mental health provider	310 persons per 1 mental health provider	320 persons per 1 mental health provider
Preventable Hospital Stays Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees	2021	2,638 hospital stays per 100,000 people enrolled in Medicare might have been prevented by outpatient treatment	3,111 hospital stays per 100,000 people enrolled in Medicare might have been prevented by outpatient treatment	2,681 hospital stays per 100,000 people enrolled in Medicare might have been prevented by outpatient treatment
Mammography Screening Percentage of female Medicare enrollees ages 65-74 who received an annual mammography screening Disaggregation by Race	2021	42% of female Medicare enrollees received in annual mammography screening <u>Disaggregation by Race –</u> Black – 50% White – 42%	46% of female Medicare enrollees received in annual mammography screening	43% of female Medicare enrollees received in annual mammography screening
Flu Vaccinations	2021	46% of Medicare enrollees received an annual flu vaccine Disaggregated by Race: Asian Black	49% of Medicare enrollees received an annual flu vaccine	46% of Medicare enrollees received an annual flu vaccine

O'Bleness Hospital's Intended Actions to Address Chronic Disease (CD)

CD – 1. OhioHealth O'Bleness Hospital Collaborations – Creating Healthy Communities Coalition — Partner with the Athens City-County Health Department's "Creating Healthy Communities" in providing patients from Athens and Hocking Counties with access to nutritious meals. Patients with diabetes or prediabetes will be prescribed nutritious meals delivered through the Meals on Wheels program. O'Bleness Hospital will utilize the community health workers from the Athens City-County Health Department to help patients adopt healthy behaviors, improve health literacy and overcome barriers to good health habits.

The action in CD – 1 aligns with Ohio's 2020–2022 State Health Improvement Plan.

OhioHealth O'Bleness Fiscal Years 2023 to 2025 Impacts Related to OhioHealth O'Bleness Hospital Collaborations – Creating Healthy Communities Coalition (CD –1)

The providers and other members of the healthcare team at the OhioHealth O'Bleness Hospital and Emergency Department, the OhioHealth Physician Group Clinics, Urgent Care Clinics and other affiliated outpatient facilities serving Athens County have provided medical, nursing, care management, coordination, and to ensure that patients with chronic diseases adopt healthy behaviors through healthy eating, physical activity, and develop health literacy skills so they could become self-managers of their own health.

Appendix Tables 146 to 169 provide summaries of the number and percent of patients served during Fiscal Year 2023 and 2024 with the top 10 chronic diseases, namely:

- Hypertension
- Obesity
- High cholesterol
- Depression
- Diabetes
- Chronic obstructive pulmonary disease (COPD)
- Asthma
- Coronary heart disease
- Cancer
- Chronic kidney disease (CKD)

These patients diagnosed with chronic diseases were provided standard medical, nursing and case management care and education about the importance of adopting healthy lifestyles and behavior that aligns with the goals of the Creating Healthy Communities Coalition.

Appendix Table 169 shows OhioHealth O'Bleness Hospital's alignment with Ohio's 2020-2022 State Health Improvement Plan (SHIP). The Athens County Creating Healthy Communities is led by Meredith Erlewine from the Athens City County Health Department. Examples of community partners are listed in **Appendix Table 170..**

Appendix Table 146. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and OhioHealth Physician Group (OPG) Heritage College Primary Care and Geriatrics in Fiscal Year 2023

The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens served 10,959 patients and recorded 33,643 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=10,959 patients)
Hypertension	8,137 patients	74.2%
Obesity	7,710 patients	70.4%
High cholesterol	5,971 patients	54.5%
Depression	4,376 patients	39.9%
Diabetes	2,875 patients	26.2%
Chronic obstructive pulmonary disease (COPD)	2,296 patients	21%
Asthma	2,277 patients	20.8%
Coronary heart disease	1,629 patients	14.9%
Cancer	1,218 patients	11.1%
Chronic kidney disease (CKD)	1,126 patients	10.3%

Appendix Table 147. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens and OhioHealth Physician Group (OPG) Heritage College Primary Care and Geriatrics Athens in Fiscal Year 2024

The OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens is located at 75 Hospital Drive, Suite 140, Athens Ohio 45701. The OhioHealth Physician Group Heritage College is located at 26 Hospital Drive, First Floor, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Heritage College Sports Medicine and Primary Care Athens served 11,454 patients and recorded 33,887 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=11,454 patients)
Hypertension	8,494 patients	74.2%
Obesity	8,099 patients	70.7%
High cholesterol	6,289 patients	54.9%
Depression	4,511 patients	39.4%
Diabetes	3,095 patients	27%
Chronic obstructive pulmonary disease (COPD)	2,413 patients	21.1%
Asthma	1,400 patients	12.2%
Coronary heart disease	1,739 patients	15.2%
Cancer	1,169 patients	10.2%
Chronic kidney disease (CKD)	1,118 patients	9.8%

