

Small Group Training Prices

OhioHealth Ontario Health and Fitness Center

Quality training session at a very affordable cost

Small group personal training offers a blend of personalized attention and cost-effectiveness, making it a popular choice for individuals seeking fitness guidance and motivation. It combines the benefits of one-on-one training with the social support and camaraderie of a group. Join our degreed personal trainers and 2-5 fellow participants in a session or package of sessions designed to challenge, and gradually advance a specific fitness skill or goal.

Partner	30 Minutes	60 Minutes
1-5 Sessions	\$45/session	\$75/session
6+ Sessions	\$35/session	\$65/session
Group of 3-5	30 Minutes	60 Minutes
1-5 Sessions	\$55/session	\$85/session
6+ Sessions	\$45/session	\$75/session

If you are interested in group training or finding out more information, please stop by the front desk. Pricing includes tax. See front desk for non-member pricing.

OhioHealth Ontario Health and Fitness Center

1750 West Fourth Street
(419)526-8900