Appendix Table 148. Summary of top 10 chronic diseases of patients seen at the OhioHealth O'Bleness Family Medicine in Fiscal Year 2023

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Floor 2, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Family Medicine served 2,333 patients and recorded 7,679 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=2,333 patients)
Hypertension	1,510 patients	64.7%
Obesity	1,417 patients	60.7%
High cholesterol	909 patients	39%
Depression	962 patients	41.2%
Diabetes	524 patients	22.5%
Chronic obstructive pulmonary disease (COPD)	520 patients	22.3%
Asthma	515 patients	22.1%
Coronary heart disease	244 patients	10.5%
Cancer	157patients	6.7%
Chronic kidney disease (CKD)	198 patients	8.5%

Appendix Table 149. Summary of top 10 chronic diseases of patients seen at the OhioHealth O'Bleness Family Medicine in Fiscal Year 2024

The OhioHealth O'Bleness Family Medicine is located at 26 Hospital Drive, Floor 2, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Family Medicine served 2,214 patients and recorded 7,179 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=2,214 patients)
Hypertension	1,439 patients	65%
Obesity	1,380 patients	62.3%
High cholesterol	874 patients	39.5%
Depression	838 patients	37.9%
Diabetes	487 patients	22%
Chronic obstructive pulmonary disease (COPD)	465 patients	21%
Asthma	461 patients	20.8%
Coronary heart disease	226 patients	10.2%
Cancer	157 patients	7.1%
Chronic kidney disease (CKD)	168 patients	7.6%

Appendix Table 150. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Practice John Lloyd (Nelsonville, Ohio) in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Practice John Lloyd is located at 11 John Lloyd Evans Memorial Drive Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Practice John Lloyd served 619 patients and recorded 1,799 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=619 patients)
Hypertension	522 patients	84.3%
Obesity	508 patients	82.1%
High cholesterol	497 patients	80.3%
Depression	271 patients	43.8%
Diabetes	202 patients	32.6%
Chronic obstructive pulmonary disease (COPD)	158 patients	25.5%
Asthma	156 patients	25.2 %
Coronary heart disease	117 patients	18.9%
Cancer	73 patients	11.8%
Chronic kidney disease (CKD)	152 patients	24.6%

Appendix Table 151. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Practice John Lloyd (Nelsonville, Ohio) in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Practice John Lloyd is located at 11 John Lloyd Evans Memorial Drive Nelsonville, Ohio 45764. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Practice John Lloyd served 1,126 patients and recorded 2,650 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,126 patients)
Hypertension	818 patients	72.6%
Obesity	813 patients	72.2%
High cholesterol	638 patients	56.7%
Depression	477 patients	42.4%
Diabetes	311 patients	27.6%
Chronic obstructive pulmonary disease (COPD)	294 patients	26.1%
Asthma	293 patients	26%
Coronary heart disease	170 patients	15.1%
Cancer	98 patients	8.7%
Chronic kidney disease (CKD)	172 patients	15.3%

Appendix Table 152. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Practice Racine in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Practice Racine is located at 207 5th Street, Racine, Ohio 45771. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Practice Racine served 1,651 patients and recorded 5,083 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,651 patients)
Hypertension	1,226 patients	74.3%
Obesity	1,278 patients	77.4%
High cholesterol	919 patients	55.7%
Depression	481 patients	29.1%
Diabetes	416 patients	25.2%
Chronic obstructive pulmonary disease (COPD)	255 patients	15.4%
Asthma	253 patients	15.3%
Coronary heart disease	236 patients	14.3%
Cancer	153 patients	9.3%
Chronic kidney disease (CKD)	124 patients	7.5%

Appendix Table 153. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Practice Racine in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Practice Racine is located at 207 5th Street, Racine, Ohio 45771. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Practice Racine served 1,502 patients and recorded 4,441 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,502 patients)
Hypertension	1,127 patients	75%
Obesity	1,151 patients	76.6%
High cholesterol	878 patients	58.5%
Depression	478 patients	31.8%
Diabetes	517 patients	34.4%
Chronic obstructive pulmonary disease (COPD)	237 patients	15.8%
Asthma	235 patients	15.6%
Coronary heart disease	216 patients	14.4%
Cancer	149 patients	9.9%
Chronic kidney disease (CKD)	123 patients	8.2%

Appendix Table 154. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Glouster in Fiscal Year 2023

The OhioHealth Physician Group Primary Care Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2023, the OhioHealth Physician Group Primary Care Glouster served 726 patients and recorded 2,275 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=726 patients)
Hypertension	585 patients	80.6%
Obesity	574 patients	79.1%
High cholesterol	414 patients	57%
Depression	342 patients	47.1%
Diabetes	216 patients	29.8%
Chronic obstructive pulmonary disease (COPD)	185 patients	25.5%
Asthma	90 patients	12.4%
Coronary heart disease	111 patients	15.3%
Cancer	76 patients	10.5%
Chronic kidney disease (CKD)	86 patients	11.8%

Appendix Table 155. Summary of top 10 chronic diseases of patients seen at the OhioHealth Physician Group Primary Care Glouster in Fiscal Year 2024

The OhioHealth Physician Group Primary Care Glouster is located at 5 Cardaras Drive, Glouster, Ohio 45732. In Fiscal Year 2024, the OhioHealth Physician Group Primary Care Glouster served 852 patients and recorded 2,937 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N= 852 patients)
Hypertension	658 patients	77.2%
Obesity	645 patients	75.7%
High cholesterol	472 patients	55.4%
Depression	603 patients	70.8%
Diabetes	247 patients	29%
Chronic obstructive pulmonary disease (COPD)	207 patients	24.3%
Asthma	207 patients	24.3%
Coronary heart disease	125 patients	14.7%
Cancer	76 patients	8.9%
Chronic kidney disease (CKD)	93 patients	10.9%

Appendix Table 156. Summary of top 10 chronic diseases of patients seen at the OhioHealth Campus Care Primary Care at Ohio University in Fiscal Year 2023

The OhioHealth Campus Care Primary Care at Ohio University is located at 2 Health Center Drive, Athens Ohio 45701. The OhioHealth Campus Care Primary Care at Ohio University served 2,013 patients and recorded 6,255 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=2,013 patients)
Hypertension	366 patients	18.2%
Obesity	151 patients	7.5%
High cholesterol	75 patients	3.7%
Depression	577 patients	28.7%
Diabetes	62 patients	3.1%
Chronic obstructive pulmonary disease (COPD)	164 patients	8.1%
Asthma	170 patients	8.4%
Coronary heart disease	9 patients	0.45%
Cancer	13 patients	0.65%
Chronic kidney disease (CKD)	7 patients	0.35%

Appendix Table 157. Summary of top 10 chronic diseases of patients seen at the OhioHealth Campus Care Primary Care at Ohio University in Fiscal Year 2024

The OhioHealth Campus Care Primary Care at Ohio University is located at 2 Health Center Drive, Athens Ohio 45701. The OhioHealth Campus Care Primary Care at Ohio University served 1,932 patients and recorded 6,215 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,932 patients)
Hypertension	373 patients	19.3%
Obesity	150 patients	7.8%
High cholesterol	58 patients	3%
Depression	550 patients	28.5%
Diabetes	69 patients	3.6%
Chronic obstructive pulmonary disease (COPD)	153 patients	7.9%
Asthma	158 patients	8.2%
Coronary heart disease	6 patients	0.31%
Cancer	5 patients	0.25%
Chronic kidney disease (CKD)	6 patients	0.31%

Appendix Table 158. Summary of top 10 chronic diseases of patients served by the OhioHealth Campus Care Urgent Care at Ohio University in Fiscal Year 2023

The OhioHealth Campus Care Urgent Care at Ohio University is located at 2 Health Center Drive Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Campus Care Urgent Care at Ohio University served 5,748 patients and recorded 10,648 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=5,748 patients)
Hypertension	678 patients	11.8%
Obesity	234 patients	4.1%
High cholesterol	82 patients	1.4%
Depression	626 patients	10.9%
Diabetes	80 patients	1.4%
Chronic obstructive pulmonary disease (COPD)	272 patients	4.7%
Asthma	281 patients	4.9%
Coronary heart disease	8 patients	0.14%
Cancer	5 patients	0.09%
Chronic kidney disease (CKD)	7 patients	0.12%

Appendix Table 159. Summary of top 10 chronic diseases of patients served by the OhioHealth Campus Care Urgent Care at Ohio University in Fiscal Year 2024

The OhioHealth Campus Care Urgent Care at Ohio University is located at 2 Health Center Drive Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Campus Care Urgent Care at Ohio University served 2,989 patients and recorded 4,252 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=2,989 patients)
Hypertension	370 patients	12.4%
Obesity	117 patients	3.9%
High cholesterol	37 patients	1.2%
Depression	307 patients	10.3%
Diabetes	49 patients	1.6%
Chronic obstructive pulmonary disease (COPD)	147 patients	4.9%
Asthma	149 patients	5%
Coronary heart disease	5 patients	0.17%
Cancer	3 patients	0.1%
Chronic kidney disease (CKD)	3 patients	0.1%

Appendix Table 160. Summary of top 10 chronic diseases of patients seen at the OhioHealth Urgent Care Nelsonville in Fiscal Year 2023

The OhioHealth Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. The OhioHealth Urgent Care Nelsonville served 6,651 patients and recorded 5,308 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=6,651 patients)
Hypertension	2,075 patients	31.2%
Obesity	2,044 patients	30.7%
High cholesterol	1,200 patients	18%
Depression	1,246 patients	18.7%
Diabetes	728 patients	10.9%
Chronic obstructive pulmonary disease (COPD)	899 patients	13.5%
Asthma	897 patients	13.5%
Coronary heart disease	293 patients	4.4%
Cancer	186 patients	2.8%
Chronic kidney disease (CKD)	243 patients	3.7%

Appendix Table 161. Summary of top 10 chronic diseases of patients seen at the OhioHealth Urgent Care Nelsonville in Fiscal Year 2024

The OhioHealth Urgent Care Nelsonville is located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. The OhioHealth Urgent Care Nelsonville served 3,754 patients and recorded 5,308 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=3,754 patients)
Hypertension	1,176 patients	31.3%
Obesity	1,199 patients	31.9%
High cholesterol	654 patients	17.4%
Depression	761 patients	20.3%
Diabetes	447 patients	11.9%
Chronic obstructive pulmonary disease (COPD)	551 patients	14.7%
Asthma	550 patients	14.7%
Coronary heart disease	191 patients	5.1%
Cancer	8 patients	2.6%
Chronic kidney disease (CKD)	134 patients	3.6%

Appendix Table 162. Summary of top 10 chronic diseases of patients served by Urgent Care Athens in Fiscal Year 2023

The Urgent Care Athens is located at 265 W. Union Street Suite A Athens Ohio 45701. In Fiscal Year 2023, the Urgent Care Athens served 8,780 patients and recorded 13,427 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N= 8,780 patients)
Hypertension	2,778 patients	31.6%
Obesity	2,465 patients	28.1%
High cholesterol	1,446 patients	16.5%
Depression	1,786 patients	20.3%
Diabetes	807 patients	9.2%
Chronic obstructive pulmonary disease (COPD)	1,045 patients	11.9%
Asthma	1,044 patients	11.9%
Coronary heart disease	366 patients	4.2%
Cancer	275 patients	3.1%
Chronic kidney disease (CKD)	244 patients	2.8%

Appendix Table 163. Summary of top 10 chronic diseases of patients served by Urgent Care Athens in Fiscal Year 2024

The Urgent Care Athens is located at 265 W. Union Street Suite A Athens Ohio 45701. In Fiscal Year 2024, the Urgent Care Athens served 9,295 patients and recorded 14,273 urgent care visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N= 9,295 patients)
Hypertension	2,922 patients	31.4%
Obesity	2,723 patients	29.3%
High cholesterol	1,525 patients	16.4%
Depression	1,909 patients	20.5%
Diabetes	904 patients	9.7%
Chronic obstructive pulmonary disease (COPD)	1,119 patients	12%
Asthma	1,120 patients	12%
Coronary heart disease	444 patients	4.8%
Cancer	306 patients	3.3%
Chronic kidney disease (CKD)	254 patients	2.7%

Appendix Table 164. Summary of top 10 chronic diseases of patients served by the OhioHealth Physician Group Neurology Athens in Fiscal Year 2023

The OhioHealth Physician Group Neurology Athens is located at 65 Hospital Drive Cornwell Center, Athens Ohio 45701. In Fiscal Year 2023, the OhioHealth Physician Group Neurology Athens served 1,405 patients and recorded 2,765 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,405 patients)
Hypertension	978 patients	69.6%
Obesity	866 patients	61.6%
High cholesterol	592 patients	42.1%
Depression	511 patients	36.4%
Diabetes	304 patients	21.6%
Chronic obstructive pulmonary disease (COPD)	317 patients	22.6%
Asthma	311 patients	22.1%
Coronary heart disease	222 patients	15.8%
Cancer	107 patients	7.6%
Chronic kidney disease (CKD)	132 patients	9.4%

Appendix Table 165. Summary of top 10 chronic diseases of patients served by the OhioHealth Physician Group Neurology Athens in Fiscal Year 2024

The OhioHealth Physician Group Neurology Athens is located at 65 Hospital Drive Cornwell Center, Athens Ohio 45701. In Fiscal Year 2024, the OhioHealth Physician Group Neurology Athens served 1,910 patients and recorded 4,827 completed visits.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=1,910 patients)
Hypertension	1,300 patients	68.1%
Obesity	1,175 patients	61.5%
High cholesterol	778 patients	40.7%
Depression	733 patients	38.4%
Diabetes	441 patients	23.1%
Chronic obstructive pulmonary disease (COPD)	442 patients	23.1%
Asthma	439 patients	23%
Coronary heart disease	330 patients	17.3%
Cancer	134 patients	7%
Chronic kidney disease (CKD)	207 patients	10.8%

Appendix Table 166 Summary of top 10 chronic diseases of patients served by the OhioHealth O'Bleness Emergency Department in Fiscal Year 2023

The OhioHealth O'Bleness Hospital Emergency Department is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Hospital Emergency Department served 16,825 patients and recorded 46,798 completed encounters.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=16,825 patients)
Hypertension	8,463 patients	50.3%
Obesity	8,007 patients	47.6%
High cholesterol	4,593 patients	27.3%
Depression	4,774 patients	28.4%
Diabetes	2,935 patients	17.4%
Chronic obstructive pulmonary disease (COPD)	3,624 patients	21.5%
Asthma	3,624 patients	21.5%
Coronary heart disease	2,288 patients	13.6 %
Cancer	987 patients	5.9%
Chronic kidney disease (CKD)	1,414 patients	8.4%

Appendix Table 167. Summary of top 10 chronic diseases of patients served by the OhioHealth O'Bleness Emergency Department in Fiscal Year 2024

The OhioHealth O'Bleness Hospital Emergency Department is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth O'Bleness Hospital Emergency Department served 15,386 patients and recorded 24,599 completed encounters.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=15,386 patients)
Hypertension	7,258 patients	47.2%
Obesity	7,124 patients	46.3%
High cholesterol	3,985 patients	25.9%
Depression	3,951 patients	25.7%
Diabetes	2,550 patients	16.6%
Chronic obstructive pulmonary disease (COPD)	3,263 patients	21.2%
Asthma	3,261 patients	21.2%
Coronary heart disease	1,969 patients	12.8%
Cancer	862 patients	5.6%
Chronic kidney disease (CKD)	1,123 patients	7.3%

Appendix Table 168. Summary of top 10 chronic diseases of patients who were admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2023

The OhioHealth O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Hospital served 4,206 patients and recorded 5,521 inpatient admissions.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=4,206 patients)
Hypertension	3,146 patients	74.8%
Obesity	2,999 patients	71.3%
High cholesterol	1,865 patients	44.3%
Depression	1,622 patients	38.6%
Diabetes	1,453 patients	34.5%
Chronic obstructive pulmonary disease (COPD)	1,327 patients	31.6%
Asthma	1,315 patients	31.3%
Coronary heart disease	1,184 patients	28.2%
Cancer	471 patients	11.2%
Chronic kidney disease (CKD)	783 patients	18.6%

Appendix Table 169. Summary of top 10 chronic diseases of patients who were admitted to the OhioHealth O'Bleness Hospital in Fiscal Year 2024

The OhioHealth O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth O'Bleness Hospital served 3,918 patients and recorded 5,038 inpatient admissions.

Diagnosis	Count of Patients Served	Percent of Patients Served (N=3,918 patients)
Hypertension	2,863 patients	73.1%
Obesity	2,783 patients	71%
High cholesterol	1,787 patients	45.6%
Depression	1,599 patients	40.8%
Diabetes	1,460 patients	37.3%
Chronic obstructive pulmonary disease (COPD)	1,281 patients	32.7%
Asthma	1,278 patients	32.6%
Coronary heart disease	1,069 patients	27.3%
Cancer	444 patients	11.3%
Chronic kidney disease (CKD)	717 patients	18.3%

**Appendix Table 170. Examples of community partners of the Athens County
Creating Healthy Communities**

Name of Organization	Examples of Programs and Services	Website	Reference
Athens City-County Health Department	<ul style="list-style-type: none"> • Health education to make the healthy choice the easy choice through changes in policy, system and environment • Public health nursing services such as but not limited to breastfeeding consults, car seat safety checks, Children with Medical Handicaps, Cribs for Kids, Harm Reduction Clinic, Immunization Clinic, Lead Testing, Nationwide Children's Genetic Clinic, Project DAWN, Welcome Home Baby • Environmental Health Services such as but not limited to inspection and compliance check for body art, campgrounds, food safety, schools, lot splits, mosquito control and vector borne diseases, pools, private water systems, public health nuisance, sewage treatment systems, public health nuisance, and sewage treatment systems • Public health preparedness efforts to plan, maintain, and prepare the public in disasters such as bioterrorism, foodborne outbreaks, and infectious disease outbreaks • Vital statistics services such as birth and death records, paternity affidavits, registration of home births 	https://www.athenspublichealth.org/divisions/index.php	Athens City-County Health Department, OH (2019)
Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (317 Board)	<ul style="list-style-type: none"> • Contracts with mental and behavioral health agencies in Athens, Hocking and Vinton Counties that provides programs and services for prevention, crisis, treatment, recovery, and resiliency. 	https://www.317board.org/	317 Board (2024)
Athens City School District	<ul style="list-style-type: none"> • Board of Education • Preschool to grade-12 education curricula and development • Food services • Gifted services • School nursing • Special services • Technology access • Transportation services • Treasury 	https://www.athenscsd.org/	Athens City School District (n.d.)

Continuation of Appendix Table 170. Summary of community partners of the Athens County Creating Healthy Communities

Name of Organization	Examples of Programs and Services	Website	Reference
Athens County Board of Developmental Disabilities	<p>Education services through the Beacon School such as but not limited to early intervention, pre-school, school-age programming for students ages 6-21 years, individualized Transition Plan starting at age 14.</p> <p>Service and support administration such as but not limited to providing information and referral, needs assessment, coordination of services and client linkage, individualized monitoring of services, incident reporting and review, crisis intervention, screenings of admissions to nursing home</p> <p>Community support services such but not limited to administration of family resources, residential services, and housing</p> <p>Facilities and transportation services such as but not limited to maintenance of the beacon School, and transportation of clients to activities</p> <p>Professional services that include but not limited to nursing, speech therapy, physical therapy, and occupational therapy</p>	https://athenscbdd.org/integrateathens/volunteer-frequently-asked-questions/services/	Athens County Board of Developmental Disabilities (2024)

CD – 2. OhioHealth O'Bleness Hospital Food Insecurity Collaborations

OhioHealth O'Bleness Hospital will continue to partner with community organizations in targeting to improve access to healthy foods in Athens County. Examples of programs that serves OhioHealth patients, and their caregivers and families include:

- CD – 2.1. Produce Bundles for Neurology Patients** — in collaboration with Community Food Initiatives (Community Food Initiatives, 2021), neurology patients needing fresh produce are identified by OhioHealth neurologist and provided with weekly delivery of fresh produce.
- CD – 2.2. Access to three-day shelf-stable emergency food boxes** — in collaboration with the Southeast Ohio Food Bank and Hocking-Athens-Perry Community Action (HAPCAP) (HAPCAP 2021), patients from the OhioHealth Obstetrics and Gynecology Department, Emergency Department, and Hospice and Homecare Departments who report food insecurity will be provided with shelf-stable emergency food boxes for three days.
- CD –2.3. Donation of O'Bleness Hospital's Food Surplus to Athens Food Rescue** — the OhioHealth O'Bleness Hospital's Nutrition Services will continue to donate surplus food to Athens Food Rescue. The Athens Food Rescue fights food insecurity through pick-up and delivery of surplus foods from hospitals, restaurants, hotels and stores through a network of volunteers. Athens Food Rescue is funded by Athens AM Rotary, Athens County Foundation, Quidel®, Rocky Community Improvement Fund (Athens Food Rescue, 2017).

OhioHealth O'Bleness Hospital Impacts Related to OhioHealth O'Bleness Hospital Food Insecurity Collaborations (CD – 2)

CD – 2.1. Produce Bundles for Neurology Patients

OhioHealth O'Bleness Hospital did not pursue the distribution of produce bundles in collaboration with Community Food Initiatives. However, a neurology physician have personally purchased some fresh produce from Chesterhill Produce Auction during May to October 2024 to give to patients and staff for free. Additionally, the physician also makes available for free some non-perishable food items and personal hygiene products to patients in need. On average, the physician's personal mission to address food insecurity have served 7 patients per week.

CD – 2.2. Access to three-day shelf-stable emergency food boxes

Appendix Table 171 shows the 1 meal stable food packages that were distributed to Obstetrics and Gynecology clinics.

CD – 2.3. Donation of O'Bleness Hospital's Food Surplus to Athens Food Rescue

Appendix Table 172 shows O'Bleness Hospital's donations to the Athens Food Rescue.

Appendix Tables 173 to 178 shows data on assessment of of food insecurity among selected OhioHealth outpatient clinics serving Athens County.

Appendix Table 171. Summary of 1-meal shelf stable food pack that were distributed to patients from the OhioHealth Obstetrics and Gynecology Athens and other outpatient departments on as needed basis.

	Fiscal Year 2023	Fiscal Year 2024
Number of emergency, one-meal shelf-stable food packs given to patients	45 one-meal, shelf-stable food packs	50 one-meal, shelf-stable food packs
Total costs of 1-meal food packs	\$243.70	\$293.25
Source of 1-meal, shelf-stable food packs	Hocking Athens Putnam Community Action (HAPCAP)	Hocking Athens Putnam Community Action (HAPCAP)
Types of foods in the one-meal shelf-stable food pack	<ul style="list-style-type: none"> • 1 can (7.5 oz) of beef stew • 1 Orange Tang Juice (6.75oz) • 1 regular unsweetened applesauce • 1 Nutri-Grain bar (strawberry flavor) • 2 pack of wheat crackers • 1 pack of soy nuts 	<ul style="list-style-type: none"> • 1 can (7.5 oz) of beef stew • 1 Orange Tang Juice (6.75oz) • 1 regular unsweetened applesauce • 1 Nutri-Grain bar (strawberry flavor) • 2 pack of wheat crackers • 1 pack of soy nuts

Appendix Table 172. Summary of OhioHealth O'Bleness Hospital donations to Athens Food Rescue

	Fiscal Year 2023	Fiscal Year 2024
Number of times O'Bleness Hospital donated food to Athens Food Rescue	11 times	16 times
Total \$ value of surplus food donated food to Athens Food Rescue	\$1,250	\$1,450
Types or kinds of foods donated food to Athens Food Rescue	Milk, juice, Texas Road House Summer Celebration Leftover	Milk, juice
Beneficiaries of food from Athens Food Rescue	Various churches, summer child free programs, various weekly dinners held in Athens, Ohio	Various churches, summer child free programs, various weekly dinners held in Athens, Ohio

Appendix Table 173. Summary of patients served by the OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens who were assessed as experiencing food insecurity in Fiscal Year 2023

The OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens is located at 75 Hospital Drive, Suite 230, Athens, Ohio 45701. The OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens served 1,405 patients and recorded 2,765 completed visits. Total of 219 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N=219 patients)
No Food Insecurity	179 patients	81.7%
Food Insecurity Present	24 patients	11%
Patient Declined	13 patients	5.9%
Patient Unable to Answer	3 patients	1.4%

Appendix Table 174. Summary of patients served by the OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens who were assessed as experiencing food insecurity in Fiscal Year 2024

The OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens is located at 75 Hospital Drive, Suite 230, Athens, Ohio 45701. The OhioHealth Physician Group Neurology Athens and OhioHealth Physician Group Neurosurgery Athens served 1,446 patients and recorded 2,620 completed visits. Total of 269 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N=269 patients)
No Food Insecurity	230 patients	85.5%
Food Insecurity Present	27 patients	10%
Patient Declined	10 patients	3.7%
Patient Unable to Answer	2 patients	0.74%

Appendix Table 175. Summary of patients served by the OhioHealth Heart and Vascular Physicians Athens who were assessed to have food insecurity in Fiscal Year 2023

The OhioHealth Heart and Vascular Physicians Athens is located at 65 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Heart and Vascular Physicians Athens served 3,424 patients and recorded 6,225 completed visits. Total of 673 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N= 673 patients)
No Food Insecurity	623 patients	92.6%
Food Insecurity Present	37 patients	5.5%
Patient Declined	8 patients	1.2%
Patient Unable to Answer	5 patients	0.74%

Appendix Table 176. Summary of patients served by the OhioHealth Heart and Vascular Physicians Athens who were assessed to have food insecurity in Fiscal Year 2024

The OhioHealth Heart and Vascular Physicians Athens is located at 65 Hospital Drive, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Heart and Vascular Physicians Athens served 3,339 patients and recorded 5,732 completed visits. Total of 815 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N=815 patients)
No Food Insecurity	757 patients	92.9%
Food Insecurity Present	38 patients	4.7%
Patient Declined	16 patients	2%
Patient Unable to Answer	4 patients	0.49%

Appendix Table 177. Summary of patients served by the OhioHealth Physician Group Obstetrics and Gynecology Athens who were assessed to have food insecurity in Fiscal Year 2023

The OhioHealth Physician Group Obstetrics and Gynecology Athens is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701. In Fiscal Year 2023, the OhioHealth Obstetrics and Gynecology Athens served 6,339 patients and recorded 21,883 completed visits. Total of 763 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N= 763 patients)
No Food Insecurity	724 patients	94.9%
Food Insecurity Present	28 patients	3.7%
Patient Declined	10 patients	1.3%
Patient Unable to Answer	1 patient	0.13%

Appendix Table 178. Summary of patients served by the OhioHealth Physician Group Obstetrics and Gynecology Athens who were assessed to have food insecurity in Fiscal Year 2024

The OhioHealth Heart and Vascular Physicians Athens is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701. In Fiscal Year 2024, the OhioHealth Obstetrics and Gynecology Athens served 6,320 patients and recorded 23,611 completed visits. Total of 1,192 patients were assessed for food insecurity.

Patient's Answer Related to Food Insecurity Question	Count of Patients Served	Percent of Patients Served who were Assessed for Food Insecurity (N=1,192 patients)
No Food Insecurity	1,131 patients	94.9%
Food Insecurity Present	45 patients	3.8%
Patient Declined	15 patients	1.3%
Patient Unable to Answer	1 patient	0.08%

CD – 3. OhioHealth O'Bleness Hospital Pop-Up Farm Stand

O'Bleness Hospital will continue to provide its patients, families, and employees access to fresh produce through the pop-up farm stand, which operates one day a week from May to October at the hospital facility. Unsold produce will be donated to the homeless shelter, Good Works' Timothy House.

OhioHealth O'Bleness Hospital Fiscal Years 2023-2025 Impacts Related to the Pop-Up Farm Stand (CD – 3)

OhioHealth O'Bleness Hospital has addressed access to fresh produce through the Pop-Up Farm Stand. Appendix Table 179 shows details about the Pop-Up farm Stand and the number of persons served during Fiscal Years 2023 and 2024. The Pop-Up farm Stand was continued in Fiscal Year 2025 but the data are not presented in this report.

Appendix Table 179. Summary of outcomes and impacts from the OhioHealth O'Bleness Hospital Pop-Up Farm Stand in Fiscal Years 2023 and 2024

	Fiscal Year 2023	Fiscal Year 2024
Dates available	May 2022 to October 2022	May 2023 to October 2023
Time available	11 AM to 2 PM	11 AM to 2 PM
Pop-Up Farm Stand Location	O'Bleness Hospital Willowview Café Entrance	O'Bleness Hospital Willowview Café Entrance
Types of foods available in the O'Bleness Hospital Pop-Up Farm Stand	Broccoli; Spinach; Potatoes (Variety); Onions (Variety); Blueberries; Zucchini; Cabbage; Beets; Cucumbers; Garlic; Lettuce; Kale; Peas; Cauliflower; Rhubarb; Squash; Peppers (Variety); Green Beans; Tomatoes (Variety); Pumpkin; Gourds; Cantaloupe; Watermelon; Plums; Apples (Variety); Cherries; Pears; Asparagus; Blackberries; Apple Butter; Jam (Variety); Honey; Maple Syrup; Strawberries	Broccoli; Spinach; Potatoes (Variety); Onions (Variety); Blueberries; Zucchini; Cabbage; Beets; Cucumbers; Garlic; Lettuce; Kale; Peas; Cauliflower; Rhubarb; Squash; Peppers (Variety); Green Beans; Tomatoes (Variety); Pumpkin; Gourds; Cantaloupe; Watermelon; Plums; Apples (Variety); Cherries; Pears; Asparagus; Blackberries; Apple Butter; Jam (Variety); Honey; Maple Syrup; Strawberries
Source of vegetables and fruits and other items	Chesterhill Produce Auction	Chesterhill Produce Auction
Amount of fresh produce sold by hospital visitors, and staff	\$2,500.00	\$3,665.00
Count of persons who bought fresh produce from the Pop-Up Farm Stand	338 persons	276 persons
What was done with leftover produce or other unsold items?	<ul style="list-style-type: none"> Gave to homeless shelters (Timothy House, My Sister's Place) Gave away for free at the OhioHealth Willow Café 	<ul style="list-style-type: none"> Gave to homeless shelters (Timothy House, My Sister's Place) Gave away for free at the OhioHealth Willow Café
Benefits of Intervention	<ul style="list-style-type: none"> Easy access to produce that are in season. Hospital guests and staff get new recipe ideas for vegetables through Rural Action High quality leftover fresh produce and foods to homeless shelters 	<ul style="list-style-type: none"> Easy access to produce that are in season. Hospital guests and staff get new recipe ideas for vegetables through Rural Action High quality leftover fresh produce and foods to homeless shelters
Community collaborators	<ul style="list-style-type: none"> Chesterhill Food Auction Rural Action Timothy House My Sister's Place 	<ul style="list-style-type: none"> Chesterhill Food Auction Rural Action Timothy House My Sister's Place